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W. W. WILLIAMS

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AN TO LAUNCH GARDEN CAMPAIGN

or Garden Commission Wants All Production Records Broken

Washington, March 4.—The National War Garden Commission is preparing to launch this spring a campaign for the largest producing year the country has ever known. To spur the home gardeners to greater efforts the commission has decided that the clocks of the country will be set one hour ahead on the last Saturday night in March, in compliance with the Daylight Saving Act in effect for the duration of the war.

"We must help feed the people of Europe," declared Charles Lathrop, president of the National War Garden Commission, in an appeal to the home gardeners for larger results. "Will you have a part in this great work at hand? Next to the sun the extra hour of daylight is the best value the victory gardener has. Will you lose the sun half way? Will you be up to take advantage of the health-giving garden work in the cool of the morning? Have the spade and the hoe handy and turn the clock ahead one hour on the last Saturday night in March and be ready for the biggest home food producing year the country ever saw." According to the estimates by the commission, the war garden crop of 1918 was worth \$25,000,000. This was an increase of 51 per cent over that of 1917.

Figures show that 5,285,000 home planting plots were planted," says the commission. "With 26 working days in each of the 7 months there of 192 extra hours of time. If only one gardener worked this extra hour of time in each plot it will be seen that 961,870,000 of extra time would be added to the country's wealth. Since there are 2740 hours in a year there is a staggering total of 300,803 years of 24 hour days. In an 8-hour working day the real advantage is found by multiplying 300,803 by 3 giving 329,100 working or 8-hour day years."

Importance of this extra time cannot be over-estimated in the opinion of Mr. Pack.

Missionary Society of First Methodists Meets

The Young Woman's Missionary Society of the First Methodist church held a most interesting meeting Monday afternoon at the home of Mrs. S. B. Lassiter. The Rev. Mr. Cade was again a welcome visitor to the society, and opened the meeting with prayer. He then made a short but interesting talk of the wonderful missionary centenary movement and "How to Tithe and Why."

Mrs. Cade made a very impressive talk, subject, "Am I My Brother's Keeper?" from the book of Genesis. The business transactions of the society were then discussed. The president having quite a number of items to bring before a splendid attendance of workers. The secretary had the pleasure of enrolling four new members, Mrs. K. T. Knight, Mrs. W. F. Markwood, Mrs. J. L. Farmer and Mrs. E. N. Brown. The society was glad to welcome these ladies. We were also glad to have visit by Mrs. Wamble, of Sanford. Handicrafts and tea were served by the hostess and little daughter, Bertha. The next meeting will be held with Mrs. J. W. Aycock and Mrs. John Doster at the home of Mrs. Aycock on Franklin street.

FLOWER OF FRANCE FREELY OFFERED FOR FRY DOM'S SAKE

Six millions of the youth and chivalry of France have been offered that Freedom might live. The world will ever remember this heroic sacrifice and outpouring of the blood of its youth. It is likewise not un mindful of the great service to the world rendered by the French peasants who have given it a perfect remedy for stomach, liver and intestinal ailments, relieving, it is said, innumerable suffering, saving thousands of lives and preventing innumerable surgical operations. The ingredients are imported and placed on sale in this country under the name of Mayr's Wonderful Remedy by Dr. H. Mayr, a leader in scientific research. It is a simple, natural, and effective remedy for the ailments mentioned and for many others which are not mentioned.

SERBIAN PEOPLE BEGIN LIFE ANEW

Three Months of Unhampered Industry Brings About Remarkable Changes

Nish, Serbia, March 4.—Three months of unhampered industry, unhampered by Bulgarian and Austrian depredations or interference, have enabled the Serbian people to secure a new hold on life. With the country entirely free of invaders, the large peasant population has succeeded in setting things in order in surprising fashion, and conditions should be almost normal soon. Large quantities of wheat and other staples, which the shrewd Serbian farmers hid from the enemy, have reappeared. At the moment the most pressing needs seem to be clothing, shoes, fuel and agricultural implements.

Apparently there is plenty of money in the country, some of it having come from Austrian and German soldiers, who, it may be said to their credit, paid for most of the articles they took from the Serbians during their occupation. However, the Bulgarians, who requisitioned almost everything they required from the stricken straitened population, often paid nothing for what they took. In the cities most of the stores have no stocks because they sold almost everything to the Austrians and Germans.

Fortunately the harvest last fall was exceptionally good and there probably will be nothing approaching starvation among the poor this winter. The enemy troops carried off almost every article of value they could lay hands on, but they did not leave time, owing to the suddenness of their retreat, to take with them more than 25 per cent of the available grain supply. Meat is abundant though high in price. Before the war it sold for six cents a pound, now it sells for 50 cents. Large numbers of sheep raised in the mountains furnish not only a valuable meat supply but an abundance of wool which has provided the peasants with the only clothing they have had in four years.

Serbia's most vital need is for clothing. Even well-to-do persons are shabby in, or at least, scantily clad. The Associated Press correspondent observed an army officer of high rank dressed in a skirt made of flour sacks. The little clothing that may be bought is sold at prohibitive prices. The ordinary peasant working costume costs \$150, shoes \$30, underwear of poor quality \$25, and thread is priced at \$2 a spool. A consignment of old clothes from the Buffalo, N. Y., chapter of the American Red Cross, valued at home at \$75, was appraised at \$1,500 by a merchant in the First district where the Red Cross is carrying on relief work. The Buffalo supplies were distributed on Christmas Day and brought happiness to many homes.

Vaudeville Show at the Opera House Pleased

Jack's Musical Review, with Harry Evanson, opened the vaudeville week at the Masonic opera house last night, and won the approval of the audience, judging from the liberal applause given the performers. Harry Evanson played the part of a Bohemian comedian, holding down the laugh-making end of the performance. Rod and Lamont pleased as singers and leading men. A good-looking chorus, with pretty costumes, was a feature of the show.

Mr. F. K. Gehman Leaves For Pennsylvania City

Mr. F. K. Gehman, for the past five years identified with the George L. Parker Jewelry Co., as a watchmaker, left this morning for Lancaster, Pa., where he will attend a school to take a course in jewelry repairing. Mrs. Gehman, who accompanied him, will study engraving at the same school.

Mr. and Mrs. Gehman came to Rocky Mount from Lancaster. While in the city they made many friends, who will know of their departure from Rocky Mount with regret, and will wish both success in their new work. A farewell entertainment was given at the home of Mrs. T. D. Hill, on South Church street, last night, in honor of Mr. and Mrs. Gehman. A number of friends were present, and all enjoyed the event. The serving of tempting refreshments and the playing of games made the occasion interesting to all.

THIN PEOPLE SHOULD TAKE PHOSPHATE

Nothing Like Plain Bitro Phosphate to Put on Firm, Healthy, Flesh and to Increase Strength, Vigor and Nerve Force.

Judging from the countless preparations and treatments which are continually being advertised for the purpose of making thin people fleshy, developing muscle, neck and bust, and replacing ugly hollows and angles by the soft curves of lines of health and beauty, there are evidently thousands of men and women who keenly feel their excessive thinness.

Thinness and weakness are usually due to starved nerves. Our bodies need more phosphate than is contained in modern foods. Physicians claim there is nothing that will supply this deficiency so well as the organic phosphate, known among druggists as bitro-phosphate, which is inexpensive and is sold by Standard Drug Co., in Rocky Mount and all druggists under guarantee of satisfaction or money back. By feeding the nerves directly, and by supplying the body cells with the necessary phosphoric food elements, bitro-phosphate quickly produces a welcome transformation in the appearance; the increase in weight frequently being astonishing.

This increase in weight also carries with it a general improvement in the health. Nervousness, sleeplessness and lack of energy, which nearly always accompany excessive thinness, soon disappear, dull eyes become bright and pale cheeks glow with the bloom of perfect health.

CAUTION:—Although bitro-phosphate is unsurpassed for relieving nervousness, sleeplessness and general weakness, it should not, owing to its remarkable flesh-growing properties, be used by anyone who does not desire to put on flesh—add.

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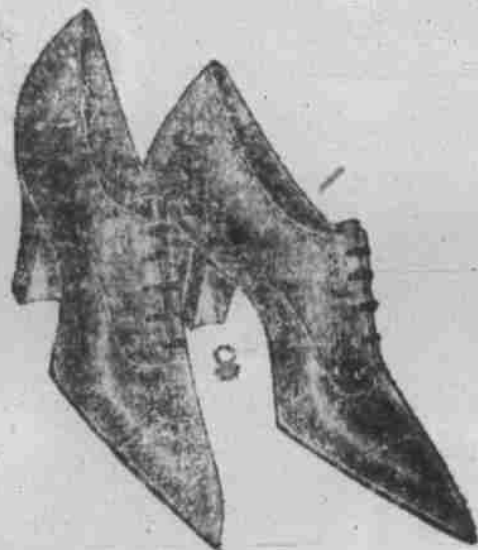
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