

SPORTS LIFE

CAB INSPECTS EXPOSITION OPENING



The Sports Bazaar

BY WILLIAM A. TUCK

NOTE: With Bill Tuck vacationing in Baltimore and New York this week, Coach W. F. Burghardt of North Carolina College is "Pinch Hitting" as Guest Columnist. During the summer months Mr. Burghardt is director of the Hildebrand Park Swimming Pool and it is almost natural that he should discuss swimming in this article.

SWIMMING—THE IDEAL RECREATION BY W. F. BURGHARDT

No individual, young or old, small or large should fail to take advantage of every available opportunity to enjoy this sport that is beneficial in so many different ways.

It is generally concluded that there is no form of activity today more beneficial to the individual than swimming. Unsurpassed as a means of recreation and unequaled as a health builder, it might be interesting to trace the history and development of bathing from its infancy to the present.

Seemingly there is no record of the earliest conception of swimming. However, the Greeks and Romans had pools long before the Christian Era and practically all religious organizations throughout the history of mankind have had ceremonial baths.

Briefly, the baths and plunges of Minos and Crete are supposed to have been built as early as 1600 B. C. and it is indicated in various records that baths existed even during the time of Homer. Deriving their ideas from the Greeks, the Romans had the most elaborate centers of bathing. With the development of the aqueduct they were able to bring an abundant supply of water from higher levels with which they filled their pools. One of the earlier was the Thermae of Agrippa, 21 B. C.; the finest and best known being the Thermae Caracalla 206 A. D. and the largest, Grand Piscina, built by Decius in 255 A. D. was 180 x 175 in size and about 3 1/2 in depth.

The Barbarians, in invading Rome, learned to appreciate the bath carried the ideas to the respective localities. The noted Emperor Charlemagne, who is known to be an ardent swimmer and made his choice of location because of natural springs nearby.

Naturally, with the rapid development and improvement in pool construction there followed a like improvement in pool sanitation until today with modern methods of filtration, chlorination and re-circulation, pools are by far the safer places to swim from a hygiene point of view. Also the universal practice by cities, villages and towns of dumping refuse, waste and garbage into rivers and lakes has created unsanitary conditions highly unfavorable to swimming.

From a recreational angle, swimming is an excellent medium of self expression, for the enjoyment of participation is spontaneous and keen, whether in the youngster paddling in the water the adult taking regular exercise or the performer training for the race or dive.

When They Play

Monday night, July 22

Waltown vs Barq

Olympics vs Eagles

Tuesday night, July 23

Buccaneers vs Businessmen

Elites vs Albright Yanks

Wednesday night, July 24

Pemberton vs Tigers

Waltown vs Olympics

Thursday night July 25

Businessmen vs Elites

Yanks vs Pemberton

Friday night, July 26

Barq vs Businessmen

Saturday night, July 27

Businessmen vs Barq

Elites vs Pemberton

Sunday night, July 28

Businessmen vs Barq

Elites vs Pemberton

Monday night, July 29

Businessmen vs Barq

Elites vs Pemberton

Tuesday night, July 30

Businessmen vs Barq

Elites vs Pemberton

Wednesday night, July 31

Businessmen vs Barq

Elites vs Pemberton

Thursday night, Aug. 1

Businessmen vs Barq

Elites vs Pemberton

Friday night, Aug. 2

Businessmen vs Barq

Elites vs Pemberton

Saturday night, Aug. 3

Businessmen vs Barq

Elites vs Pemberton

Sunday night, Aug. 4

Businessmen vs Barq

Elites vs Pemberton

Monday night, Aug. 5

Businessmen vs Barq

Elites vs Pemberton

Tuesday night, Aug. 6

Businessmen vs Barq

Elites vs Pemberton

Wednesday night, Aug. 7

Businessmen vs Barq

Elites vs Pemberton

Thursday night, Aug. 8

Businessmen vs Barq

Elites vs Pemberton

Friday night, Aug. 9

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Elites vs Pemberton

Saturday night, Aug. 10

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Elites vs Pemberton

Sunday night, Aug. 11

Businessmen vs Barq

Elites vs Pemberton

Monday night, Aug. 12

Businessmen vs Barq

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Tuesday night, Aug. 13

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Wednesday night, Aug. 14

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Thursday night, Aug. 15

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Friday night, Aug. 16

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Sunday night, Aug. 18

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Wednesday night, Sept. 18

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Elites vs Pemberton

Thursday night, Sept. 19

Businessmen vs Barq

Elites vs Pemberton

Friday night, Sept. 20

Businessmen vs Barq

Elites vs Pemberton</div