Americans are being bombarded daily with radiation given off by power lines, radio and microwave transmitters, even home appliances, and research indicates it may be extremely hazardous to their health.

Science writer Lowell Ponte writes in the January Reader's Digest: "At issue is electromagnetic pollution - 'electric smog''-the unseen energy waves that spread outward like ripples in a pond around every electrical device we use. And we use many. The United States is wired with a half a million miles of highvoltage power lines. For communications we depend on 250,000 microwave relay links .... nine million broadcasting transmitters and microwave relay stations, and thirty million CB radios flood our airwaves." The list goes on, and it is long.

The Soviet Union and its Eastern European sattelites have conducted extensive research on the effects of electric smog. findings: Their "Electromagnetic fields may cause of host of health problems, including hypertension. heart attacks, headaches, sexual dysfunction, drowiness, nervous exhaustion and blood disorder," Ponte writes.

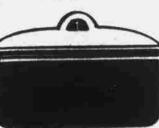
Whether they knew of these effects at the time or not, the Soviets for fourteen years bombarded the U.S. Embassy in Moscow radar-like microwaves. Though the practice has since been stopped, former embassy personnel "exhibit a higher rate of cancer than the American average, and two U.S. ambassadors in Moscow sub jected to this microwave radiation have died of cancer," Ponte continues.

Further, medical researchers at the University of Colorado have discovered that the death rate for certain cancers, leukemia among them, is higher than average in homes within 130 feet of highcurrent power lines. This may be attributed to the fact that electric smog interrupts the body's biological rhythms, putting a greater stress on the body and making it less resistant to disease.

The Soviet Union, as a result of its research, has imposed strict limits or the amount and duration of microwave emissions a person may absorb. The U.S., in contrast, has no legal restrictions for electromagnetic radiation exposure, and its formal guidelines are vastly looser than those of the U.S.S.R. (the Soviet criterion is 1000 times tougher for workers, 10,000 times tougher for civilians).

Ponte notes that Representative El.zabeth Holtzman (D., N.Y.) has already asked the White House to consolidate authority over electromagnetic radiation.

Other procedures to help protect people from overdose of radiation would include independent, objective research on the problem, legal safe standards for exposure and shielding of highvoltage lines by putting them underground.







**U.S. #1 WHITE** POTATOES 10-LB. **VENT VUE** BAG 20-LB. VENT WAR BAG \$1.56

PRODUCE PATCH

HARVEST FRESH 🛞

GREEN

CABBAGE

EASTERN RED DELICIOUS

**TANGELOS** 

**POTATOES** 

**POPCORN** 

**CARROTS** 

U.S. #1 YELLOW

**ONIONS** 

**MUSHROOMS** 

HARVEST FRESH 🗞

**BROCCOLI** 

BUNCH

POPSRITE YELLOW

FLORIDA

U.S. #1 SWEET

APPLES II. 39C

(LOOSE

10 roe \$1.29)

54 98c

ш. 22c

提 \$1.29

8-0Z. 89C

2-LB. 49C

BAG 48C

WE'VE EARNED THE NAME ....

## the beef people

At Winn-Dixie We Sell Only U.S. Choice Heavy Grain-Fed Mid-Western Beef. Our Beef Is Closer Trimmed Of Excess Bone & Fat Before It Weighed & Sold To You!







DO SO-CALLED "EVERYDAY LOW PRICES" SAVE YOU **ENOUGH? WE DON'T THINK SO!** 

We Have Everyday Low Shelf Prices On Many, Many Items Plus We Offer You The Additional Savings On Early Week "SIZZLERS" & Weekend Special Every Week!

That's Why We Urge You To Read Our Ads & Shop Our Specials & You'll Discover What Hundreds Of Thousands Of Winn-Dixie Customers Already Know ....

**NOBODY SAVES YOU MORE** THAN WINN-DIXIE!



3700 Ghapel ---







