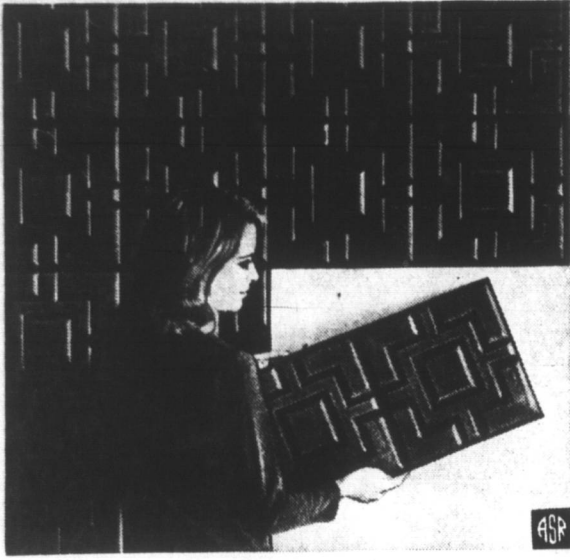


**Decorating Tips**

**Install A Luxury Wall In Minutes**



Until recently only a fortunate few could afford hand-rubbed, hand-carved, custom-crafted wood paneling. But now it is possible for the do-it-yourselfer to achieve that custom look easily and inexpensively with new self-adhesive, fully-dimensional vinyl panels. . . so authentic in design and detail, you can't tell them from the real thing.

Pattered in Spanish Classic, French Provincial and Colonial motifs, these "sculptured wood" panels, used dado height or as a full wall treatment, offer a wide variety of decorating possibilities for every room in the house. By merely peeling off the backing paper and pressing these 12" x 24" self-adhesive panels to the wall, you can create a country simple or ultra elegant atmosphere.

These designer panels are as easy to care for as they are to install. Grease and stain resistant, their washable surface wipes clean with a damp cloth, retaining the appearance of Old World craftsmanship indefinitely.

They can be found in paint, hardware or department stores; or write to Decro-wall, Executive Blvd., Elmsford, N.Y. 10523, for a full color booklet on this and other decorating ideas.

**What's A Cheesecake?**



The question was cheesecake. "What's a cheesecake?" was the question asked thousands of women in three major cities.

The answers indicated that when it comes to cheesecake, there are "traditionalists" and there are the "moderns." The traditionalists prefer a thick, rich variety. Younger women and their families prefer a lighter, fluffier cream base with a fruit topping.

To please the younger group, the Kitchens of Sara Lee perfected a new processing technique which for the first time preserves the fresh fruit flavor of specially grown strawberries throughout preparation and storage. The new fruit-topped variety was added to the company's line of blueberry, pineapple and cherry cheesecakes. (And for the traditionalists, there's still the original cream cheese cake.)

**MAKING LIFE EASIER**

*Here's An Idea . . .*

by Barbara Bee

Women's Home Consultant  
Bruner division of Calgon Corporation

If it took you all summer to slim down to a comfortable "at the pool" figure, plan this year to keep in shape all year long. Start a fall program of keeping away those excess inches that seem to accumulate during the winter. Continue to take walks (not rides) to the grocery store. Put on an extra sweater and keep up the bike trips to see the leaves change into a lovely new season.



Barbara Bee

Work off special meals by swimming at indoor pools at local Ys or health centers. Not only won't you have to crash diet next summer, but you will maintain a trimmer and healthier all-around look.

If you have ever had the problem of removing the first piece of brownies or sheet cake after baking, line one edge of the pan with a strip of aluminum foil leaving a little extra to hang out as a tab. Lifts out in seconds!

Would you like to save 100 or more hours of housework a year? (You're right, it is a silly question.) Well, you can save just that and use less soaps and detergents. The secret is conditioned water. It leaves clothes and dishes cleaner with less soap and leaves no soapy film or water spots. Think of it—no awful bathtub ring! Now that alone is surely worth it!

Removing chewing gum from clothing is no longer a sticky problem. One of our readers suggests freezing the gum with an ice cube and then crumbling the gum away. For small clothing articles, just put it into your freezer compartment for a half hour and then break the gum away.

**BEHIND THE SCENES**



Police

Our first policemen were just watchmen who patrolled towns with lanterns and kept stray animals off the streets. It wasn't until 1693 that cities issued policemen uniforms—but no weapons.

When the first fingerprinting system was introduced in St. Louis in 1904—the police really became a force for modern crime detection. Today's policeman is well-trained in sophisticated methods of criminology and even uses new machines to report crime.

One new machine that's saving our police force precious time is the IBM Message Recorder System. By phoning headquarters, an officer can dictate complaint and accident reports without having to leave his beat.

**Broncos Grid Drills to Start On August 28**

FAYETTEVILLE — More than fifty candidates are expected to answer the opening whistle when Fayetteville State University launches its 1969 pre-season gridiron practices August 28th.

Coach Hubie Doub's charges are getting an early jump because of the National Collegiate Athletic Association (NCAA) ruling permitting institutions with games on September 20 an early start to get their personnel in good physical and mental shape.

The Broncos open their 1969 campaign with Albany State College in Albany, Georgia. This will mark the first intercollegiate athletic competition between the two institutions.

Fayetteville State will face eight grid foes during the 1969 campaign with three games at home and the remainder on the road. If the Broncos expect to have a winning season, they must win on the road. Albany State is the only non-conference opponent as the rest of the schedule features Central Intercollegiate Athletic Association (CIAA) competition.

Coach Doub stated that the initial practice sessions will be devoted to offense and fundamentals. In a letter to the aspirants, Doub urged to start individual physical conditioning and be prepared to start heavy work on arrival.

The Broncos will be out to improve their 2-5 worksheet that they posted last year. Fayetteville State got off the launching pad with tow successive victories during the 1968 season and the third contest with Virginia State College saw them suffer some injuries that never seemed to disappear. All things being equal, FSU should improve on their 1968 mark.

Doub's grid staff will include Page Saunders, defensive mentor and Stanko Guldescu, offensive line and scout.



**DISCUSS GRID CLASSIC**—At a recent press party in New York City, Inspector Arthur Hill of the New York City Police Department, Miss Elizabeth

Robinson, champion Jackie Robinson, and Alonzo S. "Jake" Gaither, president of the Football Coaches Foundation and head coach for Florida A&M

University, join to discuss the upcoming Invitational Football Class, to be held September 20, 1969 at Yankee Stadium, in New York City.

**Launches Daily Television Series To Help Pre-school Children**

NEW YORK — Test production for a new daily television series to help prepare preschool children for school was begun last week in New York City by the Children's Television Workshop.

The Workshop will produce "Sesame Street," a well-integrated program which will use entertainment techniques common to commercial TV to teach the nation's 12-million 3, 4 and 5-year-old youngsters. The hour-long show will be broadcast Monday through Friday on more than 160 educational TV stations beginning Nov. 10. (Note to editor: a partial list of stations is attached.)

The title of the series is derived from the familiar storybook command, "Open, Sesame," from All Baba in the Arabian Nights tale. The program will borrow heavily from proven attention-getting elements of commercial television — fast action, cartoons, memorable sing-along jingles used in product commercials and humor, but used in this to teach letters, numbers and ideas.

In addition, there will be guest appearances by such stars as Carol Burnett, Lew Rawls, Harry Belafonte, James Earl Jones and Dick Van Dyke who will not only entertain but will help illustrate various teaching situations.

Jean Ganz Cooney, executive director of the series and an Emmy award winner, said "Sesame Street's" goals will include recognition of letters of the alphabet, counting ability and number concepts, geometric shapes and basic reasoning skills.

In addition the series will also focus on concepts relating to self and the world around, Mrs. Cooney said.

While the series has been described by some as a television "head start," Mrs. Cooney points out that the series is designed to supplement such programs, not replace them.

She said that she hopes some Head Start project directors will let their young students watch the series and build part of their day's curriculum around the program, just as a number of day care center and nursery school leaders are planning to do.

To reach the widest possible audience for "Sesame Street," the Workshop's national promotion staff and information directors for public television stations across the country will be involved in a grass-roots effort to alert mothers, teachers and children about the show. This will include working with educational welfare, and child care centers, as well as civic religious and social organizations, Mrs. Cooney said.

**chapped**  
**CHAPPED LIPS**  
WIND OR SUNBURNED LIPS — FEVER BLISTERS, COLD SORES.  
IN THE GREEN TUBE

LET US PROTECT YOUR BUSINESS WHILE YOU SLEEP  
**Vanguard Security Service**  
PHONE 688-6281  
Uniform Police - Private Detectives - Burglar Alarms  
111 Arcade, Wellons Village Durham, N. C.

**PAPER TIGERS**  
... are those bills that inhabit your mailbox. Slay them with a loan from Wachovia. Have only one payment each month and possibly much lower than you now pay. Drop by for details.  
Time Payment Dept.  
**Wachovia**  
Bank & Trust, N.A.

**BETTER SAFE THAN SORRY**  
PROVIDE PROTECTION WITH AUTO INSURANCE  
Have you compared your rates and benefits on auto insurance with other companies? Before you renew or start a new policy, check with us. Compare our low rates.  
CONSULT US ABOUT OUR INSTALLMENT PAYMENT PLAN  
**Union Insurance & Realty Co.**  
814 FAYETTEVILLE ST. PHONE 682-1189

**PHOTOGRAPHY BY PUREFOY**  
124 1/2 E. MAIN ST. PHONE 682-7316  
**NATURAL COLOR Banquets**  
Children Weddings  
News Glamour Photos  
Family-Groups  
Senior Portraits  
ID & PASSPORTS

Free Rental Until Sept. 1  
**RENT THE FINE Evereff Piano of Your Choice**  
for only \$8 per month\*  
If you decide to buy, up to 6 months' rent is credited toward purchase price  
PIANO PRICES START AT 495.00  
Give Your Child a Musical Education  
Please give me information on your unique rental plan.  
Name .....  
Address ..... Phone .....  
City ..... State .....  
**E R Poole MUSIC COMPANY**  
SHOP MON., THURS., FRI. NIGHTS TILL 9 NORTHGATE

ENJOY Our Famous Pizza—Spaghetti—Lasagna and Veal Parmigiana  
**GEORGE'S PIZZA PALACE**  
682-9881 RESTAURANT 682-5160

**BRUNSON'S**  
Home of Quality Products  
ZENITH MAGNAVOX DUNLOP TIRES FIRESTONE TIRES  
NORGE TAPPAN DELCO BATTERIES  
FEDDERS SEAT COVERS  
KITCHENAID BRAKE SERVICE ALIGNMENT  
EASY TERMS  
"WE FINANCE OUR OWN ACCOUNTS"  
We Service What We Sell

**Old Boone**  
86 PROOF KENTUCKY STRAIGHT BOURBON WHISKEY  
4 Years Old  
\$2.70 PINT \$4.30 4/5 QUART  
THE OLD BOONE DISTILLERY  
Meadowlawn, Kentucky

Get Up to Twice the Mileage  
With The **New Hercules Wide Belt**  
"America's Go Anywhere Tire"  
POLYESTER Cord Body  
FIBERGLASS Belted Construction  
HERCULES—Best Rubber on the Road  
Open Monday thru Thursday 8 to 6; Friday 8 to 8  
Stewart Rigbee — J. D. Brothers  
**RIGSBEE TIRE SALES**  
108 Lakewood Ave.—2720 Hillsborough Road  
The Home of Champagne Service  
688-1383 286-4444