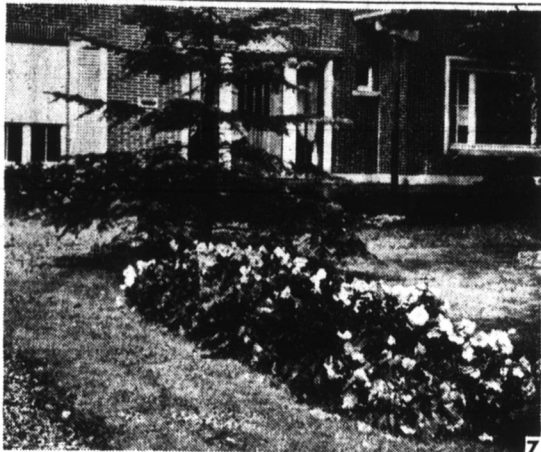


Belgian Begonia, Take A Bow!



Every gardener worth his green thumb is usually on quite friendly terms with that Latin threesome—annual, biennial, and perennial. But often, he hasn't made the acquaintance of another backyard beauty—the tuber.

Tubers—an outstanding example is the Belgian Begonia—are characterized by a short, fleshy underground stem with tiny leaves, each hiding a minute bud. It is these buds which produce the flowers and make the tuber so remarkably different from any other plant. In stead of blooming and dying within one short season, the Begonia tuber blossoms all summer long—year after year, after year—provided they are properly rested indoors between seasons.

Especially beautiful in garden beds are the hybrid varieties that have been developed over the years by dedicated botanists. *Camellia flora* has breathtaking camellia shaped flowers that grow to enormous size. *Ruffled Camellia* has ruffled, frilled, and fluted petals that remind you of a huge, old-fashioned petticoat, while *Bouton de Rose* forms a tiny "rosebud" with its center petals.

To keep your Begonias at their healthiest—and most beautiful—bed them where they can bask in two or three hours of early-morning and late-afternoon indirect sunlight.

This might be on the north side of the house, or under the dappled shade of a high-branched tree.



While the "care and feeding" of Belgian Begonias is simple, the rewards can only be termed magnificent. With petals that range from four to four dozen, jewel-like hues, and textures that feel like silk or velvet, the scene is breathtaking.

Isn't it time you met this talented tuber? Come summer, you'll view the dazzling show in your garden with pride and say, "Belgian Begonia, take a bow!"

A Look at Nassau's Other Face--"Over the Hill"

NASSAU, Bahamas — There are two faces to this famous resort hard by the sea. One is the face of business—the hurried figures going about their work on Bay Street, the sound of taxis skittering thru crowded side streets and all the noises of city life. The other face is that of the native towns "over the hill," where time seems to run a little slower, where the pace is easier and where the sounds of mellow Bahamian voices and rhythmic drums mute the garish noises of the city.

No tourist on a visit to Nassau should go home without going "over the hill" to see how life is lived in communities that are throwbacks to older, easier days. The best time to go sightseeing, naturally, is in the daytime when bright sunshine makes picture-taking easy and the multitude of colors brighter.

He will find the nearest communities, Grant's Town and Bain's Town, fascinatingly different. There are small, wooden dwellings, streets no larger

than alleys and alleys no larger than goat paths. Market Street in Grant's Town and Blue Hill Road in Bain's Town are a little broader but both suburban communities were old before city planning was popular and the topographical confusion that resulted from this lack of planning is actually the main charm of these Bahamian villages.

Old-time residents say existence has changed but little in the last century. Houses still crowd the streets as if front yards were a menace. The women's costumes are gayer in these communities than they are in Nassau, often rivaling the bougainvillea and other flowering vines that cling to houses and fences.

Grant's Town was founded in 1829 and got its name from Gen. Sir Lewis Grant, then governor of the Bahamas. It was settled by 370 Negroes rescued from a slave ship on the high seas. Bain's Town, named for a nearby residence, was settled by freed Negro slaves who had come from the Gold Coast of Africa. Their descendants still reside in the little cottages that give this village its unique character.

These towns, and other localities just beyond, are lumped together in the phrase "over the hill." The reason is a simple one, tied directly to topography. Just back of Nassau and the other shore resort

areas on the north shore of New Providence Island runs a ridge-back following a rough east and west axis. To get from the center of busy Nassau to the suburbs stretching away to the south one must go up over this ridge and everything on the far side has come to be known as "over the hill."

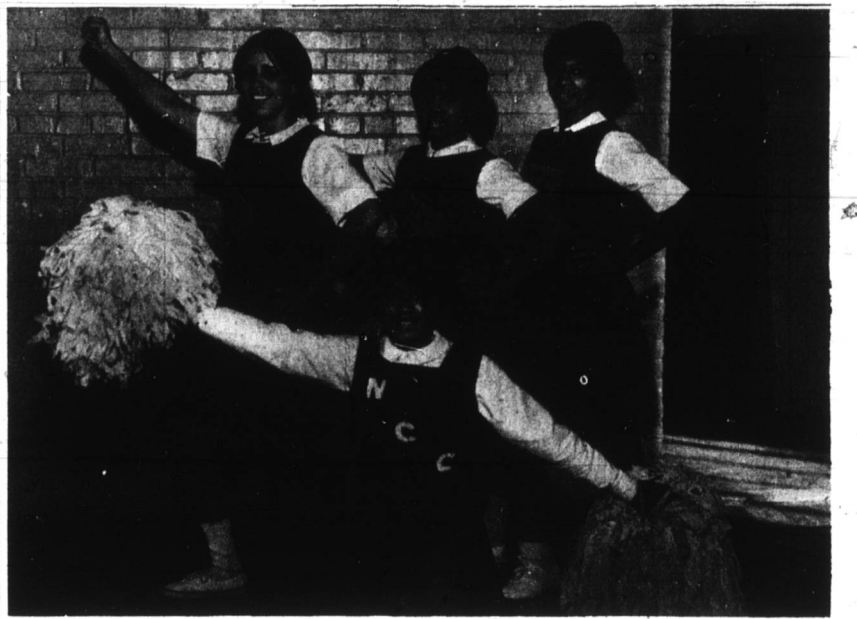
VP Condemns Racism Policies In South Africa

ADDIS ABABA, Ethiopia—In a strongly worded speech before the Organization of African Unity on Saturday, January 6, Vice President Hubert Humphrey condemned the racism policies and practices of Southern Africa.

The Vice President addressed the African leaders after a morning meeting with Ethiopian Emperor Haile Selassie I.

In his speech, Mr. Humphrey said, "We supported majority rule, human rights and self-determination throughout the world. We will not abandon them in the Southern sixth of Africa.

"That commitment dictated our response when a white minority regime seized power in Rhodesia. We strongly condemned that action, refused to recognize the regime and joined with others in the



CHEERLEADERS—Four members of North Carolina College's team of cheerleaders call for enthusiasm as the Eagles

head for victory. Shown, back row, left to right, are Barbara Cathey, Charlotte; Curtissa Coffield, New Haven, Connecticut;

and Carolyn Beatty, Charlotte. Kneeling is Marilyn Williams, Bridgeport, Conn. (NCC Photo)

imposition of voluntary economic sanctions."

Speaking in a firm voice, the Vice President said: "When stronger measures were required, we gave full support to the UN policy of mandatory economic sanctions against the illegal regime in Salisbury."

"No country in the world has recognized the small minority which denies to the great majority

of the Rhodesian population effective participation in the governing process. In the long run, such reactionary behavior cannot succeed either in Southern Rhodesia or in the other parts of Southern Africa where self determination is still denied."

The Vice President pointed out that on the third anniversary of the OAU, President Johnson set forth America's position by stating: "The

foreign policy of the United States is rooted in its life at home. We will not permit human rights to be restricted in our own country, and we will not support policies abroad which are based on the rule of minorities or the discredited notion that men are unequal before the law."

The Vice President also expressed regrets that President Johnson's requests for foreign assistance were reduced last year by the Congress.



By Jack Haber, Editor THE G.Q. Scene

Hair—A Lengthy Question

How many times have you heard in your house—"If you don't cut that hair I'm going to..." followed by various parental threats and grovels. It always seems that just when you've gotten your hair to the length you like, the nagging starts.

And even if your father doesn't personally escort you to the barber, you usually wind up there anyway, watching miserably while the clippings fall on the floor.

How to cope with this hairy problem and keep the style you like? Find out what your parents dislike most about long hair. Do they say it's not clean? Wash your hair every night. Do they think it's unattractive? Experiment with several styles to see if you can come up with another—both you and your parents like. In most of the letters I get as editor of *G.Q. Scene* magazine from guys all over the country—the main parental objection against long hair is that it isn't neat. This is easily remedied.

First, find a barber. Not your father's—unless you want to come out with a haircut just like his. Not the barber you've had since you were five either. Find a barber who deals with a lot of guys your age and who knows what's happening. Then, explain to him that you want to leave your hair in the same style but with the lines trimmed. If you tell him you want it kept close to the ear (thus, avoiding a bare-skin frame) and left full on the sides (so no scalp shows) you'll have gotten the kind of haircut your parents' neat enough to please your parents.

If all else fails—however—and they still object to the length, simply remind them that some of our most famous men—Einstein, George Washington, Carl Sandburg—never worried about haircuts. They had too much else to do!



By Elizabeth Meehan, Sylvania Lighting and Design Coordinator Beauty Bath

The bathroom used to be the "forgotten room" of the house, but not anymore! These days, architects, engineers, and interior designers are using some of their most creative ideas to update this long-neglected area.

If you're considering doing a "make over" of your own, remember that proper lighting is one of the basics for a room that boasts comfort, convenience, and beauty. To get the most illumination from your lighting fixtures, start with walls, ceilings, and counter tops that are light in color. White, beige, pale grey, and pastels give the best results. But if your taste runs to strong, dark tones, you can always use them as accent colors in shower, curtain, towels, or accessories.

Light bulbs come in different colors, too, and care should be taken to select the proper shade. Fluorescent tubes—in Sylvania's Natural White and Deluxe Warm White are recommended because they flatter the skin, giving it a warm vibrant appearance. They also eliminate the fear of using too much makeup—since they let you see yourself as others see you! Incandescent bulbs in Soft White are also preferred for their soft, diffuse light.

While general overhead lighting is a necessity, your good grooming needs require additional fixtures at the top and sides of the mirror. This will give the man of the house a good view for shaving, and his lady will have sufficient light for blending makeup and arranging her hair. A dramatic way of providing such illumination is with theatrical lights. Have 25-watt bulbs mounted on strip fixtures around the mirror, and you're a Broadway star preparing for opening night.

Forgotten room, indeed! The bathroom is now one of the loveliest rooms in the house, a glamorous showcase for the imaginative homemaker.

NEW FANGLED WAYS

POLISHING OFF THE FURNITURE

Before Grandma could polish her furniture she had to "cook up" her own polishing recipe. She mixed pints of linseed oil and white vinegar with an ounce of wine and turpentine spirits; then a dash of powdered gum arabic and butter of antimony finished the ingredients. She bottled and shook it vigorously before she applied it to furniture.

Next she made her own oiled chamois buffing cloths. Between two sheets of blotting paper spread with machine oil, she placed chamois patches. Grandma weighted this down with heavy books for 24 hours by which time it had the light, oily feel that would put a gloss on wood pieces.

Today's homemakers have an easy time of it. A spray-on with a dust-and-clean polish and then a lightning-fast wiping with the new Handi Wipes cleaning cloth does the job in record time. This all-purpose re-useable cloth is soft as chamois, polishes furniture easily, and brings out the hidden beauty of wood with little effort on the polisher's part.

Belgian Chocolate—It's The Top-Ping



The elaborate dessert is making a comeback after years of easy-fix-it types, as homemakers realize how a regal dessert can be a royal treat. There's nothing more "ah-inspiring" than a luscious, luscious-tasting chocolate recipe. Americans are now discovering what Europe sweet-toothers have known for a long time—lick-for-lick, the chocolate from Belgium, whether ready-to-eat candy or in liquid or block form for cooking purposes, can mean the difference between a merely good dessert and a really superior tasting one. Try making an appetite-whetting little mountain of cream puffs topped with a creamy chocolate sauce that is tempting enough to make even the most dedicated dieter forsake the straight and narrow. Profiteroles is a fancy French way of calling a cream puff a cream puff. The following is for Paté a Chou, the easiest way to make cream puff dough.

PROFITEROLES AUX CHOCOLATES
 Paté a Chou (cream puff dough)
 1 Cup water
 1/2 Cup butter
 1/2 Teaspoon salt
 1 Teaspoon sugar
 1 Cup flour
 4 Large eggs

In small saucepan, bring to boil water, sugar, butter, and salt. Add flour all at once. Cook over low heat, beating briskly and constantly until thoroughly combined. Mixture should roll away from sides of pan. Remove from heat. Cool for 2 minutes. Beat eggs one at a time. Drop paste from spoon onto greased baking sheet. Allow space for expansion between puffs.

Belgian Chocolate Sauce.
 For each ounce of Belgian bittersweet chocolate, add 1/2 cup light or dark corn syrup, and heat thoroughly until blended, stirring constantly. Store in a cool place but do not refrigerate. Serve hot or cold. Note: For a more fudgy sauce, double the amount of chocolate.

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