

Clubs & Socials

Chapel Hill-Carrboro Area Alumnae Chapter of Delta Sigma Theta Sorority, Inc.

Celebrates 35 Years

The Chapel Hill-Carrboro Area Alumnae Chapter of Delta Sigma Theta Sorority, Inc. will celebrate the 35th Anniversary of its chartering on Saturday, March 15, from 12 noon to 2 pm at the George Watts Hill Alumni Center on the campus of the University of North Carolina at Chapel Hill. Reverend Dr. William Barber II, State Conference President, NC NAACP, will deliver the program's theme, "Standing Today to Build a Better Tomorrow" which highlights the sorority's emphasis on social action and social advocacy. Delta Sigma Theta Sorority, Inc., an international public service organization with over 300,000 college-educated women, was founded on January 13, 1913 on the campus of Howard University in Washington, D.C. and is the single largest predominately African American women's organization in the country. The Chapel Hill-Carrboro Area Alumnae Chapter, chartered on March 19, 1979, serves Orange and Chatham counties and continues the legacy of public service under the sorority's five-point programmatic thrusts: economic development, educational development, international awareness and involvement, physical and mental health, and political awareness and involvement.

Admission to the luncheon program is \$50 and tickets can be obtained from co-chairpersons of the event, Dr. Sybil Henderson (919-419-1025) or Dr. Mary Phillips (919-967-4977). The deadline date for tickets is February 15, and proceeds from the luncheon will be donated to the NC NAACP.

Operation Breakthrough, Inc. selected by Duke Energy to serve as a "Share the Warmth" Service Center in Durham

The Board of Directors and staff of Operation Breakthrough, Inc. (OBT) are proud to formally announce that the agency has been selected by Duke Energy to serve as a "Share the Warmth" Program Service Center for Durham County. The program provides financial assistance for heating during the winter season for low income families in the Carolinas. Since "Share the Warmth" was established in 1985, Duke Energy has provided more than \$33 million in heating bill assistance.

Operation Breakthrough, Inc. was among the first Community Action Agencies to be established with the enactment of the Economic Opportunity Act, by the United

States Congress, in 1964. During its nearly fifty years of existence, OBT has been among the leading organizations in the state serving low income citizens, young and old. Helping to break the cycle of poverty and dependency has always been and remains the agency's primary reason for being according to James Jabron, OBT's Executive Director.

With its long standing history of serving the Durham community, Operation Breakthrough, Inc. is delighted to be an integral part of the Duke Energy "Share the Warmth" Program. Applications will be accepted every Thursday, from 2:00 PM to 4:00 PM, through April 30, 2014 or until funds are exhausted. The program will serve persons less than 55 years of age whose household income falls within the eligibility guidelines.

For additional information, please call (919) 688-8111, ext. 251 and ask for the OBT Duke Energy "Share the Warmth" Program.

Social Entrepreneurship Conference to be Held at A&T

Students from The University of North Carolina system campuses will converge at North Carolina A&T State University on Friday, Feb. 28, in the Alumni-Foundation Event Center to compete in the 2014 Social Entrepreneurship Conference.

The conference is a business plan competition sponsored by Wells Fargo.

"The conference and the competition is an initiative by the UNC system. The idea is to have student use their skills to develop (and) solve social and environmental problems in the local community," said Thaddeus Melwen, professor in the department of management and coordinator of the entrepreneurship program.

In late 2013, 40 graduate and undergraduate teams from the UNC campuses were selected to participate in the conference. Undergraduate students were charged to create a business plan that will impact social objectives in North Carolina. Graduate students were assigned a non-profit organization in the state and were asked to develop a business plan that would create a new service or product or help the non-profit create a new revenue-generating product.

"Typically students see entrepreneurship from a profit perspective. What the conference and competition does is (it) provides students with (the) experience to creatively pursue opportunities in the social arena while providing valuable services to non-profits," Melwen said.

Last year's conference was held at North Carolina A&T and attracted more than 500 participants. Graduate student winners will receive \$5,000, \$3,000 and \$1,000 for first, second and third place while undergraduate winners will receive \$3,000, \$2,000 and \$1,000. Prize money can be used towards

starting a business or for education purposes.

National Kidney Disease Education Program Hosts Third Annual Nationwide Event -

(BLACK PR WIRE) - 6.2 million African American adults in the United States have signs of kidney disease - equal to the population of Tennessee.

African Americans experience the highest rates of kidney failure - rates approximately 3.4 times greater than whites. Two major causes of kidney failure are diabetes and high blood pressure. In fact, 80 percent of new cases of kidney failure among African Americans are due to one of these conditions.

In recognition of National Kidney Month, the National Kidney Disease Education Program (NKDEP), along with the American Diabetes Association's Live Empowered initiative and Chi Eta Phi Sorority, Inc., a national nursing sorority, will host the third annual Kidney Sundays event on March 2. Together with more than 85 African-American congregations nationwide, NKDEP and Kidney Sundays aim to:

- Help African Americans to gain a better understanding of why kidney disease is a major health concern.
- Encourage people at risk to get their kidneys tested, and
- Support conversations about kidney disease among families and faith communities.

"Kidney Sundays goes beyond March 2," said Dr. Griffin P. Rodgers, Director of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK). "Throughout National Kidney Month, we hope to educate people on the importance of kidney testing and the link between kidney disease and diabetes and high blood pressure. Our goal is to create healthy, lifelong habits and

Kidney Sundays provides African American congregations with tools and materials, such as an event checklist and health ministry talking points, to help elevate kidney disease as a health issue requiring attention. Congregations will conduct kidney health education sessions and provide blood pressure screenings.

"We are thrilled to partner with NKDEP on this important initiative," said Priscilla Murphy, Vice-President of Chi Eta Phi Sorority, Inc. "Kidney Sundays is an opportunity for our nurses to directly affect the health of their communities. Through blood pressure screenings and kidney health presentations, we open the door to a discussion on kidney disease and awareness about risk factors."

NKDEP is a program of the National Institute of Health. For more information, visit www.nkdep.nih.gov. To download a copy of the image below, visit www.nkdep.nih.gov.

It is estimated that nearly **ONE IN SIX** African Americans has signs of kidney disease.

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- 1 in 6 African Americans has signs of kidney disease.
- 1 in 10 African Americans has kidney failure.
- 1 in 10 African Americans has diabetes.
- 1 in 10 African Americans has high blood pressure.

You have the power to protect your kidneys.

- Get your kidneys tested.
- Control your blood pressure.
- Control your diabetes.
- Eat a healthy diet.
- Exercise regularly.
- Don't smoke.
- Don't drink alcohol.
- Don't take NSAIDs.
- Don't take certain antibiotics.
- Don't take certain diuretics.
- Don't take certain painkillers.
- Don't take certain supplements.
- Don't take certain herbs.
- Don't take certain vitamins.
- Don't take certain minerals.
- Don't take certain hormones.
- Don't take certain chemotherapy drugs.
- Don't take certain radiation treatments.
- Don't take certain immunosuppressants.
- Don't take certain antivirals.
- Don't take certain antifungals.
- Don't take certain antiparasitics.
- Don't take certain vaccines.
- Don't take certain biologics.
- Don't take certain targeted therapies.
- Don't take certain stem cell transplants.
- Don't take certain organ transplants.
- Don't take certain bone marrow transplants.
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- Don't take certain organ transplants.
- Don't take certain bone marrow transplants.

Week of 02/19/14 - 02/25/14

So Many Ways to **SAVE.**

<p>Whole Chickens Without MVP Card \$1.99 EA</p>	<p>Green Seedless Grapes Without MVP Card \$1.89 LB</p>
<p>Boneless Center Cut Pork Chops Without MVP Card \$2.99 EA</p>	<p>Red Vine Cluster Tomatoes Without MVP Card \$1.29 EA</p>
<p>Boneless Chuck Roast Without MVP Card \$2.99 EA</p>	<p>5 Lb. Bag White Potatoes Without MVP Card \$3.49 EA</p>
<p>Kraft Shredded or Cabot Chunk Cheese Without MVP Card Regular Retail</p>	<p>Lays Potato Chips Without MVP Card \$1.99 EA</p>
<p>Kraft Easy Mac Cups or Mac & Cheese Dinner Without MVP Card 4/\$5</p>	<p>Friendly's Ice Cream Without MVP Card \$1.99 EA</p>
<p>Progresso Soup Without MVP Card Regular Retail</p>	<p>Hawaiian Punch Without MVP Card \$1.59 EA</p>
<p>Friskies Canned Cat Food Without MVP Card 10/\$5 EA</p>	

GREAT PRICES on all YOUR FAVORITES

<p>Minute Maid Premium Orange Juice Without MVP Card \$3.99 EA</p>	<p>Kellogg's Special K Cereal Without MVP Card \$3.49 EA</p>
<p>Dunkin' Donuts Ground Coffee, Folgers or Millstone K-Cups Without MVP Card Regular Retail</p>	<p>Tide Liquid Laundry Detergent Without MVP Card Regular Retail</p>
<p>Bounty Paper Towels</p>	<p>Charmin Ultra Bath Tissue Without MVP Card Regular Retail</p>

Prices and quantities subject to change without notice. The use of a Food Lion MVP card. Without a card, regular retail prices will apply.