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More children would be borne if the mother could be relieved of the pains, worries and tribulations of gestation that be avoided.

"MOTHER'S FRIEND"

(This marvelous liniment) is unique in relieving and relaxing all the strained tendons and muscles, as well as the inflamed organs. There is nothing like it.

Mrs. L. PASCHEL, Lambert, Ark., proves the above statement when she says: "I have had six children, and was always in labor from twenty-four to thirty hours. This time I used only one bottle of 'Mother's Friend' with my seventh child and was in labor only about four hours. 'Mother's Friend' is just what a woman needs to be. I will never be without it again."

Sold by all best druggists or sent by express prepaid on receipt of price, \$1.00 per bottle. Book, \$1.00. "Mother's Friend" written for women of all ages, mailed free.

THE BRADFIELD REGULATOR CO., Atlanta, Ga.

The Asheville School of Music & Languages

Ferdinand Dunkley, Principal.

MRS. ROCKWOOD, Director of the Vocal Department, will give FREE TALKS ON VOICE WORK as conducive to health, culture and pleasure, every day this week, December 10-15, from 4 to 6. Each talk will last half an hour and only six persons will be received in each class. The total number who can attend during the week is therefore 144. Time should be engaged at once by applying at the office between the hours of 10 to 1, or 4 to 5. Any person interested in the voice, either practically or theoretically, is invited to engage a place in one of these free classes.

THE SCHOOL NOW OCCUPIES A SUITE OF ROOMS IN THE SONDBLEY BUILDING, OFFICE, ROOM NO. 15. (Over Wingood's Drug Store.) Office hours, 10-4; 4-5. Phone 620.

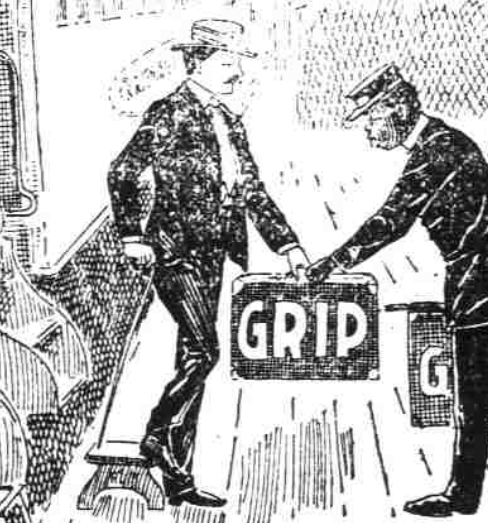
The Candy Kitchen

For Christmas... The Candy Kitchen is headquarters for high grade candies, made fresh every day. Also fruits and nuts of the very best variety.

Cleanliness, Promptness, Politeness.

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A CASE OF GRIPPE.



PORTER:—"Where shall I take your gripper?"

TOURIST:—"Take it to the Quisisana Nature Cure Sanitarium, 167 French Broad Avenue."

THE NEW SOUTHERN HOTEL, CHATTANOOGA, TENN.

Accommodated 450 guests. Outside light airy roof. Several suites with bath. Daily Evening Orchestra in Ladies' Lobby, overlooking office. Unexcelled Table, large Dining Room, Spacious Parlor, Wine Room stocked with the best supplies. New Pool and Billiard Room. Our own Electric Plant. The Travelling Men's headquarters. The tourists home—150 miles best roads in the country, mild climate all winter; one hundred points of visiting interest in and around the city.

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NEW SOUTHERN HOTEL. F. A. Lincoln, Mgr.

Formerly of the Swannanoa Hotel, Asheville, N. C.

THE BEAUTIFUL SAPPHIRE COUNTRY.

A most delightful winter climate and pleasant place to spend the winter. Fine roads for riding and driving. First class liveries.

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THE SAPPHIRE INN AND COTTAGE Are open the year round

For Booklets and Rates, Address MANAGER OF HOTELS, Sapphire, N. C.

Booklets and information of the Sapphire Country can also be had at the City Ticket Office of the Southern Railway, on Patton Avenue, Opposite Post Office, Asheville, N. C.

FLATHOUSE KICKERS.

One Among Them Who Knows What Is Right and Insists Upon It.

"It is," said a flat dweller, "a bad thing to have everybody in the house a kicker. That only mixes everything all up and gets the janitor confused and makes everything uncomfortable all around. But it is a grand thing to have among the tenants one good stout kicker who knows what is right and who insists on having it done."

"I don't refer here to the growler or fault finder, but to the straightout kicker who knows his rights and dares to maintain them. He is a blessing to the whole building. I have lived in flats where such a tenant was regarded lightly by feeble minded tenants, but my experience is that most people come to regard him as a common benefactor, and they leave to him the correction of the evils that affect the tenants in common."

"Thus, if the dumbwater is not kept clean or somebody puts hot ashes on it, the kicker can be trusted to kick and insist on having those evils corrected. If the halls are dirty or insufficiently lighted or not lighted early enough, the kicker is due to attend to that, and the improvement that he brings about is obviously not for his own benefit alone, but for that of the whole house. He will in due time kick, and kick hard, against the noisy tenant if nobody else likes to complain. He in the cold spells insists on more steam and gets it. His management of the steam question, by the way, may not suit everybody. He may want it turned on earlier than other people in the fall and want it turned off earlier in the spring, but you will do well to leave it to him all the same."

"In fact, in all things not immediately pertaining to your own apartment the safe and wise thing is to leave them all to the kicker—that is, of course, if there is in the house a kicker of this kind, not a mere complainer or growler or kicker in the narrow sense, but one of the stalwart, downright sort, who knows what's right and insists on having things so. It makes it easier for you and easier for him. And thus the stalwart kicker becomes by a sort of simple, natural process the representative of all the tenants, and his presence in the house is a common good."—New York Sun.

The First Veiled Prophet.

The first "veiled prophet" was Hakim Ben Allah, called Mokanna the Veiled. He was the founder of an Arabic sect in the eighth century during the reign of Mahadi at Khorassan. He commenced his career as a common soldier, but soon rose to be the commander of a band of his own. An arrow pierced one of his eyes, and to hide this deformity he wore a veil. When he was conquered by the sultan Mahadi, he poisoned his soldiers and then threw himself into a vessel containing a burning acid, which completely destroyed his body, his object being to persuade the people that he had ascended to heaven.

At an Election Dinner.

The following, taken from the Annual Register for 1761, is an exact account of the articles consumed at dinner only by the voters of a small borough on the day of electing their members, independent of veal, mutton, poultry, etc., and a preparatory breakfast, which last alone cost £750: "Consumption at dinner, 980 stone of beef, 315 dozen of wine, 72 pipes of ale, 365 gallons of spirits converted into punch." The electors had appetites in those days.—Westminster Gazette.

Bad Place For a Squabble.

"Count Zeppelin doesn't take his wife along when he goes on his balloon voyages."

"Why not?"

"He's afraid they might fall out."—Cleveland Plain Dealer.

Kanara, India, claims a larger fall than Niagara's, a clear drop of 830 feet.

Japan has had a Hebrew synagogue since the year 1182.

This may be a progressive age, but it is said that they still drink coffee from saucers in St. Louis.

Life and coat buttons often hang by slender threads.

Beauty unadorned may be all right in some cases, but a little dressing always improves the turkey.

Having qualified as administrators of Lyman A. Deal, deceased, late of Buncombe county, N. C., this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before November 1, 1901, or this notice will be placed in bar of their recovery. All persons indebted to said estate will please make immediate payment.

This Nov. 2, 1900.

T. W. PATTON, WALTER DEAL, Administrators.

Thousands Have Kidney Trouble and Don't Know it.

How To Find Out.

Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling indicates an unhealthy condition of the kidneys; if it stains your linen it is evidence of kidney trouble; too frequent desire to pass it or pain in the back is also convincing proof that the kidneys and bladder are out of order.

What To Do.

There is comfort in the knowledge so often expressed, that Dr. Kilmer's Swamp-Root, the great kidney remedy fulfills every wish in curing rheumatism, pain in the back, kidneys, liver, bladder and every part of the urinary passage. It corrects inability to hold water and scalding pain in passing it, or bad effects following use of aqua, wine or beer, and overcomes that unpleasant necessity of being compelled to go often during the day, and to get up many times during the night. The mild and extraordinary effect of Swamp-Root is soon realized. It stands the highest for its wonderful cures of the most distressing cases. If you need a medicine you should have the best. Sold by druggists in 50c. and \$1. sizes. You may have a sample bottle of this wonderful discovery and a book that tells more about it, both sent absolutely free by mail, address Dr. Kilmer & Co., Binghamton, N. Y. When writing mention reading this journal in this paper.

SHOT AT FOR A THIEF

A BOARDING HOUSE COMPLICATION THAT EFFECTED A REFORM.

The Startling Incident in the Life of a Young Tippler That Sobered Him For Life—A Wrecked Mirror and a Considerate Landlady.

"If I should ever appear on the platform as a temperance lecturer," said the man with the red mustache, "I could preach my most effective sermon on a text derived from my own experience. You wouldn't think to look at me now that I had ever been a tippler, but I have been, and it was the incident that turned my appetite away from the seductive bowl that I should work up as the strong point of my lecture."

"I was quite a young fellow then, and I was living in a boarding house in Twenty-third street. This house was a large one, and four of the boarders in it I have special cause for remembering. These four were a man named Donley, who occupied a room on the fourth floor; a Miss Chapman and her maid, Elise, who had a suit on the third floor, and a young dentist named Maverick, who had rooms directly beneath Miss Chapman's. Although she lived in the house six months, the only thing any of us knew about Miss Chapman was that she had magnificent diamonds."

"One night in those days I got in about 2 a. m., more befuddled than usual. I stood on the steps awhile fumbling with the door key, and while thus engaged a man hurried up the steps and addressed me."

"Hello," he said. "How fortunate I am to find somebody else coming in at this time, and somebody with a key too. I went out without mine."

"Stupefied as I was, I didn't notice the man's appearance. Understanding him to say something about his key, I unquestioningly took him for a boarder, and when the door finally yielded to my patient endeavors I made no protest against his entering the house. He pushed in close behind me and went directly up the stairs. As for me, the effort of unlocking the door had been too much for me, and I sat down on a chair in the hall to regain my equilibrium. In the few minutes I rested there I must have dozed, for the next thing of which I was conscious was a succession of blood curdling feminine screams from somewhere in the upper regions. Then I realized that something terrible was taking place, but lacking both wit and strength to mount the stairs and offer assistance I left the chair in the hall and stepped into the parlor. I had been standing there only a few seconds when a man's figure stole softly down the stairway and out at the front door. I understood in a dull way that I ought to try to stop the man, but my limbs and tongue were paralyzed."

"In the meantime other inmates of the house were out. Donley, on the fourth floor, happened to have in his trunk an old army revolver of .48 caliber and a foot and a half long. Donley was a light sleeper, and with the first scream he was out of bed and ransacking his trunk for the revolver. He finally found it and started down stairs. The screams issued from Miss Chapman's apartment, and he headed for the door of her sitting room. That entrance was closed, but the bedroom door stood ajar, and he rushed in. Miss Chapman was stretched out on the floor in a faint, while her maid was huddled in a corner shrieking like a mad woman. The carpet was strewn with diamonds which Donley trod upon in his frantic search for the disturber of his peace. Being unable to gain either from Miss Chapman or her maid an explanation of what had occurred, he hurried down stairs. On the second landing he met Maverick. The dentist was as pale as a ghost, and he clutched Donley's shooting arm and held it tight. He said nothing, but with a kind of pantomime that would have been funny if it had not been so serious he led the way a few steps down toward the first floor, then stopped and pointed through the open doorway into the parlor. Just outside the front window was a street lamp whose light filtered through the lace curtains. In one of the beams of light I stood, motionless with liquor and terror. For an instant Donley and Maverick gazed upon me."

"Trapped," said Maverick. Then he released Donley's arm, and Donley raised the army revolver. He was about to fire when he remembered that as a man and a Christian he ought to give even a burglar a chance for his life, and he leaned over the balustrade and asked, 'Who are you?'

"I heard his words distinctly and realized that he was speaking to me, but for the life of me I couldn't reply. Presently he said again, 'Who are you?' I really tried to speak then, but no sound escaped my lips."

"I'll give you one more chance," said Donley. "If you don't answer me this time, I'll blow you into the middle of kingdom come as quick as wink. Who are you?"

"What I suffered in those few moments no mortal can tell. I understood that my time had come if I didn't tell my name, but I was so thoroughly drunk that the enunciation of even one syllable was an utter impossibility. My legs were more pliable than my tongue, however, and as Donley fired they gave way beneath me, and I sank to the floor just in time to escape the budget of ammunition stored away in that capacious revolver. I heard the bullet crash into the big mirror behind me, and then I found my voice."

"Don't shoot again!" I cried. "It is I—Donald Webster!"

"I was sick for two weeks after that. When I recovered, they threatened to arrest me as an accomplice of the mysterious burglar, but as Miss Chapman and Elise and the diamonds had disappeared there was nobody to push the suit except the landlady, and she considerably agreed to let me off if I would pay for the mirror which Donley had shot into smithereens. I gladly paid, with the determination never to pay for another under like circumstances. And that resolution I have religiously adhered to, for I had enough of a jamboree that night to last a lifetime."—New York Sun.

His Experience.

Mix—I don't like the cold formality of some fashionable women. They ought to put more warmth in their manners.

Lix—Well, you marry one of them, and you'll find out she can make it hot enough for you.—Detroit Free Press.

The Musical Prodigy.

"Have you heard the 8-year-old German boy violinist?"

"Oh, yes. Twelve years ago, in Berlin."—Musicians' Herald.



Health and Beauty

For generations women have been taught that "beauty is only skin deep," but, like many proverbs, that will not stand. Beauty is blood deep. There can be no beauty without health. Our grandmothers lived closer to nature than we do, and they were so sheltered by their home life that health and beauty were theirs naturally. Skin foods, freckle lotions and face bleaches were unknown commodities. But there has been a great change in the life of women since then. With broader education and larger opportunities, she has developed mentally at the expense of her health. From the quiet duties of home she has gone forth until now we find her in many avocations of life, which prove too great a tax on her vitality. How sad it is to see the cheek robbed of its color and the eye of its fire. These symptoms nearly always show derangements in the delicate feminine organism. They don't call for bleaches or powders, but for a remedy that will make the afflicted organs strong and well. Wine of Cardui is just such a remedy. Women broken in health and spirit have been made healthy and happy by this Wine. No one should give up to the "blues" until this reliable remedy has been tried. It has proven a blessing to other women and will not disappoint you. It brings that buoyancy of spirit, elasticity of step and lightness of heart which is the corner stone of beauty. A healthy woman is always beautiful.

Westville, February 4, 1899.

I feel that I must say a few words in praise of the Ladies' greatest friend, Wine of Cardui. It is the most wonderful remedy that I ever tried. I have been a sufferer for years, at times being confined to my bed two or three days each month. A friend recommended Wine of Cardui, and since I have taken it I have been greatly relieved. I intend to continue to take it, for I know it is as recommended. I will use every effort to get others to use it.

Mrs. MARY E. COOLEY.

For advice in cases requiring special directions, address, giving symptoms, "The Ladies' Advisory Department," The Chattanooga Medicine Company, Chattanooga, Tenn.

Ball & Sheppard,

16 Court Square:

Anyone wishing to put steam heat in their building could do no better than

Harrisburg Boiler.

But you must have experienced workmen to do the work, and we are content that we can lease you.

BALL & SHEPPARD,
TELEPHONE 88

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Now is the time to have your Fur Garment, Overcoats, etc.,

Redyed, Remodeled, Relined, etc.

Carl Schultz,
55 South Main Street, Phone 206

SCHOOLS, Colleges, Institutes, Attention!

Colleges, Institutes, Attention. Are you looking after the health of those who are placed in your charge. What kind of Baking Powder are you using?

RUMFORD
IS HEALTHFUL
IS ECONOMICAL
IS THE VERY BEST.

REDUCED RATES.

Special round trip rates offered by the Southern Railway for the following occasions:

Account, special round trip rates during the Christmas holidays. Tickets will be on sale to all points on the Southern railway line and from all county stations to all points within the territory east of the Mississippi river and south of the Ohio and Potomac rivers. Tickets on sale December 22, 23, 24, 25, and also on December 30 and 31, and January 1, 1901, with final limit to and from January 8, 1901, at rate of one and one-third regular first class limited fare for the round trip. For teachers and students of schools and colleges upon presentation of certificates signed by principals, superintendents or principals, tickets will be sold on December 15th to 21st inclusive, with final limit to return January 8, 1901.

Account, Annual convention southern Va., Dec. 27 and 29 1900. Tickets on sale Dec. 26 and 27, with final limit Jan. 8, 1901, inclusive, at rate of one first class fare for the round trip plus \$2.00 membership fee. Round trip rate from Asheville \$14.00.

Account, Pan-American medical congress, Havana, Cuba, Dec. 26 and 29, 1901. Tickets on sale Dec. 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 1901. Rate of one first class fare for the round trip to Tampa, Fla., and return. Round trip rate from Asheville will be \$61.80.

Account, Annual meeting North Carolina conference C. M. E. church, Charlotte, N. C., Dec. 19 and 24 1900. Round trip rate from Asheville \$7.60; via Salisbury, \$8.85 via Statesville; \$6.50 via Spartanburg.

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For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *J. C. Watson*

Discard

all your preconceived ideas of what genuine bargains in china and glass are until you have tried some of these. That is what we did when we selected each number from a large variety of its kind.

The very best for the very lowest price was our aim, and how well we succeeded it will be our pleasure to convince you when we fill your orders.

Your opinion of our business, our methods and our price in every line is always welcome.

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No necessity of running up extravagant coal bills if you buy of Citizens Coal Company. There you get good, bonk, well screened coal, of full weight and at reasonable prices. We are not philanthropists—we are in business to make a living—but it is to our interest to treat you fairly and well, for in that lies our whole prospect of getting and retaining your patronage.

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Leading Dealer in
Vegetables, Fruits and Country Produce.

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BRICKLAYERS, MASONS, OR PLASTERERS

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WORLD'S CHAMPION.

"I tried many remedies to cure piles," writes W. E. Smith, of Latham, Ill. "But found no relief until I used Bucklen's Arnica Salve. I have not been troubled with piles since." It's the only champion pile cure on earth and the best salve in the world. 25 cents per box, guaranteed by all druggists.

When you need a soothing and healing antiseptic application for any purpose, use the original DeWitt's Witch Hazel Salve, a well known cure for piles and skin diseases. It heals sores without leaving a scar. Beware of counterfeits. Dr. T. Smith.