

hot water, then apply this lotion. Boracic acid, one drachm, alcohol, water, each one ounce, water two ounces. This lotion may be used several times a day. Each night cleanse the face with a pure cold cream, remove at once with cold towel, then bathe with hot water and the lotion.

Once each week treat as follows: Cleanse with the cold cream, which should always be removed at once; wash for ten minutes over a basin of boiling water, covering the head with a large towel to retain the steam. After a good perspiration has been induced, partly dry the face and expel the blackheads with an instrument designed for this special purpose. Massage for ten minutes with the following: Lanolin one ounce, sweet almond oil, one-half ounce, boracic acid, forty drops and tincture of benzoin ten drops. Remove all the cream from the face, bathe first with hot water, then cold, alternating several times, finishing with the cold. The little device used to remove the blackheads may be purchased at any of the shops selling surgical instruments. Do not use the fingers, as you will make scars and large pores. As large pores are also a glandular difficulty, yielding only to steaming and massage, the same treatment will answer.

In some cases whiteheads form; these are called "milia." Treat precisely as you would for blackheads, except after steaming take a sterilized needle, puncture the head and remove it with the instrument, then proceed with the rest of the treatment. Pimples are certainly disfiguring, and to the well-groomed woman a source of worry, requiring meditation and prayer to overcome them. When I was asked the question "Shall I scrub my face with soap and water?" I feel like crying the answer from the house-tops—do not use soap and water to cleanse the face, as by its constant use you are storing for yourself pimples and blackheads, besides many lines and wrinkles. In cleansing the face the object is to relax the tissue that the pores may eliminate their contents. This can be properly accomplished only by using a cream applied with the tips of the fingers in a rotary motion. Remove at once with a towel, using the same rotary movement; this carries off the expelled matter, leaving the face perfectly clean. You can scrub until Doomsday and you cannot get below the surface.

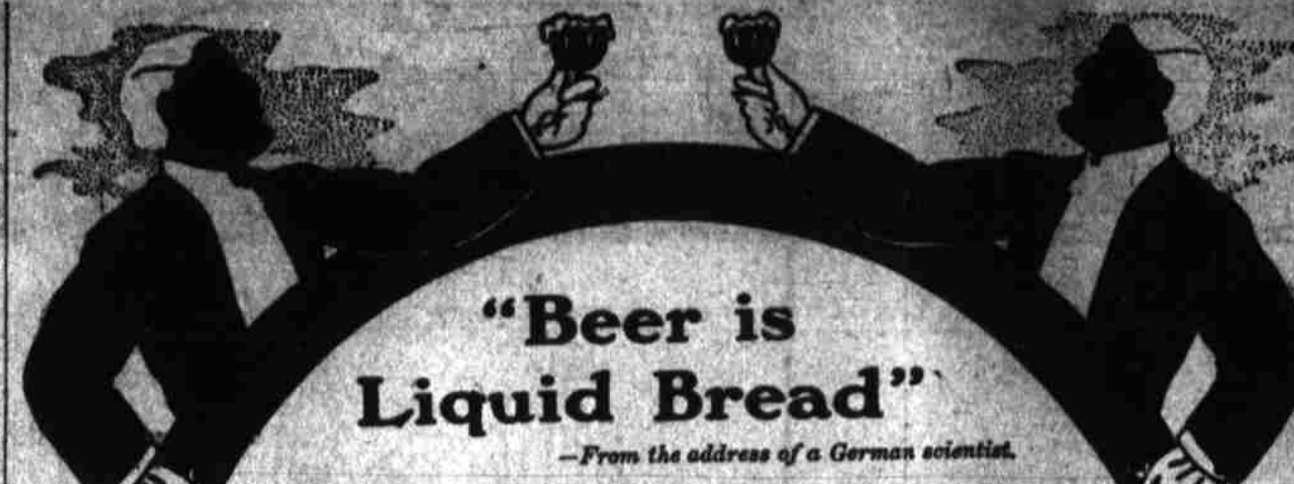
For pimples the treatment is as follows: The face should be cleansed with the cold cream each night and this lotion applied. Precipitate of sulphur one drachm, spirits of camphor one drachm, glycerine one drachm and rose water four ounces. In the morning bathe the face in hot water and use the lotion. It also can be used several times a day. Once a week, preferably at night, steam the face ten minutes over a basin of boiling water, covering the head with a large towel to retain the steam. Massage with this cream: Lanolin one and a quarter ounces, almond oil one and a quarter ounces, sulphur precipitate one and a quarter ounces, oxide of zinc five grains and violet extract one drachm. When the pimples form a yellow head, after the steaming, puncture with a sterilized needle and press out the contents with the instrument used for blackheads. Cleanse the face with peroxide of hydrogen, then massage with the cream. After carefully removing all the cream, bathe first in hot water, then cold. Do this several times and in the evening wash with a drop or two of benzoin. If these directions with the formulas are carefully followed the most obstinate cases of blackheads, pimples and acne can be cured.

ELEANOR C. MORRIS

MUSICAL NOTES

BY C. WINTHROP AMES.

A short time ago a certain society woman of New York created a great deal of discussion pro and con because she requested a quartette of musicians to render some dance music for the edification and justification of her guests. Perhaps this something of a mis-statement, as it was not her fact that she asked them to render suitable music that her guests might indulge themselves in the light fantastic which caused the controversy among musical societies, newspapers and the like: it was brought about by the attitude of the musicians employed who were referred to. Instead of complying with the request it is stated that they became exceedingly wrathful and making a few hasty though emphatic remarks about the dignity of art, betook themselves from the place in high dudgeon. Had the incident ended at this point it would have been forgotten within a few days, but the way was opened up, naturally, for the expression of various opinions as to the social position of musicians, and the privileges or non-privileges that should be accorded them. A great many musicians were heartily sympathetic with their professional comrades and proclaimed that both art and artists had received very inconsiderate treatment. These defended the action of the musicians in refusing to lower the standard of the art, and in their language extolled the influence of both art and artist upon the present day degenerate world. On the other hand, a few musical temperance were of a different opinion. So between individuals of various opinions there through the newspaper columns there developed a great deal of discussion, which did not cease until the funny periodicals took up the matter. At this stage of the proceeding, probably, it was thought that the subject had either attained sufficient distinction or had become too serious for further discussion. In regard to the instance referred to in the New York lady, according to her point of view, undoubtedly justified in her request, if she engaged the musicians to furnish music for the occasion and paid them the amount stipulated, it is taken for granted that she had no doubts did not feel disposed to mix with the musical quartette on a social basis and therefore did not include them when it came to the refreshment part of the programme. This seeming neglect toward another little thing which worked upon their sensitive temperaments, as well as proving some reduction on the dignity of the art, according to their reckoning. In consideration of the phase of the incident one can hardly blame the musicians for feeling that insult had been added to injury. It had become customary among people who give social functions to remember those who furnish the most pleasing part of the evening's enjoyment, represented by musical accompaniment to conversation. The custom is based upon a recognition of the high services rendered and, as well, to show that the workers are a few degrees above that kind of service represented by manual work. It is just as unreasonable to expect society to be made up entirely of men and women, who are possessing of the true spirit of gentility as it is unreasonable to expect to find at all times an artistic temperament behind musical attainments. The musical fraternity contains as many foolish constituents as some other line of effort, perhaps more so. To one will take exception to the statement. Outside of such of the arts as is represented by painting and music the whims and eccentricities of the artists would scarcely be tolerated. The sewing locks, slovenly dress or its opposite, overdone, and wasteful airs are still permitted the musician without censure or comment. Whereas the author and poet were formerly included in a similar respect, the tendency of the times is to acknowledge a close relationship of the artist to such creative work, and in consequence the peculiarities of the artist are viewed as the attainments from the hands of his hand. Similar requirements are being placed upon the musical fraternity and more, as is strikingly noticeable among the greatest of the world's musical artists. Wherever a musician is gifted and already a good money-getter, in any part of the world, especial



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praiseworthy criticism is offered if he is lacking in peculiarities, and unmistakable excuses offered if he still adheres to the spectacular mode. Which goes to prove that the general public is beginning to recognize that musical attainment requires not merely musical temperament, but a good supply of common sense. Virtuosity of the present day is a different proposition than that of a decade or so ago; its requirements are mental breadth, spiritual depth and an unlimited capacity for hard work. During former epochs any one or all of these attributes might have been substituted by a cheap imitation supported by eccentricities. Those who serve the general public usually give what is demanded, therefore the public is partly to blame for never having required of the musician more other than musical attainments. Too often has it been the case that the musician has even met with criticism for knowing something outside of his art, the impression being common that to know more of other subjects is to know less of music.

It will be inferred, then, that all musicians are not privileged to make themselves members of a social party just because they are able to furnish melodious music. Had the New York woman been more appreciative of the influence of distinction upon the musicians, she would have offered the quartette something in the way of refreshment; on the other hand had the musicians themselves been of a little different grade of mental calibre they would not have given way to feelings of petty pride and vanity, forced themselves like six year old school boys. Although the incident opened up the way for some close and nice distinctions to be drawn, both parties to the argument made a mistake to suppose that the subject could be disposed of in definite terms, or a cut and dried set of rules established for the governing of matters of this kind. What one ought to do, or the other ought to do to live in peace, or the other ought to do to live in peace, are optional and dependent upon mere inclination. It is rather strange upon the assumption that each one should feel cause, and what a variety of opinions will spring up.

From the continued demonstrations of enthusiasm for the singing of Mme. Schuman-Heink, the people of the old country will be sorry to lose the celebrated artist. She received twenty-one recalls on the night of her appearance at the Vienna Royal Opera. At Hamburg she was recalled so many times that she finally endeavored to make a speech of thanks, but in doing so she did not succeed so well as she did in the role of singer.

David Bispham retired from the concert platform after his recital in Chicago on the 22nd of last month. From now on he will go into training for his theatrical venture in the piece "Vicar of Wakefield," which was written especially for him.

About a week ago Creators and his band arrived on American shores after having spent several months in England and some of the adjacent countries.

Heretofore there has never been such a series of concerts by the Pittsburgh Orchestra and the Mendelssohn Choir, Toronto, Canada, to be given during the month of February, 1907, at Carnegie Hall, New York. For several years a concert of the Pittsburgh Orchestra has made trips to Canada for the purpose of playing in conjunction with the Mendelssohn Choir. The plan of appearing jointly in the American metropolis has been discussed for some time but not until late was the plan acted upon definitely.

The official reports of the government show that during the past year 1,523 musicians came to America from foreign countries. Of these, there were 242 Germans, 96 English, 275 Italians and 9 Poles.

The receipts for a "Souza and his Band" concert in Montreal, recently reached the sum of \$2,700. The crowd about the box office before the performance became so dense and the rush for tickets so keen that a serious riot was prevented only through the intervention of the police.

The piano community of San Francisco suffered a loss of about \$50,000. While most of the music houses carried insurance, it was but partial. As was the case with almost every particular branch of industry, the piano houses of the country have given aid to their fellow workers. The City Council of Oakland opened the West Oakland Park grounds to several of the music houses, where temporary quarters were taken up. Practically all the music houses will receive business and already a good many carloads of pianos have been ordered from

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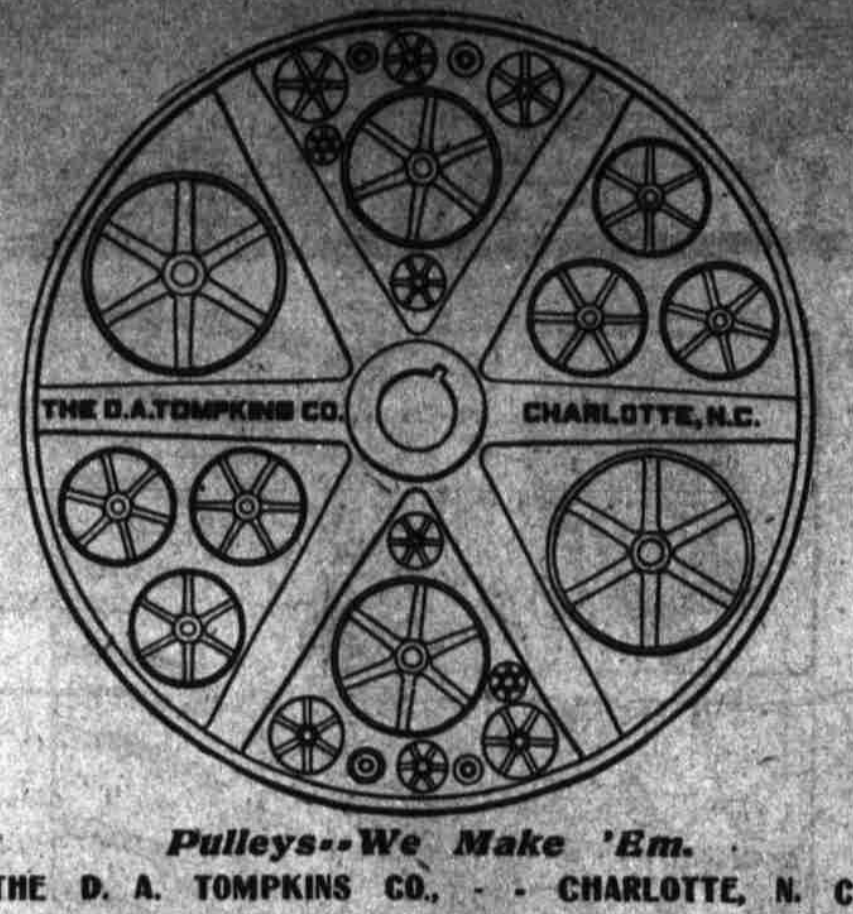
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