

### PERMITS MUST BE OBTAINED TO SET FIRES

#### Forest Warden Cites Law Pertaining To Woodland Fires

The forest fire laws of North Carolina require all persons to obtain a permit from the State Forest Service before doing any burning in, or within 500 feet of, any woodland during October and November.

Chapter 14-139, General Statutes of North Carolina reads: "It shall be unlawful for any person, firm or corporation to start or cause to be started any fire or ignite any material in any of the areas of woodlands under the protection of the State Forest Service or within 500 feet of any such protected area, between the first day of February and the first day of June, inclusive, or between the first day of October and the 30th day of November, inclusive, in any year without first obtaining from the State Forester or one of his duly authorized agents a permit to set out fire or ignite any material in such above mentioned protected areas; that no charge shall be made for the granting of said permits.

"This section shall not apply to any fires started or caused to be started within 500 feet of a dwelling house."

Permits may be obtained from County Forest Warden J. Ellis Byrd or any of the following authorized agents: Joe Strickland Store, Bunnlevel; C. H. Tripp, Lillington; D. A. Patterson, Broadway R-1; T. J. Turlington, Coats R-1; G. V. Stewart, Benson R-2; J. E. Smith, Duncan; Tyre Senter, Kipling; M. A. Temple, Bunnlevel R-1; A. S. Davis, Overhills; D. A. Darroch, Cameron R-2; D. L. Holder, Broadway R-2; E. F. Tart, Manchester R-1; J. O. Briggs, Cameron R-2; John Griffin, Broadway R-1; A. L. Autry Store, Superior Seed & Feed Store, Lillington; Roy Butt's Store; Ernest Byrd's Store, Mamera; McLamb Farm Machinery Co., Dunn; Norman Shaw, Spring Lake R-1; Loyd Autman Store, Angier.

### GAS MISERY Takes Joy Out of Life

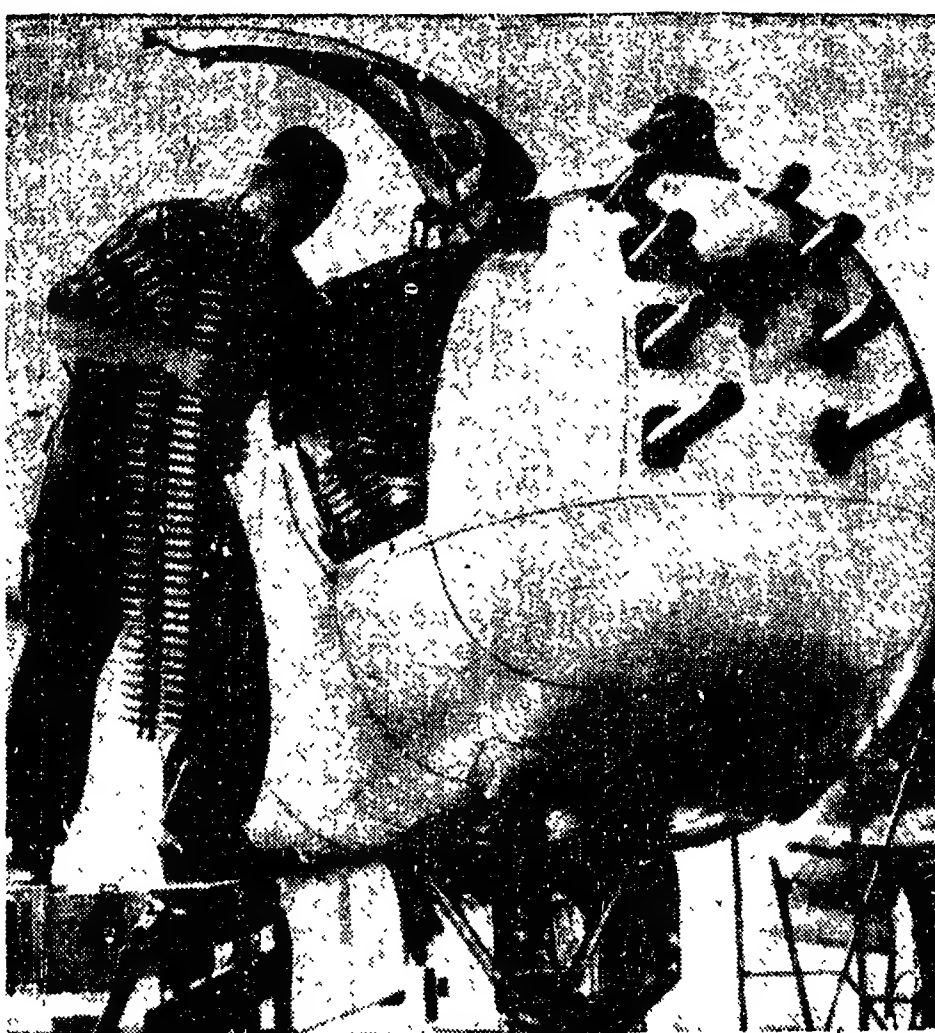
Recently a Lillington man said he used to feel like a swollen balloon after every meal. His food turned right into gas; he had gas pains almost constantly.

Now this man is praising CERTA-VIN. He said this new medicine moved inches of blot from his stomach and now he can eat what he pleases, without gas misery.

CERTA-VIN is taken before meals and works with your food; thus you get the fullest good out of your meals. It contains Ten Great Herbs with Vitamin B and Iron, so it not only relieves gas; it also makes the nerves stronger with vitamin B and enriches the blood with iron. Miserable people soon feel different all over. So don't go on suffering! Get CERTA-VIN—Kelly's Drug Store.

Method is not less requisite in ordinary conversation than in writing, provided a man would talk to make himself understood. — Addison.

Be methodical if you would succeed in business, or in anything. Have a work for every moment, and mind the moment's work.



**LEAD FOR KO-REDS . . .** Corporal J. C. Lovelace of Fowler, Ind., wears a scarf of .50-caliber shells as he loads the eight machine guns mounted in the nose of this B-26 bomber, at an American air base in Japan. The light bombers have been flying round-the-clock missions against the North Korean Communists from several Japanese bases.

### Care In Lifting Movements Urged By County Agent

"Correct lifting should be practiced until it becomes a habit," commented C. R. Ammons, county agent, today. Each year thousands are victims of sprains, strains, hernias and other injuries caused by improper lifting.

According to the records of the National Safety Council the most common causes of lifting injuries are as follows: (1) lifting and lowering with the back muscles instead of the leg muscles; (2) insecure grip or footing and unsafe placing of hands or feet; (3) using quick, jerking, twisting or awkward movements of the body; (4) obstructed vision, unstable loads or inadequate control; (5) insufficient help or failure to use mechanical aids.

The body is a mechanical system of levers and hinges, activated by cables just like many machines. Nature intended each bone joint and muscle for a specific purpose. When overloaded or used improperly, injuries are invited. It is a common practice to bend at the waist when reaching down to grasp an object. Lifting in this position places a severe strain on the sensitive back and abdominal muscles.

Always bend your knees and keep back straight when it becomes necessary to lift. Examine farm lifting jobs with a critical eye. Rearrange the work to eliminate or reduce the amount of lifting required. Explore the feasibility of using simple and safe mechanical aids, such as rope hoists, wooden skids, and hand trucks or inexpensive conveyors.

for the National Security Resources Board's newest publication entitled "United States Civil Defense," which sells for 25 cents. Over 5,000 were sold the first day of an initial printing of 50,000 copies of the book, which is described as the most comprehensive publication issued to date by the Federal Government on civilian defense.

The Government's other best seller called "The Effects of Atomic Weapons" was released last month and is now in its fourth printing. Over 40,000 copies have been sold at \$1.25 each of this book issued by the Atomic Energy Commission which describes what may be expected when an atomic bomb explodes.

### Shawtown NFA Holds First Meet of Year

The Shawtown Chapter of New Farmers of America held its first meeting of the school year in the Shawtown Agricultural Building recently. Electing of officers and formulating a program of work were the main business discussed.

New members were welcomed into the organization by the president. A short talk was given by Prof. C. R. Downing, Adviser to the chapter. He urged each member "to strive to become competent leaders, for our rural organizations are looking to its youth to become their future leaders." Thirty new members were

### State College Hints To Farm Homemakers

By Ruth Current  
State Home Demonstration Agent

and carpets at the first sign of wear, say home economists.

Mending a rug often is a tedious and time-taking job, but it pays good returns, especially when prices of new rugs are up. To make the job easier, plan for it in advance, first by reading up on best methods, then by assembling materials and utensils needed.

Before beginning repairs, clean the rug well by vacuum or sweeping on both sides. If the rug is washed will not enlarge the damaged spot. Never beat or shake rugs or carpets, especially those needing mending, because such rough treatment rips hems and frays edges still more.

Choose a bright day for the job for ease on the eyes. If the rug is too heavy to lift onto a table, sit on a low stool with a cushion with the back against the wall to relieve the strain. You may slip a small box under a heavy rug to raise it from the floor and make it easier to get at the damaged place.

Anyone who is sensitive to dust should wear a mask over nose or mouth.

The News is well equipped to do all kinds of Job Printing. Give us your orders now.

Consider "prepares" in new wool clothes to save repairs later, clothing specialists suggest. Clothes will last longer, look better, require less mending, cleaning and pressing if they are given a good start and then good care.

To protect against wear and perspiration stains, often difficult to remove from clothes which are not washable, the specialists recommend putting shields in both wool dresses and coats before wearing. Give a new dress underarm shields and sew in a piece of thin washable fabric over the upper back to keep oily soil from the dress. For coats, make shields of fabric that matches the lining so that these can take stains and rubs and be replaced when necessary. It's far easier and cheaper to put in shields early than to re-line entirely the coat later.

Protect new trousers by sewing retreats inside, at seat and knees. A retreat—that is, an underneath stretch of firm but thin fabric—is suggested also for the seat of a skirt, especially for the "sheath" or tight skirts fashionable this fall. Long sitting is likely to cause them to bulge or stretch out of shape unless they are reinforced underneath.

A scarf protects the neckline of a coat against soiling as a washable collar does on a wool dress.

An occasional rest of a few days is good for wool clothes. It allows the wool to spring back and wrinkles to fall out so less pressing is needed. Be sure wool clothes hang straight on hangers and are not pressed tightly in a close closet. They need space and air. Occasional brushing, inside and out, helps keep wool clothes in condition. When brushing, give attention to seams, turn down cuffs and open out pockets.

Rug Repair  
Want to save money underfoot?  
A good way to do it is to mend rugs!

**GREGORY'S RED BIRD CABS**  
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ERWIN, N. C.

### OFFICE EQUIPMENT & SUPPLY CO.

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OFFICE SUPPLIES  
R. C. ALLEN ADDING MACHINES

### Civil Defense Sells Books On A-Bombs

The Federal Government is carrying on a thriving book-selling business, the Government Printing Office announced today, as it found another best seller on its hands—the second within a month. Orders started pouring in to the Superintendent of Documents in Washington

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LILLINGTON, N. C.

present. The group agreed to charter a bus to the State Fair. A chapter project in Home and School beautification were considered.

Officers elected for the year were Nathaniel Gunn, Bunnlevel, President; Theodore Murchison, Lillington, Vice President; Haywood Shannon, Angier, Secretary; Paul Smith, Lillington; Treasurer; and Henry Smith, Lillington, Reporter.

Deeds for sale at The News office

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Good builders provide solid brick in these vital sections as insurance against foundation cracks and excessive settling. Whether you buy or build, insist on brick for your home. It will save you money year after year.

**FREE: BRICK HOUSE PLANBOOK.**

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### Land Sale At Auction

Notice is hereby given that the undersigned Agents for Heirs of D. S. Cameron, deceased, will offer for sale at Public Auction to the highest bidder for cash on the premises at 2 P. M., Saturday, October 28, 1950, the lands of D. S. Cameron, deceased, together with improvements, situate and located in Upper Little River Township, Harnett County, North Carolina, mile and half south of Boone Trail High School described as follows:

**183 ACRES: 33 Acres Cleared and 150 Acres in woods.**

**IMPROVEMENTS:** One 4 room residence, two tobacco barns with curing outfits, one pack barn, ordering pit, feed barn and crib.

Tobacco allotment of 4.5 acres. Cotton allotment of 4.2 acres.

**TIME OF SALE:**  
**Saturday, 2 p. m., October 28th, 1950.**

Terms of Sale: CASH.  
Place of Sale: At residence on premises.  
This September 29th, 1950.

**I. C. McLEOD & FRED W. CAMERON**  
Selling Agents  
BROADWAY, N. C., ROUTE 1

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**ATLAS 66 CERT. WHEAT**  
**CALHOUN BARLEY**  
**COLONIAL BARLEY No. 2**  
**Government Help**

**P. & M. A.**  
**RYE GRASS**  
**WINTER PEAS**  
**VETCH**  
**LADINO CLOVER**  
**CRIMSON CLOVER**  
**NO. 31 FESCUE**  
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**WOOD'S LAWN SEEDS**  
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