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Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

Recipe of Old Dr. SAMUEL PITCHER

Pumpkin Seed -
Aloe -
Rhubarb -
Sassafras -
Licorice -
Ginger -
Cinnamon -
Cloves -
Mace -
Nutmeg -
Sage -
Peppermint -
Eucalyptus -
Menthol -
Syrup -
Water -

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of
Chas. H. Fitcher
NEW YORK.

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35 Doses - 35 CENTS

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CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature

of

Chas. H. Fitcher

In Use

For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

A WILD VACATION

Our aged and sedate contemporary, the Philadelphia Public Ledger, has heard the call of the wild. The lure of the potato patch and the sorcery of black-eyed Susans have worked a startling transformation in our venerable friend. It cries: "We should every now and then rush out in the open." It goes further, and makes the astonishing statements that running barefooted in the dew is so exhilarating that it proposes to strip altogether, in order to obtain "the invigorating effect of rain on the nude but active body." Second though saves it however, from possible arrest: "These healthful diversions are not always practicable, but nearly everyone can have a sponge bath."

Once in the wilds of the suburbs, the Ledger discovers a sixth sense: "When we return to the free realm, something like a long-unused sense responds rhythmically to the harmonies of nature." Whereupon our contemporary seizes the pipes of Pan, strikes thy keynote, and responds rapturous to the harmony around it:

"The potato fields are in creamy blossom and the long rows of garden peas in airy bloom, even while the elderberry is wearing its mid-summer flowery tufts. Here are great wastes of ragged robins and starry campions and tall orange lillies. Yarrows and clovers and butter-and-eggs and wild mustard all frolic together in the July breezes. Belated buttercups hold friendly communion with the early golden-rod, while triumphant young black-eyed Susans stand beside their shrinking elder sisters, who were in their prime a month ago. Nile green rivers of oats are ripping beside golden lakes of over-ripe wheat."

Ah, the glad summertime! Ah, the spirit of youth! In our mind's enraptured eye we see our time honored friend, rejuvenated, wearing its midsummer flowery tufts, frolic with yarrows and clovers and fresh butter-and-eggs. A gay old blade is our intoxicated contemporary. It chucks the triumphant young black-eyed Susans under the chin, and holds friendly communion with their shrinking elder sisters. Birds sing, grasses wave, satyrs gambol, potatoes blossom, and the Public Ledger leaps and laughs. On with the dance, unbiased the fragrant zone, tune the merry throat unto the sweet bird's note!

Betimes the antique devotee of jop and forgetfulness wends to Atlantic City. The bellow of the sea is not in vain! "Its strong spell enchains us—we are haunted by its ancient mysterious rune, and feel that the delights of beach and surf are supreme. Among the breakers there is a glad riot of life." What! so soon? Is black-eyed Susan forgot in the witchery of the mermaids? Even so. Our neighbor's ancient mysterious rune deals now with the glad riots of life on the board walk, and the Nile green rivers of oats glide into the bosom of the sea. Triumphant young Susans dive and plunge, and tease their elder sisters who were in their prime half a century ago. The strong spell of the sea enchains the holy bard, and the coast patrol comes to the rescue.

It is the mysterious summer time, when brains are prone to madness and man wanders far afield. We rejoice in the exhilaration of our old friend, but we confess that we shall feel safer when it is again in Philadelphia, free from the dangers of vacation.

The "mysterious summer time" is spring and fall at Morehead City and Beaufort, N. C., the most beautiful and delightful coast resorts on the South Atlantic.—Washington Post.

It is wonderful how alike some twins are, not only in feature, but in character. It is seldom, however, that the lives of twin sisters or brothers are so nearly alike as those of Mrs. Mary Sissons and Mrs. Ann Dennison. These old ladies recently kept their eighty-fourth birthday at Arnold, Nottinghamshire, near which they have lived all their lives. The twins were married on the same day by the same clergyman. They married brothers. Both lost their husbands as the result of accident, and both married a second time. Both enjoy good health, and neither has ever seen the sea.—London Mail.

Bull Ring Slaughter.

A Spanish contemporary says, according to the Indianapolis News, that in 1904 nearly 13,000 bulls were killed in bullfights of the country. The bulls killed about 10,000 horses. The best and most valuable bulls for the arena are raised on the vast estates of the Duke of Veragua, in Andalusia, who has made a fortune out of this business.

Orange Marmalade.

Wash the oranges and slice them thin, and for each pound add six cups of water and let stand for twenty-four hours. Boil until tender, add two and a half cups of sugar to every pint of fruit and boil an hour and three-quarters. When nearly done add two lemons sliced thin to every five oranges used.

Save the Pieces.

Every household should have its well marked boxes and bags for the proper sorting out of odds and ends of silks and cloths and linens.

Every odd bit of stuff that is of any size should be saved. You never know when you will need a bit of silk to line a collar or a strip of muslin for bands.

Toast For Invalids.

Cut the crust from slices of stale bread and toast to a light brown. As each is done dip into well salted boiling water. Arrange in a baking pan, salting and buttering each layer, and cover with boiling milk, adding cream if you have it. Cover and bake for fifteen minutes.

Loose Knife Handles.

Take the handle off, mix together three parts rosin and one of bath brick. Nearly fill the handle with this, heat the steel beyond the blade till nearly red hot, insert in the handle and press down into place. It will be as firm as when new.

Cucumber For the Skin.

Cucumber is one of nature's own cosmetics. Try using a slice of cucumber instead of soap for washing your face. Don't throw away even the rind. Boil it and use the water for washing your face.

To Deodorize a Room.

An easy way to deodorize and disinfect a room is to put a lump of camphor on a plate and press a red hot poker into it, or bits of the gum may be sprinkled over red hot coals on a shovel.

To Stop Bleeding.

Badly cut fingers may be stopped from bleeding by tying in a piece of soft rag soaked in turpentine. This will at once stop the bleeding and make the cut heal quickly.

Doing It Best.

W. M. Tilghmann, an Oklahoma sheriff and a one time partner of Bat Masterson in Kansas, was in New York recently and while here told this story:

"A posse was one day looking for a bad man who was the real thing. Bat and I and several others were in the bunch, and we ambushed our man, and when he was within twenty steps we suddenly showed ourselves and ordered him to throw up his hands.

"He was on horseback, and he promptly drew a revolver. There was nothing else for us to do, and five of us fired, and the bad man tumbled from his pony. We went to him and found that, while he was badly wounded, he was not dead. He cursed us roundly and then grew sarcastic.

"You are a fine lot of marksmen," he said. "If I had fired right at a man like that I would have killed him, you bet."

"Masterson seemed grieved at the complaint, and he said sincerely: 'Well, now, don't blame me. I did my best.'—New York Times.

A Homely Criticism.

"Uncle Joe Cannon is sometimes too homely and direct and harsh in his comments," said a young journalist. "I was not at all pleased with the remark he made to me while I was speaking at the X banquet.

"Of course I am an inexperienced speaker. I can't rattle off words like the veterans of the senate and house. I admit that I began my address in a faltering way. I began, if I remember:

"Gentlemen, my opinion is that the generality of mankind in general is disposed to take advantage of the generality of—"

"Here Uncle Joe interrupted me. 'Sit down, son,' he said. 'You are coming out of the same hole you went in at.'—Kansas City Journal.

slightly salted boiling water. A delicate flavor is obtained by adding a few cloves and peppers to the salted water. This requires a good deal of cooking, and the fish is done if the fins come out easily when gently pulled. Remove the bag carefully so as not to break the fish, lay in a platter and cover with finely chopped bits of parsley and oyster sauce.

Eggs and Cheese.

Put very thin a quarter of a pound of cheese and put it in a frying pan over a slow fire. Add to it half a cupful of milk, butter, a pinch each of salt and pepper. Stir until the cheese is almost melted. Then add three well beaten eggs with half a cupful of milk. Cook until set, and serve in a hot dish or on thin toast. An agate pan is much the best for cheese.

Blind Headache

"About a year ago," writes Mrs. Mattie Allen, of 1123 Broadway, Augusta, Ga., "I suffered with blind sick headaches and backaches, and could get no relief until I tried

WINE OF CARDUI

A Non-Intoxicating Female Tonic

I immediately commenced to improve, and now I feel like a new woman, and wish to recommend it to all sick women, for I know that it will cure them as it did me."

Cardui is a pure, medicinal extract of vegetable herbs, which relieves female pains, regulates female functions, tones up female organs to a proper state of health. Try it for your trouble.

Every druggist sells it in \$1.00 bottles.

WRITE US FREELY.

We want you to write us freely and frankly, describing all your symptoms. We employ a staff of specialists in female disorders, who will carefully consider your case and give you free advice. Do not hesitate, but write us today, giving a complete history of your trouble, and we will send you plain instructions what to do to get well. All correspondence kept perfectly secret, and reply sent you in plainest language. Address: Ladies' Advisory Dept., THE CHATTANOOGA MEDICINE CO., Chattanooga, Tenn.

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lovely women require a lot of little fixings that most men know but little about. The drug man, however, who caters to fashionable trade knows all these little belongings and accessories needed by womankind.

WE ARE THE PEOPLE

you can get them from, and at popular prices. All the powders, perfumes, manicure sets and whatever else is necessary to make you pretty, we've got them. Come in, please, and buy a few.

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the farmer is busy

We can make it easy for you, call and see

Rothrock Wagons and Chattanooga Plows

and keep the best Reapers, Binders and mowers.

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Popular Prices. All new Spring Goods. The only exclusive Ladies Store in the city.

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If not, why not? It wears, covers, works and looks better than any other. Claims verified by a Half Century's Performance. Sold only by

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We sell exclusively the highest grades of steam and domestic coals, and cord and split wood :: ::

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Gowan's Pneumonia Cure

External—for Croup, Sore Throat, all Pains in Chest, Lungs and Muscles

Children Poisoned.

Many children are poisoned and made nervous and weak, if not killed outright, by mothers giving them cough syrups containing opiates. Foley's Honey and Tar is a safe and certain remedy for coughs, croup and lung trouble, and is the only prominent cough medicine that contains no opiates or other poisons. Geo. A. Matton

Foley's Kidney Cure

makes kidneys and bladder right.

\$100. D. E. Deethen's Anti-Diuretic may be worth to you more than \$100 if you have a child who soils bedding from incontinence of water during sleep. Cure old and young alike. It arrests the trouble at once. \$1. Sold by Geo. A. Matton, Druggist, High Point, N. C. fri

Climatic Cures.

The influence of climatic conditions in the cure of consumption is very much overdrawn. The poor patient, and the rich patient, too, can do much better at home by proper attention to food digestion, and a regular use of German Syrup. Free expectoration in the morning has made certain by German Syrup, so is a good night's rest and the absence of that weakening cough and debilitating night sweat. Restless nights and the exhaustion due to coughing, the greatest danger and dread of the consumptive, can be prevented or stopped by taking German Syrup liberally and regularly. Should you be able to go to a warmer climate, you will find that of the thousands of consumptives there, the few who are benefited and regain strength are those who use German Syrup. Trial bottles 25c; regular size, 75c. W. A. Ring.

Silverware Economy

In buying silver plated ware quality should always be considered before price. We take pride in our stock of silverware, being only the best kinds from the most reliable makers. We call your attention to our 1847 Roger knives and forks. We buy them in jobbers lots and can sell them at less than those who buy in small quantities. Another thing we pride ourselves upon is our line of watch and lorgnette chains. We carry the best gold filled chains that are made anywhere, the Simmons, which are the most broadly guaranteed chain in this country. :: :: ::

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