





The cast in colorful costume

will keep that hungry hom-

--Office Safety

them. Open drawers not only can cause a tripping accident,

you're picking up a box or a

bobby pin, do it the safe way. Keep your back as straight

as possible and knees bent.

Never lift from an awkward position and don't overreach. If an object is too heavy for

Pull the plug. Before attempting to adjust or clean any

of a false start that could endanger your hands. Use office

equipment only for the pur-

pose for which it was intended. Don t, for example, try to make a letter opener double

as a screwdriver. It's likely to slip and deliver a painful cut. Regardless of their category, office accidents are

caused by a careless act. Employees have cut themselves on

> blades thrown into desk s; fallen from a stack of

> > ch other through prac-

office machine, turn the power off. This eliminates the chance

you, ask for help.

they can tear clothing. Bend your knees. Whether



A dramatic moment at the



myra. New York this year from July 29-August 3rd. The 31st annual Hill Cumorah Pagent, with a cast of 450 will plates of the Book of Mormon 1823-opens with the "heral-dic" fanfare of trumpets and re-enacts the history of the ministry of Jesus in the North World eant, with a cast of 450 re-splendent in authentic cos-Special effects contribute to the spectacle of the pageant. For example, in many of the scenes, multicolored lights play year than ever.

HAVE A FIESTA!

Are you having a tough time keeping your pantry banditos" happy? Here are a few eating tips from Patio Foods home-economists that will keep that hungry home

bre satisfied and ransom you from the kitchen. Try a Mexican food fiesta and you might even have time for a well-deserved siesta well-deserved siesta.

H-deserved siesta.

rolled very thin and wrap and wire with papier-mache
You can turn your patio ped around a filling of meat in the shape of a pumpkin or

Combine sugar, water, cinnamon and cloves and simmer over low heat for 30 minutes. Strain, Add juices and mix well. Refrigerate until very cold, Garnish with sprigs of mint. Result: the container. Now's the time to grab that siesta.

\$2.30

PINT

ico.

CHICA DE FRUTAS

Mint prig-

tumes and playing against a natural backdrop, will present an exciting and uplifting recreation of an ancient chronicle of the most impressive moof the most impressive moments ased on the Book of Mormon.

The Hill Cumorah Pageant City of Zarahemlah by earth no charge for either seating or based on the Book of Mormon. -held in the exact spot where quake and conflagration in parking the Angel Moroni led young which lightning flashes, thundate 9 P.M.

bring biblical history to life Court of the ancient and idole chronicles are the basis of the again.

Court of the ancient and idole chronicles are the basis of the again. One of the most awe-inspir- Joseph Smith to the golden ing of religious pageants will plates of the Book of Mormon again fill the hills near Pal- in 1823-opens with the "heralissues from the doomed city are so realistic that many spectators have claimed that they actually felt the earth

trembling beneath them! The Hill Cumorah Pageant has already thrilled thousands

Located on the New York Performances begin

or cheese, that will make

even the toughest hombre

Also, the new Patio Nachos, toasted corn chips topped

with cheese and jalapeno

peppers, are sure-fire hits

with hungry little chicos.

Both of these treats are easy

on mother because they come ready to heat and serve in new easy-open Anaconda aluminum foil trays. Should

the kids have bigger eyes than appetites the new con-

tainers are easy to reclose. For good measure, add a pot-

tery bowl filled with bean dip

surrounded with crispy tostados, toasted corn tortillas. This zesty combination should hold off another raid

until you have time to regroup and plan another

piñata is traditionally asso-

simple animal. Then trim

ceiling. Blindfold a bold ban-

cups pineapple juice supportange juice seep orange juice reup lime juice seep lime juice so forth, and hang it from the ceiling. Blindfold a hold less

throw down his "pistolas"

NEW YORK ON NO DOLLARS A DAY?

Not quite - but New York City will be a vacation bargain this summer thanks to the "15 Great Free Things to Do"- the special theme of the 15th anniversary of the "New York is a

Summer Festival!" season.

The free 15 as reported by the New York Convention and Visitor's Bureau are: New York Philharmonic concerts in the city's parks. Shakespeare in Central Park. Goldman-Guggenheim Bank concerts and folk and square dancing in the Chinatown, neighborhood walking tours and street festivals, flower shows at the New York Botanical Garden. New York Botanical Garden, Brooklyn Botanic Garden and Channel Gardens in Rocke-feller Center: fireworks at Rockaway and Coney Island, New York's great free mu-seums, window shopping, Rich-Staten Island, TV shows, Times
Square and Allied Chemical
Exhibit Center, New York
Stock Exchange and United
Nations meetings.

The world-fare-

Stock Exchange and Nations meetings.

Nations meetings.

The world-famous New York Allied Chemical Exhibit Center in the heart of the area, contains three floors of free fascinating displays. Philharmonic, celebrating its in the near of the area. Control 125th anniversary year, will offer 15 free concerts in New York's parks. The New York Shakespeare Festival will present "Henry IV", parts I & II, and "Romeo and Juliet" during the summer season at the beautiful outdoor Delacorte Theatre Center, and the new Madelors Lake in Control Square Garden, Center — offer Square Control 25 guare Garden Control 25 guare Gar

Every Tuesday, during July tours at nominal rates.

An important stop on and August, you can enjoy free

Festival Oueen Cathy French.

the exciting, glamorous world of television by getting free tickets to TV shows at the Bu-

be summer season at the beau-cul outdoor Delacorte Theatre Belvedere Lake in Central Square Garden Center – offer interesting and worthwhile

and August, you can enjoy free fireworks displays at Coney Island, with its famous board-walk, beach and amusement park from 9:00 to 9:20 P.M. On Wednesday there are free fireworks at Rockaway Beach. The restoration of Richmondtown, on Staten Island, shows the evolution of an American village during the 17th, 18th and 19th centuries. Enter

the papaya! The lush, tropical look of '68 summer fashions is a cool wash of white. Design ers have put white at the tor of the list for everything from The wonder of white clother

is that they look great on everyone. There is something irresistible about the clean. crisp look of a white blouse or white slacks. White daytime dresses have an unexpected midday elegance. And for '68 summer evenings soft white ruffles and delicate eyelet cot tons recreate the Victorian era Played against tan skins the effect is striking. Even th most demure miss dazzles in white clothes

The problem created by this frosty fashion trend is how to keep white sparkling clean. A not-so-white dress can remove you from the fashion picture faster than lightning. Because today's women are demanding



SUMMER FASHIONS ARE A FROSTY PROBLEM

"Racquet Club" dress by Alberry is of cold-washable Orlon knit in white with navy trim. easy-care clothes, most of to day's manufacturers are mak-

ing the '68 summer whites of washable fabrics. And now, with modern SId water launlering the range of easy-care washables has expanded to include almost every fabric. The machine washability of both the natural and synthetic fibers cold water helps eliminate wo of the worst hazards in lothes care, shrinking and tretching.
The Cold Power Laborato

s also report that cold water laundering is the answer to the threat of stains setting on sum-mer whites. Fashion wise homemakers know that hot water can lock ruinous stains right into the fabric, whereas the cold water treatment is the key to safe and easy care. Highlights of the easy-care

white fashions for '68 include white fashions for 68 include the Albertoy dress of Orlon knit blouse aft gives us this classic the Albertoy dress of Orlon knit shown here. It's one of the white blouse of Celanese Acesigned by Stan Herman of Mr. Wort.

"Carefree Collection" of cold-water-washable for summer.

water-launderable fashions presented by Cold Power. And there's no need to worry about the navy trim running into the white when it's laundered with the cold water detergent. Another cool look is an ele-

Another cool look is an ele-gant polyester and cotton dress designed by the noted Stan Herman, of Mr. Mort, as a new version of the shirtwaist for easy machine-washing in

cold water.

And with blouses in the news for '68, Blousecraft has created a whole series in white, includ ing a button-down classic with oversize collar and cuffs. It's made of cold-water-washable Celanese Acetate and rayon.

Another major advantage to the cold water aundering of summer white fashions is pointed out by the famed de-signer Anne Fogarty, who warns that frequent dry creaning can build up a grayish or yellowish tinge, especially no-ticeable on white clothes.

So, to be in step with fashion this summer, look cool in frost by giving them the easy-care cold water treatment.



IN GERMANY THEY SAY, "GUTEN APPETIT!"



A lesson in three G's means Good food, Good time, Good fun in Germany! Here from Lufthansa German Airlines. which can sweep you off to this land of *Gut Essen*—"good eating"—for as little as \$320, are wurst as a breakfast meat. some regional dishes you may want to sample when visiting Germany, plus a recipe you can

up's high on the list. The most typical are potato and yellow pea, often with pieces of ham, "Frankfurters" or well-seasoned hard sausage. In stew that's popular along the Hamburg, be sure to try the Rhine:

FREE

renowned Hamburg eel soup! In Munich and other parts of Southern Germany, Weiswurst served with beer and sauerkraut

You'll find Spaetzle, a special type of noodle, in the Black Forest region.

There are more ways of fix-ing pork in Germany than you'll ever have time to sample

Convention 'Walkout' Said Publicity Move

CHAPEL HILL Jorth Carolina Democratic Chairman Tim Valentine Chairman-Chairman Tim Valentine charged Monday night the protest demonstration of Negro delegates at the State Democratic Convention "was an attempt to have the matter in the news rathan an attempt to get re-

Negro delegates staged a temporary walkout at the con-vention Thursday when they

failed to win proprtionate rep-resentation in the State's dele-gation to the Democratic National Convention.

The protest demonstration was sparked by the overwhelming defeat of a motion to give "black Democratic party members" 25 per cent of the seats in the delegation.

Valentine told a television audience no serious thought had been given to the quota system

terviewed by a panel of newsmen on the University of North Carolina's educational television stations. Valentine said the State party

had been asked by the national party to be fair to see that minority groups were represented at the national convention. He added he thought the State party has been fair.

Valentine was asked for com-ment on a proposal by Rep. Tom Strickland, D-Wayne, to introduce logislation, which introduce legislation which would give North Carolina a presidential preference primary.

Does Coca-Cola have the taste you never get tired of?

Is it always refreshing?

Do things go better with Coke after Coke after Coke?

Ask schoolteacher Shirley Hasley. Let her tell you. Write: Mrs. Shirley Hasley, P.O. Box 2867, San Francisco, Calif. 94126



You know it. It's your best refreshment buy.



Bottled under the authority of The Coca-Cola Company by:

Durham Coca-Cola Bottling Co.





RENT CONCRETE **EQUIPMENT** Dial 286-2247

DURHAM'S FIRST COMPLETE RENTAL CO. McBROOM'S RENTALS

GIN