

SCHOOL LUNCH MENU!

DURHAM COUNTY SCHOOLS' MENUS

NOVEMBER 10-14.

Monday, November 10

Barbecued Pork on a Bun
Cabbage-Carrot Slaw
Triangle Potatoes
Applesauce Cake
Milk

Tuesday, November 11

Corn Dogs
Potato Salad
Buttered Peas and Carrots
Apricot Crisp
Corn Bread
Milk

Wednesday, November 12

Beef Tips on Rice

Lettuce Wedge w/French Dressing
Harvard Beets
Devil's Food Cake

School Baked Roll
Milk

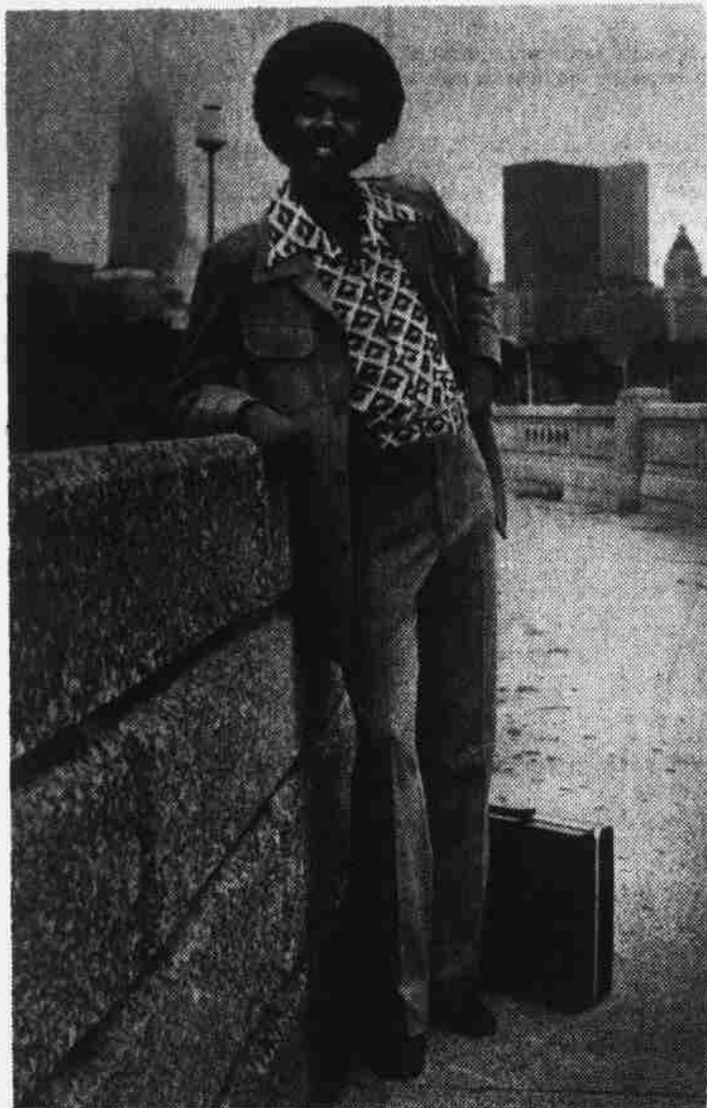
Thursday, November 13

Brunswick Stew
Cole Slaw
Corn Bread

Chocolate Pudding or Bavarian Creme
Milk

Friday, November 14

Meat Loaf
Green Beans
Mashed Potatoes and Gravy
Banana Pudding
School Baked Roll
Milk



It's nice to take a lunch-time stroll on a crisp autumn day....particularly if you're wearing a fall '75 coordinate outfit such as this from Jaymar-Ruby. The jacket and slacks are both in a grey flannel look made from a 80% wool, 20% nylon blend. The top features a four button front; bush coat length; double front yoke; upper patch pockets with flaps; lower scoop pockets; is fully lined; has shoulder padding; a yoke back with center vent; and vented sleeves with button cuffs. The slacks have a coordinate belt which matches the shirt; wide beltloops; scoop pocket; flared bottoms; rear fast back yoke; two rear patch pockets; welted side seams; and double stitching on the patch pockets; yoke front pockets and sides. The coordinate shirt, also from Jaymar, has a blue-grey geometric pattern and is made from a 100% polyester interlock fabric. It features button front cardigan styling; with no placket, a dropped shoulder; one-button adjustable cuffs; and new long pointed open collar styling.



Name-callers have been around since this great nation of ours got its own name.

And, though time brings change, often the only things that change are the names.

So, for those of you who have chosen to change my name to "Tom," simply because I elect to level with Black people, rather than seek their approval on emotional levels, I dedicate this letter. A letter published in The Chicago Defender, July 8, 1975.

"Dear Alice:

I live in the ghetto, but I don't understand why our street has to be a pig pen.

I sweep and pick up around our house, but except for one other person, the rest of the tenants dump garbage, litter the streets with beer and soda pop cans, and break down fences and steps.

If you say anything, the little ones sass you, and the grownups look at you like you're crazy.

I try to be a good neighbor. I've even asked for help in forming a block club to clean up the area. But I can't get any support from our ward committeeman, or our alderman.

I am very discouraged.

I'd rather not give my name or the place where I live, because somebody might try to do me in.

I would like you to print this, however. I think it's high time that we Black folks stop trying to blame everything on the system. We should have some pride in ourselves, and not want to live in filth.

My niece was one of a group of children who went to China last year. She came back talking about how clean everything was, even though the people were poor.

She said there was no trash or garbage anywhere. I just wish some of these folks who sit around all day doing nothing could just get up and start cleaning up.

Wasn't it Reverend Jesse Jackson who said, 'I may be poor, but I'm proud. I am somebody.'

In the name of something mighty important, shouldn't we all begin to think harder than some of us do?

In the name of pride.

Joe Black
Vice President
The Greyhound Corporation

Chaplains' Institute Held This Week

ATLANTA, GA. - The Air Force Chaplains' Career Development Institute sponsored by the Office of the Chief of Chaplains Department and The Interdenominational Theological Center is being held on the Center campus this week.

The theme for the five day institute is "From Biblical Record into Contemporary Life." Seminar-Workshops scheduled include Biblical Theology and Life, Monday; Family counseling from Theological Perspective and Biblical Family Life, Tuesday, Wednesday, Thursday and Friday in the mornings and afternoons.

Dr. Charles B. Copher, Vice President for Academic Affairs ITC

is the Institute Coordinator. Other personnel for the Conference include Richard D. Miller, Chaplain Colonel, USAF Chief, Professional Division, Office of the Chief of Chaplains, Sheldon E. Hermanson, Chaplain, Col, USAF, Staff Chaplain for Training, Office of the Command Division, Thomas J. Pugh, Ph. D., Professor of Psych. and Pastoral Care, ITC, Robert Earl Penn, Th.D., Associate Professor, Church Leadership and Administration, ITC, John H. Evans, Jr., Business Manager, Charles J. Sargent, Institute Host, and Harry V. Richardson Ph.D., President Emeritus and Acting President, ITC.

Library Workshop Scheduled On Sharing Literature With Children

An award winning library program for pre-school children will be described at a workshop at North Carolina Central University's James E. Shepard Memorial Library Saturday, Nov. 8.

In its "Sharing Literature with Children" project, the Children's Department of the Orlando, Fla., Public Library developed a program to train adults to share books with young children. More than 7,000 day care, Head Start, nursery, playground, and church school personnel, parents, school teachers, babysitters, and high school and college students participated in training workshops.

The workshops enabled the seven staff members in the library's children's department to extend the library's services to most of the 85,000 preschoolers in the library district. The program won an award in 1973 as the Outstanding Library Development in Florida.

Mrs. Gail Padgett of the Orlando Public Library will lead the NCCU workshop, which is sponsored by the Early Childhood Library Specialist Program of the NCCU School of Library Science. The program is open to the public and starts at 9 a.m. in Room 205 of the Shepherd Library.



HAPPY HOMECOMING QUEENS - Fayetteville State University Chancellor Charles Lyons, Jr., (third from left) is surrounded by (L-R) Annie McCrae, 'Miss Alumni '74,' Juanita Smith, 'Miss Alumni '75,' and Elizabeth Jones, 'Miss Homecoming '75.' FSU blanked Winston-Salem State 26-0 before 10,000 fans. (FSU Photo by John Henderson).

CORRECTION

Last week, in the story of Mrs. Sudie Gaither's 80th Birthday celebration, the names of Edward Pratt, grandson of Atlanta, Ga., Alvin Pratt, grandson of Staten Island, New York, and Joseph Pratt, grandson, of District Heights, Maryland should have been included among those giving the dinner party.

Other guests names omitted

were the sons of Mr. and Mrs. Alvin Pratt, Al and Ernie; Mrs. Elizabeth Wilson and daughter Wanda, Washington, D. C., Mr. and Mrs. Howard Kennedy and daughter Vickie, Atlanta, Ga.; Mr. and Mrs. W. H. Kennedy, and Mr. and Mrs. M. W. Kennedy of Cincinnati, Ohio Mr. and Mrs. Walter Morehead and sons, Bob and Ronnie of Greenville; Mrs. Dorothy Berry of Valdese and Mrs. Shirley Clark of Greensboro.

Toll-free, telephone service to Veterans Administration offices is available in 312 cities and 45 states.

Americans spend more than 300 million days in bed each year because of colds and flu.

At least 30,000 Americans now have TB disease.

15 million Americans are infected with TB germs and could develop TB illness.



Acute respiratory disease account for more than half of all school absenteeism.

Engineering School At A&T Wins GE Award

GREENSBORO - The General Electric Foundation has awarded the A & T State University School of Engineering a \$75,000 "Mainstream Award" for the school's efforts in designing programs to increase minority engineering enrollment.

A check for \$25,000 was presented to Dr. Lewis C. Dowdy, A&T chancellor, by Edmund B. Tucker, manager of science and technology support programs for GE.

The university will receive similar amounts for the next two years.

The grants were initiated by the company in 1972 to assist minority engineering schools in increasing their enrollments by 100 per cent in five years.

A & T won its award in competition with other minority schools across the nation.

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- 1975 MG Midget Convertible. 4-speed, AM radio. Styled wheels, radial tires. Local one-owner car. 2,900 miles. \$3495
- 1973 Plymouth Duster. Automatic transmission, power steering, power disc brakes, air conditioning, AM radio, white wall tires. Low mileage; local one-owner trade-in. \$2695
- 1973 Pontiac Grand Am Coupe. Power steering, power disc brakes, air conditioning, turbo hydromatic, AM radio; custom wheel covers, radial tires. Local one-owner trade-in. \$2695

- 1971 Plymouth Duster Coupe. Automatic transmission, power steering, power brakes, air conditioning. Local one-owner trade-in. \$1695
- 1973 Pontiac Grand Prix. Power steering, power disc brakes, air conditioning, vinyl top, Rally II wheels, accent stripes. Low mileage, local one-owner. \$3495
- 1974 Mustang Mach I. 4-speed, sport wheels, 4-cylinder economy engine. Air conditioning. Beautiful. Local one-owner trade-in. \$3595
- 1974 Mercury Cougar XR7. Automatic transmission, AM/FM stereo, power steering, power brakes, air conditioning. Leather interior, styled wheels, radial tires. Local one-owner trade-in. \$5995
- 1975 Chevrolet Corvette T-Top Coupe. Power steering, power disc brakes, air conditioning, power windows, tilt wheel, AM/FM stereo, luggage rack; 10,000 miles. Local one-owner car. \$7995



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