

DON'T WORK BEFORE BREAKFAST. - A bad custom is prevalent in many families, especially among our farmers, writes J. L. Hersey. It is the habit of working an hour or two before breakfast, doing the chores, hoeing, health. The common notion that the morning air is the purest and most healthful is wrong, for at no hour is the air more filled with dampness and the sun gradually dissipates these as the day advances. An early meal braces up the system against these external influences. - New England Homestead.

BEGIN WITH THE BEST STOCK.

It is very difficult for a farmer who is just beginning in this business, and who finds all sorts of expenses accumulating, to make up his mind to secure only the best stock, no matter what it cost. Yet if he really understands his business this is what he will do if his purchase has to be restricted to a single animal. Breeding from this he can soon stock up to the extent that his farm requires, and his profits on his live stock increase will be generally greater than from the growing and sale of crops. It is the advantage of the live stock on the farm that if managed as it should be that it will make the farm pay while it is being all the time made richer, and that thus it will make the growing of crops ultimately profitable, -- Boston Cultivator.

APPLES FOR COWS.

Apples are abundant this year, and in many cases it is an open question whether it will pay to ship them. We quality be shipped and the rest be fed that season. to the cows. Where markets are so depressed, as at this time, it often happens that common stock will not ray any profit at all, while really choice fruit will bring a fair price. If, therefore, we ship only the best we have a tendency to mold. thing on our apples, and at the same time have a lot of good feed for the cows, or, in fact, almost any kind of

Begin gradually, as should be done with any new kind of feed, and work | the massed effect of them is good. up until you reach the desired limit, which will be found to be about ten | the sturdy India rubber tree, the parconsequently they need to be supplemented by some feed rich in protein, such as linseed meal or bran, and in the apples themselves have all the medical properties that make the lin-

If it is possible the apples should be run through a root cutter, as there is danger of the cows choking themselves. This danger is, we think, rather remote, as we have seen lots of apples eaten by cows, and have yet to see the first cow choke. - National

SHEEP RAISING ON THE FARM.

I am a sheep man first, last and all the time, for it is my belief that sheep are the only farm animals that are profitable, says John Newland. In pitches a baseball which curves in its September, 1893, I bought seventy. Hight according to the intentions of eight head of sheep, which averaged the marksman. Mr. Hinton is an sixty-six pounds. The following May | Englishman, a graduate of Oxford, I sold twenty-five of these at \$2.10 per | who came to Princeton from Yokohahead, four head for \$8.50, eighty-four ma, where he had a boys' school. He head for \$120.40. I had four left. was a constant cricketer in England, The sheep cost me \$103.80. Sum- and long before he came to this counming up all expenses, including first try had developed an interest in the cost, value of sheep on hand, wool, American practice of pitching baseballs thieves and outlaws who reside on the etc., I find I made a net profit of in curves. When he got to Princeton Welsh Mountains was shot and \$94.70. Not counting labor required he learned how to do it himself. Then to take care of the flock, I received he determined that the Princeton bats-\$1.50 per bushel for grain feed. This men needed much more practice than does not take into account the value the pitchers they had could give them, of the manure, or the good the sheep for pitching curved balls is very hard did as scavengers. The man who work and uses men up. So he set to cares for sheep must be especially work to make a machine that would adapted to this kind of work. In pitch, and after a great deal of study 1883, I was working for a man in Bar- and experiment he seems to have sucber County, Kausas, and had under | ceeded. His machine is a gun, the my charge 800 sheep. I took the sheep through one of the hardest win- | well, so that it promises to be as useful ters, and lost only twenty-six out of to the Princeton nine as the tackling the flock. This was considered re- machine which is kept in the Princeton markable, as the sheep men in that lo- gymnasium has been to the eleven. cality count on a loss of ten per cent. Thus again has intellect despatched a When the ewes began to drop their Frankenstein to compete with human lambs, out of a possible four hundred | thews and perhaps cheapen labor. To I saved 360, or ninety per cent. It have invented a pitcher is great, was only, however, by special attention | though the human element in pitchers and care that it was possible to save is interesting, and it is likely to be

twenty-nine ewes produced forty-one the human element might be eliminatlambs. The sheep which I feed and ed to advantage is the umpire's place. handle myself are no more trouble If, while his mind is still on sport, than so many chickens. Some years Mr. Hinton can invent an umpire ago I went into partnership with Mr. John Bailey and we bought 145 sheep. The dry weather came on and Mr. who shall prove accurate and reliable, and adaptable to baseball, football, and prize fights, he will not only do a Bailey became alarmed, and told me great service to the cause of sport, to take the entire flock myself. I did but make his own fortune in the proso. I sold 105 of them and retained cess. All that is wanted of an umpire forty. At the end of the next year I is accuracy and prompt action. One had a net profit of \$119.20 from this with a dial face and "works" in him. flock. This, too, under adverse con- incapable of prejudice or error, would ditions. From the above it will be seen be ideal. -Harper's Weekly. that sheep are profitable, if carefully looked after. - American Agricultur-

## GUINEAS AS GAME.

We have tramped the praries of Illinois many a day back in the '60's in mearch of prairie chickens, writes H. B. Geer. We have shot them from the few trees in the scattering groves that bordered the creeks about Delaven when the whole country was up in arms and the tramp of the soldiers was heard in the land, and shot and shell abounded everywhere. Then again, when in Missouri, right

ern part of the State, we hunted now quite as universally discarded. phy. pheasants in the heavy woods of the There is a diversity of opinion in re-

man and hunter.

But all that is past now, and the much more common since the nightcountry that then abounded in prairie cap was banished from the wardrobe, You will find them at 821 N. 4th Street.

When in the city call on them,

chickens, pheasants, etc., is now given over to fields and lanes. Partridges still abound, and are protected by law, and afford good sport and a full game bag in the fall of the year. They seem to thrive under the conditions of cutting wood, etc. This is convenient | civilization, and there is another spein many cases, but is not conducive to cies of fowl, or bird, that prospers and multiplies while surrounded by fields, pastures and orchards. We refer to the guinea fowl, a bird that came to us originally from Africa. fog than about sunrise. The heat of Plainly it is of the same family as the grouse, pheasant and prairie chicken, and it is superior to them inasmuch

as it takes kindly to domestication. Guineas might be raised by the dozen or even by the hundred, where only a few are raised to-day. They take naturally to range, will forage for a living, make their nests out in the brush, and hatch and raise their young without any care to speak of on | fered with, the part of their owners.

It would take but little effort on the part of the farmers of any community to stock their outlaying premises with guineas, a species of bird fully as good for the table as the prairie chickens that they hunted so vigorously in the earlier days of the country.

The flesh of the guinea is dark it is true, but so is the flesh of any other wild bird dark, and the guinea is just as well suited to the table as the wild chicken of the prairie.

It occurs to us that the cultivation of the guinea as game to some extent would be profitable and satisfactory. -Farm, Field and Fireside.

FARM AND GARDEN NOTES. The asparagus fern is one of the best plants for decorative uses, being extremely graceful and very lasting.

The sheep should have a good dipping before winter sets in; it will save would advise that only the very best trouble, suffering and death during

One of the best fertilizers for the window garden is the coffee left over from breakfast. It should be applied cold. Coffee grounds are often recom-

The petunia is a very satisfactory plant for a window box. It is well to fill a window with them, as they require a cooler room than some window plants and plenty of sun. Then, too, The best palms for home growth are

pounds per day for a cow. Apples lor palm or Aspidistra lurida, and the contain a greater proportion of carbo- zebra palm Eulalia. These are hardy hydrates to protein than most feeds; and are easily kept clean, and will stand the heat of the living room. Nasturtiums can be readily grown

in water, the same as the hyacinth or this case we would prefer the bran, as Chinese lily. The jar should be half filled with charcoal before the water is poured in. The plant is started from slips and soon presents a beautiful ap-

The following is recommended when the sheer's feet seem tender: One part vasaline or lard to one part acetate of copper well ground and mixed with it. right to commit suicide. "As we have This will counteract whatever poison | the right to live so have we a right to that may affect the feet through the effects of impure matter in ground.

## A Gun That Pitches a Baseball,

A Princeton professor, Mr. Hinton, has invented and patented a gun that power is powder, and it is said to work some time before the machine wholly Last year at my home in Indians, supersedes the man. The spot where

## In the Heart of an Oak,

A mystery was recently found in shoes. the heart of an oak. From a tree of this kind a large block, about eighteen inches in diameter, that had been knocking about in various vards and woodsheds, was split up some time ago, and in it was found an augur hole and Mrs. McKinley of an invitation to Prairie in Logan County. That was hair done up in a piece of printed paper. - Pittsburg Dispatch.

Concerning the Nightcap.

The nightcaps almost universally after "Price's raid," in the southeast- worn some twenty-five years ago are bottom lands of Perry and St. Gen. gard to the wisdom of this change. While some doctors assert that there Those were stirring times, lively is much less baldness since they were times, and good times for the woods- abandoned, others declare, with equal fervor, that neuralgia and catarrh are

and us a trial.

NEWS ITEMS CONDENSED.

Southern Pencil Pointers.

Jack Burney, a negro, was hanged at Valdosta, Ga., before an immense crowd for the murder of another negro. At Enfield. N. C., a negro set fire to the jail, destroying the jail and cre-

At Batesburg, S. C., Jacob Risenger was run over and killed in attempting to cross the railroad track to attend to

At Norfolk, Va., an enthusiastic Cuban meeting was held, and at the conclusion of several addresses of promwas formed to aid the patriots. The lower House of Tennessee's Leg-

Robert L. Taylor was Thursday, for or of Tennessee. A large assemblage witnessed the ceremonies, and both the

loquent addresses. Several miles distant from Birmingham, Ala., Friday, robbers held up an express train on the Southern Ra Iway and secured the contents of the express car. The passengers were not inter-

At Charlotte, N. C., the head of one of the boilers of the Charlotte Cotton Mill blew out, scalding the fireman and shaking up things generally. At Dahlonega, Ga., the gold fever is

on, and rich mines are being opened up and old ones found still profitable. A man by the name of Sam Palatka, a Pole, has been arrested for wrecking the train that caused the death of twenty-eight souls at Cataba River, near Birmingham, Ala. He said he had two accomplices. He pretends to

At Eufalia, Ala., George and Joe Grant, brothers, quarreled over some trouble, when the former seized a shot gun and emptied the contents in the latter's side.

In a quarrel over a woman at Abington, Va., John Ross shot and killed

In a race riot at Byron, Ga., three men were killed. Wm. J. Bryan lectured in Houston, Texas, Thursday.

The sixteenth annual convention of the American Association of General Baggage Agents, consisting of members from all parts of Canada and the mended, but I have found that they United States, was held in Richmond,

> away and killed him. Admiral Bunce's squadron of evolu-tion is to blockade Charleston, S. C.,

> early in February. Judge E. T. Merrick, ex-Chief Jus-

> tice of the Louisiana Supreme Court and one of the best known lawyers in the South, is dead.

> > All About the North.

The town of Mingo Junction, O., has been destroyed by fire. Loss, \$50,000. A gang of firebugs and robbers, of boys under 16, has been arrested in New York.

Rev. Merie St. Croix Wright, pastor of Lenox, Unitarian Church, New York, has declared that man has the inherent die; that no man can take from us," he declares.

Ex-Governor Long, of Massachusetts, has been tendered and accepted the Secretary of the Navy.

The Oregon Legislature is in a State of confusion in trying to effect an organization. No vote for United States Senator until Feb. 1st.

Rudd Smith, a well-known news-paper man of New York, was found lead in the Putman House,

At Lancaster, Penn., Abe Henson, one of the members of the gang of killed by his step-brother, Jerry Green, who is also a noted criminal and member of the same gang.

Miscellaneous.

Immense quantities of corn have been ruined by wet weather in Nebraska. Robert G. Ingersoll has permanently etired from the practice of law.

homa, are slipping away from Guthrie Miss Maud Stalnaker, of Washington, without paying the costs. The returns issued by the health au-

thorities of Bombay, Jan. 12th, show that there have been 3,636 cases of the plague and 2,525 deaths from the dis-The through express on the Iron Mountain and Texas Pacific route, was

wrecked at Forest, Texas, and the engineer was killed and two others in-

Isaac Pitman, the noted inventor of the system of stenography, is dead.

England's iron and steel trade is imthan in either of the two preceding

The epidemic of la grippe throughout the country is believed to be the tail end of the Russian influenza, and au eminent Richmond, Va., doctor says that it does not spring from a germ.

## Washington.

tralia a good market for American

The news of Jeter C. Pritchard's reelection was received in Washington with rejoicing by Republicans. President Cleveland and Mrs. Cleveland will extend the courtesy to Maj.

about three-quarters of an inch in dinner the day preceeding the inaugura-size, containing a bunch of human tion, and it is probable that the invitation will be accepted. Rev. Dr. Thos. J. Conaty, of Wor-chester, Mass., was installed Tuesday at Washington, D. C., as rector of the

Catholic University. A large and distinguished audience witnessed the ceremonies in the Hall of Philoso-The Postoffice Department has issued a lottery order against the Southern Mutual Investment Company at Cincin-

uati and Louisville. small silver notes. At Baltimore, Md., Mrs. Emma Irwin was acquitted of the charge of being an accessory in the murder of

COMMERCIAL REPORT.

Financial and Commercial Markets Advancing Towards Better Condi-

Messrs. R. G. Dunn & Co. says: "There is more business, though not at better prices. It is interesting that almost all prices which change at all are lower than a week ago and yet business is unquestionable larger. There has nothing to show for it, and he then is a laager production, but as yet not realizes that he has fooled away his as much increase in consumption, and there is larger buying of materials, but at present only because better prices are expected in the future. A few conspicuous failurres during the week have inent speakers and Cubans, a league had no material influence. The market for securities are slightly stronger and yet there is very little doing. The number of hands employed, islature passed a bill by unanimous vote to prohibit the sale of cigarettes or cigarette papers in the State. It will become a law.

Debort I. Touley was Thursday for turbance of money markets has passed the third time, inaugurated as Govern- away, but there is still a great caution in making loans. It is a mistake to reckon these as symptoms of depresncoming and retiring Governors made sion. On the contrary, in spite of the lower range of prices in important industries, the conditions all indicate larger production and consumption increasing, not as yet largely, but stead-

ily. The earnings of railroads in Jannary have been 4.4 per cent, smaller than last year.

"Wheat, corn and cotton exports are the key of the financial situation, and during the past week wheat has declined 5-8c. and corn 5-8c., while cotton is unchanged. The woolen industry is as slow as ever, and no real improvement appears in the demand for goods, although owing to the lateness of the season there is a little more doing, both in spring and in winter goods, without quotable change in

"Failures for the week have been 409 in the United States, 873 last year and 35 in Canada, against 61 last year."

A GEORGIA LYNCHING. The Murderers of Mrs. Rowland Hung

and Riddled With Buliets. Friday night Charles Forsythe and Willis White, negroes, were taken from Twiggs county jail, at Jeffersonville, Ga., and lynched by a masked mob of 100 men. The negroes were swung from a scrubby oak and before death could ensue from strangulation their bodies were filled with bullets

and buckshot. The crime for which the men were executed was the killing of Mrs. Rowland at Adams Park, on the night of | so he is. store and asked for money and food, G. S. Cade, a very wealthy man of | and while Mrs. Rowland was comply-Abbeville county, South Carolina, was | ing with their demands one of them found dead very near his home last shot her with a pistol, the ball striking her in the abdomen, causing death the next day. The negroes were arrested, and each accused the other of the crime, but there is no doubt of their

It is said the lynching is the result of the long-deferred punishment of Mrs. Nobles and Fambles, convicted of mur-der, but by pleas of technicality have cheated the gallows for two years, entailing heavy expense on the county.

CUBA'S OTHER SCOURGE.

There Are 2,053 Cases of Small-Pox in Havana Alone.

There are now 2,053 cases of small pox in Havana. At Guannajay, in Pinar dei Rio, which has only 10,000 inhabitauts, there are 467 cases. Yellow fever and malaria are also ravaging the country, and it may be safely affirmed that the sanitary condition of Cuba is a far g. eater danger to the United States than the much-feared bubonic plague of India. Cuba is close to our coasts, and there is d.ily communication between the island and the main land.

At the end of March the depressing warm weather begins here, and then diseases of a contagious nature spread twice as fast as during the winter. Cuba is now a focus of disease, and may become a source of danger, perhaps

to the whole world. The small pox was introduced here by the 200,000 soldiers from Spain. The Spanish common people are not cleanly in their habits, and moreover, they come to Cuba crowded by thousands in the dirty steamers of the Compania Transatlantica, in which no well bred American would travel if he could help

Women for War.

A question of woman's rights has been raised in the war department and is likely to cause discussion. The civil service commission recently advertised to fill a \$1,500 vacancy in the Adjutant-General's office, requiring knowledge Hundreds of Eastern people, it is said, who secured divorces in Oklabrary methods and other qualifications. accomplishments, was the only person who passed the examination and she was duly certified for the position, but the appointment has been rejected on the ground that the department does not desire to have women in the place.

Eighty-Three Cuban Claims. Faiday in response to a resolution the President transmitted to the Senate a list of the claims filed in the Department of State by American citizens against Spain, arising out of the insurrection in the Island of Cuba, together proving. The imports of foreign with such correspondence relating to metal in 1896 were \$20,000,000 higher the capture of the schooner Competitor and the persons claiming American citizenship taken on that vessel as he does not deem it incompatible with the publie interest to communicate. The list of claims includes 83, and aggregate nearly ten million dollars, where the amount is stated.

Weyler Still Devastating. A dispatch from Havana, bearing Consul Beil, at Sydhey, thinks Aus- date of January 22, states that Captain General Weyler has ordered the destruction within three days of all the plantations and buildings in the province of Havana that would be likely to prove useful to the rebels. The dispatch adds that General Weyler has recalled General Pin, the commander of the troops in the province of Santa Clara for the reason that he had held conferences with land owners in that province respecting General Weyler's order issued to prevent the obtaining of food by the rebels.

Southern Improvement. The Manufacturers' Record, in its weekly review of business conditions in the South, gives a detailed statement showing the total value of all exports from Southern ports for the eleven months ending November, 1896, as compared with the corresponding time in 1895, the total figures for 1896 being The treasurer reports a shortage of mall silver notes.

\$298,688,200 against \$220,208,612 in 1895, a gain of \$78,600,000. The increase in the value of exports for the period named from the entire country was \$156,800,000; the gain at Southern ports

bring a little more than one-half of the

total for the country.

An Apt Comparison,

The following is an interesting com-1.000 bushels of wheat in a year, and also sells this to 1,000 persons in all parts of the country, a great portion of them saying, 'I will hand you a dollar in a short time.' The farmer does not want to be small and says 'all right.' Soon the 1,000 bushels are gone and he whole crop, and its value is due in a because his debtors, each owing him one dollar, treat it as a small matter. and think it would not help much. Continue this business year in and year out as the publisher of a newspaper does. how long would he stand it?"

A Beautiful Magazine Free.

The General Passenger Department of the aboard Air Line have just issued the first number of their new monthly publication, "Star of the South," a beautifully decorated and illustrated book of forty-eight pages. The book, besides being a work of art, contains each month popular and high-class fiction by standard authors, tales of love, adventure and heroism, anecdotes of the humorous, pathetic and dramatic, many il-lustrated articles on the South, and an assortment of descriptive and interesting items, A copy will be mailed to any address on receipt of three cents in stamps to pay postage, or will be mailed a whole year for thirty-five cents in stamps. Address C. Ironmonger, Advertising Agent Seaboard Air Line, 871 Broadway, New York.

Wool Growing in the West. Montana leads all other States this year in the production of wool, with 21.580,013 pounds. The National Wool Growers' Association estimates the crop this year to be, unwashed, about 272,474,708 pounds. When scoured the total weight will be reduced about 60 per cent., or to 115,284,579 pounds. Oregon comes next to Montana, with 19,-889,976; California third, with 19,179,-769: Texas fourth, Ohlo fifth, New Mexica sixth, Utah seventh, Wyoming eighth, Michigan ninth, Colorado tenth, Washington fourteenth.

Very Unnatural. Mrs. Easy-Only to think of such a thing happening to dear John, when he's always prayed that he might die a natural death. Doctor-Why, madam, what do you

Mrs. Easy-Didn't you tell me, doctor that John was passing away very fast? Doctor-I certainly did, madam, and

January 13. They went to Rowland's Mrs. Easy-And I'm sure, doctor, there's nothing natural about John.-Boston Courier.

> His Specialty. "Who is that man who calls on you

so frequently?" asked the impertinent "He's an inventor." "Indeed! What has he invented?"

"Oh, ever so many things."

"Any of them practical?" "Yes," was the answer, with some hesitation, "he has had a good deal of success in inventing reasons why l should lend him anything from 50 cents to \$5."-Washington Star.

Misunderstood. "Doctor, will my husband be able to recover--

"Oh, yes, madam; he is not seriously hurt, and-" "I was going to ask if he would be able to recover damages from the compruy."-Washington Times.

The Only Way. Tom-What is the best way to make a woman keep a secret? Dick-Give her chloroform .- Deroit

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & Co., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business trausactions and financially able to carry out any obligation made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, Ohio. WALDING, KINNAN & MARVIN, Wholesale

Druzgists, Toledo, Ohio.
Hail's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75c, per bottle. Sold by all Druggists. Testimonials free.
Hall's Family Pills are the best. FITS stopped free and permanently cured. No fits after first day's use of Dr. Kline's Great Nerve Restores. Free \$2 trial bottleand treatuse. Send to Dr. Kline, 281 Arch St., Phila., Pa.

WHEN billious or costive, eat a Cascaret, candy cathartic; cure guaranteed; 10c., 25c. Piso's Cure for Consumption relieves the most obstinate coughs.—Rev. D. Buchmuzi-Len, Lexington, Mo., February 24, 1394.

JUST try a 10c. box of Cascarets, candy cathartic, finest liver and bowel regulator made. Mrs. Winslow's Socthing Syrup for children teething, softens the gums, reduces in flamma-tion, allays pain, cures wind colic. 25c. a bottle.

In London a depot has been established for the repairing of motor vehicles. No-To-Bac for Fifty Cents.

Over 400,000 cured. Why not let No-To-Bac regulate or remove your desire for tobacco? Saves money, makes health and manhood. Cure guaranteed. 50 cents and \$1.00, at all Gear cases are meeting with a small but growing demand.

CASCARETS stimulate liver, kidneys and

Sarsaparilla The best-in fact the One True Blood Purifier. Nood's Pills cure nausea, indigestion billionsness. 25 cents.

Dr. W. H. WAKEFIELD -Can be consulted in his office in-CHARLOTTE, N. C.,
No. 201 N. Tryon St. (Hunt Building,)
On any week day except Wednesday. His
practice is limited to diseases of the

EVE, EAR, NOSE & THROAT OPIUM AND DRUNKENNESS Cared DR. J.L. STEPHEMS, LEELING COM

UURES WHERE ALL ELSE FAILS.

Best Cough Syrup, Tastes Good, Due
in time. Sold by druggists. CONSUMPTION

We Can't Do a Thing to Her. To one who has visited a telephone parison: "Suppose that a farmer raises exchange and noticed how central works, it is amusing to watch the behavior of the man who cannot get recognition. In nine cases out of ten, if the hour is late and central is sleepy,

he goes through this performance:

He turns the handle sharply, jabs the receiver at his ear, and shouts "Hello!" through the transmitter. After waiting a moment or so, he repeats the action. Still no answer. Then, unless he is a church member, he uses language that he would not wish his wife to hear, and twists the handle of the calling bell until his wrist aches. It does not disturb central. No bells ring in the telephone exchange. When the subscriber rings a lozenge-shaped disk drops, and the number of the calling 'phone is exposed. That is all. It remains exposed until central answers the call and puts the disk back. If central's head is turned the other way, all the ringing in the world won't attract her attention. When she looks around she'll see the exposed number and answer the call. If she never looks | as they have done me so much good. around she'll never learn of the call .-New York Times.

A Kind Neighbor. "I did not send for you to tune my piano," said Mrs. Selfly to the man who called for that purpose. "No, madam, but your next

neighbor sent me."-Detroit Free

A house is never in disorder to a man so long as his things are "handy."

SENT FROM SEARSFORT.

Miss S. Mollie Percy, the Well-Known Searsport Dressmaker, Gives Hoz Experience of Her Lifelong Suffering and

Cure. From the Commercial, Bangor, Maine. The following communication has just been received from Miss S. Mollie Percy, of Searsport, Maine, where she is well and fa-

vorably known: "I was a sufferer from constant headache all my life, frequently accompanied with nausea and sick stomach, especially before and during severe attacks. I am now thirty rears old, and as far back as I can remember distressing attacks, and did not know what t was to feel well, until last winter; when, baving seen so much written and heard so much spoken about Dr. Williams' Pink Pills for Pale People, I made up my mind to see if they would do me any good. I therefore bought some of them and began to take them according to directions.

"I soon began to experience relief, and have improved ever since. I am still taking them, and shall continue so to do until I am free of the slightest symptom of my old ene-I am a firm believer in the efficacy of Pink Pills, and shall never be without them "I have recommended these pills to others, among them C. G. Coburn, who is ill of heart trouble.

Wilness: Mns. J. E. Nichols. Dr. Williams' Pink Pills for Pale People are a specific for troubles peculiar to femaies, such as suppressions, irregularities and all forms of weakness. They built up the blood, and restore the glow of health to pale and sallow cheeks. In men they effect a radical cure in all cases arising from mental worry, overwork or excesses of whatever nature. They are manufactured by the Dr. Williams' M. dicine Company, Schenectady,

N. Y., and are sold by all draugists at 50 cents a box or six boxes for \$2,50.

**)@@@@@@**@@@@@@@@@@ Sweetness and Light.

Put a pill in the pulpit if you want practical preaching for the physical man; then put the pill in the pillory if it does not practise what it preaches. There's a whole gospel in Ayer's Sugar Coated Pills; a "gospel of sweetness and light." People used to value their physic, as they did their religion, by its bitterness. The more bitter the dose the better the doctor. We've got over that. We take "sugar in ours"gospel or physic-new-a-days. It's possible to please and to purge at the same time. There may be power in a pleasant pill. That is the gospel of

Ayer's Cathartic Pills.

More pill particulars in Ayer's Curebook, 100 pages.

Sent free. J. C. Ayer Co., Lowell, Mass.

ANDY CATHARTIC SCOVETS

**CURE CONSTIPATION** 25 \$ 50 \$

ABSOLUTELY GUARANTEED to cure any case of constipation. Cascarets are the ideal Laxa-ple and booklet free. Ad. STERLING REMEDY CO., Chicago, Montreal, Can., or New York.

is a vigorous feeder and responds well to liberal fertilization. On corn lands the yield increases and the soil improves if properly treated with fertilizers containing not under GEO. B. HISS, Treasurer.

7% actual Potash.

A trial of this plan costs but little and is sure to lead to profitable culture.

All about Potash—the results of its use by actual experiment on the best farms in the United States—is told in a little book which we publish and will gladly mail free to any farmer in America who will write for it.

GERMAN KALI WORKS,

93 Nassau St., New York. Packed Without Glass. TEN FOR FIVE CENTS.

TEN FOR FIVE CENTS.

This special form of Ripans Tabules is prepared from the original prescription, but more economically put up for the purpose of meeting the universal modern demand for a low price.

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