

Constipation And Appendicitis

The Latter Usually Caused by the Former, Which, In Turn, Has Its Origin in Intestinal Indigestion.

Chronic constipation is a disease which is about as prevalent as dyspepsia and indigestion. Nearly every one suffers from it occasionally, but there are millions of people who endure it habitually, and who are accustomed to resort to the use of laxatives and cathartics daily.

Many people seemed to have developed a perfect mania for taking pills, and instead of trying to ascertain the latent cause of the disease, and removing it by appropriate treatment, they are content to continue the reckless use of laxatives, aperients, drastic cathartics and violent purgatives, until finally inflammation of the bowels occurs, which reaches the appendix, and the result is appendicitis.

In investigating and tracing the causative factors of constipation and its frequent sequel, appendicitis, it has been noted by physicians that the majority of cases were preceded and accompanied by a long-standing gastro-intestinal indigestion.

The idea that appendicitis is brought on by foreign bodies, such as seeds, etc., becoming lodged in the appendix, is an exploded theory. It is now definitely known that constipation is the most prolific cause of this disease, while the constipation is previously induced by intestinal indigestion, or amyloseous dyspepsia—the inability to digest starches—so the relation between the cause and effect is readily seen and appreciated.

The absurdity of attempting to cure constipation by the use of physic should be apparent to everyone. Laxative drugs and powerful purgatives will never cure a disease of this sort, and those who make frequent or regular use of them will, sooner or later, set up an inflammatory condition of the intestinal system.

A person with first-class digestion will never be annoyed with chronic constipation, and when this trouble does exist, instead of slugging the system with pills, liquid laxatives, candy cathartics, etc., use a remedy which will cure the gastro-intestinal indigestion, and you will find that the constipation no longer bothers you, and with its removal, the risk of developing appendicitis will be reduced to a minimum.

STUART'S DYSPEPSIA TABLETS have been the means of curing numerous cases of constipation, by first curing the intestinal indigestion. They digest every kind of food, a single grain being capable of digesting 3000 grains of alimentum, and in addition to peptin and other powerful digestives, they also contain diastase, which converts starch into sugar, and readily cures amyloseous dyspepsia and intestinal indigestion.

If you are suffering from dyspepsia, constipation, and, in fact, indigestion of any kind, don't run the risk of getting appendicitis, but strike at the root of the trouble—the original cause—by using Stuart's Dyspepsia Tablets, which will quickly rid you of all functional disorders of the alimentary tract.

Secure a box of this digestive remedy from your druggist for 50c and send your name and address to the E. A. Stuart Co., 150 Street Bldg., Marshall, Mich., for a free sample package.

Wisconsin Club Women Meet.

Waukesha, Wis., Oct. 27.—Several hundred club women, representing various organizations of women in this state were in attendance when the annual state convention of the Wisconsin Federation of Women's Clubs was opened here this morning. The delegates were welcomed by Mrs. H. M. Youmans in behalf of the city and the response was made by Mrs. C. J. Medberry of Pon du Lac. The morning session was devoted to the business of the federation. The president, Mrs. H. H. Edwards of Oshkosh, delivered her annual address and the rest of the session was taken up with the reading of the reports of the various officers and committees of the organization.

In the afternoon President Charles R. Van Hise of the University of Wisconsin, delivered an address on "Conservation." Mrs. Edwin F. Moulton of Warren, O., chairman of the civic committee of the General Federation of Women's Clubs, read a paper on "Civics," and Prof. O. P. Fairchild of Appleton, member of the Lawrence college faculty, spoke on "Art." The program for the evening includes a reception to delegates and visitors at Voorhes dormitory, Carroll college. The convention will continue tomorrow and will close with a lecture by Dr. Richard Burton of Minneapolis, on "The Drama as a Social Force."

A DOCTOR'S SLEEP

Found He Had to Leave Off Coffee.

Many persons do not realize that a bad stomach will cause insomnia.

Coffee drinking, being such an ancient and respectable form of dyspepsia, few realize that the drug—caffein—contained in the coffee and tea, is one of the principal causes of dyspepsia and nervous troubles.

Without their usual portion of coffee or tea, the coffee tapers are nervous, irritable and fretful. That's the way with a whiskey drinker. He has got to have his dram "to settle his nerves"—hah!

To leave off coffee is an easy matter if you want to try it, because Postum—well boiled according to directions—gives a gentle but natural support to the nerves and does not contain any drug—nothing but food.

Physicians know this to be true, as one from Ga. writes:

"I have cured myself of a long-standing case of Nervous Dyspepsia by leaving off coffee and using Postum," says the doctor.

"I also enjoy refreshing sleep, to which I had been an utter stranger for 20 years.

"In treating Dyspepsia in its various types, I find little trouble when I can induce patients to quit coffee and adopt Postum." The Dr. is right and "there's a reason." Read the little book, "The Road to Wellville," in piers.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

SURVEY OF STATE CERTAINLY ENDS FROM THE CAPITAL STOMACH MISERY

In the Supreme Court Yesterday There Was Argument in the Well Known Butler Libel Case.

THE LAWYERS HAVE ADVANCED SOME VERY INTERESTING POINTS

Is Malice Necessarily Shown When a Citizen Merely Favours One Candidate Against Another?

The Gazette-News Bureau, Chamber of Commerce Rooms, Holleman Building, Raleigh, Oct. 27.

In the Supreme court yesterday there was argument in the notable case against ex-Senator Marion Butler and his brother, Lester Butler, of the Caucasian newspaper published here, an indictment for publishing a libel concerning Spencer R. Adams, there having been conviction in Guilford county, W. S. O'B. Robinson, Justice & Broadhurst, and Aycock & Winston appear for the brothers Butler.

The main contention is that the defendants did not publish the alleged libel and that there was no legal evidence connecting them with the publication, but that illegal evidence was admitted to prove publication. It is set out that the state, to show that Marion Butler bore malice against Adams, allowed the latter to testify that Butler opposed Adams' candidacy for the chairmanship of the republican state committee, and that if malice is to be inferred every time a person exercises his free choice as a citizen in favour of one candidate for one political party rather than another, we have indeed fallen upon evil times. It was further set out that it was no hasty and malicious transaction, that the indictment of Adams has been talked about for months, was known of all men, had been published in newspapers from one ocean to the other, formed part of the debates in congress, and had passed into the legislative and judicial history of the country, and that before a North Carolina newspaper can be singled out and convicted of a criminal libel it becomes necessary that proof of a legal character, of the guilt of the defendants, shall be presented to the jury.

Among the papers which published these charges against Adams were the Charlotte Observer and the News and Observer in this state, and many in other states. The defendants therefore ask a new trial.

The 1910 Exposition. There now appears to be no sort of doubt that the state exposition of 1910 will be an actuality, and that it will show what North Carolina has done in the quarter of a century since the first and only exposition was ever held. Sentiment here is all for the exposition. No doubt it will be so successful in the state. Each congressional district can have a day and its people can come here at low rates and under the most convenient arrangements, and there can also be a state day made notable by an immense gathering and elaborate ceremonies. For such an event the presence of regular troops, of all branches of service, can be secured, and no doubt President Taft will take part together with other high officials from Washington and other states. North Carolina is now in position to do great things and if it made the exposition of 1910 so great a success can make the one next year ten times as great, and the occasion can mark the erection of permanent and spacious buildings. It is an opportunity, in fact, to make agricultural and industrial, and the great railroads will so arrange things that very cheap rates can be given for people from the north and west, who at the exposition can see North Carolina in a nutshell.

The management of the football team of the A. and M. college hopes to so arrange things as to have a game with the famous team of Carolina Indians next year.

Cherokee Life. Among the objects illustrative of Cherokee Indian life which has been placed in the hall of history in the state museum is a blow-gun, more than 40 years old, 18 feet long, and made of a reed brought from Tennessee. The arrow is about 20 inches long and is tipped with thistle-down. With these blow-guns the Indians kill the smaller game, such as squirrels, rabbits and birds, and these weapons have even been used to kill people. From centuries of use the Indians have come to be wonderfully expert with them. This particular blow-gun was obtained from Louth Toineita, which in English means Young Heaver, and his father brought the reeds from Tennessee, made the gun and used it many years, the son becoming an expert with it. These blow-guns are now very rare, and this one was obtained only because it was to be placed in the museum.

Ninth District Cases.

The Supreme court has begun the hearing of appeals from the ninth district, the following attorneys being present: W. S. O'B. Robinson, J. P. Morehead, W. P. Bynum, Jr., A. B. Kimball, H. R. King, C. M. Steadman, H. C. Stradwick, E. D. Broadhurst, A. W. Graham, H. A. Foushee.

The Literary Program.

Yesterday the executive committee of the state Literary and Historical association met and arranged the program for the next annual meeting, which will be held next week. A telegram was sent to Ambassador Bryce, asking whether he would prefer to speak November 3 or 4. It is the plan that most of the work of the association shall be done in the afternoon, when there will be addresses by President Julius Davis and others, his theme being Col. John Walker; Secretary R. D. W. Connor will tell of the literary activities of the year; D. H. Hill will report on the books written by North Carolinians or about North Carolina, and J. Bryan Grimes will tell why the state should erect memorials and provide a great state building.

Headache, Heartburn, Gas and Indigestion vanish and you feel fine in five minutes.

You can eat anything your stomach craves without fear of Indigestion or Dyspepsia, or that your food will ferment or sour on your stomach if you will take a little Diapiesin occasionally.

Your meals will taste good, and anything you eat will be digested; nothing can ferment or turn into acid or poison or stomach gas, which causes Bloating, Dizziness, a feeling of fullness after eating, Nausea, Indigestion (like a lump of lead in stomach), Biliousness, Heartburn, Water brash, Pain in stomach and intestines or other symptoms.

Headaches from the stomach are absolutely unknown when this effective remedy is used. Diapiesin really does all the work of a healthy stomach. It digests your meals when your stomach can't. A single dose will digest all the food you eat and leave nothing to ferment or sour and upset the stomach.

Get a large 50-cent case of Pape's Diapiesin from your druggist and start taking now, and in a little while you will actually brag about your healthy, strong stomach, for you then can eat anything and everything you want without the slightest discomfort or misery, and every particle of impurity and Gas that is in your stomach and intestines is going to be carried away without the use of laxatives or any other agent.

Should you at this moment be suffering from indigestion or any stomach disorder, you can get relief within five minutes.

ing here to contain its literary and historical treasures, and these monuments. It is the plan to have at night that day the address by Mr. Bryce, probably an address by President Alderman of the University of Virginia, the presentation of the Patterson cup for the best literary work of the year; a business session will close the meeting.

As yet nothing more has been heard here regarding the great federal constitutional meeting of laymen. At one time it was the plan of the committee to have two meetings, one at Charlotte, the other at Greensboro. Some thought it was best for a beginning to have only one meeting, preferably at Greensboro. One of the series of these meetings is now being held at Richmond.

Headaches and Neuralgia from COLDS LAXATIVE BROMO Quinine, the world wide Cold and Grip remedy removes cause. Call for full name. Look for signature E. W. GROVE 25c

A. P. LaBarbe.

Death Came This Morning Following Stroke of Paralysis at His Home on Chestnut Street.

A. P. LaBarbe died this morning at 12:25 o'clock at his home on Chestnut street, death following a stroke of paralysis sustained Sunday night. The death of Mr. LaBarbe, while not unexpected to his family and many friends, came as a severe shock. Mr. LaBarbe was a devout Catholic and in his last hours received all the rites of the church. Surviving are one son, Hugh LaBarbe of the firm of LaBarbe, Meade & Childs, and four daughters, Miss Nellie, Miss Bettie and Miss Gertrude of Asheville and Mrs. J. M. Lee of Atlanta, N. C. Mr. LaBarbe was a son of John LaBarbe and a grandson of Louis LeRoy, both of Washington, N. C. He was also a descendant of Sir Robert Palmer, the first survivor general of North Carolina who was sent over with Sir Walter Raleigh. Mr. LaBarbe was 57 years of age and had made this city his home since 1882. He was well known in this city and other places in North Carolina. The funeral services were conducted this afternoon at 2 o'clock from St. Lawrence's Catholic church. Interment was at Riverside cemetery.

"THIS IS MY 51ST BIRTHDAY."

Theodore Roosevelt.

Theodore Roosevelt, twenty-sixth president of the United States, was born in New York city, October 27, 1858, and received his education at Harvard university, from which institution he graduated in 1880. His public career dates from the following year, when he was elected a member of the New York assembly. In 1885 he bought a ranch in North Dakota and lived on it for two years, studying the far west and its people. He returned to New York city in the fall of 1886, and was made republican nominee for mayor, but was defeated by Abram S. Hewitt. From 1889 to 1895 Mr. Roosevelt served as a member of the United States civil service commission. He resigned from that office to accept the appointment of the presidency of the police commission of New York city. In 1897 President McKinley appointed him assistant secretary of the navy. When war with Spain was declared in 1898 Mr. Roosevelt helped to organize the regiment of volunteer cavalry popularly

The Cause of Colds

Good Advice Regarding the Prevention of Coughs and Colds.

If people would only fortify and strengthen the system, the majority of cases of coughs, colds and pneumonia might be avoided. These troubles are frequently due to weakness, which produces a catarrhal condition of the mucous membrane, which is an internal skin of the body. When this skin is weakened it becomes easily infected with germs which cause many of the diseases to which flesh is heir. Healthy mucous membranes are essential safeguards of the body's general health.

An excellent aid in the prevention of coughs, colds, pneumonia, and such like infectious diseases, is a remedy that will prevent or cure catarrh.

We have a remedy which we honestly believe to be unsurpassed in excellence for the prevention of coughs, colds and all catarrhal conditions. It is the prescription of a famous physician, who has an enviable reputation of thirty years of cures gained through the use of this formula. We promise to make no charge for the medicine should it fail to do as we claim. We urge everybody who has need of such a medicine to try Rexall Mucuo-Tone.

It stands to reason that we could not afford to make such statements and give our own personal guarantee to this remedy if we were not prepared to prove the reasonableness of our claim in every particular, and we see no reason why any one should hesitate to accept our offer and try it. We have two sizes of Rexall Mucuo-Tone, prices 50 cents and \$1.00. Sometimes a 50-cent bottle is sufficient to give marked relief. As a general thing the most chronic case is relieved with an average of three large bottles. You can obtain Rexall Remedies in Asheville only at our store, the Rexall store, Smith's Drug store, Pack square, opposite Public Library.

Globe Heater Demonstration
The representative of the Globe Stove and Range Company will give a demonstration of the GLOBE HOT BLAST HEATING STOVE Thursday, October 28th, in front of our store, on the square.

Asheville Hardware Co.
Choosing a Christmas Present.
When you make a present of a periodical to a friend or a family you are really selecting a companion to influence them for good or ill during a whole year.

Reward
\$50 reward will be paid for information which will lead to the arrest of the person or persons who set fire to the woods on Sunset mountain on Monday evening, October 25th.

C. V. Reynolds
President Proximity Park Co.
A Little Red Spot
Novel Experiment by Which It May Be Made to Disappear.

THE Steadfast SHOE
HAND LASTED SILK FITTED
Prices \$5.00, \$6.00 and Up
What Will the Lords Do To the Financial Bill?
This, Says Sir Joseph Lawrence, is the Point of Main Interest in English Politics.