

### Vet No. 10 Returns To Say, 'Thanks'

Thousands of veterans and their families share government benefits each year, but not always do they pause to express their appreciation.

Unlike the many who don't Comrade Nelson A. (Tight Head) Brown as he is fondly known of the Weaver McLean American Post No. 175, felt obligated to show appreciation for favors which had come his way.

During his tour of duty in the Armed Forces of which the greater portion was spent in Viet Nam he came away disabled from injuries received while serving his country. He sought help and found it, at the Veterans Affairs Office in Winston-Salem. The Veterans Regional Office of The American Legion of North Carolina and The Veterans Rehabilitation Center Washington, D. C.

eran Nelson L. Brown returned to say "Thanks" to express his appreciation for the benefits received. He made a cash donation to all the agencies through which he had received aid.

Here he is presenting a cash donation of \$50.00 to Commander A. R. Thompson of Weaver McLean American Legion Post No. 175 of Durham of which he is a member.



BROWN presents \$50.00 To Commander Thompson.

### Black University Students

#### Meet Here

and College Students.

The organization was created by students of 11 traditionally black schools in 1976 "to deal with the collective problems of Black institutions in this country."

The National Task Force of the organization is responsible for creating the organizational structure for the group. The General Assembly will be a delegate assembly, with at least three representatives from each member school, and will meet annually.

Cheryl Mobley, president of the student government at Florida A & M University, is chairman of the organization. Luther Brown, president of the student government at Howard University, is vice chairman.

North Carolina Central University was the host institution for the meeting. Ernest R. Howell, Jr., president of the NCCU Student Government Association, was the official host.

Schools represented include NCCU, Howard, Florida A & M, Morgan State College, Morris Brown College, Tuske-

gee Institute, Kentucky State College, Texas Southern University, and the University of Arkansas at Pine Bluff.

### 20 INDUCTED INTO ALPHA KAPPA MU

SALISBURY - Twenty Livingstone College students have been inducted into the Alpha Psi Chapter of Alpha Kappa Mu Honor Society, according to Levi V. Walker, chapter advisor.

Alpha Kappa Mu was founded in 1937 by Dr. George W. Gore, Jr., to encourage and recognize superior scholarship and or leadership achievement among black students.

To be eligible for membership in the chapter, a student must be registered and in good standing in the school at which the chapter is located, have at least a 3.3 grade point average, be at least of junior classification, be recommended by members in the chapter, and meet the other qualifications laid down by the chapter.

New inductees from the Tar Heel State are Ruth Amer-

son, social welfare, daughter of Murrece Amerson, Lillington; Linda Yvonne Bowman, biology, daughter of Mr. and Mrs. Arthur Bowman, Winston-Salem; Robert Lewis Gatewood political science, son of the Rev. and Mrs. W. H. Gatewood, Wallisboro;

Joyce Bailey Johnson, biology, daughter of Mr. and Mrs. Edward K. Bailey, East Spencer; Barbara Cynthia McIvery, elementary education, daughter of Mr. and Mrs. Creo McIver, Jacksonville; Renee B. Monroe, social welfare, daughter of Mr. and Mrs. Alexander Monroe, Salisbury; Silvia Johnson Moore, intermediate education, Salisbury; Barbara Althea Ross, business education, daughter of Mrs. Ethelda Ross, Raeford; and Fennell Simpson, business administration, daughter of James Simpson, Garland.



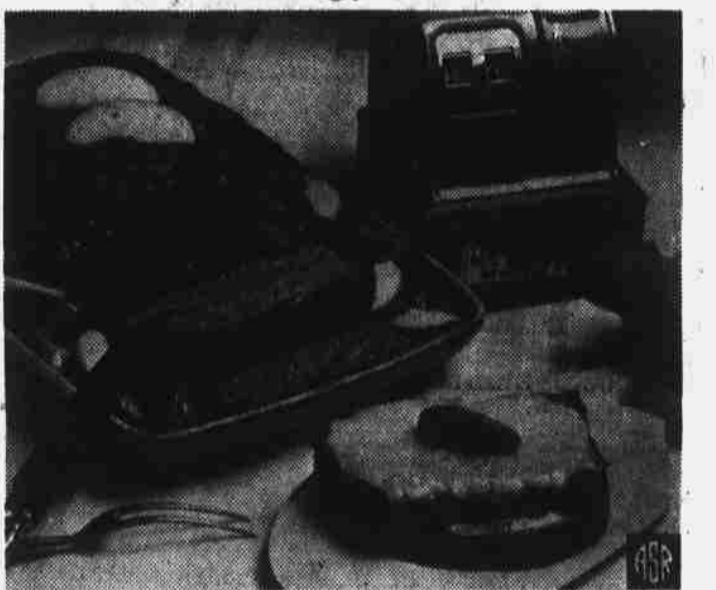
SALISBURY, N.C. - WON'T YOU BE MY VALENTINE? Pretty Elsie Renae Hillman, an 19-year-old English major at Livingstone College, Salisbury, N.C. is our unanimous choice of "1977 Valentine Sweetheart."

A native of Washington, D.C., Elsie is a 1974 graduate of Theodore Roosevelt High School, where she was editor of "Rough Riders" newspaper. She is the youngest and only girl of a family of four youngsters born to Mr. and Mrs. Milton Hillman of 4512 Quarles St. N.E.

A Scorpio, who is a diminutive 5'4 1/2", Elsie's hobby is sketching and her favorite color is blue. Her preference is music is jazz. Her plans, upon graduation from Livingstone, are to enter graduate school and pursue an advanced degree in journalism.

### Call To Place Your Classified Ad 688-6587

A Marvelous Meat Loaf With Tangy 'Kraut'



Moist and marvelous-tasting, the flavors of sausage and sauerkraut compliment each other in this hearty meat loaf. Have it plain or baked with a sweet-sour tomato glaze. Serve to the family for dinner with a green vegetable and sauteed apple slices.

Any leftovers? For a delicious, inexpensive lunch or quick supper, turn the remaining meat loaf into open-face sandwiches with a bubbly cheese top. Spread rye bread slices with Thousand Island dressing; top each with a thin slice of meat loaf. Heat under the broiler for a few minutes; top with Swiss cheese slices and return to broiler just until cheese melts.

- Sauerkraut Meat Loaf
- |                                   |                                 |
|-----------------------------------|---------------------------------|
| 1 can (16 oz.) Libby's Sauerkraut | 1 teaspoon salt                 |
| 1 medium onion, chopped           | 1/8 teaspoon thyme              |
| 1 garlic clove, minced            | 1/8 teaspoon pepper             |
| 1 tablespoon butter or margarine  | 1 lb. ground beef chuck         |
| 2 eggs                            | 1 lb. bulk sausage meat         |
| 1/3 cup milk                      | 2 cups rye bread crumbs         |
| 1 tablespoon prepared mustard     | 1 cup Libby's Ketchup, optional |
|                                   | 1/3 cup brown sugar, optional   |

Preheat oven to 375°. Drain sauerkraut well and snip or chop fine. Saute onion and garlic in butter until soft. Beat eggs slightly in large bowl; stir in milk, mustard, salt, pepper and thyme. Add sauerkraut, onion mixture, ground beef, sausage and bread crumbs; mix thoroughly. Shape into a loaf; place in shallow baking pan. Mix ketchup and brown sugar in small bowl; set aside. Bake meat loaf at 375° for 1 hour, basting with ketchup mixture after 40 minutes if you wish. Pass remaining basting sauce at the table. 8 to 10 servings.

### INFOGRAMS

By Mary J. Whitmore, Home Economist



#### SUPERMARKET GAME

Between the in-door of the supermarket and the check-out counter, you'll find many techniques that encourage you to buy. But if you're aware of these devices, you may save yourself some money.

Notice what items are placed at eye level. It's a valuable spot - one you're likely to notice. How many items that you buy come from that level, rather than off the bottom shelf? Special displays at the ends of the aisles are choice spots for sales since you'll be passing around them. And "kiddie displays" are placed especially to attract youngsters' restless eyes.

Hitchhiking is another technique. Salad dressings are next to the produce. Chips and dips and crackers and cheese are found together. If you buy one item, sellers hope you'll buy the companion product.

Perhaps the greatest consumer hazard in the supermarket game is impulse buying... especially near the checkout line. While you stand there, waiting, gum and candy easily find their way into your cart.

Pricing is another sales technique. The advertised loss leader or super special of the week may draw you to the store. Once you're there, the grocer hopes you'll buy additional items.

Packaging is a silent salesman. Size, shape and color are keys to attracting your attention. Be aware of which items dominate the shelves.

You can win the supermarket game. Awareness and information can help you shop wisely.



**ADVERTISED ITEM POLICY** Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad.

PRICES EFFECTIVE THRU JAN. 22 IN DURHAM

#### GARDEN FRESH PRODUCE

FLORIDA FANCY **ORANGES** 5 **59**<sup>c</sup> lb. BAG

WASHINGTON STATE X FANCY, RED, GOLDEN OR WINESAP **APPLES** 3 lbs. **1**<sup>59</sup>

PERFECT FOR SALADS, CAL. GREEN SKIN **AVOCADOS** 3 **1**<sup>00</sup> LARGE 20 SIZE

CAL-GROWN SUNKIST LARGE 88 SIZE **ORANGES** EACH **10**<sup>c</sup> (OR 10 FOR \$1.00)

LOFT'S BRAND **BIRD SEED** 10 lbs. **1**<sup>77</sup> 5 Qt. Bag **POTTING SOIL** **99**<sup>c</sup>

**A&P SUGAR** 5 lb. BAG **58**<sup>c</sup>

STOKELY VAN CAMP **PORK & BEANS** 4 16 oz. CANS **88**<sup>c</sup>

**CLOROX LIQUID BLEACH** 128 oz. SIZE **59**<sup>c</sup>

#### FROZEN FOOD ITEMS

A&P CHOPPED OR LEAF **SPINACH** 5 10 oz. PKGS. **1**<sup>00</sup>

A&P CONCENTRATED **ORANGE JUICE** 2 12 oz. CANS **79**<sup>c</sup>

A&P **FRENCH FRIES** 5 lb. PKG. **1**<sup>39</sup>

BREYER'S **ICE CREAM** 1/2 Gal. CTN. **1**<sup>59</sup>

**You can win \$1000!**

**A&P super cash bingo**

48 WAYS TO WIN CASH AT YOUR A&P! GET YOUR FREE CARD TODAY!

**LIBERTY BELL**

**INNERWARE**

THIS WEEK'S FEATURE

**SAUCER 69**<sup>c</sup>

WITH EACH \$6.99 PURCHASE

#### A&P QUALITY MEAT

**BONELESS ROAST** \$1<sup>28</sup> lb.

**BONELESS SHOULDER SWISS STEAK** \$1<sup>48</sup> lb.

**SIRLOIN STEAKS** \$1<sup>49</sup> lb.

**WHOLE BOTTOM ROUND** 18-24 lb. AVERAGE \$1.19 lb.

**BAKING HENS** 59<sup>c</sup> lb.

**BOX-O-CHICKEN** 35<sup>c</sup> lb.

**T-BONE STEAK** \$1<sup>59</sup> lb.

**SMOKED HAM** 88<sup>c</sup> lb.

**GROUND CHUCK** 98<sup>c</sup> 3 lbs. OR MORE lb.

**ALL MEAT BOLOGNA** 1 lb. VAC. PK. 88<sup>c</sup>

**FRIED CHICKEN** 2 lb. BOX \$1<sup>89</sup>

**WAFER THIN LUNCHEON MEATS** 3 oz. BAG 49<sup>c</sup>

**ORKNEY SAUSAGE** 1 lb. ROLL 79<sup>c</sup>

**LIVER SAUSAGE** BY THE PIECE lb. 49<sup>c</sup>

**OLD FASHION SAUSAGE** 2 lb. PKG. \$1<sup>39</sup>

**GROUND BEEF** 5 lb. PKG. \$3<sup>39</sup>

**PORK CHOPS** 1/2 Lb. SLICED 99<sup>c</sup>

**OSCAR MAYER BRAND SLICED BACON** 1 lb. PKG. \$1<sup>49</sup>

**ALLGOOD HOT DOGS** 2 12 oz. PKGS. \$1<sup>00</sup>

**MUELLER'S SPAGHETTI** 2 1 lb. PKGS. \$1

**ANN PAGE SPAGHETTI SAUCE** 32 oz. JAR 79<sup>c</sup>

**ANN PAGE GRAPE FRUIT JUICE** UNSWEETENED 46 oz. CAN 2 FOR \$1<sup>00</sup>

**A&P APPLE JUICE** 32 oz. SIZE 2 88<sup>c</sup>

**OUR OWN TEA BAGS** 150 ct. PKG. \$1<sup>49</sup>

**ANN PAGE SALAD MUSTARD** 34 oz. JAR 59<sup>c</sup>

**ANN PAGE PEACH PRESERVES** 18 oz. JAR 69<sup>c</sup>

**EIGHT O'CLOCK INSTANT COFFEE** 10 oz. JAR \$2<sup>69</sup>

**A&P NON DAIRY CREAMER** 16 oz. JAR 99<sup>c</sup>

**BAKERY ITEMS**

**MARVEL SANDWICH BREAD** 3 1 1/2 lb. LOAVES \$1<sup>00</sup>

**JANE PARKER HONEY BUNS** 2 79<sup>c</sup>

**JANE PARKER LEMON PIE** 22 oz. 89<sup>c</sup>

**MARVEL BATHROOM TISSUE** 40 oz. BOX 69<sup>c</sup>

**PALMOLIVE LIQUID** 100 OZ. 22 oz. 79<sup>c</sup>

**SUPER SUD DETERGENT** 40 oz. BOX 89<sup>c</sup>

**FROM THE DAIRY**

**CHEESE FOOD SLICES** 12 oz. PKG. 99<sup>c</sup>

**PILLSBURY'S BUTTERMILK BISCUITS** 4 8 oz. CANS 59<sup>c</sup>

**A&P HALF MOON LONG HORN CHEDDAR CHEESE** 10 oz. PKG. \$1<sup>09</sup>

**CHIFFON WHIPPED MARGARINE** 16 oz. TUB 69<sup>c</sup>