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 THE CAROLINA TIMES will not be responsible for typographical errors not made on its accounts. If at fault, the advertisement will be printed in following issue without cost to the advertiser.
 Notice of error must be made within 48 hours after appearance of first publication.

USED FURNITURE
 ELECTRIC RANGE. In good condition. Will sell at sacrifice. Phone 688-6587

ELECTRIC REFRIGERATOR.
 Can be inspected after 4:00 p.m. Phone 682-2913.

HELP WANTED—FEMALE STENOGRAPHER. Must be able to take dictation. Must have finished high school. Dial 682-6940 after 4:00 p.m.

NEED YOUNG WOMAN to assist janitorial work for church. Phone 682-4922.

WOULD LIKE to secure young woman, two or more years college training to learn newspaper reporting and feature writing. Call in person at office of Carolina Times, 436 E. Pettigrew St.

REGISTERED or Practical Nurse to manage home for unwed mothers. Write Mathew Person, Franklinton, N. C.

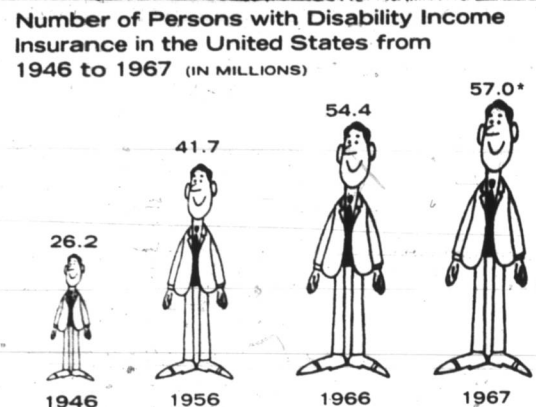
MALE HELP WANTED
ENERGETIC YOUNG MEN as distributors for the oldest and fastest selling Negro newspaper in the Carolinas. Write Circulation Manager, Box 3825, Durham, N. C.

NEED EXPERIENCED MAN for office janitorial work. Phone 688-6587.

REAL ESTATE WANTED
 Would like to purchase lot for commercial building in southeastern section of city. Phone 682-2913.

TAXI DRIVERS WANTED. Immediately. Apply in person Carolina Cab Company, Franklin Street, Chapel Hill, N. C.

TO BUY OR SELL. If you are in the Urban renewal area and have to move, call us. We may be able to help you. **FRAZIER REALTY CO.** Dial 682-1306



includes coverage by insurance companies, formal paid sick leave plans, union-administered plans and Employee Mutual Benefit Associations.
 — Source: Health Insurance Council
 — Chart: Health Insurance Institute.

More People In U.S. Than Ever Own Disability Income Protection

More people in the United States than ever before have disability income protection to bolster their families' health insurance protection, the Health Insurance Institute said today.

This type of protection provides a continuing income when illness or injury prevents the insured person from working.

And it has been growing fast. In 1946, a little over 26 million persons had this loss of income protection including over 14 million through insurance companies.

Last year an estimated 57 million had this protection—three million more than the previous year—through insurance company, formal paid sick leaves and employee organization plans.

Here's How
 Exactly how much of this protection does a breadwinner need, and for how long a period should he be insured?
 The Institute makes these suggestions:
 List all certain sources of income that would continue during disability, such as sick pay from your employer, Workman's Compensation (if injured on the job), union benefits and the like.

Next, look over your past bills, check stubs and budget records and estimate how much money your family would need to carry on without serious financial disruption.

A disability income policy covering as much of the difference as you can afford, will help your family to maintain its standard of living in the event of your disability.

Some policies providing weekly or monthly cash payments cover from the very first day you are unable to work.

Other policies have waiting periods ranging from a week to 90 days or more before payments begin. These payments can last from six months to a lifetime, depending on your contract.

Naturally, the longer the waiting period and the shorter the benefit period, the lower the premium you will have to pay. Some people have policies call-

ing for benefits as high as \$1,000 a month.

More typical would be a non-cancellable policy paying \$400 a month for up to two years, after a 15-day waiting period. A policy like this would cost a 35-year-old breadwinner somewhere in the vicinity of \$100 to \$140 a year. A five-year benefit period would cost around \$170 to \$210 annually.

Some people use combined policies. For instance, they combine a small policy, with a short waiting period and a benefit period of up to six months, with a larger policy requiring a six month waiting period and benefits payable for several years or up to age 65.

The survey also noted that in virtually all cases, the group coverage provided the insured person was also extended to include all members of his family.

About two-thirds of the persons covered under supplementary policies had maximum benefits of \$10,000 or more, and more than one-tenth had benefits of \$20,000 or more.

At the same time, more than nine-tenths of those insured under comprehensive policies had a maximum benefit of \$10,000 or more, while one-fourth had a maximum of \$20,000 or more.

The most common deductible figure for supplementary policies was \$100; \$50 for comprehensive plans.

In the supplementary area, about two-thirds were insured after their deductible was met for 80 per cent of their bills. About one-sixth had 90 per cent of their bills covered and about one-eighth had 75 per cent covered.

Practically everyone with comprehensive coverage was insured for the bulk of their bills after their deductible was met.

Big Med Bills Seen Handled By Insurance

Those big medical bills, the ones that can knock the financial stuffings out of you, are being neutralized in many cases by protection provided where you work.

A newly-released study of insurance company group health insurance indicates that three out of every four persons surveyed had some form of major medical protection.

This protection, says the Health Insurance Institute, is designed to help pay the costs of every type of medical care from private duty nursing to drug and ambulance charges.

In addition, it generally helps pay for the cost of maternity care, doctor visits, blood plasma and medicine both in and out of the hospital.

Typical major medical policies have a "deductible" feature which ranges from around \$50 to \$1,000. After the insured person pays the deductible amount, the insurer pays 75 or 80 per cent of the remaining cost up to the maximum of the policy.

SAY IT IN CZECH

Getting around in Czech can make a stay in Prague even more fascinating, according to Helga Dietrich, Lufthansa German Airlines hostess, and it's not difficult if you check up on a few key phrases: "Please," *Prosím* (PRO-sihm); "Thank you," *Děkuji vám* (DYE-koo-ye VAHM); "Good day," *Dobry den* (DAWH-bree DEHN); "How are you?" *Jak se vám daří?* (YAHK SEH VAHM DAH-ree); "How much is it?" *Kolik to stojí?* (KAW-likh TOH STOY-ye?). *Děkuji vám, Helga!*

BETTER SAFE THAN SORRY

PROVIDE PROTECTION WITH AUTO INSURANCE

Have you compared your rates and benefits on auto insurance with other companies? Before you renew or start a new policy, check with us. Compare our low rates.

CONSULT US ABOUT OUR INSTALLMENT PAYMENT PLAN

Union Insurance & Realty Co.
 614 FAYETTEVILLE ST. PHONE 682-1123

WHERE IN THE WORLD?

BY FILLING OUT A CONTEST ENTRY FORM AT ANY PARTICIPATING TRAVEL AGENCY OR AIRLINE... OR ANY AMERICAN EXPRESS OFFICE... YOU CAN WIN \$5,000 WORTH OF FREE TRAVEL PERK... OR A NEW FLYER FREE FOR LIFE... CONTEST PROVIDED BY AMERICAN EXPRESS CREDIT CARD... IT SHOULD GIVE YOU WORLD ENOUGH AND TIME TO GET ANYWHERE... BUT DO YOU KNOW WHERE IN THE WORLD...



1. HOW MANY MADRINS TAM? 2. YOU CAN FIND THE WORLD-FAVORED PLALE DE L'OPERA? 3. YOU CAN FIND THE WORLD-FAVORED PLALE DE L'OPERA? 4. YOU CAN FIND THE WORLD-FAVORED PLALE DE L'OPERA?

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HERE'S HOW!

EXPERT TIPS FOR HOME-MAKERS by Doris Thompson

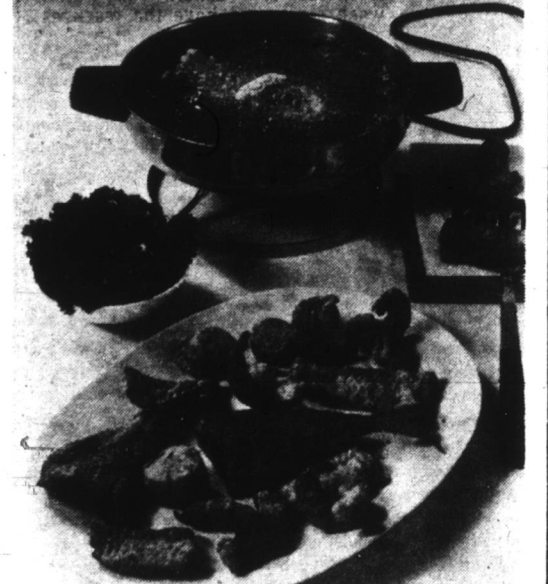
WORN PILLOW CASES MAKE GOOD PROTECTIVE COVERS FOR UNUSED CLOTHES IN THE CLOSET.

IT'S EASIER TO REMEMBER A NAME YOU PRONOUNCE DURING THE INTRODUCTION OR SHORTLY THEREAFTER, ACCORDING TO THE POLICIST H. W. HEPNER.

SERVE PEPSI-COLA TO HELP BREAK THE ICE IN AN INFORMAL GET-TOGETHER WITH NEW NEIGHBORS -- FOR PEPSI BEATS ALL OTHERS COLD.

LEFTOVER PIECES OF LINOLEUM MAKE PRETTY PLACE MATS.

FRY A KETTLE OF FISH



How do you like your fish? If you're like most Americans, you like it fried—fried crisp and golden and served with a wedge of lemon.

Now, how you fry your fish is altogether another kettle of fish. First of all, it depends on the fish. If you're frying oysters, shrimp, crab or other small fish, you may prefer to fry it in shallow or deep fat, while if you're frying a fish steak, fish fillets or whole fish, it's better to pan fry it in 1/2 to 3/4-inch of fat.

For frying fish, it makes sense to use an oil, such as 100 per cent corn oil, that provides active polyunsaturates. The fat in all fish, you know, is unsaturated. So by serving fish cooked in corn oil you can cut down your family's saturated fat intake.

Here are directions for shallow frying fish in an electric frypan.

MIXED FRIED FISH
 Clean fish and dry well. Dust with flour, or dunk in corn meal batter, or coat with a crumb coating.

Pour Mazola corn oil into a skillet or frypan to 1-inch depth. Heat over medium heat to 375 degrees F. on a deep fat thermometer or as registered on an electric fry pan. Fry fish in hot corn oil 2 to 3 minutes, turning to brown both sides. Drain on absorbent paper.

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BUCKET OF CHICKEN..... 375
 15 Pieces Tender, Tasty Chicken
 1 Pint Delicious Cracklin' Gravy
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Take it from the Colonel... "It's finger lickin' good!" Take home Kentucky Fried Chicken tonight. All you do is pick it up. The service is sudden.

We fix Sunday dinner seven days a week

COLONEL SANDERS' RECIPE
Kentucky Fried Chicken.

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