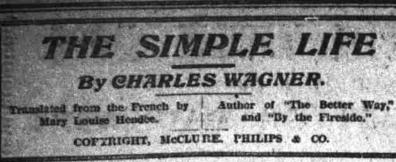
CHARLOTTE DAILY OBSERVER, DECEMBER 18, 1904.



we buy a bird of the fancier, man tells us briefly what is for our new pensioner, and thing-hygiene, food, and the comprehended in a dozen ikewise, to sum up the neces-most men, a few capciae lines.

of supreme aimplicity, and so as they follow it, all is well with as with every obedient child of Nature, Let them depart from uplications arise, health falls, vanishes. Only simple and natliving can keep a body in full Instead of remembering this principle, we fall into the strang-

sterial things does a man need under the best conditions? A ul diet, simple clothing, a saning-place, air and exercise. not going to enter into hygienic menus, or discuss its, compose menus, or discuss el tenements and dress reform. My is to point out, a direction and tell at advantage would come to each of from ordering his life in a spirit implicity. To know that this spirit le in our society we need watch the lives of men of all Ask different people, of very surroundings, this question: do you need to live? You will we they respond. Nothing is instructive. For some aborigin-the Fersion explait, there is an of the Perisian asphalt, there is no outside a region bounded possible outside a region boundary certain boulevards. There one finds respirable air, the illuminating light mi heat, classic cookery, and, in deration, so many other things sh it would not be worth while to promenade this round

the various rungs of the bourladder people reply to the questo live? by of what is necessary rures varying with the degree of our ambition or education: and by on is oftenest understood the utward customs of life, the style of ouse, dress, table—an education pre-vely skin-deep. Upward from a cer-in income, fee, or salary, life besible; below that it is impos-We have seen men commit sub-because their means had fallen un-certain minimum. They preferto disappear rather than retrench. that this minimum, the cause of their despair, would have been suf-ficient for others of less exacting needs. and enviable to men whose tastes are

mountains vegetation On lofty needs. hanges with the altitude. There is the region of ordinary flora, that of the sts, that of pastures, that of bare ocks and glaciers. Above a certain one wheat is no longer found, but the vine still-prospers. The oak ceases in the low regions, the pine flourishes at considerable heights. Human life, with its needs, reminds one of these a of vegetation.

At a certain altitude of fortune the er thieves, the clubman, the society woman, all those in short for the strictly necessary includes a cortain number of domestics and equipas well as several town and untry houses. Further on flourishes the rich upper middle class, with its own standards and life. In other rewe find men of ample, moderate or small means, and very unlike ex-Then come the people-arti cies. as, day-laborers, peasants, in short, the masses, who live dense and serried like the thick, sturdy growths on the summits of the mountains, where nge find nourishment. In all these different regions of society men live, and no matter in which particular regions they fourish, all are alike human beings earing the same mark. How strange that among fellows there should be such a prodigious difference in requirements! And here the analogies of our comparison fail us. Plants and nals of the same familles have identical wants. In human life we obrve quite the contrary. What conlusion shall we draw from this, if ot that with us there is a consider. elasticity in the nature and num of needs] on the well, is it favorable to the de-comment of the individual and his ppiness, and to the development and appiness of society, that man should ave a multitude of needs, and bend energies to their satisfaction? Let us return for a moment to our compariinferior beings. Provided that their essential wants are satisfied. live content. Is this true of men In all classes of society we find ntent. I leave completely out of the question those who lack the necesof life. One cannot with justice count in the number of mal-contents those from whom hunger, cold, and misery wring complaints. I am conthat multitude of peo who live under conditions at least Whence comes their Why is it found not ortable. heart-burning? y among those of modest though the contemporaries. and listen to their talk. I find myself unhappily confirm-ed in the opinion that they do not get much pleasure out of things. And cer-tainly it is not from lack of trying: but it must be acknowledged that their success is meagre. Where can the fault

Some accuse politics or business; oth-ors social problems or militariam. We We meet only an embarrassment of choice when we start to unstring the chaplet of our carking cares. Suppose we set out in pursuit of pleasure. There is too much pepper in our soup to make it

palatable. Our arms are filled with a multitude of embarrassments, any one of which would be enough to spoll our and have peen intering to a I heard them, temper. From morning the meet some of the truths that resound in wherever we go, the people we meet are hurried, worried, preoccupied. Some Has drunkenness, inventive as it is have split their good blood in the mis-

a Likewise, to sum up theirse, lines Has drunkenness, inventive as it is have split their gove the politics; others i of most men, a few condicts of new drinks, found the means of erable conflicts of petty politics; others and an quenching thirst? Not at all. It might are disheartened by the meanness and quenching thirst? Not at all. It might rather be called the art of making thirst inextinguishable. Frank liber-tinage, does it deaden the sting of senses? No; it envenoms it, converts natural desire into a marbid obsession and makes it the dominant passion. Let, your needs rule you, pamper them -you will see them multiply like in-sects in the sum. The more you give them, the more they demand. He is senseless who seeks for happines in material prosperity alone. As well undertake to fill the cask of the Dan-sides. To those who have millions.

aides. To those who have millions, matter for discontent. millions are wanting; to those who And yet history shows us certain have thousands, thousands. Others lack a twenty-franc piece or a hun-dred sous. When they have a chicken in the pot, they ask for a goose: when they have the goose, they wish it were a turkey, and so on. We shall never learn haw full the tradency is There a turkey. learn how fatal this tendency is. There are too many humble people who wish to initiate the second s are too many humble people who wish of social conversions, such as the social term in the social soc

ome a turbulent and seditious crowd, present unrest, of this contagious dis- genuous joy brings in its train. a legion of tyrants in miniature. A content spreading everywhere, are in nan enslaved to his needs may best be us at least as much as in exterior con-

compared to a bear with a ring in its ditions, progress, and I don't know what else. younger men-are at variance with life; interest attached to joy. It is a sacred ures.

Let me tell you the story of an ex- ture succumbs under the irregularities men, is to do a work of fraternity in like the ox. Amusement is incompati- under burdens we might take upon our- Entertain simply, meet your friends

the most abject egoism. pleasure-seekers of the upper class: the to be happy, where the mother has only and action. pain and heartache day and night, the An excellent proof of my proposition, been thrown away on these artificial sure of a rock. We ask ourselves how mes! if, the less he can do for his neigh- tories or in fields richly fertilized you than the ego. We must be good chil- better with their work. bor, and even for those attached to him cultivate it at a golden cost to see it by ties of blood. fade and die in your hand.

The Medicine Mother Used.

Wine of Cardui has stood the test of time. It has cared the grandmothers, mothers, sisters and daughters of two generations. It cured women seventy-five years ago. It is curing women today of such troubles as disordered periods, bearing down pain, inflammation of the parts, nervousness and weaknesses of all kinds peculiar to the sex.

Wine of Cardui smoothes the path of girlhood, preventing severe trouble at the coming of womanhood, by correctly establishing the function so necessary to womanly health. As an emenagogue it is the support of a woman through life, preparing her for the ordeal

of childbirth and ensuring her a quick recovery of her strength which is necessary to motherhood. Wine of Cardul taken periodically will dispel attacks of weakness, and at the time when her health is menaced at the change of life it will ensure a healthy old age.

Wine of Cardui

This great tonic for women is within the reach of every sufferer. There is no expense of a specialist attached to the treatment. Secure a dollar bottle from your druggist today and you can get the same grateful relief that over 1,500,000 other suffering women have secured. Your druggist will sell you the same medicine that has been curing grandmothers, mothers, sisters and daughters for seventy-five years.

Here are a few of the 1,500,000 cured women who owe health and in some instances life itself to Wine of Cardui. Reading this list should induce every sufferer to take Wine of Cardui. MRS. CHARLES MASON, Vice-President, Mothers' Club, Houston, Tex.

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Could you ask for a greater assurance of health than this record guarantees? Begin the

treatment today.

who play at being fadies, too many clerks who act the club man or sports-man: and among those in easy circum-stances and the rich, are too many people who forget that what they pos-sess could serve a better purpose that procuring pleasure for themselves, mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is then the stimulus of an internal har-mony which we perhaps lack. Joy is procuring pleasure for themselves, only to find in the end that one never which we perhaps lack. Joy is thing neither originality nor pictures-short, our "parts," and become as chil-tion, the sightest respire, is a priceless part. Let masters and students-schoolhas enough. Our needs, in place of the not in things, it is in us, and I hold queness. License, indeed, and clown- dren once more, to laugh again that good. And this minimum of comfort boys and college-boys-meet together servants that they should be, have be to the belief that the causes of our ishness, but not that abandon which in- good laugh which does so much to could be so easily found for them if offener for amusement. It will be so only we thought of it. But the broom, much the better for serious work. There make the world better? you know, is made for sweeping, and is no such aid to understanding one's

This question of pleasure is capital. Here I feel drawn to speak of some- it seems as though it could not be fa- professor as to have laughed in his com-Staid people generally neglect it as a thing very particular, and in so doing tigued. Let us rid ourselves of this pany; and conversely, to be well understaid people generally neglect it as a thing very particular, and in so doing ugued. Let us rid ourselves of this pany; and conversely, to be well under-trose, that is led about and made to dance at will. The likeness is not frivolity; utilitarians, as a costly super-trose, that is led about and made to dance at will. The likeness is not frivolity; utilitarians, as a costly super-true. It is in the train of thir own the train of thir own the blieve in life and find pleasure-seekers forage in this delicate damain like a sarden. No

needs that so many of those men, are it within him. And here lies our weak- domain like a wild boar in a garden. No tion to several classes of people seldom sentinels perishing at their posts, give What a question! That is exactly the dragged along who rant for liberty, ness. So many of us-even, alas! the one seems to doubt the immense human thought of with reference to their pleas-Sisyphus an hour to breathe; take for error., Pleasure and money: people They cannot take a step without ask- and I do not speak of philosophers flame that must be fed, and that throws It is understood that a broom serves slave to the cares of her house and same bird! A gross illusion! Pleasure. ing themselves if it might not irritate only. How do you think a man can be a splendid radiance over life. He who only to sweep, a watering-pot to water her children; sacrifice an hour of our like all other truly precious things in their masters. How many men and amused while he has his doubts wheth- takes pains to foster it accomplishes a plants, a coffee-mill to grind coffee. and sleep for someone worn by long vigils this world, cannot be bought or sold. women have gone on and on, even to er after all life is worth living? Be- work as profitable for humanity as likewise it is supposed that a nurse is with the sick. Young girl, tired some- If you wish to be amused, you must do dishonesty, for the sole reason that the sole is with the sole is an used, you must de they had too many needs and could not sides this, one observes a disquieting he who builds bridges, pierces tunnels, designed only to care for the sick, a times perhaps of your walk with your your part toward it; that is the essenthey had too many needs and could not resign themselves to simple living? There are many guests in the cham-be attributed to the abuse man makes one's life as to keep, amid toils and bury, and confess, a sentinel to mount give her the key to the fields. You opening your purse, if you can do it, bers of Mazas who could give us much of his sensations. Excess of all kinds suffering, the faculty of happiness, and guard; and the conclusion is drawn that will at once make others happy and and find it desirable. But I assure you light on the subject of too exigent has blurred our senses and poisohed be able to propagate it in a sort of the people given up to the more serious happy yourself. We go unconcernedly it is not indispensable. Pleasure and our faculty for happiness. Human na- salutary contagion among one's fellow- business of life are dedicated to labor, along beside our brothers who are bent simplicity are two old acquaintances.

Let me tell you the story of an ex-cellent man whom I knew. He tender-ly loved his wife and children, and they all lived together, in France, in comfort and plenty, but with little of the luxury the wife coveted. Always they are the story of an ex-they are succumbs under the irregularities men, is to do a work of traternity in the the ox. And store ox. And store ox. And the story of an ex-simply, meet your friends the noblest sense. To give a triffing ble with their activities. Pushing the with their activities. Pushing the with their activities and the noblest sense. To give a triffing ble with their activities. Pushing the would suffice to store a minute. And this short res-simply. If you come from work well pleasure, smooth an anxious brow, view still further, we think outsile the afflicted, the bankrupt, the van-the luxury the wife coveted. Always there are more the absent, your suc-ence we have recourse to artificial res-of this poor humanity! But it is only quished in life's battle, and all those the luxury the wife coveted. Always in cheats and baubles. In medical sci- what a truly divine once in the induct of the function of the poor humanity! But it is only quished in life's battle, and all those liness. How much better would one cess is sure management he might have been at piration, artificial alimentation, and in great simplicity of heart that one who carry heavy burdens, are in the understand another if he knew how to management he might have been at piration, artificial animetration, and in great animetration, and another it he knew now to be animetration, and that it is so of neces- place, and how much more pleasure kausas City Times.

children in the mother country. I exerting themselves to reawaken it, to py and to render others so. We lack sity. Whence the conclusion that seri-don't know how the poor man can reanimate it. Most ingenious m-ans the singleness of heart and the self- ous people have no need of pleasure.

the off there: but his family has a finer apartment, more beautiful toll-stes, and what passes for an equip-ter, the been invented; it can never be the be his luxury-rudimentary after all. complicated alembics no one has ever work to dispute his suffering, persuade tations. It seems therefore to be un- But I wish to say in substance what boys, and while the train was in Pueblo Then Madam will find her furniture arrived at distilling a drop of veritable him that he is mistaken in thinking derstood that certain persons are con- cannot be too often repeated: If you they went to see him. It happened ommon and her equipage mean. If joy. We must not confound pleasure himself unhappy. In reality, our lan- demned to be always serious, that we wish youth to be moral, do not neglect common and her equipage mean. If joy. We must not confound pleasure himself unhappy. In reality, our lan- demned to be always serious, that we wish youth to be moral, do not neglect the story goes, that the President was the story goes, stipend. In other cases the roles are at great cost of a Stradivarius make mistaken, for I feel nothing." As the visit the sick or unfortunate: we should to have their amusements submitted to wanted to see that stenographer. "Say, reversed, and the wife and children are sacrificed to the ravenous needs of the whole composes regulations, and that besides, in our Mister Rooserielt," said one of the are sacrificed to the ravenous needs of the whole composes day they are already over-spoiled and the head of the family, whom an irreg-ular life, play, and countless other in the perfection of its ingenuity, would sufferer feel, consoled in this fashion? and talk of anything heartrending, divert themselves only too much. the whole paraphernalia of amusement to share it in the heart, how must a our face and manner to dolerulness, the head of the family, whom an irreg-ular life, play, and countless other costly follies have robbed of all dig-it, Between his appetites and his with a bit of crayon a great artist pass an agreeable hour, we set out in darkness, shade to those in shade. We ideas, indicate directions, offer oppor-replied the President. Then he burnity. Between his appetites and his with a bit of crayon a great artist pass an agreeable hour, we set out in darkness, shade to those in shade. We ideas, indicate directions, offer oppor- replied the President. Then he bur-role of father he has decided for the makes an immortal sketch. It needs the same way. We invite him to ad- increase the isolation of solitary lives tunities for amusement, without making ried back into the train and delivered former, and he slowly drifts toward talent or genius to paint; and to amuse mire our versatility, to laugh at our and the monotony of the dull and sad. any regulations whatever. In the secone's self, the faculty of being happy: wit, to frequent our house, to sit at We wall up some existences as it were ond place. I shall make you see that This forgetfulness of all responsibil-whoever possesses it is amused at our table; through it all, our desire to in dungeons; and because the grass you deceive yourselves in thinking this gradual benumbing of noble ty, this gradual benumbing of noble slight cost. This faculty is destroyed shine breaks forth. Sometimes, also, grows round their deserted prison- youth has too much diversion. Aside beling, is not alone to be found among by skepticism, artificial living, over- with a patron's prodigality, we offer house, we speak low in approaching it, from amusements that are artificial. preasure-seekers of the upper class: the abuse: it is fostered by confidence, mod- him the beneficence of a public enter- as though it were a tomb. Who sus- enervating and immoral, that blight life chan one little household, which ought is fostered by confidence, mod- him the beneficence of a public enter- as though it were a tomb. Who sus- enervating and immoral, that blight life eration and normal habits of thought tainment of our own choosing, unless pects the work of infernal crueity which instead of making it bloom in splendor. we ask him to find amusement at our is thus accomplished every day in the there are very few left to-day. Abuse. home, as we sometimes do to make up world! This ought not to be. that enemy of legitimate use, has so children are barefoet, and there is reat ado for bread. Why? Because too much money is needed by the fath-er. To speak only of the expendi-tree derstein and same, true pleasure accompanies it of the expendi-tree derstein and same, true pleasure accompanies it others to admire us, the tot to be. The test addition to the test addition. The test addition to the test addition test addition to the test addition test addition to the test addition te ture for alcohol, everybody knows the as fragrance does uncultivated flowers, others to admire us, to admire us, to admire us, to admire us, wretchedness and binding up wounds, ings and endless prohibitions. One can proportions that has reached in the Be this life hard, hampered, devoid of periority, and to act as our tools? Is remember that they are beings made hardly stir without encountering somelast twenty years. The sums swal-last twenty years. The sums swal-last things ordinarily considered as the there anything in the world so disgust- like you, that they have the same thing that resembles unhealthy pleas-last twenty years. The sums swal-lowed up in this guif are fabulous-wery conditions of pleasure, the rare ing as to feel one's self patronized, wants, that there are hours when they ure. Among young people of to-day, wice the indemnity of the war of 1870. and delicate plant, joy, flourishes there. made capital of, enrolled in a claque? need pleasure and diversion. You will particularly the self-respecting, the How many legitimate needs could have it springs up between the flags of the To give pleasure to others and take it not turn them aside from their mis- death of amusements causes real sufsatisfied with that which has pavement, on an arid wall, in the fis- ourselves, we have to begin by remov- sion by making them laugh occasion- fering. One is not weaned from the ing the ego, which is hateful, and then ally-these people who see so many generous wine without discomfort. Imnes! The reign of wants is by no cans the reign of brotherhood. The ie things a man desires for himthe heads of the younger generations dren, sweet and kind, button our coats And when people whom you know are We must come to their aid. Our chilover our medals and titles, and with in trial, do not draw a sanitary cordon dren are heirs of a joyless world. We our whole heart put ourselves at the round them-as though they had the bequeath them cares, hard questions, a plague-that you cross only with pre- life heavy with shackles and complexi-Let us sometimes live-be it only cautions which recall to them their sad ties. Let us at least make an effort iment of common interests—such is grasp. To these people the play is an for an hour, and though we must lay lot. On the contrary, after showing all to brighten the morning of their days. In the had Hay Fever for fourteen years, result of the reign of other unfortunate thing arception, they are not bored by it from all else aside—to make others smile. The your sympathy, all your respect for Let us interest ourselves in their sports. only among those of modest though information means, but also under shades of ever-increasing scale, even to opulence that disturbance of the public wel-talk of the contented middle classes. Who talk of them? People who, judg-informatives whok who with the result of the formation of the forma finds more pleasure for himself than he to take up life again; carry them a them our hearts and our homes. Let druggist and due to its use this is When shall we be so simply and truly * And so extend your sympathy to those out into the street, and our daughters, Box 890, St. Paul, Minn., for a free

a moment the place of the mother, a take them for the two wings of the

Wanted the Stenographer.

A Kansas City man, who has two litnephews living in Pueblo, tells the oungsters W1II you please tell Misthe message.

never lasts. When he becomes accus-

Ask actors what audience is happiest . . . The destruction of happiness, inde- at the play; they will tell you the pop- disposal of others. pendence, moral fineness, even of the ular one. The reason is not hard to sentiment of common interests-such is grasp. To these people the play is an and content, be assured that they are content because they know how to be so, not because they are rich. An ani-mal is satisfied when it has eaten; it trouble, sickness, ruin, envy and hate-

down and sleeps. A man also can the enumeration of all the misdeeds of "Poor stupid creatures, ignorant and

wh and sleeps. A man also that the chain ratio has no end. Fin and sleep for a time, but it this fatal regime has no end. Insts. When he becomes accus-On the other hand, if we hold to And yet they are the true lives, while tomed to his contentments, he tires of it and demands a greater. Man's appe-lite is not appeared by food: it in-that temperance and sobriety are the tanget of the tires of the is not appeased by food: it in-creases with eating. This may seem absurd, but it is strictly true. They spare him who observes

And the fact that those who make the nost outery are almost always those who should find the best reasons for outeriment, proves unquestionably hat happiness is not allied to the numshould find the best reasons for entiment, proves unquestionably happiness is not alled to the num-of our needs and the seal we put their cultivation. It is for every-is interest to let this truth sing, simplicity of taste is also a source in limiting his needs, he risks a period of idleness does not suffice to d in limiting his needs, he risks a need does not by decisive action suo-d in limiting his needs, he risks a need to be a duestion. Having simple needs, you the decilvity of desire. To who lives to eat drink, sleep, it take his walk,—in short, pamper basking in the sun, the drunken forser, the commoner serving F's bel-to woman absorbed in her to settes, pour table, your cellar, your horses, the woman absorbed in her to settes, pour table, your cellar, your horses, the woman absorbed in her to settes, pour table, your cellar, your horses, the woman absorbed in her to settes, pour table, wow chartels, or your

ake his walk, in short, pamper all that he can-be if the court sking in the sun, the drunker to the commoner serving F's below work man absorbed in her to jetter of jette of low estate or high of the ordinary pleasure-lover, i tallow," but too obselient to mar-needs-that man or woman is on meds-that man or woman is on the struggle presenting, like those with the same laws as a body on an and olans. Dupse of an fluxion work mere that we covet, then the down them that we covet. The the velocity they to the laws able they are to point. SimPle Pleasures. Do you find the smusing for that of others.

ns of working for that of others. SIMPLE PLEASURES. o you find life amusing in these if For my part, on the whole, it is rather depressing, and I fear my opinion is not altogether per-my opinion is not altogether per-as I observe the Uves of my group of tenth-rate barnstormers, im-

True to Life. London Globe

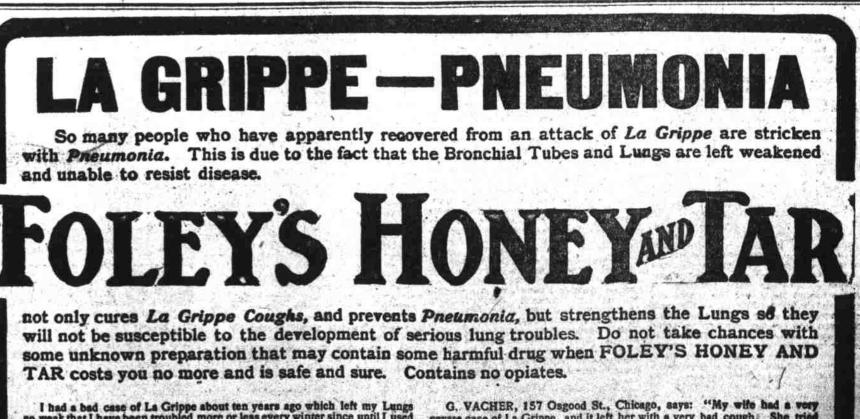
An exhibition of works of art has just been opened in Paris, executed by porters and other railway employs. There is, says rumor, one splendid plc-ture in oils entitled, "Now then ture in oils entitled, "Now then stoopid." It represents an old gentleman (excellently painted) disappearing beneath a truck full of boxes wheeled by a muscular man in uniform.

Cure for Asthma and Hay Fever.

The statements published below confirm the claim of Dr. Schiffmann that. his remedy is an absolute cure for Asthma and Hay Fever.

Mrs. Mary Zachery, Pleasant Hill, La., says: "I have found your Asthma Cure a permanent cure for asthma, for which I used it seven years ago. I have never had the slightest return of the trouble since. I have also found your remedy excellent in bronchial affections."

A Hay Fever sufferer writes: "T troubled."-Mrs. Frank Guilfogle, 6337 Ridge avenue, Roxboro, Philadelphia. Sold by druggists at 50c. and \$1.00. Send 2c. stamp to Dr. R. Schiffmann.



I had a bad case of La Grippe about ten years ago which left my Lungs so weak that I have been troubled more or less every winter since until I used FOLEY'S HONEY AND TAR, which cured me completely and my Lungs no longer trouble me.-J. H. BROWNING, D.D.S., Orrick, Mo.

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Three sizes-25c, 50c, \$1.00. The 50-cent size contains two and one half times as much as the small size and the \$1.00 bottle almost six times as much. Refuse Substitutes.

sold and recommended by < R. H. JORDAN & CO., Druggists,