

Sex Ignorance

One Cause Of Teenage Pregnancy



GETTIN READY FOR THE JUMP

A female paratrooper from the 82nd Airborne Division at Fort Bragg, receives help with her gear before taking part in Dragonteam 80, a massive airdrop of 2,400 troops and equipment on Eglin Air Force Base in Florida. UPI Photo

NEW YORK, NY — Why are school boards throughout the country considering sex education and family life programs? Here are some of the reasons:

Each year more than one million teenagers become pregnant.

Seventy percent of pregnant teenagers do not finish school.

More than a quarter-million cases of VD among teenagers are reported annually.

One of every five 13- and 14-year-olds has already had sexual intercourse; more than half of all teenagers are sexually active before age 20.

In *Schools and Parents — Partners in Sex Education*, Sol Gordon and Irving R. Dickman offer parents and teachers guidance on how they can

provide young people with the information and values they need to develop healthy, responsible, and mature sexuality. The 28-page Public Affairs Pamphlet includes a model curriculum for family life education programs and a list of resources for further information. Copies are available for 50 cents each from the non-profit Public Affairs Committee, 381 Park Avenue South, New York, N. Y. 10016.

Just about everyone agrees that the primary responsibility for sex education lies with parents. "One problem," Gordon and Dickman point out, "is that too many parents are uncomfortable in the role of sex educator....All too often parents are confused,

concept, a greater self-respect and self-worth — and that means not agreeing to unwanted sex 'because he won't take me out again if I don't,' or because 'everyone's doing it'."

•An understanding of love and the sexual dimension of life;

•A better preparation for marriage and for parenthood;

•A more knowledgeable and value-based approach to sexual decision-making (so that the question is not 'why not?' but 'why yes?')....

The key to an effective sex education program is the extent to which students are helped to understand the basis of their decisions, why they do what they do — and the consequences."

"Schools need parents as partners if the sex or family life education program is to succeed," Gordon and Dickman stress. "Even to begin such a program, the schools need parents' support." They outline many ways parents and schools can work together.

Schools and Parents — Partners in Sex Education is No. 581 in the Public Affairs Pamphlet series, now in its 45th year. This highly regarded series includes many titles on family relationships, physical and mental health, and social issues. All pamphlets are 50 cents each; a catalog is available on request.

So far, only 15 or 20 local school systems offer adequate sex education or family life programs, Gordon and Dickman estimate. "As a nation, we haven't really tried sex education yet."

Sex education should deal with anatomy and biology, but also with feelings, attitudes, standards, and human relationships. "At a minimum," Gordon and Dickman suggest, "a good sex education program ought to help young people to achieve:

•An enhanced self-

Three outstanding 4-H'ers from Durham County joined some 167 Tar Heel youth at the State 4-H Electric Congress July 14-16 at East Carolina University in Greenville.

The delegates were Mark Wilkinson, Freddy Reeves, and Doug Ferrell from the Nelson Community.

Kenneth J. Crawford, Assistant Extension Agent, said delegates were selected for achievement in their 4-H electric projects.

The highlight of the congress came Monday night with the announcement of a state winner and territorial winners and runner-up in the 4-H electric project.

On Tuesday, delegates listened to project reports and viewed electric demonstrations and exhibits during the morning, and went to Nags Head and Kill Devil Hills in the afternoon.

The 4-H Electric Congress is sponsored by Carolina Power and Light Co., Duke Power Co., Nantahala Power and Light Co., Virginia Electric and Power Company and the Westinghouse Educational Foundation, in cooperation with the N.C. Agricultural Extension Service.

Durham County 4-H'ers Visit Electric Congress

Among the surprising variety of fresh and nutritious seafood available from Virginia waters is a fish that "talks." The distinctive drumming croaker produced by this lean, mild tasting fish gives rise to its name, the croaker.

Virginia watermen land rich harvests of croaker from March through late fall. These are the months when budget-conscious consumers can get their best bargains on this already economical seafood delight at their local retail seafood counter.

It used to be that croaker and other such finfish from Virginia provided a delicious change of taste for fishers, but hardly anyone else. But today, thanks to modern processing and the state's rapidly growing seafood industry, fresh Virginia seafood is shipped throughout the eastern half of the United States.

To experience the delectable difference that croaker, properly prepared, can make in your diet, try this recipe, a long-time favorite of Virginia

ner and territorial winners and runner-up in the 4-H electric project.

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"Absence sharpens love; presence strengthens it." Thomas Fuller

THE 'TALKING' FISH



Among the surprising variety of fresh and nutritious seafood available from Virginia waters is a fish that "talks." The distinctive drumming croaker produced by this lean, mild tasting fish gives rise to its name, the croaker.

Chef Andrew Revella of the Chamberlin Hotel in Hampton.

CROAKER FRANCHISE
4 small croaker (8-10 oz. boned)
4 slices white bread
4 large eggs
1 bottle dry white wine
4 lemons
flour
1/4 lb. butter

Heat butter in saute pan. While butter is heating break and beat eggs. Dip bread into egg and place in frying pan. While the bread is frying dredge the croaker in flour. Then place dredged croaker into the egg. After removing the fried bread, place croaker in pan. Slice two of lemons into eight slices each. Slice each piece of bread into four triangles. Then arrange on a plate. By now it's time to turn the croaker. When you turn the croaker on its back side, squeeze the juice of the two lemons and pour about four ounces of the white wine over the fish. Salt and pepper to taste. Allow to saute for five minutes. Serve the remaining wine with the fish.



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PLUS DEPOSIT LIMIT 2 PLEASE

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Tail-Less T-Bone Steak

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USDA CHOICE

U.S. GOV'T GRADED CHOICE, BEEF CHUCK ARM

Boneless Boston Roll Roast... lb. **\$2.29**

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Picnic Pork Roast... lb. **79¢**

14-17 LB. AVG. WHOLE SEMI-BONELESS

Smoked Ham... lb. **89¢**

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Grade A Large Eggs

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Wishbone Fried Chicken

Each **\$3.99**

INCLUDES: 2 THIGS, 2 DRUMSTICKS, 2 BREASTS

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Potato Salad... lb. **79¢**

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Cinnamon Rolls... 6-Ct. Pkg. **99¢**

EMBASSY

Mayonnaise

QUART JAR **89¢**

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Potted Meat... 3-oz. Can **19¢**

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Graham Crackers... 1-lb. Box **69¢**

KROGER

Raisin Bran... 20-oz. Box **99¢**

KROGER

Pork 'N' Beans

16-OZ. CAN **23¢**

EVERYDAY LOW PRICE

KROGER

Avondale Catsup

QUART BTL. **69¢**

EVERYDAY LOW PRICE

114 SHEETS PER ROLL

Fleece Towels

SINGLE ROLL **44¢**

EVERYDAY LOW PRICE

CHAMP RATION

Dog Food... 25 lb. **\$2.89**

COUNTRY OVEN

Donuts... 12-Ct. Pkg. **59¢**

COUNTRY OVEN

Angel Food Cakes... 16-oz. Pkg. **99¢**

Avondale

Macaroni... 1-lb. Bag **39¢**

COUNTRY OVEN

Potato Chips

8 OZ. BAG **69¢**

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AVONDALE

Fruit Cocktail... 16-oz. Can **44¢**

3-INCH ST. BROS.

Paper Plates... 100-Ct. Pkg. **79¢**

WHOLE KERNEL OR CREAM STYLE

Avondale

Corn... 16-oz. Can **27¢**

KROGER

Luncheon Meat... 12-oz. Can **95¢**

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Avondale Tuna

6.5-OZ. CAN **65¢**

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KROGER

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AVONDALE CUT

Green Beans... 16-oz. Can **23¢**

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Marshmallows... 1-lb. Bag **49¢**

KROGER

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