

above are leaders of a recent workshop on physical education and recreation for the mentally retarded held at North Carolina College. From left to right, they are Mrs. E. Lavonia Alli-

PRINCIPAL FIGURES-Shown | sigal education, NCC; Mrs. Edith M. Johnson, physical education teacher. Whitted Junior High School, Durham; Dr James W. Younge, acting chairman of the department of physical education, NCC; Mrs. Hilson, assistant professor of phy- da F. Johnson, special class

LATEST TRENDS FOR BRIDGE FIENDS

Being a "demon with a deck can baffle your opponents at Bridge. Some new games on the market are a devilish bid to capture the hearts of Bridge fiends.

Developed about 1896 from ments is "Play And Defend"

the British game of Whist, in which four expert players and played down to the pres-ent, today Bridge is probably playing out hands predeter-

the most popular card game mined by Goren.
in the world!

If your fourth hand for

by more skilled opponents, or your *third* hand can't make it are an expert chances are this either, try "Bridge For Two".

challenging game, which A perfect answer for novices, combines skill and concentrational also provide hours of tion with luck, has you in its enjoyment for more advanced

that they don't even like to wait for someone to come also available from the Mil-

along to play with them. In a ton Bradley Company. All

grip. players who Some Bridge fiends are their skills.

trumps all for skill require the game!

such fanatics about the game

players who want to sharpen

Lower-priced versions of

Whether you're "decked" Bridge doesn't show up - and

teacher W G Pearson School dation program at NCC.

Durham; Wendall Parris, director of physical education and recreation for the public schools of Washington, D. C.; and Dr. Octavia B. Knight, coordinator of the mental retar-

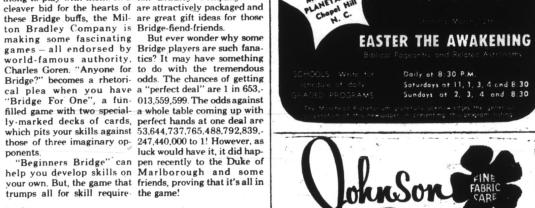


to 6 servings).

(Note: For 1 package cake mix, make as package directs and use 2 tablespoons Lipton Instant Tea powder and 1 tablespoon water; bake in a 6-cup ring mold for 1 hour, or until cake tests done. Use

same glaze recipe.) CELESTIAL CALENDAR FOR MARCH MERCURY barely visible in SE at sunrise VENUS low in the East at sunrise MARS in Pisces-Aries, low in West at sunse JUPITER in Leo, well up in East at sunset SATURN too close to the sun for observation 1st quarter—7th, Full—14th, 3rd quarter—21st, New—28th

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### IT'S TEA FOR THE IRISH -AND EVERYONE ELSE!



For St. Patrick's Day, the batter for good taste and here's a beguiling cake a loyely marble effect. Glaze created in The Lipton Kitch-the top with easy lemon icing ens. Start with a ready pound- and serve it with Irish Tea. cake mix; add instant tea to

#### IRISH TEA

In heated teapot, place 5 Lipton Flo-Thru Tea Bags; pour on 1 quart fresh, bubbling, boiling water. Brew 3 to 5 minutes. Remove tea bags; stir in 1/4 teaspoon Angostura bitters; 2 tablespoons granulated sugar and 1/4 to 1/2 cups Irish whiskey (optional). Makes 1 quart (5

#### LEMON GLAZE

In small bowl blend 11/1 cups sifted confectioners' sugar, 1 tablespoon lemon juice and 1 tablespoon water until smooth.

#### MARBLED TEA SHAMROCK CAKE

Preheat oven to 325°F Empty 2 packages of pound cake mix into large bowl; prepare as label directs. Then, in medium bowl, dissolve 1/1 cup Lipton Instant Tea pow der in 2 tablespoons water; add half of batter, blend well. Spoon plain and tea mixtures alternately into well greased 3-quart bundt pan (or 10" tube pan). With spatula cut through batter for marbled effect. Bake 1 hour and 30 minutes, or until cake tests done. Cool in pan 30 minutes. Loosen edges and invert on rack. Cool thoroughly. Place rack on cookie sheet. Spoon Lemon Glaze ( left ) over top of cake. Scrape icing from cookie sheet and spoon over cake again. Cut shamrock shapes from gumdrops with wet knife. Use to garnish top of cake, if desired. Makes about 24 slices of cake.

## 1967 Buying Is Reported 17.6% **Higher**

# nearly \$21.5 billion or 17.6 per cent over 1966 purchases. The record 1967 buying was reported by the Institute of Life Insurance, based on preliminary

Total Increase 1967 \$ (000,000 omitted) ALL TYPES \$143,977 +\$21,488 +17.69 Ordinary \$97,173 +\$7,515 + 8.4% Group ....... 6,796 + 13,997 +53.8 6,796 - 14 - 0.2 The unusually large increase in group life insurance buying was due mainly to broadened

coverage for civilian govern-ment workers under the Federa Employees Group Life Insur ance plan, underwritten by 333 private life companies. More than \$8 billion was added to the basic coverage provided by the plan.

The group purchases also reflect an active year in labor-management negotiations throughout the country and changes in plans covering employees of major business firms.

ployees of major business firms. Purchases of ordinary life in-surance rose in 47 states. Cali-American families bought percentage gain in Caufornia surance protection during 1967, the largest amount ever purchased in a single year. It were among those that had outspaced in a single year. It were among those that had outspaced in a single year.

chased in a single year. It amounted to an increase of standing gains.



ALT SENIOR AWARDED SCHOLARSHIP - Miss Naomi Long of Louisburg, (center), senior Home Economics major at A&T State University, is

figures from a monthly survey by the Life Insurance Agency

Management Association.

Individual life insurance under

University. Making the presentation is Mrs. Harvey Johnson,

A TREAT YOUNGSTERS LOVE .. "CLOWN CONES". ARE EASY TO MAKE: JUST TAKE A LARGE CHOCOLATE COOKIE OR CHOCOLATE COVERED DONUT! PUT A ROUND COVERED PONUT; PUT A ROUND BALL OF VANILLA ICE CREAM ON IT AND TOP WITH AN INVERTED CONE. USE CHOCOLATE CANDY BITS FOR EYES AND NOSE AND A SNIPPED MARASCHINO CHERRY FOR THE MOUTH!

ordinary policies accounted for two-thirds of the overall 1967 purchases, although group life insurance showed by far the largest increase. Purchases of small industrial policies de-clined slightly. The amounts of life insurance bought in 1967 and the increases over 1966 were as follows:



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