

Make Your Holiday Party Sing



Wassail, the oldest known Christmas season beverage, is just the thing for the hostess who's looking for something new for her holiday party.

A traditional English yule drink since the 7th Century, the wassail is a flavorful and moderate combination of sherry, beer, sugar, citrus, nutmeg and ginger. And it's easy to make.

Here are the ingredients for the wassail bowl:

- 3 quarts warm beer
- 1 pound of granular sugar
- 1 teaspoon powdered ginger
- 1 teaspoon powdered nutmeg
- 24 ounces of Harveys Bristol Cream Sherry
- 3 slices of lemon

Add the sugar to one quart of beer in a bowl. Then stir in the nutmeg and ginger. Add the sherry and two more quarts of warm beer. Float the slices of lemon in the bowl.

A great deal of holiday tradition has grown up around wassail. The word itself has come to mean Christmas caroling from house to house. Carolers usually were given a dram of wassail in reward for their singing.

Wassail meant "to your health," which is probably the original toast. The word was introduced in England by the ancient Scandinavians who landed the coast early in the Christian era. But the drink apparently antedates written word in English history.

Plans Made for Improvement of Harlem Hosp.

NEW YORK—Columbia University, in a report to the Lindsay Administration, has declared its intention "to develop Harlem Hospital into a first-rate medical center, capable of delivering the best in medical care to the community and second to none as a training area for physicians."

The report was released yesterday (Wednesday) by the University.

Dr. Melvin D. Jahr, associate dean of the Columbia University College of Physicians and Surgeons, stated in the report:

"Though in every sense of the word the Harlem Hospital Medical Center will be an integrated community, opportunities for the development of Negro physicians have been and will be given priority.

"It is our firm conviction that the establishment of Harlem Hospital as an institution of stature will have a most salutary effect on the integration of Negro physicians at all levels of medicine in all parts of the country."

Dr. Jahr is in charge of the affiliation program with the City of New York under which the University, since 1961, has supervised a 11 professional services at Harlem Hospital.

He further reported that "for the first time in many years Harlem Hospital has the physician manpower to meet the medical needs of the community."

He added, however, that new physical facilities were badly needed and he criticized delays in the completion of the new Harlem Hospital building at Lenox Avenue and 135th Street.

"I would strongly urge that the City bring all its resources to bear in completing this hospital at the earliest possible date," he said.

Dr. Jahr also revealed that discussions were being held with the Department of Health for the establishment of "satellite health clinics" in the Harlem community. These, he said, would help meet the problem of the doctor shortage in Harlem and the inability of many residents to pay for private medical care.

The Harlem Hospital statement is one segment of a report covering a wide range of activities carried out within the city by Columbia's professional schools, faculty and students. Titled "Columbia University in the City of New York: An Old Partnership," the report was prepared for Mayor Lindsay and the members of his cabinet, who met recently on the Columbia campus to discuss city-university cooperation.

Dr. Jahr's statement noted that post-war changes in medical practice and education have caused interns, resident doctors and hospital staff members now to gravitate to "teaching hospitals" offering the best educational experience and opportunity. To attract staff, there is a need for a core of full-time hospital-based physicians of proven stature, an organized teaching program, and modern facilities, he said.

Good Start

ROLLA, Mo. — When publisher Edward W. Sowers hired Lou Meinecke, a photographer, he put Meinecke's picture on the front page of the Rolla Daily News with a story which said "...any courtesy shown Mr. Meinecke while on assignment will be greatly appreciated..."



PRE-FLIGHT CHECK — Air Force Lieutenant Colonel James E. P. Randall and Senator Howard W. Cannon, (D. Nev.), a major general in the United States Air Force Reserve, complete the pre-flight check of their F-111A fighter bomber. Colonel Randall served as Senator Cannon's co-pilot during a recent F-111 orientation flight at Nellis AFB, Nevada. (U.S. Air Force Photo)

Vets Questions and Answers

Editor's Note: Below are authoritative answers by the Veterans Administration to some of the many current questions from former servicemen and their families. Further information on veterans benefits may be obtained at any VA office.

Q — I expect to graduate from college next spring and go into service for at least three years. Throughout college I have received a monthly check from the Veteran Administration under the War Orphan Assistance Act. When I complete my military service will I again be eligible for VA educational assistance as a veteran?

A.—Not under existing law. If you were a full time student in college and received a War Orphans Educational Assistance Allowance for 36 months, you will not be entitled to further educational benefits as a veteran. The maximum entitlement of any person to Federal assistance for full time education is 36 months. Any additional education for which the person would receive an allowance from the U.S. Government would constitute "duplication of benefits," which is prohibited.

Q.—I was recently retired from the Army on disability. There is an army hospital near my home where I can receive care and treatment. However, the nearest Veterans Administration hospital is in another city some distance away. If I elect to receive VA disability compensation instead of my Army retirement pay, can I still be treated at the nearby Army hospital where my family can visit me without too much inconvenience?

A.—Yes. The fact that you would be receiving disability compensation from the VA does not change your entitlement to military hospitalization as a retired serviceman. At the same time, you are also entitled to VA hospital care as a veteran.

Q.—My deceased husband's headstone furnished by the Army has become unsightly because of age. Will the Army furnish me another marker for his grave?

A.—Each request is decided on its own merits. You should apply for a replacement marker to Chief Support Service, Department of the Army, Wash. D.C. 20315. In your application be sure to give full details concerning the appearance and disrepair of the present headstone.

--Insurance

(Continued from page 3)

pointed out that veterans who converted their G. I. insurance to permanent plan will get higher dividend in 1968 because of increased interest earnings on reserves. Modified life insurance policies will not share in next year's dividend since premium rates for 212,000 veterans holding these policies are so near actual costs that no surplus has accumulated.

About half of the four million World War II NSLI policies are "permanent plan," Phillips said. By contrast, all but 2,500 of the USGLI policies held by 190,000 World War I veterans are permanent plans.

The 1968 dividend will mark the 19th straight year in which an annual dividend has been paid on NSLI policies. It will also bring to approximately \$7.2 billion the amount of dividends paid on NSLI policies since 1950.

Dividends were first paid on USGLI policies in 1919. Since that time, and including the 1968 payment, about \$700 million in USGLI dividends have been paid.



FISH-FINDING WITH "MERCURY"

A thermometer is one of the best "lures" a man can own. You may not rate it in the same class as pork rind or a "river runt," but it'll account for just as many fish. Next to an outboard motor, this fragile tube is one of the most effective fish-finding devices known to anglers.

Water temperature, as much as any other factor, governs the habits of your favorite game fish, say the fishing experts at Mercury outboards. It determines when and where they feed, and often sends you home empty-handed.

Fish have definite needs. Principally, they require oxygen. This vital element escapes into the atmosphere as the water warms. That's why summer fishing is best at considerable depths while fall fishing need not be so deep.

To check water temperatures, Mercury suggests a minimum-reading thermometer attached to a line with knots tied at three-foot intervals. Probe the depths until you reach the preferred temperature belt. When you've determined the proper fishing depth, you'll save your casting arm, and you'll catch more fish.

Ask your local conservation official for specific information on the temperature preferences of the fish you seek, as different species favor different water temperatures.

J. Lowell Robinson
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DURHAM, N. C.

Your professional beautician knows the answer...

Can your hair be damaged from brushing, alone?

All hair becomes damaged from exposure to sun and natural elements. Certain greasy compounds and many chemicals, improperly used, also take their toll... not to mention simple attempts at beautifying the hair with any brush not made of natural bristles. The results are brittleness, breakage, dry and dull looking hair.

Your professional beautician knows how artificial bristles actually brush away a great deal of the "lubricants" of the hair that give it body, lustre and protection. And trained beauticians claim that nothing beats Clairol's condition Beauty Pack Treatment for overcoming brittleness, dryness and breakage... leaving hair lively and easy to manage. condition is an easy-to-work-with creme which can even be applied during a chemical straightening retouch to prevent drying of hair that has been previously relaxed. condition is the ultimate in repairing deep-damage. And, when time is a factor for their customers, hairdressers turn to new Clairol's Hair Dew—the lotion conditioner that penetrates so fast many think of it as an instant conditioner. When applied regularly by your beautician, Clairol Hair Dew adds body, softens and gives a glowing new look to your hair that many friends will notice and admire.

Damage can come from using brushes with artificial bristles. But damage to every woman's hair comes from so many other causes that all human hair (including wigs) needs to be revitalized periodically. Visit your professional beautician and ask this expert to check the condition of your hair.

Only your professional beautician knows the answer for sure.



ARE YOU A HAPPY CHRISTMAS SHOPPER?

The happiest shoppers are those who have Christmas Club checks to shop with. You can join these happy shoppers next year by joining our Christmas Club for 1968 right now.

Come in this week and pick the size check you'll want in November 1968.



114 WEST PARRISH ST.

DURHAM, N. C.

What They Wore... by PHYLLIS JOYCE

FASHION UP HER SLEEVE

AT ONE TIME WOMEN'S SLEEVES ECHOED THE CONTOURS OF MEN'S LEGS! THE STYLE, FRENCH IN INSPIRATION, BEGAN IN 1550 AND REMAINED DE RIGUEUR FOR MORE THAN TWENTY YEARS.

IN MID 19TH CENTURY ENGLAND THE ORIENTAL LOOK ABOUNDED. ONE OF THE MOST APTLY NAMED FASHIONS WAS THE PAGODA SLEEVE.

IN 16TH CENTURY FRANCE, MADE MOISELLE HAD TO KEEP A FIRM HAND ON HER ARM MOVEMENTS DUE TO THE ADVENT OF THE "GREAT HANGING SLEEVE" WHICH, IF NOT PROPERLY CONTROLLED, COULD SCOOP UP EVERY OBJECT IN SIGHT.

TODAY... WHEN BUYING WOMEN'S OR CHILDREN'S APPAREL LOOK FOR THIS LABEL: THE SYMBOL OF DECENTY, FAIR LABOR STANDARDS AND THE AMERICAN WAY OF LIFE.

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Don't Put It Off! ... Any Longer!

Equip Your Car Now With Hercules Polar '125' Tires Before the Snow Comes

Another reminder that snow tire time is here! Several days ago I heard a radio commentator say and I quote: "THOSE WHO HAVE NOT PUT ON YOUR SNOW TIRES ARE LIVING IN A FOOL'S PARADISE." Unquote. In some sections of the country motorists have already put their snow tires to work and almost every day we at Rigbee Tire Sales are installing Hercules Polar "125" snow tires or Hercules recaps on quite a few cars. Those are the motorists who have probably been caught with their snow tires off, or are just far thinking. Yes, the new Hercules Polar "125" are whisper quiet so you won't be annoyed by road noise when you drive on them all winter through. And their deep gripping tread puts you on the "go" in snow and mud. Drive in for this Hercules Polar "125" tire or for Hercules recaps... both are available with or without studs for going in icy weather at Rigbee Tire Sales. We reopen Wednesday.



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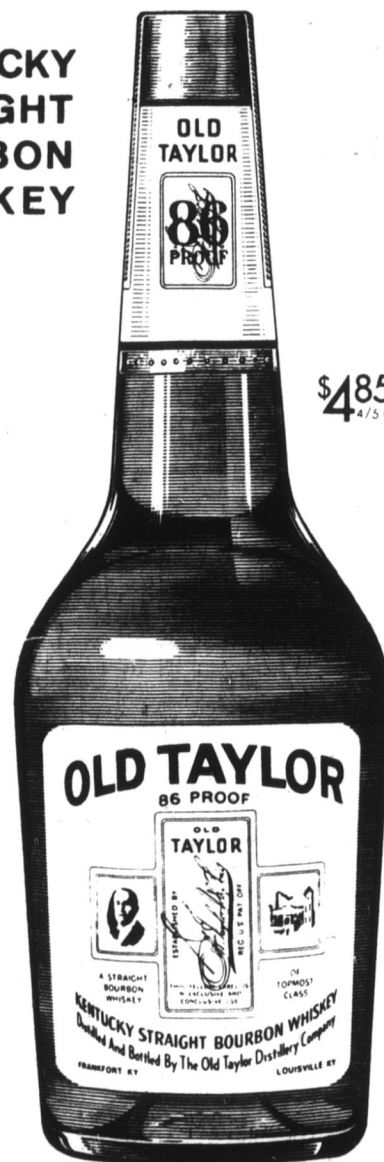
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