

# REFLECTIONS

FROM NCCU

By Mary Bohanon

REFLECTIONS

I wonder how poor, poor "Tom" was?  
I wonder how poor is his shadow.  
His tunes were his Times complement,  
His crescendo a molotov banjo  
Homespun from his whittlings  
And plucked instinctual:

"Yas shu, Mistuh - Yas ma'am, Miss  
Ef whut yuh heah please yuh,  
An whut Ah plays please me,  
Yuh ah happy, an' Ah'm happy,  
So whut mattah hit make us one?  
Ah ain't black no mo,  
Yuh ain't white no mo,  
Ah don' wonta be yuh,  
Yuh don' wonta be me:  
We jst bof wonta be."

I wonder how poor, poor "Tom" was?  
I wonder how poor, is his shadow.  
For the tune that he played twined  
The banjo he'd make in the shade by  
A pool that hallowed the green of  
An acre long barren.  
He dreamed of lost wishes that lingered:  
The twig that he'd planted but never would  
Sleep 'neath its shadow  
But others would come, the militant young  
Retreat and sane reparations for all  
Their potentials forced fallow.

I wonder how poor, poor Tom was.  
I wonder how poor is his shadow.

MARY BOHANON

ABSENT BUT ACCOUNTED FOR

Awake with Susie before the morning dew  
settles upon the flowers.  
Away with Dawn when the rising sun  
filters its light through the sky.  
Noon with Sharon, shifty, sun-filled eyes,  
and satin skin.  
Evelyn in the evening light,  
Homecoming much to my delight.  
And what of Eleanor's flight?  
She should be here in bed tonight.

KIM McEACHIRN

YEARNING

I'm searching for something  
I never really had.  
In you I find it.  
Please let it be mine?

LARRY B. MACE

A SECRET

I lean to whisper in your ear  
A secret I wish the world not to hear.  
And though I try not to show  
I am sure that many know,  
That what I am about to say  
Is how I feel in many a way.  
So is it a secret no one will know?

WILLIAM PHILLIPS

TIME

Time...I don't care  
When I enjoy  
What I'm doing  
For time is  
Something...that  
Can be wanted  
wasted  
or whatever  
but...only used once.

TERRY RICHARDSON

Berlin's Trots: Always on Sunday Too



Berlin (West) now has the most modern covered grandstand facilities of any race track in Europe. It is in Mariendorf, fully climate-controlled, cost \$8.5 million, with five levels where some 6,200 fans can watch the trotters whiz by, year-round every Sunday, Wednesday and on holidays. Opened in 1913, this was also the first track to install floodlights for nighttime racing (1928) and to introduce the automatic starting gate (1956).

At Berlin's Mariendorf (site of the annual German trotting Derby since 1952) the cards list 9-12 races with at least nine horses competing in each, enough to generate all the excitement one can handle. If this works up an appetite, there are three bars and a cafeteria, a buffet for fast-service snacks on every floor, and the more luxurious Club Lounge. With admission at \$1.60 to \$2.40 tops, where else can so little buy so much fun for so long, even if bets on the computerized "tote" do cost extra!

But the new, ultramodern grandstand at Berlin's Mariendorf race track is a multi-purpose facility that Berliners and visitors alike use also on the no-racing days of the year. They flock there not only to enjoy the surroundings (which include a 13th-century church, a lake for sailing model boats, a Dutch windmill built in 1888), but also to avail themselves of the grandstand's catering facilities, excellent orchestra and dance floor, playrooms and pony rides for the kids, etc. Truly, a place for all seasons in anyone's book.



SUPPORTERS GATHER FOR CONTEMPORARY ART EXHIBITION—(Top) Flanking the Christopher Gonzales sculpture, "One of Us" at the opening reception of the Contemporary Jamaican Art Exhibition, recently held at the University of Pittsburgh, were (left to right) Dr. Al Moye, Vice Chancellor, University of Pittsburgh, Mrs. Maxine Bruhns, Director of the Nationality and Intercultural Exchange Program, University of Pittsburgh, Dr. Ray Coble, Executive Assistant to the Chancellor, Walter Worthington, Chairman of the African Heritage Classroom Committee, Jamaican Artist Christopher Gonzales, Luddy Hayden, Community Relations Representative for Gulf Oil Corporation, Pat Golden, Resident Director of the South Oakland Arts Council, Dan Williams, Lower 9th Ward Neighborhood Council, and Charles Biggs, Assistant Director of Development and Alumni Affairs. Bottom photo shows Christopher Gonzales, Luddy Hayden, Don Williams, Lower 9th Ward Council, Dr. Moye and Dan Williams. The exhibition which will be in the United States for 6 months, is scheduled for additional showings in Hartford, Conn., New York City, Washington, D.C., and Southern University, in Baton Rouge, La.

## Dental Visits

### Save Time, Pain And Money

Do you bite off thread instead of using a pair of scissors, open bobby pins with your teeth, chew on pencils, bit hard candy, or crack nuts with your teeth? These widespread "habits" often result in chipped teeth. Crunching ice is another that is a source of tooth damage. It can cause hairline fractures in fillings and teeth.

But not doing something can be considered a bad habit, too. Not practicing good dental hygiene, for example, or not seeing a dentist regularly as well as at any time when teeth or gums ache, can prolong discomfort, and in the long run, can be expensive, too.

Today, preventive dentistry is not only possible, it has been proven. New and improved equipment and better trained dentists and dental assistants contribute to almost painless dentistry. New home care techniques supplement the care received in the dental office, and help to preserve teeth and the family budget.

The dentist or his assistant will often take the time to teach a patient a better method of toothbrushing or how to use dental floss properly. Or, if the patient complains of pain or sensitivity when his teeth are exposed to cold wind, hot



HONORED—Walter Kennedy (L), National Basketball Assoc. commissioner, receives first annual Heritage Award plaque from Christopher F. Edley, executive director of United Negro College Fund, during ceremony here. Kennedy was honored for his contributions to interracial progress in sports. (UPI).

coffee, or a favorite fruit, the dentist may apply a jet of air to the suspected tooth or teeth as a "diagnostic tool." If the problem is tooth sensitivity, the recommendation may be a simple one. Just using a special toothpaste such as Sensodyne and perhaps a gentle toothbrush developed especially for the condition usually helps. The condition may be a temporary one.

It is still early enough in the year to make a new year's resolution important and practical enough to keep. A decision to follow good dental hygiene practices and to see your dentist regularly will save time, discomfort, money, and possibly, your teeth.

## In The Service



LASSITER

WARNER ROBINS, GA.—Staff Sergeant Raymond H. Lassiter, son of Mr. and Mrs. Narvie H. Lassiter of Rt. 3, Durham, has graduated from the Air Force Logistics Command Noncommissioned Officer Leadership School at Robins AFB, Ga.

The sergeant, who was trained in military management and supervision, is a law enforcement specialist at Wright-Patterson AFB, Ohio. Sergeant Lassiter is a 1967 graduate of Horton High School, Pittsboro. His wife, Ernestine, is the daughter of Mrs. Thelma Bradley of 2434 Anthony Circle, Macon, Ga.

## Vets Questions And Answers

Q-I just received an honorable discharge after two years of military duty. I hear the Veterans Administration provides free GI Bill benefits for veterans like me who didn't finish high school. Is that true?

A-Yes, and the assistance won't be charged against your basic entitlement. Suggest you apply to the VA regional office in your state.

Q-What are some of the advantages of GI home loans? I had three years of military service before my discharge two years ago, and I am thinking of applying for this benefit from the Veterans Administration.

A-Because VA guarantees 60 per cent of loans up to \$17,500, whichever is less downpayments are either small or not required, and there usually is a long repayment period with no penalty for early repayments. Also, VA appraises the house before purchase to determine its reasonable value.

Q-I've been out of military service six months, but can't find a job. What suggestions does the Veterans Administration have?

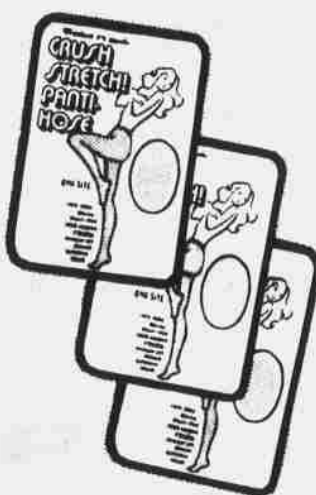
A-Visit your local state employment service office and take your DD Form 214 with you. If a job is noavailable, you will be allowed to apply for unemployment compensation. You also should check your regional VA office and U.S. Veterans Assistance Center if you are close to them.

# Woolworth

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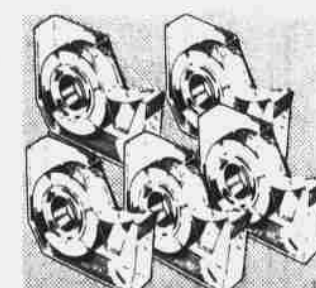
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Aluminum foil  
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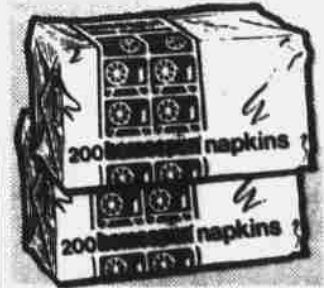
Sturdy metal, 11 1/2x4 1/2 W X 3 1/2 H. Handle on top. Perfect for important papers, workshop storage.



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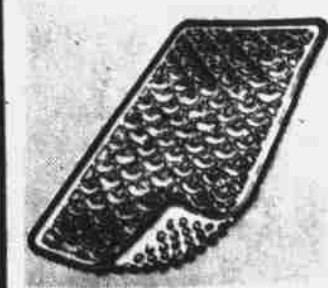
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