## **Durham Social Notes Of Interest**

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**Telephone 477-3370** 

done unto you, St. John 15:7.

Christian Rev Harvey Chal-

in unity. Music rendered by

Junior choir organist Miss Tha-

lia Eaton of Creedmoor.

Morning prayer by Rev. Sam-

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DORCAS MEETS

JUNIOR DAUGHTERS OF

The Junior Daughters of

Dorcas had a meeting March

Lela O'Neal 804 Grant with

the president Mrs. Dorcas Over-

by presiding. The meeting was

opened by singing club song

"Daughter of Dorcas" Lord's

Prayer was in unison and fol-

lowed with bible verses. Next

song "Blessed Assurance" The

president Mrs. Overby made a

report on the meeting in High

Point from the Central District.

3, 1972 at the home of Mrs.

ushered.

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MRS. SYMINER DAYE .....

TO ATTEND COLLEGE IN FALL

Samuel Ward son of Mr. and **RED MOUNTAIN CHURCH** Mrs. George Ward of 506 IN REGULAR MEETING SUN. Glebe St., Orange New Jersey The Red Mountain Baptist was among four local student Church Rougemont held its who will attend senior college regular meeting Sunday, March next fall with the aid of 5, 1972 at 11 o'clock. Speaker was the pastor Rev. N. Harvey. Rev. Harvey delivered a won-

scholarship granted under a program of the college Entrance Exam Board. Award winners were selected on the basis of academic performance and financial need. Under the program, they will receive partial support for full-time study toward a baccalaureate degree in senior college starting next fall - Mrs. Ward is the daughter of Mrs. Hannah Carrington 317 Todd St.

Sympathy to; the late Mrs. Hattie Nunn family; the late Mrs. Luzena Bailey family, Elizabeth, N. J. Mr. & Mrs. William Allison, The late Mrs. Hattie Allison family. "Call unto me and I will answer thee and shew thee great and mighty things which thou knowest not" - Jeremiah 33:3

VACATIONING

Mr. and Mrs. Bert St. John and Little daughter Ajiri is vacationing with his parents Mr. & Mrs. Hugo St. John in New York City. Mr. Bert St. John is a community organizer. \*\*\*

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EXTENSION HOMEMAKERS HOST TO MRS. PARKER

The Extension Homemakers Club of the Russell Community met at the home of Mrs. Margaret J. Parker on Feb. 28.

MEETING



BUBBLING NEW PERSONALITY Margaret Avery appears opposite Raymond St. Jacques in "Cool Breeze." The exciting new film opening soon is about a group of "brothers" executing a three million dollar diamond robbery. Thalmus Rasulala, Jim Watkins, Lincoln Kilpatrick and Judy Pace also star. Miss Avery was most recently seen on the CBS-TV movie, "Something Evil."

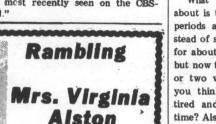
LYON PARK GARDEN CLUB MEETS WITH

Project on selling of dish MRS. MARY HARDY towels by different members The Lyon Park Garden Club was a great success. Secretary met recently with Mrs. Mary Mrs. Louise Moore gave a re-Hardy. Devotionals was led by port on progress of the club. Mrs. Mae Webb. The meeting Mrs. Overby also asked the difwas presided over by the Presi

an enjoyable evening.

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DAY SPEAKER



LES FLEURS GARDEN

The Les Fleurs Garden Club held its last monthly meeting at the beautiful home of Mrs. W. H. McLaughlin on Cecil Street. The meeting opened with the club song "Thank God for a Garden," followed by a poem "Little Seed of Love" for human relation week and then prayer.

tions for entries.

County farm agent. Hodges gave very pertinent information the care of shrubbery after the cold wave. The sudden change in weather damaged many shrubs. He advised extra fertilizing of shrubs and soil testing.

lean and other shrubs.

James Mason, Mrs. John Ma-

eminine Scene PREGNANCY PLANNING AND HEALTH

by

Mrs. Gloria Riggsbee

Dear Mrs. Riggsbee: I am in my forties and think I am going through the change. I have hot flashes and sometimes I am very moody. In fact, my husband and kids as they used to. say I am a lot crabbier than I used to be. But I suppose that's just part of the change and they will have to put up

with it. What I am really writing about is the way my monthly periods are getting longer instead of shorter. I used to flow for about five days each time. but now the flow lasts ten days or two weeks sometimes. Do you think this is why I feel tired and weak most of the time? Also, I feel like my heart is pounding at times. Please tell me if this is nor-

mal for a woman going through the change of life. Mrs. B. P.

Dear Mrs. B. P.: I am so glad you wrote to me about this because I can tell you right now that it is not normal for you to feel the way you do, nor it is normal for you to flow as long as two weeks. I want you to make an appointment either at the health department or with your doctor as soon as possible and tell him all that you have told me.

ness such as you describe are common complaints of women going through the change of er of Mr. and Mrs. Venore Alston. Gina Jones celebrated

of Mr. and Mrs. R. B. Jones. \*\*\*

BE OBSERVED

all day. Superintendent of Sun day School, Michael Fike; Secretary, Miss Mayne Webb; Asst., Patricia Best; Teachers; Miss Trudie Watson, Ella Watson, Terri Cornigans, Patsy Merritt, Audrey Langley, Clark Richardson, and Cherry Richardson.

life, or menopause, and this usually can be taken care of quite easily by a prescription your doctor can give you. Nowadays, women do not have to put up with these symptoms Lord's Prayer in unison.

The excessive bleeding you are having, however, is not nor-**Williams Family** mal and is probably the cause for the weakness you feel and **Circle Holds** the pounding of your heart. The doctor will want to find out the cause for the heavy flow and correct it. Often this Monthly Meet is caused by one or more fi-The regular monthly meetbroid tumors, which are quite ing of the Williams Family common and are very seldom Circle was held at the Time cancerous, although a Pap

Square Night Club, Thursday, smear test to rule out the possi-March 2, with Mrs. Lucy Mitbility of cancer should be chell serving as hostess. done. Even a fibroid tumor as The Meaning of Easter was small as a marble could cause the theme of the devotional

the trouble, depending on its services led by Mrs. Josephine Plummer, Mrs. Mitchell's So, please be sure to see a daughter.

doctor at once. There is no The meeting was presided need for you to suffer as you over by Ellis L. Allen, presiare now when help is available. dent of the Circle who compli-And think how pleased your mented Artis Plummer, cofamily will be to have you owner of the club and a memhealthy and happy again!

ducts worked.

position in the uterus.

me about reading in your column that the things I had been using for birth control were not any good for that purpose, but were just deodorants or disinfectants.

like I did!

**OR CALL** 

VETERANS ADMINISTRATION

Winston-Salem, N. C.

723-9211 Ext. 226

Fayetteville Rd.

Phone 544-1105

## **Emorywoods Garden Club Meets** With Mrs. Lizzie M. Crews The Emorywoods Garden | ed Mrs. R. P. Randolph, our

guest speaker, who gave a very Club met at the home of Mrs. interesting and informative talk Lizzie M. Crews Satruday, February 26, at 5 p.m. Mrs. on caring for birds, trees, shrubbery, and flowers. She Doris Reddrick, president, premade special mention of our sided. The garden gate was state bird, the cardinal, and opened by Mrs. Gwendolyn our state flower, the dogwood. Haskins who led the club in A question and answer period singing "I Come to the Garden Alone," followed by the Mrs. Katie Leathers present-

SATURDAY, MARCH 11, 1972

followed. Mrs. -Elnora Smith, president of the Garden Clubs of Durham Council, accompanied Mrs. Randolph. She read a beautiful poem entitled "Climb Until Your Dreams Come True," and dedicated it to the members of Emorywood Garden Club

THE CAROLINA TIMES-

Mrs. Vermelle Johnston reported on the Mini-flower show planned by our club for Mother's Day, May 14, in the Student Union Building on the campus of North Carolina Central University. The flower show to be held by the Garden Council in May was also discussed.

Members present were: Mesdames Florence Aldridge, Doris Armstrong, Herman Green, Gwendolyn Haskins, Vermelle Johnston, Katie Leathers, Evelyn Lovett, Doris Reddrick, and Alexine Whitted.





Mrs. Nellie Allen, Mr. Thelton Cates, Mrs. Grace Mack. If ye abide in me, and my words abide in you, ye shall

ask what ye will, and it shall be

now enter state competition. Clarissie was granted this Frenchees' accompanist is Miss

he competed in Winston

Salem this past weekend and

time will be spent on exercising

creative abilities and to learn

how to carry yourself as a

dancer.

won district first place. He will This is it for this week and remember, "To Thine Ownself Be True.'

Paula Harrell.