

Calendar and Announcements

ORANGE COUNTY WOMEN'S CENTER will hold elections for the Board of Directors on April 27. Voting will take place at a pot-luck supper/celebration of the first year. Anyone who lives or works in Orange County is invited to join The Women's Center and become involved in its programs. To vote in the April election, new members should join before March 20. In order to join the Center, stop by and sign up at 406 West Rosemary Street, Monday-Friday, 9-5, or send your name and address to P.O. Box 1057, Chapel Hill, N.C. 27514. All members are asked to contribute one to twenty hours of volunteer work at the Center, \$1 - \$20 or a combination such as ten hours and \$10.

SHEPARD JUNIOR HIGH PTSA will meet Tuesday, March 17, at 7:30 p.m., in the cafeteria. The program will be concerned with "Positives and Negatives of Peer Pressure at Shepard Junior High School." All parents and interested citizens are encouraged to attend.

FUN AT THE YWCA (children 8-11 years old) Saturdays from 10 a.m. to 2 p.m. — games, crafts, outdoor games, etc. Call 688-4396 for more information. Come join in the fun.

INTERNATIONAL WOMEN'S DAY — The Honorable Karen B. Galloway, Durham District Court Judge, will be the guest speaker at a celebration of International Women's Day, planned by the Durham Chapter, National Council of Senior Citizens, on Saturday, March 14, at 10:30 a.m., at the Henderson Towers Senior Center, 807 South Duke Street. There will be music and refreshments. Admission is free.

DAISY AUTOMATIC SCHEDULE — DAISY is a 24 hour telephone/tape service provided by Durham Technical Institute. During the hours 1-9 p.m. Monday-Thursday and 1-5 p.m. on Friday, any tape in the DAISY program is available by calling the DAISY Operator at 596-0611. When the DAISY Operator is not on duty, ten tapes are available. Dial the phone number listed and the tape will play automatically.

- March 9 - 15**
- 596-0610 — Top Ten Records
 - 596-0611 — DAISY: Weekly Automatic Schedule
 - 596-0612 — Job Service: Openings Available Thru Employment Security Commission
 - 596-0613 — VITA (Volunteer Income Tax Assistance)
 - 596-0614 — Vocabulary Development No. 9
 - 596-0615 — Facts About Abortion
 - 596-0616 — Social Security: Children and Student Benefits
 - 596-0617 — Edward R. Murrow (1919-1924)
 - 596-0618 — Exercise
 - 596-0619 — Gunsmoke

The Last Show on Radio send a self-addressed, stamped, regular business envelope to DAISY, Durham Technical Institute, P.O. Box 11307, Durham, NC 27703.

3-2-1 CONTACT ACTIVITIES — In conjunction with the popular television program, 3-2-1 Contact, the N.C. Museum of Life and Science is offering hands-on activities related to the weekly theme of "Near and Far" from 1:30-3:30 p.m. on Saturday, March 7. Bring the family to participate in this series of 3-2-1 Contact Saturday programs.

SNAKE DEMONSTRATION — Saturday, March 7, 3:30, at the N.C. Museum of Life and Science, 433 Murray Avenue.

PETTING ZOO will be open at 10:30 a.m. on Saturday, March 7, for special demonstrations and activities. Bring the family out to get a close view of the barnyard animals at the N.C. Museum of Life and Science.

SCARBOROUGH NURSERY BOARD OF DIRECTORS will hold its regular meeting on Tuesday, March

10, at 1 p.m., in the school on Queen Street. Members are urged to attend.

DURHAM COUNTY SCHOOLS MENUS — **MARCH 9-13: Breakfast:** Mon.-Cinnamon toast, juice, milk; Tues.-Scrambled eggs, orange slices, toast, milk; Wed.-Cereal, juice, milk; Thurs.-Pancakes, applesauce, milk; Fri.-Cheese toast, sliced peaches, milk.

Lunch: Mon.-Hot dog w/chili, corn w/green peppers, crisp vegetable sticks, cake w/frosting, milk; Tues.-Barbecue on bun, coleslaw, mixed vegetables, chocolate cake, milk; Wed.-Spaghetti w/meat sauce, tossed salad, buttered broccoli, French bread, pudding w/topping, milk; Thurs.-Meat loaf, green peas, corn on cob, hot roll, orange slices, milk; Fri.-Chicken salad sandwich, pickle spears, fruit cup, milk.

DO YOU WANT TO LEARN TO read? master Tae Kwon Do? communicate with your deaf uncle? disco dance? knit? weld? do macrame? complete college where you left off 30 years ago? cook a la Julia Child? understand Chinese? certify yourself in a trade? finish high school? change jobs? LIFT yourself to Project LIFT at the Durham County Library!

BACKGAMMON — Backgammon instruction and tournament play every Tuesday at West Durham Recreation Center. Fee is \$5 per month. Time: 7:30. Bring your own set, if you like. For more information, contact Alden Jackson at 683-4355.

THE METROPOLITAN OPERA presents "Salome" by Richard Strauss with Gwyneth Jones as Salome and Mignon Duna as Herodias, Saturday, March 7, 2 p.m., WUNC-Radio, 91.5 FM.

JAZZ-DISCO CLASS — Carrboro Recreation and Parks Department will sponsor a six week Jazz Disco class for youth ages eight to twelve beginning March 17. The class will meet on Tuesday and Thursday nights 6-7. Each youth will learn to disco dance with easy jazz dance warm-ups, fun beats, and routines. Instructor for the class will be Ms. Nancy Wilder. Pre-registration is required and is held on a first-come-first serve basis. There is an \$8 registration fee for the class.

For more information, call 942-8541, ext. 203.

ROSE SHOW — Plans for the twelfth annual Rose Show, sponsored by the Chapel Hill Rose Society are underway. The show will open to the public Friday and Saturday, May 22-23, in the west court of Chapel Hill's University Mall.

All show exhibits and competition will be open to home rose growers and arrangers who desire to participate in categories including sixteen divisions of horticulture, plus divisions of miniature, old-fashioned roses, and artistic (floral arrangements). Awards in all categories will be at the discretion of accredited judges from outside of the Chapel Hill area.

CRAFTSMEN TO TELL "HOW-TO" — Authentic early American crafts as practiced in Colonial Williamsburg will be demonstrated in Raleigh and Durham this spring.

Four Colonial Williamsburg craftsmen will present a series of lectures and crafts demonstrations March 16 through June 14 at Durham's Stagville Preservation Center with identical sessions in the Archives/Library Building in Raleigh.

A gunsmith, a cabinetmaker, a woodwright and a bookbinder will demonstrate their specialties and offer lectures on the subjects during an eight-part series sponsored by Stagville Preservation Center and the Department of Cultural Resources' archaeology and historic preservation section. The programs are free of charge and open to the public and interested professionals.

Two Colonial Williamsburg films on archaeology and historic preservation entitled "Doorway to the Past" and "Williamsburg Restored" will be presented on Monday, March 16 and will serve as part of the introduction to the series. The films, beginning at 7:30 p.m., will be shown in the auditorium of the Archives/Library Building, 109 E. Jones St., Raleigh.

SERIES OF SPRING WORKSHOPS — A lively series of workshops in March and April is designed for area residents by the Duke University Office of Continuing Education. This series invites you to:

- Learn to speak French or Spanish in one day.
- Discover why a message has power and effectiveness from one person whereas the same message sounds weak and illogical when stated by another.
- Raise funds effectively for your small or new non-profit agency.
- Prepare for the Graduate Record Exam.
- Investigate alternative college degree programs.

Registrations in each workshop are limited and will be accepted in order of receipt. Phone inquiries are welcome at 684-6259, Office of Continuing Education at Duke University.

Adults considering a return to school will be interested in:

Non-Traditional Degree Programs, on Thursday, March 19, 6 p.m., \$20. Workshop will offer information and advice on alternative learning programs where

one can earn a degree without necessarily returning to a college campus.

GRE Informational Session \$15 fee includes study outline and preparation manual for the Graduate Record Exam. Wednesday, March 18, 7-10 p.m.

People planning to travel abroad, or people who are thinking about taking a foreign language course next year will enjoy *One Day Language Courses for Travelers*. Will teach: how to use a new language for greetings, polite expression, use of numbers and currency, asking directions, shopping, and so on. The \$30 fee includes lunch and materials. Saturday, April 4, 9 a.m.-4 p.m. the language is Spanish. Saturday, April 11, 9 a.m.-4 p.m., the language is French.

How something is said can often be as important as what is said. This subject will be dealt with in a workshop entitled *Language and Power: Does Your Speech Adequately Reflect Your Social Position?* William O'Barr, professor of anthropology at Duke is a sociolinguist who will focus this workshop on speech mannerisms characteristic of powerful and effective men and women. Sunday, March 22, 2-6 p.m., \$20.

Shaking the Money Tree is an all-day workshop or fund raising to be held on Saturday, April 4, 9 a.m.-3 p.m. Basic fund raising techniques will be taught by a panel of experienced leaders. \$25.

Continuing Education Units are awarded to workshop participants and a transcript is begun for them at Duke University. There are no prerequisites for enrollment in these courses.

THE ART LOFT GRAND OPENING — A new art gallery is opening at Five Points in Downtown Durham, Saturday. The gallery is being run by local artists featuring original paintings, photographs, and pottery. New and lesser known artists are encouraged to show their works at the Art Loft. Located upstairs on the corner of Main and Chapel Hill Streets above the Plaza Restaurant, Gallery hours will be Saturday and Sundays from 11 a.m. until 9 p.m. and by appointment.

The opening show will include paintings and photographs by Renee Andrews, Bill Bamberger, Daniel Ellison, Chad Hughes, Roger Manley and Alan Weider.

The Art Loft will have a grand opening wine and cheese reception on Sunday, March 8, 1-5 p.m. at the gallery. For more information, call Dan Ellison at 688-3791, Alan Weider at 489-7108, or Chad Hughes at 471-9466.

More Announcements
Entertainment Section

Worcestered Pot Roast Conveniently Seasoned



There are many ways of seasoning pot roasts. The German Sauerbraten-style is marinated for days in vinegar and spices. Swedish cooks simmer the meat with bay leaves, anchovies and a bit of brandy. But one of the easiest ways, and one of the tastiest, is to use the original Worcestered pot roast as the main seasoning—for a rich, browned flavor. Here we've "worcestered" a can of tomato sauce with onion, salt and a dash of sugar, and created a subtle barbecue flavor. It's an inviting combination with the beef, carrots and potatoes.

- BAKED WORCESTERED POT ROAST**
- | | |
|---|--|
| 2 tablespoons vegetable oil | 1 1/2 teaspoons salt |
| 3 1/2 pound boneless bottom round or beef chuck roast | 4 cups peeled and quartered potatoes |
| 1 can (8 oz.) tomato sauce | 2 cups carrots, cut into 2-inch pieces |
| Water | 1 jar (16 oz.) boiled onions |
| 1 tablespoon Lea & Perrins Worcestershire Sauce | 1 tablespoon all-purpose flour |
| 2 teaspoons sugar | |

Preheat oven to 350°F. In a heavy sauce pot heat oil until hot. Add beef; brown on all sides. Add tomato sauce, 3/4 cup water, Worcestershire Sauce, sugar and salt. Cover and bake for 2 hours. Add potatoes, carrots and onions. Continue to bake, covered, until beef and vegetables are tender, about 1 hour. Transfer beef and vegetables to a serving platter. Combine flour with 2 tablespoons water. Blend into liquid in sauce pot. Cook and stir over low heat until thickened, about 1 minute. Serve over sliced meat. YIELD: 6 to 8 portions.



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Two-way stretch pants of woven Dacron® polyester... swing into action. Concealed elastic sewn in waistband. Misses sizes in proportioned lengths.

Reg. \$13 **8⁹⁹**

Shirt with a tropical flavor... that's this polyester and rayon shirt. Breezy styling in a bright, balmy print for misses sizes.

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DUPONT Dacron

Sale ends Saturday

1/3 OFF

Entire Stock! Spring all-weather coats
ENTIRE STOCK REDUCED 1/3!

Great styles for misses, petites and half-sizes! Trenches, wrap styles, classic and brand new ideas! And every one on sale right now!

Endurables long-lasting hosiery SALE!

25%-33% OFF

SEARS SUPER VALUES

Save on Sears Best panty hose and stockings! Endurables lasted an average of 18 wearings in a wear test with 400 women. Thru March 21.

\$1.49 Knee Highs	2 pr. 99¢
\$4.99 Firm Control	3.69 pr.
\$2.59 Thi-Top Stockings	1.89 pr.
\$5.99 Full Figure	4.49 pr.

Panty hose Regular \$2.99 **1⁹⁹** pair

SAVE 36% Misses' long tricot gown

You'll love the ease, elegance and comfort of this long gown. Easy-care nylon tricot with raglan sleeves and wide scoop neck. Choose from assorted colors — just one size fits S,M,L.

Regular \$7 **4⁴⁴**

In Our Nightwear Department

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