

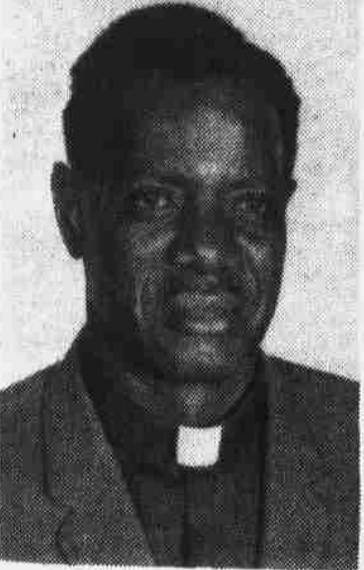
# WRITERS FORUM

Thursday evening was the fairest and coldest of the 4-night salute to Dr. Davis on his 12th Pastoral Birthday. Plying the poor tadpoles on a night like this was no comforting thought to my vivid imagination as I whipped my courage to taking a stand in my effort to venture out. However, I did make a run toward the church and did arrive without freezing into a block of ice. But my spirit was sharpened by all the spirited action going on inside the church.

Minnie", Mrs. Minnie Fikes: "Dr. Davis has always cooperated with the Usher Boards. He feels that well-organized leadership is an asset to the church, especially its doorkeepers. Good first impressions have a tendency to last throughout the worship services. However, Dr. Davis is generous to a fault, avoids embarrassing situations; will accept the blunt of blow rather than have anyone be ill at ease. His kindness, consideration and friendliness contributes much to our well-being as ushers."

The Mother's Club of the Jesus House of Prayer made a handsome gift presentation to Dr. Davis.

Friday night was cheerful and evidenced great promise for a successful evening, however a halo of sadness haunted the happy gathering - a truly good something was coming to a close.



BISHOP LEON SAUNDERS

Bishop Leon Saunders, pastor of the Jesus House of Prayer, choir, officers/visiting Vice-Bishop E. A. Alston of Cary, and UBC members had upped the ante and exceeding great joy swept the sanctuary from front door to the rostrum. Pulpit associates were: Rev. Essex Fields, Rev. N. B. Sanders, Rev. Lottie B. Kee.

The UBC Usher Boards, sponsoring group, was handsomely represented; Mrs. Delores Jeffers, president of the Young Adult Usher Board, presided over the Thursday, Jan. 8 assembly. And for the time being, there were no thoughts of the blistering cold weather outside. This was a time to be joyful; sing and shout and be glad to be identified with those who know the Lord. It was a time, too, for neighbors to exchange greetings. Everyone knew the Rev. Saunders and he recognized his neighbors and extended hearty salutations.



MRS. DELORES JEFFERS

The youth department was tonight's sponsoring group with McDuffie Holman presiding. Bishop F. Yelverton, pastor of Mount Calvary Holy Church, choir, officers and members were in charge of the Jan. 9 salute to Dr. Davis.

Bishop Yelverton preached a beautiful anniversary sermon: a tribute to those who love and show appreciation to God's divine leaders; 1 Corinthians 11:1-2.

McDuffie Holman is always at his best when he is promoting the UBC Recreation Department which he supervises. The quiet, nonchalant Holman comes alive and grows his great pride for his players, cheer-leaders and staff; "we are one big happy family working together to build strong bodies, alert minds, and good sportsmanship; we encourage our fellows to become Christians, attend church regularly. We are grateful to the parents for their support, our fine leaders for their untiring services; the cooperation of the church and the inspiration the pastor, Dr. Grady Davis, who was instrumental in the establishment of the UBC Recreation Department of which we all are so very proud."

"My Profile of Dr. Grady D. Davis" was painted in colorful words by Miss Shelia Mason; "Dr. Davis is a believer in Physical Fitness; he knows that a person cannot do his best if he is physically unfit. The body needs rest and food and exercise; therefore, Dr. Davis encourages a well-planned recreational program here at Union Baptist Church. He shows in his actively busy schedule that he enjoys robust health; his healthful, happy, harmonious outlook on life is proof. He works hard, plays hard and rest-well. We are blessed to have a leader of his calibre."

In Case You Asked Avoid giving anyone a piece of your mind—chances are you can't spare much, if you're still trying to get the insurance man off your back—live to be 100. And the economic news? These are the days, my friend, when all the piggybanks go to market.

Happiness Through Health by Otto McClarrin



SHELIA MASON

ABORTION CURBS IN HOSPITALS HIT: Despite the general legalization of abortion over the past few years, some 30 per cent of 50 per cent of all women seeking abortions were unable to get one, a new study reports. Hospitals - particularly public hospitals - have failed to provide adequate abortion services to meet public demand, according to a nationwide survey by the Alan Guttmacher Institute of the Planned Parenthood Federation of America.

The survey found that by April, 1974, only 15 per cent

of all U.S. hospitals had performed "even a single abortion," and that between 400,000 and 900,000 women who needed an abortion in 1974 were unable to get one.

Poor women and rural women had the most difficulty finding hospitals that would permit abortions, the study says. The number of abortions performed in public hospitals amounted to 15 per cent of the demand among the poor. Many rural states reported none or very few abortions performed during 1974.

Nationwide, only 42 per cent

of women who sought abortions were able to obtain them, the survey said. The survey concluded that the pattern of abortion services available "perpetuates sharp inequities" in services between the poor and others and between rural and urban women. Lack of adequate abortion services would lead to "illegal or self-induced abortions, unwanted or mistimed births, out-of-wedlock births, schools dropouts, precipitous marriages, and other health and social consequences of the unavailability or legal abortion," the report said.

SUGAR CONTROL IMPORTANT TO SURVIVAL OF DIABETIC PATIENTS: In what is believed to be the largest mortality study of its kind, a major life insurance company has reported that a prospective, 20 year follow-up of more than 10,000 diabetics showed that blood sugar control is an "important factor" in the survival of the diabetic patient.

The finding, one of the highlights in the long-term

nationwide investigation, disclosed that deaths among poorly controlled patients ran about two-and-a-half times higher than among those who were well controlled. Diabetes experts are in the midst of a controversy over the significance of control in the development and course of diabetic complications and on survival.

Even when juvenile diabetics under 30 were excluded from the data, mortality among poorly controlled patients totalled nearly twice that of the well-controlled group, according to the findings of the Equitable Life Assurance Society of the United States.

The findings, "contrary to the opinion of some clinicians," confirmed that the diabetic even if well-controlled, is a "heavily substandard risk, with a mortality ratio far in excess of normal," according to the report prepared by Dr. George Goodkin, Equitable's associate medical director.

Overall, there were 1,478 actual deaths compared to 440

expected deaths for standard insured lives, a greater than three-fold difference. Rejected applicants (for life insurance) had a four fold mortality compared to standard expectations; and accepted diabetics (those who met underwriting criteria for insurability) had a death rate more than one-and-a-half times that of normal.

Among the other highlights revealed by the study were these:

1. The finding of albuminuria in a diabetic is "an extremely unfavorable" prognostic sign.
2. The mortality risk of hypertension in a diabetic is gravely multiplied when compared to the non-diabetic, especially at ages under 40. (NNPA).

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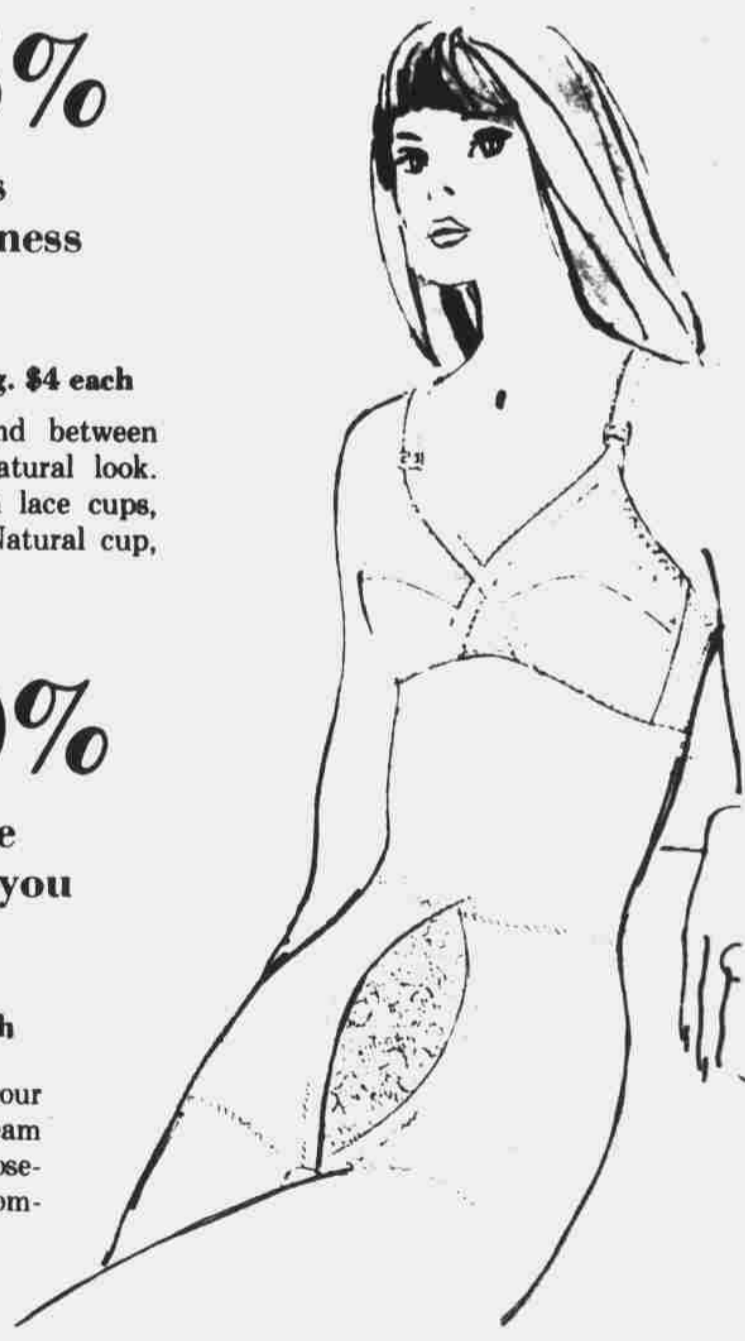
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