

Neon Art Lights Up New Exhibit

"I try for the unexpected," said sculptor Jerry Noe, whose neon art is displayed in a new Collectors Gallery at the N. C. Museum of Art in Raleigh.

"Neon by Jerry Noe" opened Sunday, March 29

with the artist present for a public reception from 4-6 p.m. in the gallery on the first floor. The exhibit continues through April 26.

Noe, a UNC-Chapel Hill art faculty member, will exhibit ten works, all for sale or rent.

The recipient of several major awards, including two grants from the National Endowment for the Arts, Noe has exhibited his works in individual and group shows in New York, Chicago and Washington as well as in shows throughout the South.

For the past ten years, he has explored the artistic possibilities of neon by treating the hard, harsh-colored commercial medium

as if it were soft, limp rope.

Among the wall-pieces for the Collectors Gallery exhibit are "pure" neon hangings in which the effect is produced solely by the colors with which the glass tubing is lit and the graceful shapes into which it is bent.

The forms become luminescent triangles for other pieces from which lengths of rope hang. Decorated with feathers of sticks, these works seem to be tribal icons rendered in a combination of primitive and 20th-century materials.

Natural and man-made elements are again juxtaposed in Noe's pedestal-pieces featuring wood or sand encircled by coils of gleaming neon tubing.

Kyanize
D. PAINT
For All Your Painting Needs
In the Imperial Bldg
Morris St. Durham, N.C.
Phone 688-2338

Sunday

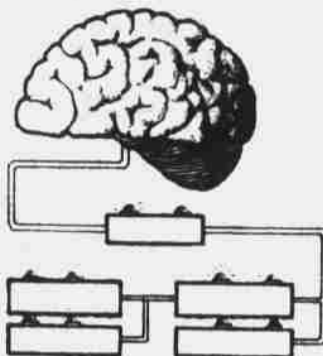
April 5, 1981

	WFMY CH. 2 Cable 2	WPTF CH. 28 Cable 3	WTVD CH. 11 Cable 6	WUNC CH. 4 Cable 9	WTTG CH. 5 Cable 10	WRAL CH. 5 Cable 12	WTBS CH. 17 Cable 13	WGHP CH. 8
7:00	Kenneth Copeland	Jerry Falwell	30 Minutes		Jimmy Swaggart	World Tomorrow	James Robison	Dr. D. James Kennedy
7:15	"	"	Fat Albert		"	Sister Gary	It Is Written	"
7:30	"	"	"		"	"	"	"
7:45	"	"	"		"	"	"	"
8:00	Rex Humbard	Kenneth Copeland	Mighty Mouse		Ever Increasing Faith	Robert Schuller	Three Stooges	Gospel Expo
8:15	Oral Roberts	"	Heckle Jeckle		"	Church Of Our Fathers	& Friends	Show My People
8:30	"	"	3 Robonic Stooges		"	"	"	"
8:45	"	"	"		"	"	"	"
9:00	Sunday Morning	Jerry Falwell	Sunday Morning		Dr. Jerry Falwell	Oral Roberts	Lost In Space	Jimmy Swaggart
9:15	"	"	"		"	Rex Humbard	"	"
9:30	"	"	"		"	"	"	"
9:45	"	"	"		"	"	"	"
10:00	"	"	"		Superman	Day Of Discovery	Hazel	Robert Schuller
10:15	"	"	"		"	Dimensions 5	"	"
10:30	Day Of Discovery	"	Gospel Jubilee		Theater I: "Blondie"	"	Theatre: "All"	"
10:45	"	"	"		"	"	"	"
11:00	High 10 Bowl	Jimmy Swaggart	"		For Victory	First Presbyterian Church	The King's Men	Help Yourself
11:15	Face The Nation	"	T. Brown's Journal		"	"	"	TV8 Report
11:30	"	"	"		"	"	"	"
11:45	"	"	"		"	"	"	"
12:00	Movie: "Abbott & Costello In Lost In	Wild Kingdom Meet The Press	Face The Nation F.Y.I.		Theatre II: "The Impossible Years"	Issues & Answers Pro & Con	"	Issues & Answers Muppet Show
12:15	"	"	"		"	"	"	"
12:30	"	"	"		"	"	"	"
12:45	"	"	"		"	"	"	"
1:00	Alaska	Movie: "Play Dirty"	NBA Basketball	Firing Line	"	Wide World Of Sports	Theatre: "The Last Hurrah"	Battleship Galactica
1:15	"	"	"	"	"	"	"	"
1:30	"	"	"	"	"	"	"	"
1:45	"	"	"	"	"	"	"	"
2:00	Movie: "7 Bricks For 7 Brothers"	"	"	Fabulous Philadelphians	Theatre III: "The Man Who Never Was"	Movie: "Ma & Pa"	"	"Fire Sale"
2:15	"	"	"	"	"	"	"	"
2:30	"	"	"	"	"	"	"	"
2:45	"	"	"	"	"	"	"	"
3:00	"	Southern Shoot-Out SEC/ACC All-Stars	"	World Special	"	Kettle On Old Macdonalds Farm	Theatre: "The Bobo"	"
3:15	"	"	"	"	"	"	"	"
3:30	"	"	"	"	"	"	"	"
3:45	"	"	"	"	"	"	"	"
4:00	Movie: "Aloha Means Goodbye"	"	"	Broken Arrow Victory Garden	Movie: "The Liquidator"	Cinema 5:	"	Wild Kingdom
4:15	"	"	"	"	"	"	"	Wide World Of Sports
4:30	"	"	"	"	"	"	"	"
4:45	"	"	"	"	"	"	"	"
5:00	"	Colgate Dinah Shore Winners	"	The Lawmakers Wall Street Week	"	"	"	"
5:15	"	"	"	"	"	"	"	"
5:30	"	"	"	"	"	"	"	"
5:45	"	"	"	"	"	"	"	"
6:00	News 2	Circle	CBS News	N. Carolina People Almanac	Playhouse 5: "Flight From Ashiya"	News	Wrestling	Pink Panther
6:15	CBS News	Montage	Reel Perspective	"	"	ABC News	"	ABC News
6:30	"	"	"	"	"	"	"	"
6:45	"	"	"	"	"	"	"	"
7:00	60 Minutes	Disney	60 Minutes	With Ossie & Ruby From Jumpstreet	"	ABC Movie: "The Magic Of Lassie"	TUSH	ABC Movie: "The Magic Of Lassie"
7:15	"	"	"	"	"	"	"	"
7:30	"	"	"	"	"	"	"	"
7:45	"	"	"	"	"	"	"	"
8:00	Archie Bunker's One Day At	Chips	Archie Bunkers One Day At	An Evening Of Championshi-	Lawrence Welk	"	TBS Movie: "Hay	"
8:15	"	"	"	Skating	"	"	"	"
8:30	"	"	"	"	"	"	There, It's Yogi Bear	"
8:45	A Time	"	"	"	"	"	"	"
9:00	"	Big Event: "Murder In Texas Pt. I	"	Masterpiece Theatre	Undersea World Of Jacques Cousteau	ABC Movie: "Masada"	"	ABC Movie: "Masada Pt. I
9:15	"	"	"	"	"	"	"	"
9:30	GGO Wrap-Up	"	Alice	"	"	"	"	"
9:45	"	"	"	"	"	"	"	"
10:00	Trapper John M.D.	"	Trapper John M.D.	American Short Story	News	"	TBS News	"
10:15	"	"	"	"	Odd Couple	"	"	"
10:30	"	"	"	"	"	"	"	"
10:45	"	"	"	"	"	"	"	"
11:00	News	Carol Burnett Jim Bakker	News CBS News Monte Carlo Show	"	Movie: "South Sea Woman"	News ABC News Late Movie:	Ruff House	News ABC News T. Brown's Journal
11:15	"	"	"	"	"	"	Open Up	"
11:30	CBS News Starsky &	"	"	"	"	"	"	"
11:45	"	"	"	"	"	"	"	"
12:00	Hutch	"	"	"	"	"	"	The Rookies
12:15	"	Charles Young	Gunsmoke	"	"	"	Movie	"
12:30	"	"	"	"	"	"	"	"
12:45	"	"	"	"	"	"	"	"

Health-Wise

MANAGING LIFE'S DOWNBEATS

Allan R. Magie, Ph.D., M.P.H.



Personality. We all have it. That's what makes each of us unique. There's no one exactly like you. It is your personality that makes up what you are right now: your inherited potentials, your life's experiences, how you relate to people, even your physical health.

Sometimes our personality changes and people say we are moody. Moods are often the result of body rhythms initiated by brain signals and changes in body chemicals. Chemicals which are not a normal part of body processes, such as alcohol, can influence moods. Moods are considered normal or abnormal, depending on what is normal for the group around you. When people feel uncomfortable around you, you are said to have a personality disorder.

Depression, or feeling down, is one of the most common personality disorders. Feeling inadequate, apprehensive or frightened by new experiences is all part of developing as a person. The most common cause of "feeling blue" is a lack of self-worth. Perhaps life's challenges are too formidable a barrier to climb over.

Whatever the cause, depression changes one's life-style. Sleeping habits change. Social contacts change. Eating habits change. Often appearance and mannerisms change. A depressed person often tries to escape by drinking alcohol or taking drugs. The relief is only short-lived since alcohol, a depressant, only makes matters worse. Continued depression often results in attempts at suicide.

While some work out of their depression by themselves, most usually need help. Depressed people need friends—real friends—who are willing to care and love. To the depressed person, reassurance is essential and a listening ear is vital. Depression is overcome fastest by becoming involved, by returning to the middle of day to day activities.

Depression can be avoided, though. A positive view towards life's experiences—making obstacles stepping stones instead of allowing them to become stumbling blocks, being involved with life, developing relationships and meaningful friendships—builds a natural hedge against depression.

Goals are important, too. Have something new to pursue. A goal achieved has less value than one being pursued. Be involved in work that pleases you and gives you a sense of accomplishment. Hobbies, sports and activities for leisure time is good, especially if it involves others or is done for someone else.

Above all, maintain good health. Keep in shape physically. This will help you think more of yourself and it will equip you to cope with the stresses of life.

© by the Health Department, General conference of the Seventh-day Adventist Church, as a community service.



Try cooking sweet potatoes tempura style in a light batter, quickly fried in hot peanut oil.

WITH SLEEP-EZE YOU CAN REST EASY.

Sleep-Eze contains a gentle sleep inducer that helps you get a good night's sleep. And isn't that all you want? Use only as directed.

WATCHES

REPAIRED

J. H. SOLICE DIAL 688-2475