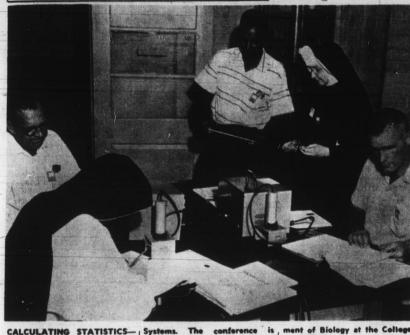
4-B-THE CAROLINA TIMES SATURDAY, AUGUST 28, 1965



CALCULATING STATISTICS- | Systems. The conference Professor John L. Perry (cen-ter), an alumnus of Saint Augjointly sponsored by the Na-tional Science Foundation and the United States Atomic Ener ustine's, demonstrates the use sy Commission. This conference of the slide rule in calculating statistics of counting radio has been conducted on the St. activity to participants in the Augustine's campus for two on the Effects of consecutive years. Dr. Joseph Ionizing Rediations on Living Jones, Chairman of the Depart-

sweet corn without injury. Rubber bars strip the ears from belts.

been developed which seems destined to play an important

entary (artificial) light suppler is needed: and in after harvest ripening of such crops as to natoes

spectrum lamp which gives more even and constant distribution of the waves of light found in the spectrum.

the light causes certain chem ical changes which permit the tomato to develop a true vine



This should be good news for

These are just a few of the

State Heart Ass'n Offers Advice Standing or sitting a long time is difficult for people with accumulates in the lower legs To Varicose Vein Sufferers

CHAPEL HILL-If the bi vessels in an average-sized adult were laid end to end, how far do you think they would ex-tend?

Sixty thousand miles, accord ing to the North Carolina Heart Association. That's more than one hundred times the distance from one end of the Tar Heel State to the other-plenty of area in which things can go wrong!

Kinks, plugs and leaks in this marvelous maze of blood-channels can interfere with normal circulation, and every year they cause about half of all deaths in North Carolina.

One of the less dangerous but more annoying, problems to which the blood vessels are heir is that condition known as 'varicose veins." They are perhaps the most common of circulatory troubles, and they afflict both men and women. is director of the conference.

Your heart is the center and He is also one of its chief lecdynamo of your circulatory system, sending blood out thru turers. Pictured from left to the arteries; it is the depot to the calves. Therefore, the which the blood returns thru the values cannot close tight. right are: Sister Rose F. Preiss, Adrian, Michigan; Edmund A. Kulakowski, Fort Myers, Florithe veins.

da; John L. Perry, Virginia Beach, Va.; Sister Francis C. Ladd, Clinton, Iowa; and Jas.

 Blood pressure, stronger in the arteries, is considerably diminished in the veins but still gives the blood a push. • The movement of leg mus

cles during normal activity or exercise helps massage the blood upward through vein walls. · And the third aid is an extremely ingenious anti- device - little cuplike valves which section off the veins and

maintain one-way traffic. They open to let the blood travel upward, then close tighly to keep it from falling back.

Varicose veins develop when vein walls or valves weaken Some persons may be born with weak venous valves or walls However, disease, injury, over weight, pregnancy - even tight undue pressure on the veins eventually they may give way under the pressure of blood and sag outward at the site of

ly enought to regulate bloodflow properly. This increases out.

varicose veins because blood accumulates in the lower legs and exerts great pressure on the veins, the state heart group says.

Doctors recommend that such persons put their feet up often at home, even at the office -if they can get away with it. And, the Heart Association adds, even if you don't have varicose veins it's a good idea to interrupt long auton trips to let the whole family stretch legs.

For free single copies of a Heart Association booklet on "Varicose Veins," readers may write HEART, Chapel Hill, N Carolina.

VA URGES RIGHT USE OF FORM TO SPEED SERVICE WINSTON-SALEM - Th proper execution of required forms will speed up applica clothing-can damage or put tions, for veterans' benefits. Judson D. DeRamus, Manager When vein walls are weak, of the North Carolina Veteran

> Administration Regional Office said early this week. Every item on the application form must be filled out legibly before the claim may be adjudicated. Ramus pointed

DeRamus said failure to pro vide the necessary information delays the decision on a claim

ONLY A PEACEFUL WORLD CAN PROVE HELPFUL TO NEW NATIONS

BROOKLYN, N. Y. - The United Nations from Nigeria. normous problems faced by told the National Christian Misnations cannot be solved sionary Convention that it is except in a peaceful world, and the duty of people of any faith the solution of these prol to make the world safe from requires the cooperation of all the rest of the world.

"In Nigeria," he said, "about half our people are Moslems, and only 10-15 per cent are That's the plea the leader of ne of Africa's new nations Christians. But we are getting made at the Thursday night along without any discriminaession of the assembly of Ne-Continued on page 6B tro members of the Christian

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Churches (Disciples of Christ) the Stuyvesant Heights Christian Church. Chief Simeon O. Adebo, permanent representative to the

and often leads to an exchange of correspondence before complete answer can be ob-

tained. In the event some doubt exists as to how blanks on the forms should be filled in, the applicant may get information and assistance at any VA of fice





On the return trip from the legs to the heart, the blood the pressure of blood against has a long uphill climb. It is the vein walls, which may bal-