

him to pay taxes for the support of schools, to secure to him the protection of the State...

A mechanical building is also needed in which boys and girls can be employed in the summer school...

THE STATE NORMAL AND INDUSTRIAL COLLEGE. In 1905, my predecessor, Governor C. B. Aycock, announced to the General Assembly...

CULLOWHEE HIGH SCHOOL. No school to which the State grants an appropriation is doing, according to its capacity, a better work than the Cullowhee High School...

THE COLORED AGRICULTURAL AND MECHANICAL COLLEGE. The State Agricultural and Mechanical College for the colored people at Greensboro, has been conducted on practical business principles...

STATE INSTITUTIONS. Our State institutions are in splendid condition. I doubt if any State, with our population and wealth, begins to have such facilities for educating its youth...

THE UNIVERSITY OF NORTH CAROLINA. The University of North Carolina is doing a great work and has more students now in attendance than ever before in its history...

NORTH CAROLINA COLLEGE OF AGRICULTURE AND MECHANICAL ARTS. The College of Agriculture and Mechanical Arts as its name implies is for the purpose of educating our young men along agricultural and industrial lines...

THE STATE BOARD OF PUBLIC CHARITIES. With scarcely any hands but with patriotic and selfless devotion, the State board of public charities has done good service for humanity...

REFORMATORY AND REFORM SCHOOL FOR THE WHITE DEAF AND DUMB. At the gathering last year in Morganton of the various principals, teachers, and promoters of the different schools for the deaf and dumb...

ditional pardon, or rather pardon on parole. Under this authority, I have taken several young criminals out of prison and get them on their feet...

There are four hundred children in the State who have been offered admittance into this institution, but their parents refuse to let them enter...

SCHOOL FOR THE BLIND AND THE DEAF. The attendance for the white blind, and the colored deaf, dumb and blind in the two institutions in Raleigh, on December 1, 1906, was three hundred...

STATE HOSPITALS FOR THE INSANE. Article XI, Section 1 of the constitution, thus reads: "The General Assembly may provide that all the indigent deaf mutes, blind and insane, of this State shall be cared for at the charge of the State..."

PARLONS. I have repeatedly criticised the conditional pardon for young criminals, and have likewise pardoned some old, decrepit men and women, and some who were diseased, and who would suffer greatly, if they were not pardoned...

LYNCHINGS. Mob law is to be deeply regretted, and I am sure that it is all a hazard. I recommend the enactment of the Watson law of 1892, with such amendments as will make it more efficient...

PENITENTIARY. Perhaps the best managed institution in the State—certainly so, financially speaking—is the State's prison. It is self-supporting and has a surplus to-day over all liabilities of \$242,131...

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larger and better facilities are therefore needed. With a purpose, therefore, single to the State's welfare and the good of God, let us each do our duty without demagoguery or fear...

It has been wisely suggested that the State authorize the issuing of two million dollars worth of bonds, bearing four and six per cent. interest, payable in thirty years...

Mr. T. B. Boone, one of Durham's old and very able lawyers, has decided to move his family to Pawhuska, Oklahoma, this being in the Osage Indian reservation...

ROSES, CANDY AND HUMOR. Carolyn Wells Says the First Two Miss Carolyn Wells was seated on a couch in her suburban home when somebody from the Editor asked her...

A Test of Sanity. In Laos, an undeveloped region of French Indo-China, there is something out of the way in the shape of a village of lunatics...

THE KINGS. A man said unto his angel: My angels are fallen thro' and thro' and Saturday night. O brother, what shall I do?

LOBBYISTS. I recommend that you exclude from your floor all lobbyists. The retard legislation and are often a menace to the enactment of good laws...

SUGGESTIONS. I cannot conclude my message without suggesting a few suggestions that I hope will be of use to you in your work...

INSANITIES OF THE INSANE. DR. QUACKENBOS ON DELUSIONS. Talks to the Entertainment Club of Suggestion and the Mental Ills It Can Cause...

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and wisdom correct them by your acts. I am ready to aid you all I can. All papers, documents, and records in my office or that I can obtain for you, are at your service...

Delusions of the sane are a matter of nerves and twentieth century strenuously, said the doctor. If you play bridge or poker too much, play the race sport, an automobile, dabble in Wall Street, work in a factory...

When all of the figures were completed the board set aside something over \$3,000 for the school fund, to cover drawbacks, improvements and incidental expenses of the board...

Others imagined that neighbors were stepping on their feet putting weights on their shoulders, afflicting them with electric currents; that people are abused by playthings; that people are dead, but their positions are not one man the doctor told about kept an electric fan constantly whirling over his pillow to blow away a noxious powder...

A common delusion of the sane, said Dr. Quackenbos, is a morbid horror of dust and disorder (mysophobia) in a home. If the cups and saucers were displaced they could never be put back and spent the greater part of a night keeping them on the shelves...

The vague sense of being afraid, so characteristic of neurasthenia, often takes concrete shape. In specialized form it is called "fear of heights" or "fear of going to bed for fear of waking up and knowing nothing the next morning, fear of crossing the North Atlantic, or of being taken down hill, going up in an elevator, fear of going into the cellar on the part of a man who kept his bees there in winter and who was afraid he might be stung if he went down to look after them...

There is a humorous as well as pathetic side to some of these abnormal thought forms. A physician recently in my office once removed from his clothing was covered with microbes. He was constantly brushing them off. He soiled fifty napkins a day in desperate efforts to brush them off. He had a woman who was unable to keep a servant in her employ and his practice went to the bad. Even hard headed business men become the victims of such delusions. A young man applied to me last autumn for the cure of an irresistible impulse to throw himself into the arms of every corpulent woman he saw and he begged to sleep with her. It is generally conceded that asylums for the insane are filled with inmates that might have been saved had they been opportunely treated...

Dr. Quackenbos read a number of letters sent him by persons who imagined he could benefit them by absent treatment suggestion on other persons. One man who had some bad habits, and who was a doctor, was asking him to make Tom Landon his pictures. Another wanted him to hypnotize procrastinating debtors and make them pay up. I once prepared a young lady to receive a proposal, said Dr. Quackenbos. "Her lover was due that very night from the best I could for her. She was once prepared to accept and so convey the impression that she was an easy conquest. She must not be too rigid and repel the advances of affection. I worked one hour over that sleeping beauty impression, and she was so when I waked her I felt that she was thoroughly equipped to go through the trying ordeal. Do you know, that man never came. He has not since written and she is still waiting for an opportunity to give expression to my instructions. On another occasion I was induced to put a young man to sleep and make him ready for the declaration, but the girl threw up her hands and said she could believe that he carried out my suggestions."

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