

"HOW TO STUDY EFFICIENTLY"



One reason why many students don't learn as much as they might," says Norman Spector, noted educator, "is that they study too much."

By "study," Professor Spector means trying to commit hundreds of facts to memory. "A much better approach," he suggests, "is to grasp the concepts—the foundation of facts."

To study efficiently, educational researchers suggest that students try to keep in mind three rules of thumb:

RULE 1 — KNOW YOUR MATERIAL THOROUGHLY — This is not as simple as it sounds — although it is basic. Read, re-read, summarize and try to integrate what you just learned with what you already knew. You cannot successfully work algebraic problems, for example, without a mastery of addition, and you won't really know any subject, until you understand its vocabulary, concepts, and uses.

RULE 2 — GET THE KNACK OF PROBLEM SOLVING — One of the best ways of gaining expertise in a subject is to practice problem solving in anticipation of the kind of material that will appear on a test. Working with old tests is one way to do this. Making up your own tests, as if you were the professor, is even better. If you are still stymied, try this: rearrange the basic elements of the problem — until you become very familiar with them; try to get a total picture — don't get bogged down by hard details; talk it out with others; and most of all — don't give up. Practice in working problems through several times will help you avoid that sinking feeling in the pit of the stomach at test time, when you realize that even though you think you know your subject, you don't really know what to do with it.

RULE 3 — REVIEW, REVIEW, REVIEW — A review is to learning what digestion is to a sumptuous dinner. One Phi Beta Kappa scholar, with a brain like a computer's, and a busy social life to boot, says his secret is the humble outline. He outlines everything, then summarizes, and types all his notes on his portable typewriter. By typing notes, you not only gain an automatic review as you type, but your notes are easy to read, and they form a valuable reference for future use. Having your own personal portable typewriter — like the quality Lettera manufactured by Olivetti Underwood — is a big convenience for better studying, better review, and better grades. Teachers prefer to read typewritten essays and term papers. And there is something, too, about the clear appearance of typewritten notes that often motivates students to compose better essays in the first place. Whatever your work tools, however, reviewing material is still the key to efficient studying.

Farmers Urged To Help Kids Stay in School

CHARLOTTE — Farmers were urged today by the Department of Labor to help boys and girls under 16 to finish their education. At the same time, the farmers will be obeying the law.

The child labor provisions of the Fair Labor Standards Act prohibit youngsters under 16 from working on a farm during school while school is in session.

The law applies equally to local and migrant youth.

"Farmers can still hire teenagers under 16 to work after school and on the weekends in non-hazardous jobs. This will help needy boys and girls earn the money necessary to stay in school," the Labor Department's Wage-Hour field office supervisor, Fred E. Carlock, in Charlotte observed.

"This law offers the individual farmer a real chance to contribute to the betterment of our society and our country," says Carlock.

"The farmer who encourages these youngsters to finish school while they work part-time for him will never have to feel that he knowingly did not help someone out of the vicious cycle of poverty."

Labor Department studies show how violations of this law cost the boys and girls involved — almost half of the young farm workers were in grades well below the norm for their ages and at the age of 15,



SCIENCE PROGRAM—Left to right: Dr. Joseph Jones, Jr., Director, Nuclear Science Course at Saint Augustine's College; Dr. M. S. Guram, Denmark, S. C.; Sister M. C.

Strouth, Winona, Minnesota; and Dr. J. E. Uzodinma, Jackson, Mississippi. The program, which began August 4, will end Friday.

7 out of 10 local farm youth, and 9 out of 10 migrant youth, had not reached the grade normal for their age.

"It is particularly important that this law is understood at this time as schools across the country are reopening for the new school year. Unknowingly, farmers may permit boys and girls under 16 to continue working full time. This is, of course, against the law," Carlock pointed out.

"If there is a difference between State and Federal child labor standards, the higher standards apply.

"I want to personally urge that anyone — farmer, farm youth, parent, or teacher — with questions about child labor

standards, minimum wages, or overtime pay, contact me at my office at 401 BSR Building, 316 East Morehead St., Charlotte, 28202, telephone, 704 - 372-0711 X-431. I'm here to help."

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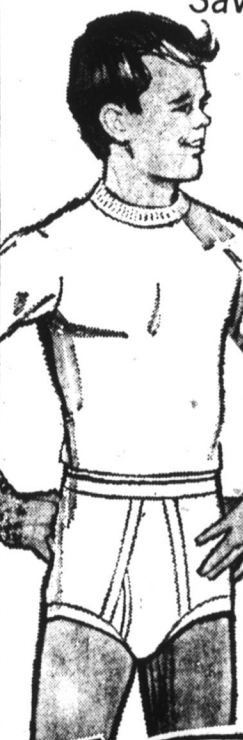
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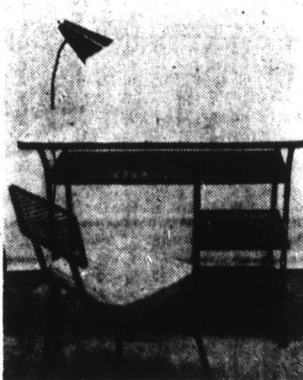
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