

A schemer is one who can get people to do things they dislike by making them think he dislikes them doing it.

Lemon Juice Recipe Checks Rheumatic Pain Quickly

If you suffer from rheumatic, arthritic or neuritic pain, try this simple, inexpensive home recipe. It is made by using one cup of lemon juice, one cup of water, and one cup of sugar. Mix it with a quart of water, add the juice of a lemon, and stir. You need only 2 tablespoons two or three times a day. Often, the pain is relieved in 24 hours. It is guaranteed. Ru-Ex Compound is for sale and recommended by Good Druggists Everywhere.

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State Follow-Up To Child White House Conference Feb. 6th

Raleigh — Conforming to a nation wide plan adopted by the White House Conference on Children in a Democracy in Washington last June, North Carolina will have a state follow up conference of the Washington meeting to be held in Raleigh, February 6 at the City Auditorium.

Purpose of the North Carolina conference will be to get state action on and local adoption of recommendations made by the 1940 White House Conference concerning the needs of children in America. It is expected that out of this local conference will come a state wide program using every child welfare agency in the state and counties for further expanding and enriching state, and counties for further expanding and enriching state, county and community services for needy children.

Dr. Frank Graham, president of the University of North Carolina who was a delegate to the 1940 White House Conference on Children in a Democracy from North Carolina will serve as chairman of the state committee. Other appointed to serve with him are Dr. John S. Bradway of Duke University, president of the University of North Carolina, and Dr. Roy M. Brown of the Division of Social Work and Public Welfare School at Chapel Hill, secretary.

White House Conference second vice chairman and Dr. Roy M. Brown of the Division of Social Work and Public Welfare School at Chapel Hill, secretary. At a recent meeting of a planning group that was called by Mrs. W. B. Waddill, of Henderson, chairman of the Committee on the Child of the North Carolina Conference for Service further plans were made for the

state follow up conference. Governor J. M. Broughton was made honorary chairman, and Dr. Albert S. Root of Raleigh, who heads the division of pediatrics of the North Carolina State Medical Society was made chairman of the committee on local arrangements.

INTERESTING FACTS ABOUT THE RAILROADS

There are now 1,228 separate passenger train runs daily on railroads of the United States and Canada, where an average speed of 60 miles per hour or higher is maintained, compared with 997 such runs one year ago and 579 in 1936.

Daily passenger train runs on which an average of 60 miles per hour or higher is maintained by the railroads of the United States and Canada now cover a total of 63,447 miles, compared with 54,965 miles one year ago and 29,301 miles in 1936.

There are now 96 passenger runs on railroads of the United States and Canada where an average speed of 70 miles and more per hour is maintained.

The first railroads in this country used wooden rails on top of which a thin strip of metal was fastened, called "strap rail."

Twenty five Class I railroads operate electrically over some part of their lines. For carrying first class mail, roads receive an average of about one fifth of one cent per letter, approximately one fifteenth of the postal revenues collected by the government on this class of a North Carolina delegate to the

The fire box one some of the vice chairman and Dr. Roy M. Brown of the Division of Social Work and Public Welfare School at Chapel Hill, secretary.

The average revenue received by railroads for hauling a passenger one mile was 1 3-4 cents in 1940 the lowest on record. Taxes paid by Class I railroads in 1940 totaled \$405,000,000 the greatest amount in any one year on record.

Railroad taxes averaged \$1, 107,000 daily in 1940, or \$768.75 per minute.

Earnings of railroad employees in 1940 averaged \$1,900 or nearly double the amount received in 1916.

For each pound of fuel used in freight service, the railroads in 1940 hauled nine tons of freight

A SUPPER PARTY WITHOUT SWEETS is enjoyed by all

says Dorothy Greig

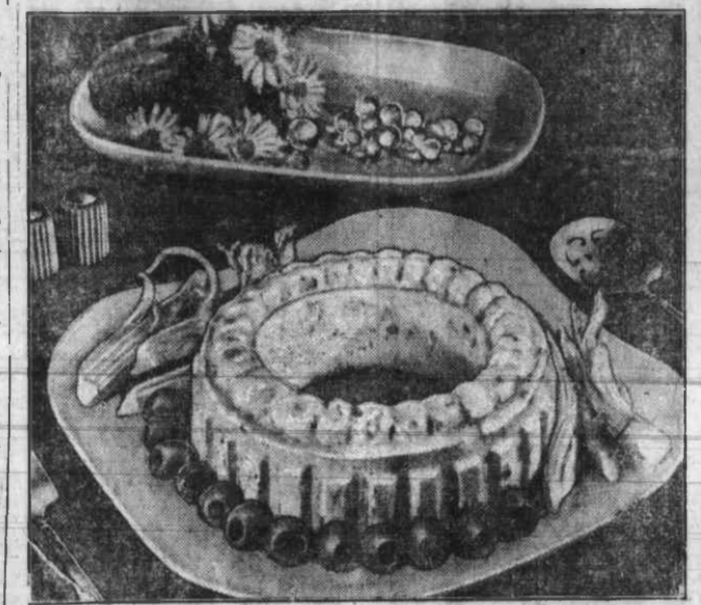
PARTY food to most of us means something rich and sweet, "all sugared and gooped up fit to kill", as a bachelor friend of the family describes it.

This same bachelor knows whereof he speaks for he is in demand at parties and is faced and "baffled" by his own words by much party food. Refreshments served at his own smart little supper parties are very different. His platform on the subject is simple, his adherence to it unwavering. "No sweets," says he. He insists that all food must be crisp, crunchy, meaty or high flavored. There's never a whipped cream or sweet concoction to be seen.

Rather you will find thick soup ladled smoking hot from an enormous high riding tureen, cold whole baked hams, pots of pork and beans, fresh crusty rye bread, chilled salad greens, crunchy celery hearts, sardines, wonderful cheeses, pickles, poached red apples, juicy pears—all that sort of thing. And his guests love it—perhaps because such honest, gusty, relished foods are met but seldom at parties.

For instance, this aplcy hot tomato juice punch provides a jolly start to such a sweetnessless supper.

Hot Milled Tomato Juice with Lemon Slice Garnish
5 cups tomato juice
5 tablespoons medium brown sugar
6 whole cloves



Fresh vegetables and condensed chicken soup are combined to make a delicious salad mousse.

Calf Deaths from White Scours Can Be Much Reduced

White Scours, one of the most serious of all calfhood diseases, can be kept under control by following a strict program of sanitation, claims Grafton Lothrop, head of the sanitation department, Purina Mills.

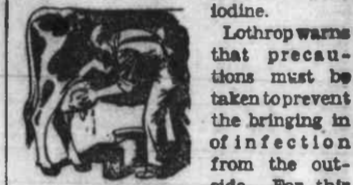
White Scours, he explains, is a highly infectious disease caused by bacteria gaining entrance to the calf through the mouth or navel. Even though apparently strong and vigorous at birth, a calf may become sick in two or three days, develop

diarrhea, and die. To help prevent White Scours in calves, Lothrop has developed a strict sanitation program intended to help eliminate the possibility of infection at calving time and for several days later. It calls for an isolated calving pen that has been thoroughly cleaned and disinfected with the federally approved disinfectant, Cre-so-fee. Then just before the pregnant cow is brought in for calving she, too, is given a sponge bath with a Cre-so-fee solution.

After the calf is dropped, but just before nursing, the teats and udder of the mother cow are thoroughly washed and sterilized with a non-irritating antiseptic, Chlorena. Also, it is important for the dairyman to be present at calving to make sure that the navel is immediately disinfected with iodine.

Lothrop warns that precautions must be taken to prevent the bringing in of infection from the outside. For this he recommends that a sack saturated with Cre-so-fee be placed before the entrance of the stall so that anyone entering will have to step on it.

Edron's Note: Cre-so-fee and Chlorena, recommended in this sanitation program to help prevent White Scours in calves, are handled by our local Purina distributor.



Lothrop's Note: Cre-so-fee and Chlorena, recommended in this sanitation program to help prevent White Scours in calves, are handled by our local Purina distributor.

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and equipment one mile, the highest average on record. Materials from approximately 120 manufacturing plants go into the construction of a standard steam locomotive.

All freight cars owned by the railroads if joined together on one track would make a train nearly 13,300 miles in length.

Britain Raids African Territory

LONDON, (CP) — Jubaland, recently raided by the British in Kenya, is one of the Many African territories that changed hands after the war, the National Geographic Society said Tuesday.

The Society said that Jubaland was transferred to Italy by Britain in 1925 in recognition of Italy's participation in the World War. Most of Jubaland's 139,000 inhabitants are nomad Somalis moving with their cattle, camels, goats and sheep, from place to place in search of what water and grazing land the season provides. Because of the scarcity of both water and grazing land, struggles are occasionally reported among the tribes.

While the natives are very fond of meat, they have distaste for eating that of their own tribe and rustling is one of the fine arts of the tribe. Under Italian rule a few roads have been built in the fertile districts of the region and irrigation projects have been planned.

CARIO, Egypt, (CP) — Free French forces are stationed beyond Lake Tadah near the Egyptian Sudan in the very center of Africa, it was reported here Monday.

General deLarminat, Governor General of the French Congo, said that ambulances were needed for service between military posts in the jungle and military centers of French Equatorial Africa. American volunteer drivers of the British-American Ambulance Corps have nevertheless been asked to take their units into the Egyptian Sudan where they will be attached to the Free French forces

Maritime Commission reports President Roosevelt will expand expansion of the merchant to pump new life into defense fleet.

Answers to "IT'S TIME YOU KNEW" by Lawrence
Loretta Young's real given name is "Gretchen."
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