



PRINCIPAL FIGURES—Shown above are leaders of a recent workshop on physical education and recreation for the mentally retarded held at North Carolina College. From left to right, they are Mrs. E. Lavonia Allison, assistant professor of physical education, NCC; Mrs. Edith M. Johnson, physical education teacher, Whitted Junior High School, Durham; Dr. James W. Younge, acting chairman of the department of physical education, NCC; Mrs. Hilda F. Johnson, special class teacher, W. G. Pearson School, Durham; Wendall Parris, director of physical education and recreation for the public schools of Washington, D. C.; and Dr. Octavia B. Knight, coordinator of the mental retardation program at NCC.

IT'S TEA FOR THE IRISH— AND EVERYONE ELSE!



For St. Patrick's Day, here's a beguiling cake created in The Lipton Kitchen. Start with a ready pound-cake mix; add instant tea to the batter for good taste and a lovely marble effect. Glaze the top with easy lemon icing and serve it with Irish Tea.

IRISH TEA

In heated teapot, place 5 Lipton Flo-Thru Tea Bags; pour on 1 quart fresh, bubbling, boiling water. Brew 3 to 5 minutes. Remove tea bags; stir in 1/4 teaspoon Angostura bitters; 2 tablespoons granulated sugar and 1/4 to 1/2 cups Irish whiskey (optional). Makes 1 quart (5 to 6 servings).

MARBLLED TEA SHAMROCK CAKE

Preheat oven to 325°F. Empty 2 packages of pound cake mix into large bowl; prepare as label directs. Then, in medium bowl, dissolve 1/4 cup Lipton Instant Tea powder in 2 tablespoons water; add half of batter, blend well. Spoon plain and tea mixtures alternately into well greased 3-quart bundt pan (or 10" tube pan). With spatula cut through batter for marbled effect. Bake 1 hour and 30 minutes, or until cake tests done. Cool in pan 30 minutes. Loosen edges and invert on rack. Cool thoroughly. Place rack on cookie sheet. Spoon Lemon Glaze (left) over top of cake. Scrape icing from cookie sheet and spoon over cake again. Cut shamrock shapes from gumdrops with wet knife. Use to garnish top of cake, if desired. Makes about 24 slices of cake.

LEMON GLAZE

In small bowl blend 1/4 cups sifted confectioners' sugar, 1 tablespoon lemon juice and 1 tablespoon water until smooth. (Note: For 1 package cake mix, make as package directs and use 2 tablespoons Lipton Instant Tea powder and 1 tablespoon water; bake in a 6-cup ring mold for 1-hour, or until cake tests done. Use same glaze recipe.)

LATEST TRENDS FOR BRIDGE FIENDS



Bring a "demon with a deck" can baffle your opponents at Bridge. Some new games on the market are a devilish bid to capture the hearts of Bridge fiends.

Developed about 1896 from the British game of Whist, and played down to the present, today Bridge is probably the most popular card game in the world!

Whether you're "decked" by more skilled opponents, or are an expert chances are this challenging game, which combines skill and concentration with luck, has you in its grip.

Some Bridge fiends are such fanatics about the game that they don't even like to wait for someone to come along to play with them. In a clever bid for the hearts of these Bridge buffs, the Milton Bradley Company is making some fascinating games—all endorsed by world-famous authority, Charles Goren. "Anyone for Bridge?" becomes a rhetorical plea when you have "Bridge For One", a fun-filled game with two specially-marked decks of cards, which pits your skills against those of three imaginary opponents.

"Beginners Bridge" can help you develop skills on your own. But, the game that trumps all for skill require-

ments is "Play And Defend" in which four expert players match wits and know-how by playing out hands predetermined by Goren.

If your fourth hand for Bridge doesn't show up—and your third hand can't make it either, try "Bridge For Two". A perfect answer for novices, it can also provide hours of enjoyment for more advanced players who want to sharpen their skills.

Lower-priced versions of these games for children are also available from the Milton Bradley Company. All are attractively packaged and are great gift ideas for those Bridge-fiend-friends.

But ever wonder why some Bridge players are such fanatics? It may have something to do with the tremendous odds. The chances of getting a "perfect deal" are 1 in 53,013,559,599. The odds against a whole table coming up with perfect hands at one deal are 53,644,737,765,488,792,839,247,440,000 to 1! However, as luck would have it, it did happen recently to the Duke of Marlborough and some friends, proving that it's all in the game!

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CELESTIAL CALENDAR FOR MARCH
 MERCURY barely visible in SE at sunrise, mid-month
 VENUS low in the East at sunrise
 MARS in Pisces-Aries, low in West at sunset
 JUPITER in Leo, well up in East at sunset
 SATURN too close to the sun for observation
 MOON 1st quarter—7th, Full—14th, 3rd quarter—21st, New—28th
 AT THE MOREHEAD PLANETARIUM Chapel Hill N. C.
 THE SKY EACH NIGHT
EASTER THE AWAKENING
 Biblical Pageantry and Related Activities
 SCHOOLS: Write for the story of daily GRADED PROGRAMS
 Daily at 8:30 P.M.
 Saturdays at 11, 1, 3, 4 and 8:30
 Sundays at 2, 3, 4 and 8:30

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1967 Buying Is Reported 17.6% Higher
 American families bought nearly \$144 billion of life insurance protection during 1967, the largest amount ever purchased in a single year. It amounted to an increase of



A&T SENIOR AWARDED SCHOLARSHIP—Miss Naomi Long of Louisburg, (center), Senior Home Economics major at A&T State University, is

presented scholarship by the Ladies' Faculty Club at the University. Making the presentation is Mrs. Harvey Johnson, chairman of the scholarship committee. Watching is Mrs. Alfonso E. Gore, a member of the organization.

nearly \$21.5 billion or 17.6 per cent over 1966 purchases. The record 1967 buying was reported by the Institute of Life Insurance, based on preliminary figures from a monthly survey by the Life Insurance Agency Management Association. Individual life insurance under ordinary policies accounted for two-thirds of the overall 1967 purchases, although group life insurance showed by far the largest increase. Purchases of small industrial policies declined slightly. The amounts of life insurance bought in 1967 and the increases over 1966 were as follows:

	Total	Increase	%
(000,000 omitted)	1967	1966	
ALL TYPES	\$143,977	\$122,498	+17.6%
Ordinary	\$97,173	\$77,215	+24.6%
Group	40,008	13,997	+284.8%
Industrial	6,796	14	-0.2%

The unusually large increase in group life insurance buying was due mainly to broadened coverage for civilian government workers under the Federal Employees Group Life Insurance plan, underwritten by 333 private life companies. More than \$8 billion was added to the basic coverage provided by this plan. The group purchases also reflect an active year in labor-management negotiations throughout the country and changes in plans covering employees of major business firms. Purchases of ordinary life insurance rose in 47 states. California again bought the largest amount and showed the biggest dollar increase, although the percentage gain in California was sharply below the nationwide average. Several southeastern states were among those that had outstanding gains.

HERE'S HOW!
 EXPERT TIPS FOR HOMEMAKERS...
A TREAT YOUNGSTERS LOVE...
 "CLOWN CONES" ARE EASY TO MAKE: JUST TAKE A LARGE CHOCOLATE COOKIE OR CHOCOLATE COVERED DONUT, PUT A ROUND BALL OF VANILLA ICE CREAM ON IT AND TOP WITH AN INVERTED CONE. USE CHOCOLATE CANDY BITS FOR EYES AND NOSE AND A SNIPPED MARASCHINO CHERRY FOR THE MOUTH!
PLAYS THE THING!
 INSTEAD OF JUST READING A STORY TO THE KIDS, DRAPE SOME OLD CURTAINS IN A CORNER OF THE HOUSE AND HAVE THEM ACT OUT THEIR OWN PLAYS OR FAVORITE STORIES. MAKING COSTUMES AND SETS INVOLVES CHILDREN FOR HOURS—AND IT'S GOOD FUN TOO!
WHEN YOU REWARD YOUR CHILD
 FOR HIS ACHIEVEMENTS, YOU MAY ACTUALLY BE HELPING HIM TO LEARN. SAY PSYCHOLOGISTS. COOKIES, CANDY OR A TALL GLASS OF PEPSI-COLA SERVED UP WITH A COLORED STRAW PROVIDES A REAL TREAT FOR KIDS FROM TODDLERS TO TEENS!

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