## Rocsyat Absolutely Pure

Makes the finest, lightest, best flavored biscuit, hotbreads, cake and pastry.

Royal Baking Powder is of highest quality, always pure, wholesome, uniform. The contents of each can are exactly like every other, and will retain their strength and freshness regardless of climate or season.

Remember that Royal is a pure, cream of tartar baking powder, absolutely free from alum or phosphatic acid.

## Alum and Alum-phosphate powders are injurious Do Not Use Them

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 Mothers Know the terrible dangers of croup. It andication hio Sat frep from Rian and strikes suddenly and at $n$
must be treated promptly.
Don't use the sticky syrup! Rub Gowran's Pnoumonin Cure over the little one's chest. Instant relief; speedy, sure cure.
Gowan's also cures all kinds of colds, sore throats, coughs and neumonia.
All druggists \$1.00. Croupsize, 25 cents, Bymail, if desired, Gow
Medrcal, Co., Durham, N. C.



## Cleaning Works

Mirs. s.m. hester, Propretere

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Special attention given to cable service, making it un a feature of the Bufor that is claiming the attem tion of the traveling public
Clean, Comfortable Beds
CILREATH \& CO.


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 MANAGER.

