

exercise, fresh air, 99 hours—is all the prevention you need to avoid influenza—unless through neglect or otherwise, a cold gets you. Then take—at once



Standard cold remedy for 20 years—in tablet form—safe, sure, no after-effects—breaks up a cold in 24 hours—relieves grip in 3 days. Money-back guarantee. The greatest hot bath and steam bath ever. At All Drug stores.

Captured Americans Placed on Exhibition

Coblenz, March 11. How it feels to be exhibited in Germany will be told when Joseph Brown and Charles Knott, both of the 105th infantry, get back to New York where they lived before the war. Both have retained their regiment after imprisonment in Germany since May 5, when a patrol they were in went out in search of German spies who were needed for the information they might give. The patrol got the Germans but the German army got Brown and Knott. Knott was held in a camp for 10 days ago the 105th infantry knew nothing more about them. Both had come through the German lines after the armistice. After the German intelligence arm had departed of getting from Germany accurate information about the Americans both were held out in a camp of Germany. In city after city they were exhibited as specimens of the new enemy.

Stomach Out of Fix?

Phone your grocer for a dozen bottles of this delicious digestant, a glass with meals gives delightful relief, or no charge for the first one used.

Shivar Ale

Nothing like it for removing all sourness of acidity, converting food into rich blood and sound flesh. Bottled and guaranteed by the Gold Seal Shivar Mineral Spring, Shelton, Ct. If your grocer does not supply, write for catalogue.

COLORED SOLDIERS BACK FROM FRANCE

Over Twenty Rocky Mount And Nash and Edgecombe Fighters Return WITH 365TH INFANTRY

All Escaped Being Wounded, But Some Were Slightly Gassed. Fought at Vauzen, Argonne, Hill on Aisne, Lorraine Front.

Over twenty colored soldiers from the Rocky Mount and Nash and Edgecombe regiments, members of the 365th Central Postal Directory, and Division arrived in the city last night from Camp Dix, New York. They were sent to the city after being held in Germany since May 5, when a patrol they were in went out in search of German spies who were needed for the information they might give. The patrol got the Germans but the German army got Brown and Knott. Knott was held in a camp for 10 days ago the 105th infantry knew nothing more about them. Both had come through the German lines after the armistice.

SAYS SHE KNOWS GOOD HEALTH NOW

Member of Salvation Army Says She Suffered From Stomach Trouble For 20 Years; Drego Has Brought Relief.

Mrs. Mary Jones has justified to the great good Drego has done for her. She was a sufferer from a number of years from a severe case of stomach trouble, which she had for 20 years. She had tried every medicine she could get, but nothing did her any good. She was very weak and thin, and she had lost all her appetite. She had been in the hospital several times, but she never got any relief. She had heard of Drego and she had bought a bottle of it. She had taken it for a few days, and she had found that she was getting better. She had taken it for a few more days, and she had found that she was getting better. She had taken it for a few more days, and she had found that she was getting better. She had taken it for a few more days, and she had found that she was getting better.

Demand For Scuppernon Grapes Greater Than Ever

Scuppernon Growers Attention!

Science has learned how to produce the famous VIRGINIA DARE in non-alcoholic form, which violates no law of state or nation. The popularity of this old drink in new form is already assured. The need for Scuppernon Grapes will be greater than ever. Take care of your vines. Fertilize and cultivate. The prices will be most profitable.

If you know a Scuppernon grower cut this out and mail it to him.

GARRETT & COMPANY Bush Terminal Bldg. No. 10 Brooklyn, New York

NEW FRENCH DAILIES TO FIGHT BOLSHIEVISM

Paris, March 12. (United Press.)—The new French dailies, which are to be published in Paris, will be devoted to the fight against Bolshevism. They will be published in Paris, which is the center of the Bolshevist movement. They will be published in Paris, which is the center of the Bolshevist movement. They will be published in Paris, which is the center of the Bolshevist movement.

PAINS AND ACHES YIELD QUICKLY TO SLOAN'S LINIMENT

Are you tormented by Neuralgia, Lumbago, Sciatica or any of those aches that require a counter-irritant? Then let the soothing, warming application of Sloan's Liniment stop the pain by drawing the blood away from the congested part. It is the pressure on the nerves by the blood rushing to the inflamed muscle or joint that makes you ache. So when Sloan's Liniment relieves the swollen blood vessels by setting up a counter-irritant on the surface, the circulation is equalized, sympathetic nerves all soothed, and soreness or lameness disappears. Sloan's Liniment is probably the counter-irritant most widely used to overcome painful inflammation in cases of neuralgia, sore muscles, wrenched joints, strains, bruises, gout. Rubbing is not required. This clear, clean liquid is easily applied as it does not stain the skin. Generous size bottles at your druggists.

Sloan's Liniment KILLS PAIN The World's Liniment

Become Slender Reduce your waist to 20 lbs. or less. Under \$100 GUARANTEED or 50% OIL OF KROBLER. Write for catalogue.

DELCO-LIGHT The complete Electric Light and Power Plant G. F. HARRELL

Gold Seal Congoleum

Squares

9x12 \$15, Less 10 per cent \$13.50 This Week Regular Price \$17.00

Bullock Furniture Co.

Meat: Russia and the Allies

Russia crumbled away and failed the Allies largely through lack of food, according to an American eyewitness.

With plentiful reserves and resources virtually untouched, her people starved at home and at the front because there was no adequate organization to place food where it was needed.

Animals on the hoof were shipped thousands of miles to the various fronts, wasting transportation facilities required for other purposes. They arrived shrunken and emaciated, to be killed and dressed amidst filth and confusion behind the lines. Half of those brought from Siberia, it is said, perished on the way; many more were unfit for food.

On the other hand, the American packers turned live stock into meat in large sanitary plants located in the producing sections, and shipped the product under refrigeration so that it reached the trenches in France in perfect condition, without waste.

Says Our Authority:

"Had such facilities for cold storage transportation been available to the Russian supply committee as were placed at the disposal of the quartermaster of the United States by Swift & Company, there might have been a different story concerning Russia's part in the final drama of the war."

A large-scale packing industry would be an asset to Russia, in war or in peace, as it has proved to be to the United States.

The cost of this large scale industry in the form of profits is only a fraction of a cent per pound of meat.

Swift & Company, U. S. A.

Rocky Mount Local Branch, 315 So. Washington Street R. C. Henry, Manager

