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(that marvelous treatment) is unique in relieving and removing all the strained tendons and muscles, as well as the congested organs. There is nothing like it.

It is sold in bottles of twenty-four and thirty-four. This time I used only one bottle of "Mother's Friend" and my baby was born in ten hours. "Mother's Friend" is just what a mother needs to take. I will never be without it again.

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Write to Mrs. W. H. SCHILL, Lumberton, Ark., for the above statement when she says: "I have had a very hard time of it. I used only one bottle of 'Mother's Friend' and my baby was born in ten hours. 'Mother's Friend' is just what a mother needs to take. I will never be without it again."

Sold by all drug stores or sent by express prepaid on receipt of price, \$1.00 per bottle. Book, 50 cents. Write for book, 50 cents. Mailed free.

Prepared by W. H. SCHILL, Lumberton, Ark.

The Asheville School of Music & Languages

FERDINAND DUNKLEY, Principal.

MRS. ROCKWOOD, Director of the Vocal Department, will give FREE TALKS ON VOICE WORK as conducive to health, culture and pleasure, every day this week, December 10-15, from 4 to 6. Each talk will last half an hour and only six persons will be received in each class. The total number who can attend during the week is therefore 144. Time should be engaged at once by applying at the office between the hours of 10 to 1, or 4 to 5. Any person interested in the voice, either practically or theoretically, is invited to engage a place in one of these free classes.

THE SCHOOL NOW OCCUPIES A SUITE OF ROOMS IN THE SONDLBY BUILDING. OFFICE, ROOM NO. 15. (Over Wingood's Drug Store.) Office hours, 10-4; 4-5. Phone 620.

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PORTER:—"Where shall I take your gripper?"

TOURIST:—"Take it to the Quisisana Nature Cure Sanitarium, 167 French Broad Avenue."



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WHAT A COMPLIMENT CAN DO.

One Approving Word Made Her Forget Her Troubles.

"One of the most glaring faults of our age," said the doctor of divinity as he stirred his Mocha and Java, "is the absence of spirituality."

"Yes," agreed the professor, helping himself to lamb chops and muffins, "people are growing more and more material in their views of life."

"It is not only spirituality, but intellectuality, that is on the wane," said the judge, eying appreciatively the Jersey cream that his hostess was pouring over a saucer of strawberries. "Look, for instance, at the thousands of people who never read anything but the newspapers who are really dead from a mental standpoint."

The doctor and the professor emphatically indorsed the noble sentiments of the judge, and the symposium pursued its course along with the courses of the breakfast. It was a delicious breakfast to eat and a charming one to look at. A crystal vase in the middle of the table held a stalk of white lilies. Their petals matched the snowy tablecloth and their gold stamens the embroidery on the centerpiece. There was a pretty array of delicate china and solid silver. The red of the strawberries and tomatoes and the brown of chops, toast and muffins made a nice color scheme. A bunch of scarlet poppies and feathery ferns looked into the mirror of the sideboard, and the morning breeze came in through the folds of fresh, white curtains. It was a fitting place for the discussion of intellectuality and spirituality.

At the foot of the table sat a small, tired looking woman who took no part in the symposium. Calmly and industriously she poured coffee and sugared strawberries, furtively watching the children's table manners and her guests' needs. No one would have dreamed that she had a soul above muffins, but her brain kept up a running commentary on the remarks of the judge, the doctor and the professor.

"Intellectuality and spirituality, indeed! You look intellectual and spiritual, don't you? Maybe you are, and if you men ever get so intellectual and spiritual that you don't have to eat then there'll be some chance for women to cultivate their intellects and spirits. Not intellectual to read the newspapers? Well, wouldn't I be thankful if I just had time to read a newspaper? And as for spirituality, heaven knows I'm too tired at night even to say my prayers. Haven't I cooked and cleaned and—"

"Madam," said the doctor in his most impressive tone.

The little woman turned to him with a deferential manner.

"Madam, this is the best breakfast I have eaten for many a day."

And then, if you will believe it, all the bitterness went out of that woman's heart in an instant, and she brightened up as if the doctor had said, "Madam, you have written the finest novel of the century."

Such is the power of man's appreciation and of such weak stuff are women made.—Washington Star.

We Spring From Mud.

A good deal of pleasure appears to have been elicited by the proofs which a German professor has made public to show that we are not descended from apes. It would seem that the apes branched off from the direct line of descent about the time that we did and that they are, consequently, our cousins a good many times removed and not our remote grandfathers. Personally it is a matter of perfect indifference to me whether I descend from an ape or whether the ape is only my cousin. During the period that covers the life of a planet, or, I suppose, of a star, there is a comparatively brief period when the heat and the humidity produce vegetation, and the outcome of vegetation is animal life, if, indeed, there is any clear line of demarcation between animal and vegetable life. We and the apes alike descend from protoplasmic mud, one of the most recent discoveries being that all molecules are a self-contained electric battery.—London Truth.

"Verbal" All Round.

Here is a story which a theatrical manager tells against himself. An actor came to him and applied for an engagement. There did not seem to be much need of him, but his demands in the way of salary were very modest, and the manager said to him:

"Well, you may consider yourself engaged. I fancy I can find something for you to do."

The newly engaged man looked at the manager questioning.

"How about a contract?" he asked.

"Oh, never mind a contract! We'll have a verbal contract."

There was a look of mild reproach in the eyes of the man as he answered sorrowfully:

"Sir, the last time I made a verbal contract I drew a verbal salary."—London Telegraph.

Over-Work Weakens Your Kidneys.

Unhealthy Kidneys Make Impure Blood.

All the blood in your body passes through your kidneys once every three minutes.

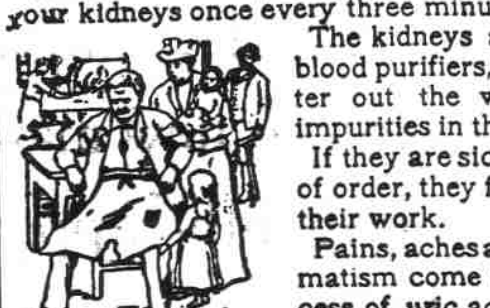
The kidneys are your blood purifiers, they filter out the waste or impurities in the blood. If they are sick or out of order, they fail to do their work.

Pains, aches and rheumatism come from excess of uric acid in the blood, due to neglected kidney trouble.

Kidney trouble causes quick or unsteady heart beats, and makes one feel as though they had heart trouble, because the heart is over-working in pumping thick, kidney-poisoned blood through veins and arteries.

It used to be considered that only urinary troubles were to be traced to the kidneys, but now modern science proves that nearly all constitutional diseases have their beginning in kidney trouble.

If you are sick you can make no mistake by first doctoring your kidneys. The mild and extraordinary effect of Dr. Kilmer's Swamp-Root, the great kidney remedy is soon realized. It stands the highest for its wonderful cures of the most distressing cases and is sold on its merits by all druggists in fifty-cent and one-dollar sizes. You may have a sample bottle by mail free, also pamphlet telling you how to find out if you have kidney or bladder trouble. Mention this paper when writing Dr. Kilmer & Co., Binghamton, N. Y.



SENA ORIAL MUDDLE.

Carter Wants Quick Action In the Montana Matter.

Two Claimants For Vacant Seat—Case Hinges on the Right of Lieutenant Governor to Appoint During Temporary Absence of Governor.

WASHINGTON, Dec. 15.—(Special.)—The Montana senatorial tangle, which cut such a prominent figure in the last session of congress, is still with us, and it probably will remain until the end of the session. It is of course expected that Mr. Clark will be elected senator by the Montana legislature some time during the winter for the full term of six years to succeed Senator Carter, whose term expires on the 4th of next March. Possibly at the same time there will be elected a senator to fill the vacancy created by the resignation of Senator Clark, but until that time there will be a discussion of the right of the lieutenant governor to appoint a senator during the temporary absence from the state of the duly elected governor. It was charged at the time that this was a clever scheme of Senator Clark's and that he timed his resignation so as to give the lieutenant governor of Montana an opportunity to make the appointment. As the matter stands now there are two claimants for the seat, Martin Maginnis having been appointed by Governor Smith after his return to the state and the claim set up that the lieutenant governor had no right to make the appointment. Senator Carter is urging immediate action by the senate, and it is believed that he is doing so in the interest of Maginnis, as he and Mr. Clark were rather bitter opponents during the campaign just closed. The impression prevails in Washington that Senator Carter does not feel any too kindly toward Mr. Clark and that the contest may be carried still further than the seating of some one on the governor's appointment.

Their Influence Felt.

It seems to be more than a coincidence that the Woman's Christian Temperance union should have been in session in Washington while the house of representatives was considering the army bill and that that bill should have been amended so as to prevent the selling of liquor in army canteens. There were delegates from every state and territory in the Union, and these delegates certainly made themselves felt. Every member of congress was aware that in case he should vote against the prohibition in the army bill he would have been a marked man the next time he came before the temperance people would have been ready to support his opponent. That the influence of these women was very great there can be no doubt. Had they not been here it is probable that the canteen proposition would have been arranged much as it is at present and the sale of liquor would not have been prohibited. The women remained several days after the session closed and labored earnestly with the senators, but just what effect they will have upon the upper branch of congress is yet something of a problem. There is no question about the earnestness of these women.

To Retire Boutelle.

The move to place Representative Charles A. Boutelle of Maine upon the retired list of the navy with the rank of captain seems to meet with general favor among all who knew Mr. Boutelle when in his prime. It is entirely out of the usual method of procedure, but the colleagues of Mr. Boutelle in the house, as well as senators who knew him, recognize that he has been a very useful member of congress, and the new navy owes much of its success to his untiring efforts in behalf of modern naval construction. Mr. Boutelle was a gallant officer of the navy during the civil war and a brave man in several trying circumstances. His record in congress has been conspicuously clean, and not a single breath of scandal has been breathed regarding him nor his integrity impeached in the least. These are reasons which make men look with favor upon the proposition to give him this retired rank in the navy. Mr. Boutelle is the last of the celebrated "Big Four" which made Maine famous in the house up to within a few years ago. Dingley and Milliken are dead and Reed retired to private life. Boutelle will probably retire from congress if this bill should pass.

House Humorists.

We are going to lose the humorist of the house, Private John Allen of Mississippi, but we are developing another in Representative Peter J. Otey of Virginia. Mr. Otey does not talk very often and for that merit has plenty of attention when he does have something to say. During the last session he gave an imitation of "Uncle Joe" Cannon, chairman of the committee on appropriations, and kept the house in a roar all the time. On other occasions he has seized upon what seems to be the most trivial matter, and in a few minutes he has a large crowd of laughing members serving their last terms in the house. One is the venerable Nicholas Cox of Tennessee, whose quaint expressions and somewhat eccentric manner of expression cause his speeches to be punctured with roars of laughter. L. Z. Linney of North Carolina, who is an orator somewhat of the type of the late John R. Fellows, but whose remarks bubble over with wit and humor, will be one of the men greatly missed in the next congress.

ARTHUR W. DUNN.

Young Women

The entry into womanhood is a critical time for a girl. With her whole being undergoing a change, the seeds of female troubles are sown. Little menstrual disorders, if neglected at the time, will follow the woman all her life and grow into fatal complications. That female troubles are robbing homes and filling graveyards, proves this. Yet, irregular and painful menstruation are often permitted to go on, sapping the life and energy, while Wine of Cardui, the positive relief for these ills, is on the shelf of every drug store. Wine of Cardui helps the maiden sustain the shock of puberty by inducing a painless and natural menstrual flow. When once this important function is started right, a healthy life will usually follow. Wine of Cardui is an emmenagogue of great power, and works wonders in strengthening the delicate and sensitive female organs. Many young women owe their lives to Wine of Cardui. No woman should give up hope until she has given Wine of Cardui a trial. If thousands have secured relief through it, why not you?


WINE OF CARDUI

Tully, Kas., Feb. 24, 1900.

I have suffered untold pain at menstrual periods for a long time; was nervous, had no appetite, and lost interest in everything; in fact was miserable. I have taken four bottles of Wine of Cardui with Black-Draught when needed and to-day I am entirely cured. I cannot express the thanks I feel for what you have done for me.

Miss DELLA M. STRAYER.

In cases requiring special directions, address, giving symptoms, "The Ladies' Advisory Department," The Chattanooga Medicine Company, Chattanooga, Tenn.



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Colleges, Institutes, Attention. Are you looking after the health of those who are placed in your charge. What kind of Baking Powder are you using?

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REDUCED RATES.

Special round trip rates offered by the Southern Railway for the following occasions:

Account, special round trip rates during the Christmas holidays. Tickets will be on sale to all points on the Southern railway line and from all coupon stations to all points within the territory east of the Mississippi river and south of the Ohio and Potomac rivers. Tickets on sale December 22, 23, 24, 25, and also on December 30 and 31, and January 1, 1901, with final limit to January 4, 1901, at rate of one and one-third regular first class limited fare for the round trip. For teachers and students of schools and colleges upon presentation of certificates signed by the presidents, superintendents or principals, tickets will be sold on December 15th to 21st inclusive, with final limit to return January 8, 1901.

Account, Annual convention southern Va., Dec. 27 and 29 1900. Tickets on sale Dec. 26 and 27, with final limit Jan. 8, 1901, inclusive, at rate of one first class fare for the round trip plus \$2.00 membership fee. Round trip rate from Asheville \$14.00.

Account, Pan-American medical congress, Havana, Cuba, Dec. 26 and 29, 1901. Tickets on sale Dec. 21, 22, 23, final limit Jan. 10, 1901. Rate of one first class fare for the round trip to Tampa, Fla., and return. Round trip rate from Asheville will be \$61.80.

Account, Annual meeting North Carolina conference C. M. E. church, Charlotte, N. C., Dec. 19 and 24 1900. Round trip rate from Asheville \$7.00, via Salisbury; \$8.85 via Statesville; \$9.50 via Spartanburg.

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WORLD'S CHAMPION

"I tried many remedies to cure piles," writes W. R. Smith of Latham, Ill. "But found no relief until I used Bucklen's Anusol. Since I have not been troubled with piles since." It's the only champion pile cure on earth and the best salve in the world. 25 cents per box, guaranteed by Dr. J. C. Watson.

When you need a salve for any ailment, use the original DeWitt's Witch Hazel Salve, a well known cure for piles and skin diseases. It heals sores without leaving a scar. Beware of counterfeits. Dr. J. C. Watson.