

CARNATION COOKING HINTS
By Mary Blake
HOME SERVICE DIRECTOR AND HER STAFF



Leprechaun-light and lip-smacking good—that's crispy Lemon Wafers! They're wholesome and nutritious because they're made with new Velvitized Carnation Evaporated Milk. New Velvitized Carnation makes your cooking easier now, so use it soon—in yummy Lemon Wafers.



LEMON WAFERS
(Makes about 5 dozen)

1 cup butter	1 teaspoon baking powder
1 1/2 cups sugar	1/2 teaspoon salt
1 egg	1/4 teaspoon baking soda
1/2 teaspoon vanilla	1/2 cup undiluted
1/2 teaspoon lemon extract	CARNATION EVAPORATED MILK
2 1/4 cups sifted flour	1 tablespoon grated lemon rind

Cream butter with 1 cup sugar until light and fluffy. (The 1/2 cup sugar will be used later in recipe.) Beat in egg, vanilla and lemon extract. Sift dry ingredients together. Add dry ingredients to sugar mixture alternately with Carnation. Chill for at least 2 hours. Roll rounded teaspoonfuls into balls. Mix 1/2 cup sugar and lemon rind. Roll balls in sugar mixture. Place on baking sheets 2 inches apart. Bake in moderate oven (350° F.) 8 to 10 minutes or until cookies are lightly browned around edges. Cool on cake racks.

Mrs. David Jones Honored By Bennett Alumnae

GREENSBORO—Mrs. David D. Jones, retired director of admissions at Bennett College, was honored by local alumnae of the institution at a reception Sunday night held in the David D. Jones Student Union, named for her late husband.

Mrs. Madeline Best, '31, president of the chapter, presided and Mrs. Nelle Coely, '31, presented to the honoree a replica of the Bennett bell tower and bell which is still used to summon students to classes and to chapel. The replica bears the inscription "because you constantly cared," and a companion scroll, listing the names of the contributing members was inscribed "ever dear to us, thou art," lines from the Alma Mater.

In her remarks of acceptance, Mrs. Jones recalled the early days of the institution and the determination of her husband that "the girls should have four glorious years at Bennett." In addition to the alumnae, a number of faculty and staff members of the local community were present.

Hunters Reveal Engagement Of Daughter

Mr. and Mrs. James Yancey Hunter, Sr. announce the approaching marriage of their daughter Elizabeth Lenora to Mr. Walter Sir Anthony Johnson, Jr., the son of Mr. and Mrs. Walter Johnson, Sr. of New Haven, Connecticut.

They are both graduates of N. C. College at Durham. Miss Hunter is presently employed as a teacher at Washington High School in Reidsville. Johnson worked as a Research Chemist at Olin Matherson Chemicals in New Haven before returning to do graduate work this fall at North Carolina.

An April wedding is planned.

KAPPA SIGMA PROTESTS BLACK FACE MINSTRELS

Providence—Following a protest letter signed by 18 Negro students negotiations with representatives of Rhode Island CORE and NAACP the Kappa Sigma fraternity at Brown University for the first time eliminated blackface from its annual minstrel show on March 27.

"Through conversations with officials of CORE and NAACP, we have realized that in today's explosive atmosphere, a show of this type has wide-ranging repercussions in the greater Providence community," said a fraternity statement printed in the Brown Daily Herald. "To make the show more acceptable to the entire Negro community, we have decided to eliminate use of blackface. We also pledge that next year, the form and implications of the show will receive much deeper re-examination and re-evaluation in the light of this year's criticism."

CORE members of the negotiating team were Mrs. Tony Coolidge, Mrs. Arlene McKenzie, Mrs. Margurite Costa, Robert Mason and George Lima.

In Philadelphia, for the second successive year, blackface was eliminated from the New Year's Day, Mummers Parade as a result of CORE protest action.

A. & T. STUDENT DIES AS RESULT WRECK INJURIES

GREENSBORO—A student at A. and T. College died last week from injuries sustained when struck by an auto a week before.

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\$2.25 PINT
\$3.50 FIFTH

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more from Dinwiddie, Va., never regained consciousness after the accident which occurred on Saturday night, March 20, and died at a local hospital 10 days later, on Monday, March 29.

Struck by a police patrol car which was rushing to the scene of another emergency, Miss Good-

on suffered multiple injuries, including fractures of the arm and leg, a brain concussion and other internal injuries.

The accident occurred as the victim was crossing High By-Pass No. 29, an intra-city thoroughway. She was rushed to a local hospital and remained in critical condition in the intensive care section until her death.

She is the daughter of Mr. and Mrs. Gerald T. Gooden of Dinwiddie.

There are 475 congregations of Sisters in U. S. runs in the United States

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Women's Health: "She Had So Many Children" ... Danger!

"It is altogether a mistake to suppose that in childbearing practice makes perfect," a distinguished British physician observed 30 years ago.

Two American doctors have reached the same conclusion following a three-year study of the histories of 5,551 women who had borne seven or more children.

Drs. S. Leon Israel, and Andrew S. Blazer reported recently that these women suffered from a variety of illnesses more frequently during pregnancy than women who had borne fewer children.

They were afflicted with anemia twice as often, and suffered more of such serious complication during pregnancy as high blood pressure, hemorrhage, ruptured uterus, convulsions, and damage to, or disease of, the placenta. More than twice as many such women required blood transfusions after giving birth, according to the physicians.

The doctors warned that these women must be observed most carefully through pregnancy, during labor and after giving birth.

Dr. Israel, who is professor of obstetrics and gynecology at the University of Pennsylvania School of Medicine, told Women's Medical News Service: "A significant number of women with seven or more children come from the most impoverished segment of our society. It seems to me that one of the heartening developments in recent years is the availability of safe, effective contraceptives."

"Studies have shown that these women frequently do not want such large families but they have neither the means nor the knowledge to control their family's size."

"I believe recent statements by President Johnson, by the American Medical Association and by other responsible groups supporting birth control and family planning will help these women, and consequently will help build the

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Defrosting the refrigerator can be fun... but only if you're a child.



When you're defrosting, you might as well call in the kids for a party while the ice cream's still fit to eat.

Or better yet, treat yourself to the luxury of a frost-free refrigerator-freezer and forget defrosting forever!

Imagine: no more scraping and melting. No more puddles of water on the floor. No more where-do-I-put-the-frozen-foods-in-the-meanwhile.

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And don't let the children talk you out of it.

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