Men Used Their Guns—The Man With the Sawed-Off Shotgun— Where Black Bart Falled—Riddled a Car With Bullets—Desc. a Car With Bullets—Desperate Re-sistance Made by Messenger Rob-orts.

New York Sun The shotgun messenger who guards the treasure intrusted to Wells Fargo for shipment is one of the early intions of the West that has not en improved upon or displaced by him. Many

stage driver, worked a few times, him out and Hall gave him a teriffic but the trick was too simple to last, kick in the solar player that a demand for "the other box" enough to spoil it. The builtfirst, but it was easy to send driver passengers afoot down the road break open the box with cold chisels, and as the robbers, incensed at being put to so much trouble, usualy burned the coach and stole the horses, the expedient proved too ex-

pensive to the companies.

To James Gannon, in early days a Wells Farge detective and later a political boss in San Francisco, belongs, says the San Francisco Chronicie, the credit of first suggest-Francisco ing that the best way to protect treasure would be to put on the seat beside the driver a big, truscible man, armed with sawed off shotgun that would scatter like a charge of bribery fired into a California l<sub>f</sub>egislature, Gannon was a resourceful man. When he began work for Fargo stage robbing was a quasi-le-Pacific Coast, and eminent merchants were not above going into partners of February 6, 1891. ship with the hold-up men, even as the merchant princes of old York grubstaked the Captain Kidda and Blackboards of their day. When one of those thrifty tradesmen shiped freasure by express he notified his and repleximed the treasure on commission. The company had to make good to the merchant, who doubled game were various and in

molasses and got it through safely. When the messengers were put the stages it was Gannon who thought of a scheme to keep them awake during the long night drives. He made it an ironglad rule that the messenger should keep the muzzle of his shotgun resting upon the foe of his boot. It is the boast of Wells Pargo that

no robber ever got a box from a stage carrying a shotgon messenger. boast is almost, but not quite, liferally true. In 1880 a noted road agent named Sharp did get a box from the Bodie and Aurora stage. Sharp and his partner, Dowd, infested the road months and robbed singer, pri-Aute conveyances and even pedesthey were bring the stage for the shoulder. Dalton yelled and to the road and held up a stage for ran, and Haswell seized a shot-gun, mere brayado.

Dalton yelled and poked it out and fired; but injessed One day this audacious pair robbed

One day this audactous pair robbed - halton called to his partners: the stage going into Bodie and then "He's got me; make him get out" laid in wait for the stage coming out, which carried Messenger Mike night was dark and when Tovey reached the stage he stepped back of the lantern and whispered to his Toyey, being in the dark and the

light blinding the robbers, the pas-

gentleman's friends explained that he had gone out to maked the messenger half and more than 200 shots were fin protecting the stage, but his judg-fired into the car. The tear was ment in volunteering to protect stages sprinkled with empty shells from the in protecting the stage, but his judgwithout consulting the messenger was not generally commended.

a rule it is the quintessence of unwisdom for pasengers on held up stages to make any objection to the proceedings. The road agent signlys has the drop, and the safest place charge of dynamite under the car and for a passenger's gun is in his value. Some men who never have looked and Roberts was harted clear to the down the barrets of a shotgan when a roof and completely disabled. Evans desperado held the other end imag-ne and boast that they would resist and affect to look with worn upon stageloads of people who meckly submit to robbery under arms, experience is sufficient to to change their point of view and slience their inh fongues. The drop is the drop and the hardest men of the frontler

Occasionally however, a rash, impulsive man or an obstingte fool pas-senger has served the purpose of a shorup messenger. Mile Headley shotgun messenger. Milo Hoadley was on the Milton stage when a lone robber held it up, and he commented stopping a stage carrying five men. John Soning escaped to the manus stopping a stage carrying five men. The robber retorted that Hoadly was neekler still to argue the matter, nd saked him if he had any money cadley said he had a hundred dol-trs in his pocket and asked, "What

saw." and then he went away with the mail sack and Hoadley's money. He was captured later, and he paid Hoadley's \$100 to a lawyer to defend

Adam Hall, an obstinate German, inventive genius. Many clever Adam Hall, an obstinate German, schemes to foil the road agent were was an inside passenger on a held tried by the express companies, and up Milton stage and he refused to get kick in the solar plexus that tumbled him into the road. The other robrobbery was frustrated. When Hall family.
was asked why he made so foolish a Charles Smith is a messenger who pay for mine seat, und I get owut not far from Benson. when I mineself ready am. Any felthe train was stopped in a cut, and
for mine ride I kick him in der
stomache efery time, you betcher upper section of the car and compel-

messenger was transferred to the when the train stopped.
railway express car, where he now The second time he was held

cannot see. Charles C. Haswell, now in charge Fe depot in Los Angeles, is one of dynamite. men who have successfully fended their cars against train rob- ELECTRIC POWER IN THE SOUTH His adventure was with the San Joaquin Valley, on the night

finswell was sitting at his desk making up packages of money before turning in for the night when the air was applied suddenly and the train was brought to a stop with a jerk that

threw him from his high stool to was the subject of a paper read at the floor. The suddenness of the the recent meeting of the American stop told Haswell that something was-Cotton Manufacturers' Association at wrong, as the engineer, George Asheville, N. C., by W. S. Lee, Jr., Thorne intended it should, and he chief engineer of the Southern Power his money, minus the road agent's went to the door and looked ahead, Cempany. Commenting upon it The commission and found the operation more profitable than the prosaic business of merely selling goods, he quickly closed and fastened the apparent neglect of the many and iness of merely selling goods, he quickly closed and fastened the apparent r Gannon's devices to heat that door, turned out the light and got important in- his gun ready.

sacks of relatioes, and once he drop- on the rear door of the car and call- has been an agricultural rather than on the fear door of the car and call-ed "Open the door; I want to get a a manufacturing section, but be-link" But Haswell heard snother cause when the railroads were, being voice say "And open it damned built there, there were practically no quick!" and he knew that the engi- factories to influence the location of the car, making it easy for Haswell lands, and not in the valleys. side door what was going on. Haswell put his face to the

> the left eye with force enough spin him ground like a top. As he whirled back, facing the sloor, Has-

Haswell lay down on the floor and the gang riddled the car with buiout, which carried Messenger Mike the gang fiddled the car with builtower those in Tovey and a partner. Tovey got down and walked ahead of the stage to examine the scene of the first robbery and ran up against a breast-work of rocks. Sharp and Dowd covered him with their gans and backed him along the road to the stage. The along the road to the stage. The night was dark and when Tovey and went away with the wounded than, who thought himself hurt worse world.

The two messengers went hask up Visili hall be the group of from

up through the hole a fire that protested the door.
The battle lasted an hour and a

tessenger's gams and the cur was so filled with powder smake that Holo-ette could breathe only by placing his mouth close to the hole he had

Finally the rubbers placed a heavy exploited it. and the Sontags enter of the car and secured the coin which Roberts could not hide, but failed to and a large amount of paper money. Evans would have killed the younded mes-Evans senger, but was prevented by one of the Montaga

Messenger Roberts was so hadly inthe dynamite explorion that he did not recover for years. He went to Bellevue Hospital, New York, where surgoons opened him and re-arranged internal organs that had been misplaced by the shock. Evans and the Soniags were de-

Soning escaped to the mountains, after a battle with officers la Visali, and for months defled cap-ture. They killed three officers and one citizen, wounded six others, and kept the State in an uproar until they were finally defeated in a battle he robber ordered him to hand with George Gard's posses. Sontag other men are as cranky as he is.

GUARDING THE TREASURE it over, and Hoadley passed down his pocketbook in such a way that the man had to shift his gun into one hand and reach up with the other. Hoadley leaned forward and just as the must reached for the purse he fell the man reached for t by over, and Hoadley passed down his pocketbook in such a way that the man had to shift his gun into one hand and reach up with the other. Hoadley leaned forward and just as the man reached for the purse he fell upon him and bore him bodily to the ground. Had the other passengers assisted Hoadley, the robber could have been secured, but they remained passive and the man soon got the better of Hoadley. When he let Hoadley up, the robber said: "You are the cheeklest old man I ever saw," and then he went away with the wicked Southern Pacific Railroad. "I permitted my sympathies for the victims of corporation greed, "to overcome my judgment; Evans. but if I have sinned I have suffered. I lost my right eye and left hand, been separated for eleven years from my wife and child-

ren, who love me dearly."

This tender-hearted old gentleman's errors of the head consisted of an unknown number of robberies, known murders and the woun wounding of at least eight men. And yet the ber fired at Hall and missed him by cold blooded law persists in keeping in fron box bothered stage robbers at an inch, the horses ran away and the him from the bosom of his loving

> break he replied indignantly: "That | had bad luck with train robbers, who feller haf no right to get in der stage. caught him twice down in Arizona The first time the train was stopped in a cut, and drop on Smith through the glazed From the stage coach the shotgun | led him to open. Smith saved \$40,-

rides as guardian of the treasure and Smith stood off the gang until the sometimes has to defend his charge side of the car was shattered by dyagainst bands of robbers whom he namite, and then he opened the door only under orders from the route Charles C. Haswell, now in charge agent, his superior officer, who was Wells Fargo's office at the Santa in the car and had no relish for

notorious Dalton gang near Alila, in Its Importance to the Manufacturers of That Section—Conditions Vastly Different From Those in New Eng-land, Where Railroads Sought the

New York Evening Post.

The importance of electric power to the manufacturer of the South tion up to this time. This is explained in a moment the engineer knocked not only by the fact that the South neer was acting under compulsion, the lines, so that they were built The robbers had the engineer and merely with respect to the best locafiremen under their guns, and a tion from the railroad engineer's brakeman with a lantern stood beside viewpoint, which was along the highto see through the glass top of the as was pointed out, is diametrically side door what was going on. opposite to the condition in New glass England, where the factories were to peer out and looked into the bar-well developed before the railroads rels of a shotgun. He dodged back were built, and the latter were forced just in time to escape the full charge to seek the mills, while in the other that Hob Dalton fired at his head section the mills sought the railroads. that Hob Dalton fired at his head section the mills sought the railroads. One buckshot struck him just over and as a consequence could not take

DOM: NO. trians with insolent impunity. While well showed his revolver through the now by the application of the electric they were being traced by officers shattered frame and shot Rob Dulton drive, which, by means of a station placed at the water-power, supplies cheap power to the mills already located on high and healthy ground close to the railroads. This new development has thus given the Southmills an additional advantage

The gang was traced to San Luis them. If this development is to be sing of the gun was unseen, and To-vey blazed away and killed blowd. He then ran around the stage to Ket maranding expeditions for the rest A large water-power is a valuable asa shot at Sharp, but Sharp fired first of the family, and Grat was arrested set, but it can only be made to pay and hit him in the arm and then tan and taken to Visall. After his trial if the power produced from it can and hit him in the arm and then tool and taken to Visail. After his trial into the woods.

The two messengers went back up the road to a house to get Toxy's wound freezed leaving the diver with the stage, and as soon as they were out of sight Sharp steped out of the woods and robbed the stage. The woods and robbed the stage are defended deposit in the leads of Dowd. Howel's bankbook, showing a considerable deposit in the little into Bank, was the clue that led to the stage and probably with the stage of the the breast of his real and the diluter's the level of the head of a man stands the public with the importance of hat, but Ward shot one of the reducers in the leg and dreve them off.

A half-trigger messenger on the floor with their fire. All their nuflets for training their engineers. While Auburn and Force i this stage killed. Auburn and Free! Holl stone killed took an upward angle and passed of the present that the problem is prominent difference ago. The prominent difference are ago. The prominent difference are passed in the problem. To get a shot at the rubbers lies good electrical training can be had, next difference are passed in hand and before he good discount to the sale of the car and offered in electrical engineering, could sheak the messenger dropped. tions, are far from adequate, if he true that the determined student can get his education by going other States, there are many who are not able to do this, and there should be no such pecessity. There it not of technical instruction, and if, as has been predicted, electricity is to be the power behind the South, the colleges should see to it that properly trained men are ploylded to bring about this much-tr-be-desired result."

## A Humorous Patient.

London Mall. Surgery has much to guin from spinal cognization, says Robert Jones, a Liverpool surgeon, in The Medical Press. He advocates this process in cases where patients cannot or will not take other anestagitor. The resulting insensibility to pain lasts more than an hour, but the patient often develops abnormal locarsity.

the patient often develops abnormal lo-quacity.

Mr. Jones toils of an operation in which he cocainized the spine. It was that of a glib man, who as soon as he had taken two or three whisfs of chloroform jump-ed off the operating table and scampered away. This happened twice, and Mr. Jones tried cocainization, injecting co-cains into the cerebro-spinal field. By this means a troublesome operation of cutting out bones in the leg was safely carried out. The man, as old poacher, meantime reguled the doctors with sto-ries of his art, only once interrupting, when the surgeon was chiseling a bone, to ask, "What is that knocking?"

How Engineers Are Planning the Telephone System of To-Morrow— A Unique Laboratory That Does Its Work All Over the United States— Experiments and Investigations That Look Twenty Years Ahead. Correspondence of The Observer.

Hoston, July 20.—In a skyscraper office building in this city is one of the busiest and most interesting laboratories in the world. It is the place where the problems of telephony are worked out, and where are devised the means of improving and developing the national talking system to meet the demands the future will make upon it.

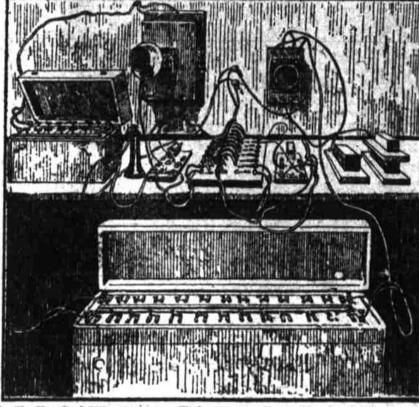
make upon it.

Here, any day, you may see two men in a room 15 or 20 feet wide and two or three times that length, talk-

ances each with the electrical resistance and capacity of so much cable or wire, as the case may be; and by manipulating the switches any desired number of the sections of "artificial line," as they are called, can be not line, the directly number of the put into the circuit under test. The artificial lines are made by taking the resistance of the size of wire they are to represent, allowing for the inevitable leakeage of current under some conditions and for the influence will pact device which will produce on any current that is passed through it two the combined effects of all these various influences.

two or three times that length, talking with each other over circuits a thousand miles long. The equivalent of 20 miles of cable is contained in a box no bigger than an ordinary travel
ous innucless.

When the engineers wish to compare the efficiency of two pieces of thousand miles long. The equivalent apparatus, each is connected with the same wires through a "merbox no bigger than an ordinary travelcury switch." The switch can



Six-Hundred-Mile Line in Eight Square Feet--The Small Box at the Left of the Telephone is the Equivalent of the Circuit From the Sub-scriber to the Exchange—The Round Device on the Wall and the Three Coils at the Right Represent "Centrals"—In the Middle Are Two Similar Pieces of Equipment Under Test, With a Mercury Switch Between Them—Below the Shelf is 600 Miles of "Artificial" Pole Line—The Storage Battery and the Second Subscriber's Telephone Are Within a Few Yards.

worked

ing bag, and 600 miles of pole line is be represented by the contents of another first one of the samples under box not as large as a dress suit case, amination and then the other into the entire apparatus at the central office, so far as it affects the in-dividual subscriber's telephone line, of the line, rocking the switch back is compressed into a couple of square feet.

With this equipment and two standardized telephone instruments conversations over hundreds of miles are carried on within the four walls of this laboratory-one of the workshops of the central engineering force the Bell system. Every detail of a long distance circuit from the subscriber's telephone at one end of the line to that at the other end, with all the central office and overhead and underground construction that connects them, is reproduced with scientific exactness. By these means new devices and apparatus are tested, proposed improvements investigated, and scientific theories involved transmission and operation worked out. This may be done for the pur-

the test circuit. One observer talks and forth, while the other listens in the sound-proof booth, noting the differences in transmission caused by each change of connections-differences which to the untrained ear would be hardly perceptible. times an actual operating plant compared with standard equipment, like that used in the laboratory, by means of one of these engineer's "layouts," and so skilful does the expert become that he can determine with practically absolute accuracy the percentage of efficiency the line or piece of apparatus he is examining.

This laboratry and another one sion of the telephone engineer has seen more progressive changes than mechanism, of determining, for in-stance, the relative merits of two fession in the same length of time. than he was lieb balton had dynamite, but after he was shot he made
no attempt to use it.

"With such opportunities the manuforms of the relay-couls which automatically worked the signals on the
has qualified as experts in the highest
switchboard, or of learning the effect
switchboard, or of learning the effect
sense is probably smaller to-day in
this than any other profession. So forms of the relay-coils which auto- The number of men whom experience equipment at one end of the line at its headquarters here the Bell sys-



Wire Testing Machine—Steel Fingers Grasp the Wire and Pull White the Mechanism Records the Amount of Strain to Which the Material is Subjected—Heavy Steel Guy Wire as Well as Lighter Copper Wires Are Tested With the Machines of This Kind.

and another sort at the other end, or, tem maintains for the benefit of all

for any of a hundred other purposes.

The way in which tests of this sort are made is curious. At one end of the laboratory of a telephone instrument that is kept at an absolute standard. Half way down the room standard. Half way down the room is a sound-proof booth in which a similarly perfect instrument is install-The telephone in the open room has practically the surroundings of the ordinary subscriber's premises; the other is secluded so as to give a nearly absolute quiet as possible and allow the trained ear to judge cor-rectly the sounds that come over the wires. On a shelf beside each phone stands a device which, by shifting its keys and changing its electric-al resistance, can be made to represent the loop, as it is called, between the subscriber's "station" and the cenrepeating colls, relays, and condensers exactly like those attached to every subscriber's line in a regular ex-The devices that represent the outside lines of the telephone system, whether cable under city streets, or

any lesser organization could afford. These are the men who have made the telephone the wonderfully efficient thing it is to-day and are mak-ing the telephone of the future still more wonderful.

Each subsidary company has its own engineering force which handles all ordinary smatters "on the spot." But things come up in the day's work everywhere which can best be dealt with by the trained investigator who has specialized for years, and these matters are referred to the sky-seraper laboratory. It may be some difficulty in transmission for which no cause can be found. It may be a demand for a new kind of telephone service, requiring a modification of the ordinary instrument. It may be the laying out of an intricate underground system, or planning a group of central offices in some distant city to provide for the growth of years.

to come, for in making their plans to-day the Bell engineers look 20 years shead. Perhaps it is a new scheme of operation, which promises to lop off a second or two from the time it takes to get subscribers into com-munication.

munication.

One specialist studies methods of timber preservation—a matter of great importance, since the demand for poles by the various industries using electrical current is devouring trees of the proper size at least five times as fast as nature can replace them. Another devotes himself to underground conduits, weighing by laboratory tests and by actual use the merits of different sorts of material for different surroundings, considering such questions as where creosoted wood is best, where tiles are preferable, whether a manhole creosoted wood is best, where tiles are preferable, whether a manhole in a given kind of soil, should be concreted or bricked, what kind of construction is best for city and what for country, what difference should be made where the frost comes early and sinks deep and where frost is unknown. A third is making his life work the study of insulation—most important of all to good transmission, which means good service, since if perfect insulation could be devised a tremendous loss of current would be saved. Still others are seeking means of over-

others are seeking means of overcoming the loss in transmission now
inevitable by finding ways of building up the current or maintaining
its strength in spite of all obstacles.

An important work is done, too, in
keeping every item added to the telephone plant "up to the standard."
Cable, wire, instruments, switchcounted everything in fact that roos boards, everything, in fact, that goes into the system, must pass muster before it can be delivered to the construction or equipment men. manufacturers make their own tests and are expected to deliver their product in perfect condition, of course, but it is all re-examined by

e telephone company's inspectors. Each of the 600,000 Bell telephones distributed last year was tested out twice—once by the maker and once by the engineers—before it was sent along to take its place in a busy metropolis or on a far distant, isolated farm. Every inch of wire in the Bell system—and there are 6.000,000 miles of it already in use, overhead and underground, and thousands of miles are added each day—passes under the hand of an expert 'feels' it for nicks and flaws that might weaken its tensile strength, and samples from every lot made tested for both strength and conductivity. As much as 4,000 of wire are tested in a single day, the work involving six distant operations in the handling of each of the 450 sample coils.

## WOMAN IN ADVERTISING. Some Samples of Invalid Copy That Need Her Nursing.

Stella George Stern in Printers' Ink. This is neither apology nor explanation. The time has passed when woman's position in the advertising field had to come with its hat in its hand and its right-to-be on its lips. This is news for those who need it of how much more profitable some ticles of food, but they do form the advertising copy would be if women staples of his diet. Here is his daily

wrote ft. 'Woman," says the poet, "is not vision of labor. Yet, while one advertising agency sends a man Cuba to study tobacco before letting him write cigar copy, another sets bewildered bachelor, who thinks a medallion is always jewelry and every gore a wound to descending feminine

lingerie or corsets, know how that bachelor feelsthe rule works both ways. One of is this diet sufficient to sustain the first advertisements I had to life? Well, rather. If there is one not to:

but, to this day, I do not quite know why. By the same token one of the eleverest masculine writers of advertising copy once made an advertisement for a corset that every woman loves for its pliant comfort. advertisement represented a heavy

the corset was as strong as that. But these are extreme cases. man, if the argument

why shirt waist advertisement, as a

man writes it: \$5 SHIRTWAISTS AT \$3.75. A leading maker was closing out his season's business. It paid him to have us take the whole of his remaining supply in one purchase even at a reduction so great that we can now offer you beautiful, shirt waists at a saving of \$1.25. The shirt waists are materials-lawn or batiste-carefully made, brand new, and in a very od range of sizes and styles. \$3.75 each; worth \$5.

The prospective customer reads interested. But, nine times out of ten, she waits to ask these questions of some woman who has been shopping: "Did you see the sale of waists at Blank's? What are they Do you think I'd like them? are the styles new?" or loses her interest for need of such information. Now, if a woman wrote the same

\$5 SHIRT WAISTS AT \$3.75. Beautiful New Styles. Waists of sheer lawn or batiste, with deftly embroidered fronts and or batiste an engaging arrangement of fine tucks and delicate lace insertions, set in obliquely. Short sleeves, ex-quisitely trimmed. Buttons in back, general description-but the range

of choice is large.

Well made, with properly fitting shoulders and waist line, and full, soft blouse effect. All sizes.

\$3.75 instead of \$5—because we took all that a leading maker

left,
There would be no questions left
to ask. That advertisement does not argue, it persuades which is the way, kind friends, to deal with women.

Gentlemen, did you ever see a ger Gentlemen, did you ever see a general advertisement for dress shields that was as good as it ought to be?
Could you make one as good as it ought to be? What do you know about advertising women's hose supporters? Or women's stockings or underwear? Or kitchen utensis? Did you ever dress a child? Do you think that your technical, mechanical description of a sewing machine Did you ever dress a child? Do you think that your technical, mechanical description of a sewing machine makes any impression on the average woman reader? What, are the essential qualities of hat pins or hair pins (two products that are not often advertised under brands, but ought to be)? Do you know how to fill the yearning abyse that calls for good copy about women's shoes? And, above all, wont' you give up the vain attempt to write copy for corsets in competition with women?

That hurts my feelings worst—masculine corset copy. I never saw in all the men-made magasine, bill-board and street car advertising, for special brands of corsets, one attempt that I did not want to take by the shoulders and shake into some sense of its responsibilities.

Women know so much more about this subject than men do that I am how going to suggest to corset copy.

## BY JOSIAH KINGSLEY.

President Roosevelt is no ploneer mong public men in making war upon the beef trust. Long before the President had thought of putting Messrs. Armour, Swift and their as sociates—or the products of the institutions owned by these eminent millionairs—on the black list, Senator La Foliette, of Wisconsin, had put them all out of business, so far, least, as he himself is concerned,

For six years not a penny of Sena-tor La Follette's money has gone to-ward swelling the Armour-Swift-Mor-ris millions. Those millions have gone on accumulating, it is true, but Wisconsin's little giant holds in his heart the proud consciousness that he has contributed nothing toward them. Nor will he, Beyeridge bill or no Bev-eridge bill.

Senator La Folette is a vegetarian. Not like so many, a mere dilettanti in the no-meat crusade, but an active, actual, business vegetarian. Most men of large affairs, especially men engaged in what, for want of a bet-ter term, is called "brain" work, cut down the amount of meat in their daily diet as they grow older. Senator La Follette cut meat out alto-gether about six years ago. Yet he stands to-day as fine a specimen of 160-pound fighter as the world can

With him the metamorphosis was precipitated by bad health, due to impaired digestion. He was "down and out," physically. The best he could do to a nickel-in-the-slot weighing machine was to push the indi-cator to the 120-pound mark. There cator to the 120-pound mana-were "stalwarts" in Wisconsin who would gladly have contributed to-would gladly have contributed towho believed somebody would have that gladsome opportunity.

"I made a thorough—and, so far as I was able, scientific—study of myself," explained Senator La Follette, when asked to tell the story of his dietary change. "I realized that if I were going to accomplish any of the things I had set out to do, I must have health. My digestive apparatus was sadly disarranged. The problem was how to secure the necessary nutriment to keep up steam without putting upon the digestive machinery more work than it could do. maximum of nutriment from the minmum of food-that was the end to be aimed at. I made a scientific study of myself and solved the prob-ism, so far as I Inyself am concern-ed. The secret? English walnuts. Milk and English walnuts."

By this it is not to be understood that Wisconsin's Man of the Hour lives exclusively upon these two armenu:

Breakfast-Two whole-wheat bisundevelopt man, but diverse"—as cuits and milk. No coffee or teatrue a word as the necessity for di-Luncheon-More milk. Outside pieces of bread or zweibach. A few English walnuts if they are within reach.

Dinner-More English walnuts, a dozen or two. More milk. Such fresh vegetables as agree with him, particularly asparagus and spinach. No meat. None of any kind. Is this diet sufficient to sustain

This laboratry and another one the first adverters as a safety razor. The man in American public life who is cal tests, are important adjuncts of nearest neighbor to a safety razor, in thoroughly alive, it is Robert Marion the engineering department of the my ignorance, was a lawn mower. La Follette. Feel his arm. All mus-Bell' telephone system. The profession of the telephone engineer has "smooth running." I don't do that into pink of condition would envy it. into pink of condition would envy it.
The political life of Senator La Follette has consisted of a series of stren-uous campaigns. His last race for Governor was no race so far as was concerned, his re-election being assured from the first, but he was determined to have a Legislature that would stand faithful to his reform fron chain, and proceeded to say that measures, and to this end he bent the correct was as strong as that, all his energies. For forty-eight days at a stretch he went a-touring the want to make the point that much highways and byways of Wisconsin fairly good copy could be excellent, in an automobile, making six, eight, remunerative, compelling copy if the ten speeches a day—not short ad-writer were a woman instead of a dresses, but real speeches, in which came from he carried home to the one who must inevitably know her the different villages and towns the subject better and sympathize with meaning of the freight rate question as it affected them. Hard speeches, er audience.

Here is a typical, sensible reason- full of detailed discussion of an issue upon which the people had to be educated from the very bottom; speeches full of comparisons of the rates of those towns and villages in Wisconsin-coming and going-with the rates of similarly situated villages and towns in Illinois and lows, the two adjoining States, which had State railway commissions of the kind he was advocating for man has ever done a more strenuous

piece of campaigning. Throughout those forty-eight days his breakfast, dinner and supper he carried in his automobile. For meal fresh milk-the supply being replenished at dairies and farm how and two slices of bread, these buttered. Sometimes with cheese

"The right kind of cheese is not indigestible," he says. "The stringy kind is bad, but the right kind, grated, is all right." Sometimes he eats sardines when

not on a trip tike this spelling the skin carefully from each. But, as a rule, his diet is milk and English walnuts! And will such a diet make "steam?" the beef-eater will ask.

Take a look at La Follette. Watch
him in action in the Senate, or on

the lecture platform. Follow his traff. whom he is after grafters-in Washington or in Wisconsin.

Physically, there is no better 160pounder drive. Short-legged, but bigmuscled: no fat, no surplus flesh;

complexion clear, eyes full of fire. From the tips of his toes to the top of his bristling pompadour every inch a man. Then, if you still have any doubt about his vim and his vigor, ask Spooner and the other Wisconsin state warts. They know.

makers and advertising agents some points to consider: No woman yearns to look like an artist-made creature, with a figure like an inverted cone set in a cylinder.

pinning a rose in her hair. 2. If she does admire a geometric shape, the pictured figure, with its waist smaller than its neck, will never be enough to convince her that your