

MISS AMEY WALKER

time to cool-toned down by

some older person whose store

house of memory is stuffed

with negatives: They know

The concept of bygone

years, when friendship was re-

garded as a strong band linking

people together almost as

closely as blood ties, when

friends were a protection

against lawless and immoral

persons, has nearly withdrawn

from these mundane shores.

Nevertheless, true friendships

do exist and thanks to all per-

sons know the great joys of permanent friends. They know

fully the value of friendship-

of being friendly. Join others

like Miss Amey Walker,

develope a lively and interest-

ing personality, become gra-

cious, friendly and lovable.

friend is a special individual

who enjoys the things you like.

Someone to talk shop with, go

places with. These friendships

don't usually include trust,

confidence or loyalty but they

are nice for sharing experiences

Amey is a sophomore at

Durham High School; she is a

member of the J. V. Cheer-

leader squad, president of the

Girl's Chorus; a member of

Union Baptist Church, a

teacher of the Primary Class of

U. B. Sunday School; also, sec-

retary to the Union Baptist

Sunday School; Amey is secre-

tary of the Church's Junior

Choir. She is the niece of Mrs.

Hester Lyon of 304 Macon

LANDSCAPING TIPS

require different shaped

example, may need spread-

ing plants between the door-

way and the corner to lower

Carolina State University

extension landscape spe-cialists suggest keeping the planting below the window.

if the house is a low ranch

type, it probably needs few

foundation plants. Use

ground covers and small

trees freely. You can get printed information on land-

apparent height. North

Different shaped houses

A tall house, for

Street.

Amey Walker says, "a

"The only way to have a friend is to be one.

By RALPH W. EMERSON period between Thanksgiving and Christmas should be called Friendship Month.

At this season, the air we breath seems to effervese with friendliness. People meet and exchange friendly smiles and jovial greetings. Everyone is cheerful and eager to pass on the spirit of good will and friendliness.

Now is a good time to cast inhibitions into the sea of forgetfulness. Join the league of likable-ones-the friendly bunch. There is, my readers, a friendly one than a prestigous prude.

You are probably thinking that it doesn't pay to be too friendly. You're right, it doesn't pay to over do anything. Besides, there is to be taken into consideration the pollutions of our times: 'lawlessness had increased and the love of the greater number of mankind has cooled off.' You have the idea by the horns, "good friends are hard to come

Now that the backyards of the world are less restricted by various schisms, people force themselves to be affable and neighborly, nevertheless, even many of these are prone to draw the line where genuine friendship is concerned.

It goes without saying, the world "friend" has various meanings: acquaintances. are often considered friends; friendly mannerisms are frequently mistaken for evidence of friendship. Also, you have. met folk who readily switch to a first name basis evidence their friendliness. Don't be mislead. Some folk would rather die than call you Mr. or Mrs. So, they would rather put everything on a first name

Back to "friend," "Friendship," "friendly." Friend has come to be applied to a wide range of relationships: a busiassociate, a childhood playmate, a trusted confidant. Too, the word friend has been applied to various business "Friendly neighborhood food markets, friendly travel agents, friendly bankers," "the friend-Jy skies" of an airline. We even have rings and charms as symbols of friendship. As Americans say, "it all depends on what you have in mind: superficial, casual, situational friend-

The older generation is quick to admit that friendship is not what it used to be. These are they who are no longer giving of themselves-they expect Mohammet to come to the mountain.

Young people, once they get the idea are better giversaway than most grown-ups. Since most of them haven't much money to spend, they have only themselves to give. They are ingenious at thinking of ways of making themselves well loved-friendly. Older people are inclined to project mselves with quanitiesoney being foremost. They use cash to blaze a pathway to the doors of opportunity-to get better acquainted.

The young are breathtaking impulsive. They have fewer tions; they are less afraid being mubbed. They like and do it. They act on a ous impulse before it has

Garden Time

Espalier-Train Plants For Landscape Design

By M. E. GARDNER N. C. State University

If you want something different from your neigh-bors, or wish to create a point of interest in your home landscape, make landscape, make arrangements now to arrangements now to espalier-train a suitable plant as you have time during

the dormant season. The word espalier means a trellis, framework or wall which fruit trees or shrubs are trained in flattened form. The trellis may be made by using No. 9 galvanized wire attached to six inch posts and stretched Two or three wires may be attached and spaced about two feet apart, the first wire being two feet above ground. The framework may be shaped according to the pattern you wish to follow in training your plant. Any suitable wall (brick or wood) can be used.

The advantage of the trellis, or framework, lies in the fact that you can place either in full sun. This does not rule out the wall but it will be best not to use a wall in deep shade, as most of the plants suitable for espalier training require some sunshine. The trellis is better adapted for formal patterns while the wall is best suited for informal ones.

While a number of plants are suitable for espalier training, perhaps the most commonly used are full dwarf apple and pear trees, probably because of their early popularity in France and England. Ornamental plants would include pyracantha, lilac, flowering quince, crabapple, forsythia and cotoneaster.
I suggest that you select

plants so that training can begin as soon as planted. Ask your local nurseryman to help you select a plant that will require the minimum of initial pruning.

You will want to give your plant some extra care, so begin with a good job of planting. The next step is

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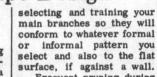
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Frequent pruning during the growing season will be necessary to properly direct the growth and maintain the flattened form. This will consist of careful thinning out and heading back as

It will be necessary that the main stems or branches be tied to the trellis or wall. You can figure out the best way to do this. Just remember that precautions should be taken not to use anything around the branch that will girdle it or constrict growth.

A+ IDEA

Surveys show that motivation can be just as important as a high IQ in the struggle for top grades. One way to instill motivation in your child is to provide a well-equipped study center. It's difficult to concentrate when you have to work in the kitchen, or in the TV room. Junior doesn't need a computer, just a quiet in the TV room. Junior doesn't need a computer, just a quiet space to call his own. Make sure his supplies are handy. Keep pencil mug, paper clip holder, all the desk-top necessities where they can always be found: taped to the desk with Scotch sealing tape. It's a quick answer to the student who can stretch the "I-student who can stretch student who can stretch the "I-can't-nd-a-pencil" school of excuses into days of neglected homework assignments.

Technocrats' Techniques

The technocrats are once again commanding our attention, via space walks, moon buggies and the possibility of cassette television. Even today's modern office equipment is becoming "2001" efficient. Making secre-tarial headlines is IBM's new Selectric II typewriter. It comes with a dual pitch mechanism, allowing the typist to alternate be-tween two distinct spacings with a flick of a lever. Letters and reports can be typed in a large 10 char acters-per-inch style; documents and forms in a compact 12 char acter style. Z



Mrs. Rena Hawkins to Appear in **Community Leaders of America**

Link Rena Lee Hawkins, Syracuse New York resident. has been selected to appear in the 1971 Edition of "Community Leaders of America" a publication honoring America's leaders.

Cited for outstanding humanitarianism, Mrs. Hawkins holds membership in and has served numerous local, regional and national organizations of social significance. Among her affiliations are

the United Fund and Red Cross, League of Women Voters, Board of Electors and Urban League of Onondaga

County. Though active in the above organizations, Mrs. Hawkins has found time to serve on the Onondaga County District Attorney's Advisory Council and to complete courses in practical politics.

Founder and first president of the Syracuse Chapter of The Links, Inc.; Mrs. Hawkins also holds the distinction of being founder and first president of Syracuse's National Council of Negro Women.

"Community Leaders of America" will be available early 1972.

Precautions Can Avoid Wool Washing Problems

RALEIGH -- There are "machine washable" wools on the market that you can launder without fear of shrinkage, felting or fading if you simply follow the directions on the label.

Some wool items, such as sweaters and blankets, have always been hand washable--with care. But now there have been a number of improvements for easy machine washing of wool without fear of shrinkage. Simple precautions must

still be followed, however, says Dorothy L. Barrier, nsion clothing cialist, North Carolina State University.
Why do some home-

makers have trouble washing wool garments? Usually they have combined extreme heat, moisture, friction and strong soap when launder-ing. Wool can't withstand ing. Wool can't water taliates by shrinking.

For example, you can't wash a wool sweater in hot water, with strong soap, for a full wash cycle and then press it with a hot iron and a wet press cloth. sweater will shrink.

And even though the label on some of the newer wools says' "machine washable," most manufacturers still recommend washing these wools in cool to warm water and a mild soap. Use a

short cycle. If pressing is needed, always use a slightly dampened cloth, the specialist advises.

If you plan to use the "machine washable" wool fabrics in home sewing, remember that facings, trimmings, bindings and linings must all be washable,

Machine washable wools are especially good for children's clothes, on-thejob clothes for women, robes and winter sportswear, con-

COSMETIC CAPE

When a plastic raincoat becomes too shabby to wear, cut it to waist length, shorten

the sleeves and use it as a "cosmetic cape" when you shampoo your hair, apply make-up or do anything that requires the protection of an easy-to-clean smock.

GREAT GASOLINE DEBATE

A clean car means cleaner air. But who can blame non-technical drivers for being confused when it comes to choosing a non-polluting gasoline?

According to American Oil Co. spokesmen, any gas will keep your car running, if it has the proper octane rating. Big difference: non-lead fuel permits the use of catalytic exhaust emission control systems that cut auto-caused nollution.

pollution.

So-called "less lead" gas won't work.

Even small amounts of the deadly metal foul the air and reduce the life of the catalysts that change pollutants into harmless substances.

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D.L. Morriss. Achiever.

Darius Morriss is a North Carolina Mutual Staff Manager. In 1968, 1969, and 1970 he was Staff Manager of the year for his district. For the past eight years he has been a North Carolina Mutual President's Convention winner. Darius knows what he wants to achieve. And he plans for it. He can help you achieve your goals. A brighter future built on a solid foundation of facts. For you. For your family.

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