



ARGOSY EDITOR AT SHAW— Following his appearance on the University Lecture series program at Shaw University, Henry Steeger is surrounded by faculty and students.

The editor and publisher of Argosy Magazine and affiliated publications told the audience that "the flood of changes in our society is accelerating and reaching

to the furthest corners of our nation as a result of the new civil rights and economic opportunity laws."

Bishop W. A. Stewart Welcomed to Durham Area

Bishop W. A. Stewart was officially welcomed to the Durham area Monday night when the pastor, members and friends of St. Mark A.M.E. Zion Church, along with representatives of Durham business, labor and other local organizations tendered him a banquet at St. Mark Church.

The prelate was assigned to this area to supervise the work of his denomination at the General Conference, held in May, 1964. He is in charge of the fifth district, comprising the Albemarle, the North Carolina and Central N. C. extending from Elizabeth City to Siler City.

Bishop Stewart, in accepting the welcome told diners that it was his hope and aim to live up to the welcome by joining the people of the community and the state by building a Christian program that would begin in the home and go out into every avenue of life.

Rev. George Tharrington, Kyle Temple A. M. E. Zion Church, represented the Durham District.

B. T. McMillan was the spokesman for St. Mark Church. J. H. Wheeler welcomed him for the business and the A.M.E. Church. The Rev. L. P. Perry was on hand for the Ministerial Alliance. He was given the blessing of labor by Roy Trice, Sr. Guy Mazzyk told him that the Christian Education Department of the A. M. E. Zion Church pledged 100 percent support to his program.

A. T. Spaulding was happy that he had been assigned to this area and gave him the assurance that the North Carolina Mutual would be happy to aid in any way possible. Alexander Barnes spoke for the more than 750,000 communicants throughout America, the Virgin Islands, South America, Bahama Islands and Africa. Rev. Alexander Moseley was happy to represent the Durham Ministerial Association and also got in a few political punches for his candidacy for Councilman-at-large.

Rev. Howard C. Wilkinson, Duke University Chaplain, was proud of the changes that were being made

NAACP Given \$10,000 For Work in South

PHILADELPHIA — Two grants to the National Association for the Advancement of Colored People totaling \$10,000 have been authorized by the United Presbyterian Commission on Religion and Race.

The Commission's Executive Committee, meeting here recently, voted a total of \$44,200 for a variety of undertakings. These included \$5,000 to the NAACP Legal and Defense Fund for the southern office of that organization; and an equal amount to assist in rebuilding the NAACP in Alabama, where it has been outlawed for some years by the state. Plans call for the latter amount to be paid through the Miller Memorial Presbyterian Church in Birmingham of which Peter Hall, civil rights attorney and CORAR member, is a communicant.

Other allocations approved by the committee included these: \$12,000 for a program of day care centers, tutorial service and job opportunities in the Synod of Catawba (North Carolina and most of Virginia).

\$5,000 for voter registration work.

\$5,000 to aid religion and race work in the Chicago area.

And \$5,000 for a lawyers' constitutional defense committee, dependent upon the setting up of an office in the South to defend persons in civil rights cases.

Other grants, in smaller amounts, ranged from aid to a minister's family to making a study of economic and social conditions in a community where Negro, Indian and Spanish-speaking families suffer from various aspects of segregation.

Some of the grants will come from the CORAR budget, and some from the Freedom Fund, an offering taken in the 3.3 million member United Presbyterian Church to help finance the denomination's work in racial matters.

TOWN TOPICS

WE LIKE IT QUIET HERE — DO YOU HAVE CHILDREN, A PIANO, RADIO OR TELEVISION?

NO—

DO YOU PLAY ANY MUSICAL INSTRUMENTS? DO YOU HAVE A DOG, CAT OR PARROT?

NO— BUT MY MOUNTAIN PEN SCRATCHES LIKE HELL SOMETIMES!

ing pregnancy. Some 11,600 women along with the others attended the prenatal clinics of the District of Columbia General Hospital, showed on complications, and so did not receive the medication.

The results:

- Fewer than one per cent of all babies born to the treated women died within the first four weeks after birth, as compared to 2 percent among the other group.
- Only 420 babies, or some 5 per cent born to the treated women were premature as compared with 1,140 babies, or 9 per cent born to the untreated group.

CELEBRATES HER 88TH BIRTHDAY

Mrs. Nannie Bell Taylor celebrated her 88th birthday Easter Sunday at the home of her daughter and son-in-law, Mr. and Mrs. Crusoe Geer at 2814 Fayetteville St., Durham.

Gifts and telephone messages

came from many friends in Durham, Creedmoor and New York, for which she was very grateful.

After a delicious dinner, topped with homemade ice cream, the group made a tour of the famous Duke Garden where they made pictures, including movies.

Among the guests were Mr. and Mrs. Geer.

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White Rock Baptist Church

Miles Mark Fisher, Pastor

Sunday, April 25

8:45 A.M. CALL TO WORSHIP Electronics

9:30 A.M. SUNDAY SCHOOL LESSON—
SUBJECT: "God's Hand in a New Order"
1 Samuel 12:19-25; 1 Kings 6:11-13
Review of Lesson by B. F. Page, Family
Dr. Charles A. Ray, Superintendent

11:00 A.M. SERMON The Rev. Worth L. Barbour
Greensboro, North Carolina
Senior Choir, John H. Gattis, Director
Young Peoples Choir, Mrs. Virginia Alston, Directress

6:30 P.M. BAPTIST TRAINING UNION
Miss Amelia P. Thorpe, Leader

7:30 P.M. ORGAN RECITAL Miss Phyllis Jeffries

St. Joseph's A. M. E. Church

SERVING A WORLD PARISH WITH CHRIST SINCE 1857

Fayetteville Street Durham, North Carolina

MELVIN CHESTER SWANN, The Minister

Sunday, April 25

9:30 A.M. SUNDAY SCHOOL
SUBJECT—"God's Purpose Through People"
Miss Marie Faulk, Superintendent

11:00 AM WORSHIP SERVICES
To be broadcast over radio station WSR

SERMON The Minister
SUBJECT: "The Glory of the Believing"
MUSIC Senior Choir
Joseph T. Mitchell, Directing

Mrs. Minnie Gilmer at the Console

7:00 P.M. EVENING WORSHIP
SERMON The Minister

MUSIC The Gospel Choir
Mrs. Marian Williams, Directing
Fred Mason at the console

FREE PARKING ON ST. JOSEPH STREET

Women's Health: More Live Babies Result of Family Planning

By Elizabeth Stewart

Brides generally plan their trousseaux with the greatest care. And every detail of the wedding is worked out with the precision of a moonshot. If the same care were taken in planning a family, that is avoiding "accidents," many pregnancies would be safer and more babies would be born alive.

This is one conclusion to be drawn from a recent study made by two Utah physicians, Drs. J. D. Mortensen and Elmer S. Ellsworth. They found that pre-conception physical examinations led to the discovery that some women had a defect known as aortic coarctation, or constriction of the aorta, the main artery of the heart. The doctors report that of eight patients whose defect was treated before they became pregnant, and who conceived 21 times, 90 per cent experienced successful pregnancies.

On the other hand, of nine patients whose defect was not corrected and who conceived 32 times only 40 percent of the pregnancies ended with the delivery of a live baby. In addition, 70 percent of this group had a variety of serious obstetrical problems.

Drs. Mortensen and Ellsworth are associated with Rummel Chest Clinic and the Latter Day Saints Hospital, Salt Lake City.

Children's Shoes: Fit or Fashion? Doctors in the U. S. and Britain are concerned about damage being done to children's feet by "fashionable" but improperly designed or poorly-fitted shoes. Long-term studies of 11,000 British children show that more than half suffered from an acquired foot deformity, hallux valgus by the time they were 15 years old. In this condition, the large toe is pushed out of its normal position and comes to rest on the adjacent toes. The incidence of this deformity, and others, showed a gradual rise through childhood.

The American Academy of Orthopaedic Surgeons passed a resolution recently noting an "ever-increasing tendency toward 'styling' children's and teenagers' shoes," and urging the shoe industry to "review this problem of the growing foot."

Reducing Still Births, Premature Babies

An effective way to reduce some premature births and stillbirths was reported recently by two physicians associated with the medical division of Georgetown University, Washington, D. C.

Drs. Frank A. Finnerty, Jr. and Frank J. Bepko, Jr. treated 7,500 pregnant women who showed signs of edema (swelling due to excess fluid), high blood pressure, or other conditions that might lead to serious complications, with drugs that caused them to eliminate excess salt. In these patients a careful search for unsuspected tract infection was made and in all cases medication was begun at the first sign of any abnormality, and was continued throughout pregnancy.

The doctors also routinely prescribed the same medication for all very young pregnant women (those under the age of 17 years of age), since two out of three of

of age), since two out of three of

RE-ELECT!

J. S. STEWART

FOR

CITY COUNCILMAN

THIRD WARD

PRIMARY MAY 1, 1965

A Dynamic, Civic And Business Leader

A FRIEND OF THE MASSES

CHANGE-OF-LIFE...

does it fill you with terror ...frighten you?

READ HOW COUNTLESS WOMEN HAVE FOUND THE WAY TO OVERCOME CHANGE-OF-LIFE FEARS

Have you reached that time of life when your body experiences strange new sensations—when one minute you feel enveloped in hot flashes and the next are clammy, cold, drained of energy, nervous, irritable? Are you in an agony of fear? Too troubled to be a good wife and mother? Don't just suffer from the suffocating hot flashes, the sudden waves of weakness, the nervous tension that all too frequently come with the change when relief can be had.

Find comforting relief the way countless women have, with gentle Lydia E. Pinkham's Tablets. Especially developed to help women through this most trying period. In doctor's tests 3 out of 4 women who took them reported welcome effective relief. And all without expensive "shots."

Don't brood. Don't worry yourself sick. Get Lydia E. Pinkham's Tablets at your druggist. Take them daily just like vitamins.

The gentle medicine with the gentle name LYDIA E. PINKHAM