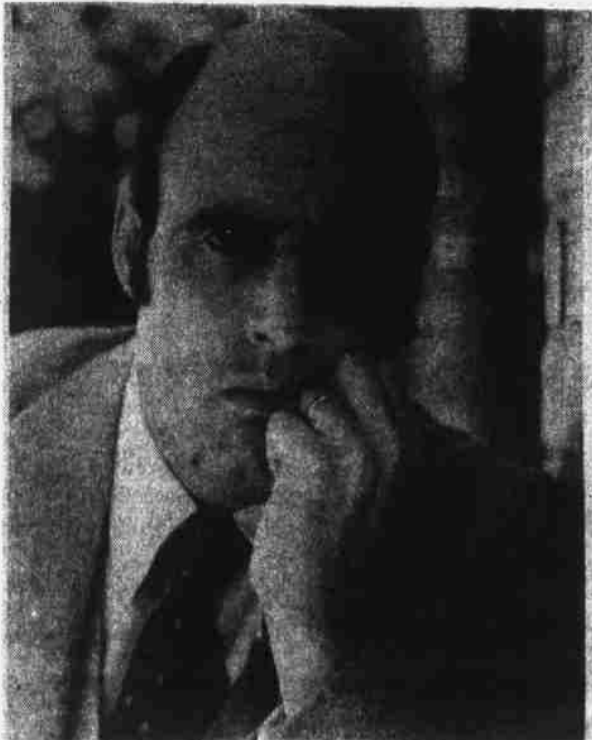


Profile



Energetic Jeffrey Tambor scrambled for roles

Jeffrey Tambor's first major impact on the television and film industry was made with his performance in 'Sly Fox' on Broadway and in Los Angeles. In New York he began with a small role and an opportunity to understudy the role of Able, in which he appeared after Hector Elizondo left the show. When the production moved to Los Angeles' Shubert Theatre, he played Abner Truckie, the jealous husband, for four months.

This exposure generated television offers, and Tambor guest starred in ABC's 'Taxi' and 'Starsky & Hutch' series prior to being signed for 'The Ropers.' Tambor is also making his feature film debut in a leading role in Norman Jewison's 'And Justice for All' as Al Pacino's law partner.

A native of San Francisco, Tambor began studying at private drama schools at age 11. After graduation from Lincoln High School, he received his B.A. degree from San Francisco State University. He then obtained a master's degree from Wayne State University in Detroit, where he also completed all work except for a dissertation toward a Ph.D. in Speech and Theatre.

Tambor joined the Old Globe Theatre in San Diego where he did Shakespeare. Moving to Milwaukee, he not only performed in Moliere's 'School for Wives' in the role of Arnolphe, in which he also toured the Midwest, but co-authored the book for musical comedy, 'Altogether Now.' At the Louisville, Ky., Actors Theatre, Tambor played 'Tartuffe,' directed 'One Flew Over the Cuckoo's Nest,' and also acted in 'Journey of the Fifth Horse.'

Early in 1977, Tambor moved to New York where he initially appeared in television commercials. His first stage role there was as Elbow in 'Measure for Measure' for Joseph Papp's Shakespeare Festival. His other stage credits include 'A Flea In Her Ear' at the Ford Theatre in Washington, D.C.

The Tambors and their daughter Molly, five, live in an apartment in New York, and have a home in Los Angeles. The actor's avocational interests include music, reading, bicycling and swimming.

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MAKING LIFE MORE FUN

BEE POLLEN CALLED AID TO STAYING YOUNG



Patrick Macnee

PATRICK MACNEE, the dapper British star of syndicated TV hit show The New Avengers, believes Americans may have found the secret of staying young.

"The astonishing thing is that the secret has been under our noses for 40 million years," he says. "It's a very simple thing—all you have to do is eat like a honeybee."

The food honeybees eat is called bee pollen and it is the sole source of energy for those tiny, busy miracles of nature.

"The funniest thing of all," Macnee adds with a laugh, "is that Americans are taking English bee pollen more than any other kind—and I had to come to America to discover that."

"The amount of poison we unconsciously put into our bodies has to be counteracted by natural foods such as bee pollen, which contains every nutrient needed by your body to regenerate living cells. In fact bee pollen contains every vitamin, every mineral, all the amino acids, enzymes, and co-enzymes you need for optimum health and daily energy. This super daily supplement can be bought in local health food stores."

Macnee believes that English bee pollen, along with a proper diet and exercise, can change your whole life.

For exercise, he believes in yoga and also endorses lying flat. "The pull of gravity is one of the greatest killers in the world," he says. "That's why yoga is so good—to stand on your head, to do things where your guts go in the opposite direction, your insides get a message with these exercises."

"If you were meant to do nothing, you wouldn't have arms and legs. You'd be an inert mass."

At 57, Macnee is anything but an inert mass as the invincible Steed on The New Avengers.

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Rise Gonna Rise

By Mimi Conway

"A tough yet touching examination of those whose lives have been inexorably altered by the Stevens Mills...Mimi Conway has focused her considerable reportorial skills in a devastating indictment...."

—James Wooten
New York Times
Book Review

"A moving and graphic account that is reminiscent of exposes written in the early decades of this century."

Publishers Weekly

"This brief, affecting book is one of those personalized...studies of an event that often tells us a great deal more than volumes of scholarly history. For anyone concerned with basic human justice..."

—Library Journal

RISE GONNA RISE by Mimi Conway is an incredible powerful book which has captured the human history of the changing South. The place is Roanoke Rapids, North Carolina; the people are Southerners immersed in the struggle of textile workers to unionize the nation's number one labor law violator, the J.P. Stevens Company. By interviewing the families of those caught in this bitter confrontation, Conway has chronicled the most important labor battle of this decade and its input on the economic development of the South.

About The Author

MIMI CONWAY is an investigative journalist whose articles have appeared in Time, Newsweek, Newsday, The Village Voice, Atlantic Monthly, Esquire, The New York Times, The Washington Post, and many other newspapers and magazines. Earl Dotter's photographs have received national recognition in gallery exhibits, in the United Mine Workers Journal, and from magazine awards.

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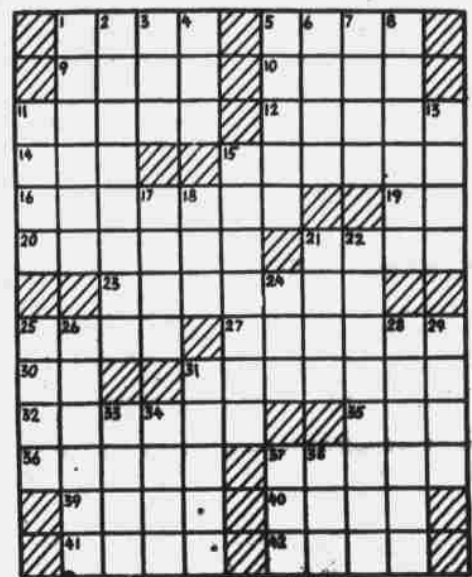


The U.S. exports more than a billion dollars worth of petroleum and petroleum products a year, reports the U.S. Commerce Dept.

CROSSWORD

Answer

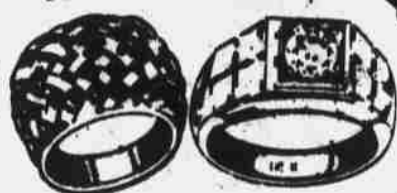
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|-------------------------|----------------------------|--------------------------|
| ACROSS | 5. Sports | 21. On the ocean |
| 1. Thick slice | 6. Eager | 22. Resolute |
| 5. Dress | 7. Sounded, as a bell | 24. Unit of work |
| 9. Own | 8. Respite | 25. Book clasp |
| 10. Culture medium | 11. Greek letter | 26. Affix |
| 11. Scene of confusion | 13. City on Hudson River | 28. Florida city (poss.) |
| 12. French artist | 15. In addition | 29. Droops |
| 14. Sin | 17. Ornamental clasp | 31. Pauses |
| 15. Mendicant | 18. Norse goddess of death | 33. Voided escutcheon |
| 16. Instructs | | 34. King of beasts |
| 19. Toward | | 37. Wallaba |
| 20. Muddles | | 38. Lair |
| 21. Deadly pale | | |
| 23. Most unctuous | | |
| 25. Musical instrument | | |
| 27. Reveries | | |
| 30. Close to | | |
| 31. Finery | | |
| 32. Shoulder wraps | | |
| 35. A wit | | |
| 36. French city | | |
| 37. A U.S. President | | |
| 39. Coagulate | | |
| 40. Persian fairy | | |
| 41. Fowl | | |
| 42. Industrious insects | | |



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