

Happiness Through Health

by Otto McClarrin



LOTION BELIEVED TO REDUCE BALDNESS IN MEN

A lotion made from the female hormone Estrogen reduces baldness in men when it is rubbed into their scalps, according to a New York City physician who says he has successfully experimented with the treatment for the past decade. Estrogen cannot be taken by men internally without certain undesirable side effects, such as enlarged breasts. But Dr. Edward M. Settel says when Estrogen is applied externally, it reduces hair fallout in men and stimulates hair growth in bald areas.

Settel reported the results of his experimentation in a scientific exhibit at the annual meeting of the American Academy of Family Physicians recently. He said the treatment is still in the experimental stage and is not ready for commercial distribution. Of the 748 men he has treated in 10 years, 90 per cent had "markedly less fallout" after using the Estrogen lotion and 68 per cent showed improved hair growth, he said.

"I don't make the claim that you're going to grow back as much hair as you had when you were 15 years of age," Settel said. But he said some hair does grow back on the heads of men with a hereditary condition called pattern baldness.

STUDY SHOWS WOMEN DO NOT LIVE LONGER: A study of the deaths of 4,000 Pennsylvanians by an Edinboro College statistician suggests there is no basis to the widely held belief that women live longer than men. "It appears a bunch of nonsense, that women are inherently prone to living longer than men," says Dr. G. H. Miller, who studied the deaths of northwestern Pennsylvania residents in researching the effects of smoking.

Miller interviewed relatives of the deceased between 1970 and 1973, and, to extract information solely on cigarette smoking, he eliminated those who suffered from such physical conditions as alcoholism or obesity, which could figure in early deaths. Among his preliminary findings published in the Illinois Lung Associations Journal are:

-There is practically no difference in the average life spans of men and women if they are nonsmokers. Both sexes were found to have average life spans of 75 years.

-Female smokers died at an average age of 59 while male smokers were found to die on an average of 65.

-Those who smoked two or more packs a day can expect to reduce their lives by 14 to 15 years if they are men and 19 to 20 years if they are women.

PROSTATE CANCER TREATMENT IMPROVES:

"Supervoltage" radiation is helping victims of prostate cancer live longer, according to five doctors of the University of Southern California Medical Center at Los Angeles. They disclosed increasingly favorable results of radiation treatment against the prostate disease that causes higher fatalities among men as they get older. The radiation therapists said the high-dose treatments "appears to improve both length of survival and quality of life, even in those whose disease course is inexorable." They said treatment of 96 patients by supervoltage radiation enhanced survival, as did hormonal manipulation and possibly "aggressive surgical intervention." (NNPA)



LET'S TRY THIS ANGLE — Dick Schneider, left, producer and director for NBC, and Valerie Lagauskas, parade operations coordinator for the Macy's parade, go over camera angles and other technical aspects of the parade with Isaac Richardson, director of the South Carolina State College Garnet and Blue Marching 101 Band which has been invited to appear in the 1975 Macy's Thanksgiving Day Parade. The two parade officials visited the Orangeburg campus last week.

S. C. State Band To Perform At Macy's Thanksgiving Parade

ORANGEBURG, S. C. — Representatives from the National Broadcasting Company and Macy's of New York City watched the South Carolina State College Garnet and Blue Marching 101 perform Wednesday afternoon on the Orangeburg campus in readiness for the band's appearance in the annual Macy's Thanksgiving Day parade.

Dick Schneider, producer-director of the parade for NBC, and Valerie Lagauskas, parade operations coordinator for Macy's were in Orangeburg to "work out the camera shots, the technical aspects," of the band's planned performance in the parade, according to Schneider.

The band was chosen from "between 300-400 applicants," Ms. Lagauskas noted, and will be one of the only 13 bands in the entire parade. The only other college group will be the Ohio Youth Choir, and the remaining bands will be from the nation's high schools. The Presidential Honor Band will also perform, sending three bicentennial regiments to participate.

Ms. Lagauskas, whose job it has been to travel the country weeding out the applicants, explained that the Marching 101 had been chosen for its unique style. Schneider added that excellence is the primary criterion all bands selected must meet.

More than 39,000,000 viewers will watch the two-hour staged production presented by NBC Thanksgiving Day, and close to 120,000,000 more will tune in for shorter CBS pickup of the 106-unit moving parade, according to estimates by the two parade officials.

Commentators for this year's event will be Helen Reddy, Peter Marshall and Ed McMahon, who will describe the events and performances as the groups stop before the NBC cameras during their two and one-half mile trek. Although the eyes of South Carolina will be on the Marching 101, under the direction of Isaac Richardson, Santa Claus continues to be the main attraction, Schneider noted.

Ms. Lagauskas added that the giant balloons are another featured attraction, and explained that an estimated 1,500 Macy's employees volunteer each year to hold the balloons, act as clowns or ride on floats during the parade.

"I started 12 years ago as Alice in Wonderland, then graduated to a butterfly," she laughed.

Schneider, who also produces and directs the Rose Parade, has been involved with the Macy's parade off and on for 20 years. The Macy's Parade and the Garnet and Blue Marching 101 can be seen Thanksgiving Day, Nov. 27, on NBC between 10 a.m. and noon.



DR. FRANK B. WEAVER

Russell CME Notes Anniversary

The Russell Memorial C. M. E. Church will celebrate their seventieth church anniversary on Sunday, Nov. 16. The celebration will begin with Sunday School at 9:30 a.m. with Daniel McArthur in charge. Reverend L. H. Wheelchel, the pastor of the church, will deliver the message at the 11:00 a.m. worship hour. The 3:00 p.m. service will feature the Rev. Dr. Frank Weaver, who will deliver the anniversary message. Dr. Weaver will be accompanied by the Wake Memorial Baptist Church congregation and choir. The public is cordially invited to share in these services.

All Members Day

All Members' Day, a combination of our annual Women's Day, Men's Day and

Durham Ushers To Observe 50th Anniversary

The Durham Ushers Union will observe its Fiftieth Anniversary at Mount Vernon Baptist Church on Sunday, November 23 at 3 p.m., with Clyde Moore, local president, presiding. The theme will be "Striving Toward Greater Growth." Mount Vernon pastor, Rev. Percy L. High will deliver the sermon and music will be by the Celestial Choir. The family of the late C. C.

Cobb, Sr., will be honored during this program in memory of his many years of faithful service as a member and officer of the Durham Ushers Union, as well as the state organization.

Others listed "In Memoriam" are Malichi Hart, Ollie Brown, Charlie Gary, Bennie Rogers, Henry Holman, and Wardell Harvey.

1886 1975

White Rock Baptist Church

Rev. Lorenzo A. Lynch, Pastor
3400 FAYETTEVILLE STREET
DURHAM, NORTH CAROLINA 27707
PHONE 688-8136

SUNDAY
NOVEMBER 16, 1975

9:30 A.M. — CHURCH SCHOOL

10:55 A.M. — WORSHIP
SERMON

7:00 P.M. — EVENING WORSHIP

Continued on page 6

Morehouse Has Open House For New Edifice

One of the features of Homecoming Day at Morehouse College on Saturday, November 8, was open house in the new Business Administration Social Sciences Academic Building on Friday, November 7, according to an announcement by Dr. Hugh M. Gloster, President of the Atlanta Institution.

The new building, which is now under construction and is scheduled for completion later this month, is named in honor of Dr. John H. Wheeler, President of the Mechanics and Farmers Bank in Durham, North Carolina, and a distinguished alumnus and trustee of the College.

John H. Wheeler Hall, which is located on the north side of Westview Drive between Benjamin G. Brawley Hall and the tennis courts, will house the Morehouse Departments of Business Administration, Economics, Political Science, and Sociology; and experimental laboratory under the supervision of the Morehouse Department of Psychology; and the Center-wide Program in Computer Science. The building will not only provide modern facilities for the above-listed programs but also will relieve overcrowded

conditions in Benjamin G. Brawley Hall.

Homecoming activities sponsored by the Student Government Association included a Queens' Banquet, a Fashion Show, a concert by Mandrill and the Chaperrels, the Queen's Coronation Ceremony, the Parade, and a dance at the Hyatt Regency Hotel.



Come July 4, 1976. 200 candles on the good old American birthday cake are going to light up the sky. And warm up a glow that's going to be felt, from sea to shining sea. The government's going all out. Building new monuments. Renovating historical landmarks. Pumping up patriotism to a heart-pulsating pitch, as people relive the history of yesterday. All people. All Americans. All of us. Yet, within the Black community, some people are projecting that Blacks should stay out of the Bicentennial celebration. Their thinking goes that racism is still rampant. Inequality of justice and opportunity is too prevalent. So be it. But as someone once said, "We ain't what we want to be, we ain't what we're going to be, but thank God, we ain't what we used to be." And, progress has been made. You can't deny that. Nor can you deny the memories of Crispus Attucks, Peter Salem, Dorie Miller. Men who gave their lives in defense of this country, during the First American Revolution. Along with Dr. Martin Luther King Jr. Medgar Evers. The children of the Birmingham Church bombing. Americans who gave their last full measure of devotion during the revolution of the 60's. As President Lincoln said, "It is rather for us to be here dedicated to the great task remaining before us—that from these honored dead we take increased devotion to the cause for which they gave the last full measure of devotion." So, as a reminder to white America that lives of loved ones are saved today because of the creative minds of Black men like Dr. Charles Drew, Dr. Daniel Hale Williams, and Garret Morgan, let's all give America something for its 200th birthday. Let's give the Bicentennial our vote of confidence.

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