


"Light as a feather" BISCUIT




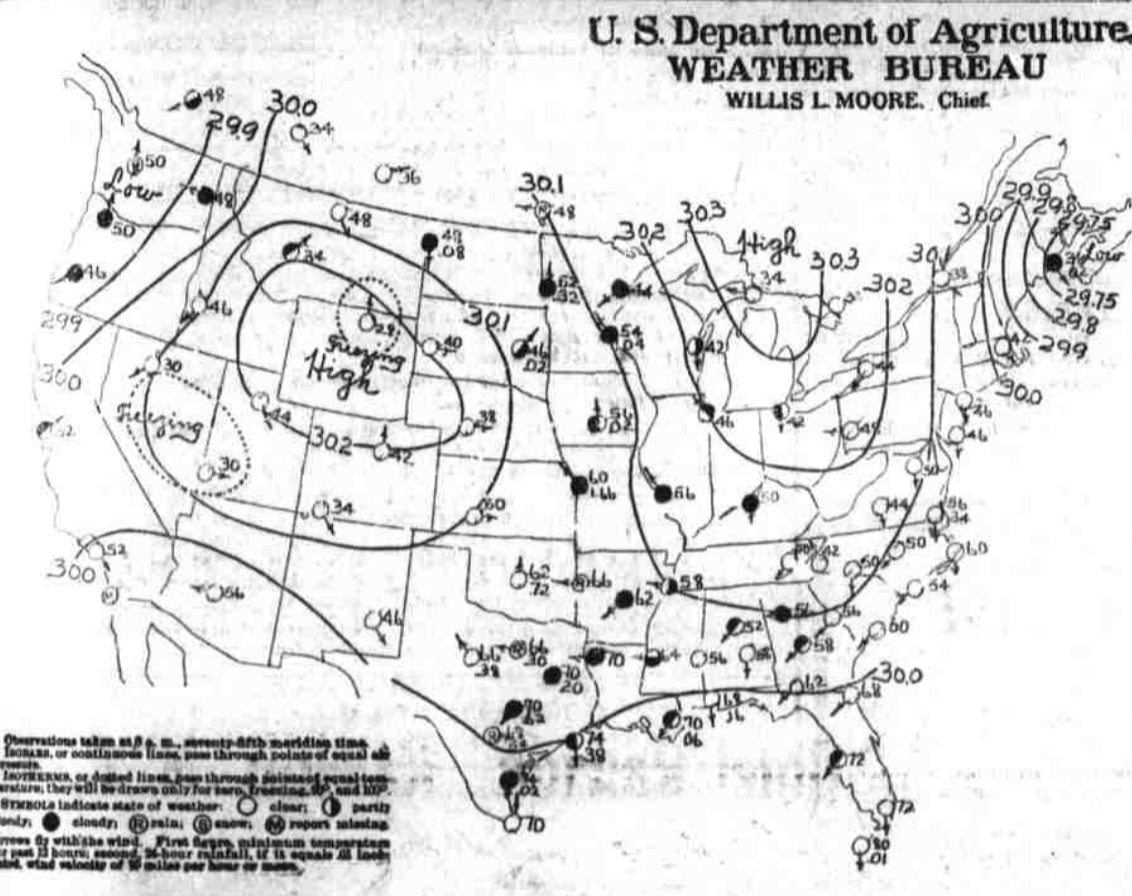
Shortens Your Food

Lengthens Your Life

Cottolene makes light, flaky biscuit that almost melt in your mouth. It contains no greasy, indigestible hog fat. **Cottolene** is made from choice vegetable oil, and is by long odds the most healthful fat for frying or shortening.

Cottolene may cost a little more per pound than lard, but it goes one-third farther and is therefore worth more.

Made only by THE N. K. FAIRBANK COMPANY

THE WEATHER

weather with probably showers late tonight or on Saturday; slightly warmer tonight.

For North Carolina: Fair, except showers late tonight or on Saturday; extreme west portion; slightly warmer tonight extreme west portion; moderate northeast winds on the coast.

Summary of Conditions.

A disturbance continues over New England and rain is reported from portions of Maine, Virginia, and Florida. Unsettled conditions, with showers also prevail from the Dakotas southward to the west Gulf coast, the maximum amount of precipitation noted being 1.65, at Kansas City, Mo. The continued eastward drift of an area of high barometric pressure now central over the Great Lakes will be succeeded by unsettled weather in this vicinity, with probably showers late tonight or on Saturday, with warmer tonight.

R. T. LINDLEY,
Observer Weather Bureau.

Normal today; Temperature 56 de-
Forecasts until 8 p. m. Saturday for Asheville and vicinity: Unsettled

TEMPERATURE	Lowest last night	Highest yesterday
Asheville	42	66
Atlanta City	44	68
Augusta	56	82
Charleston	60	80
Charlotte	50	72
Jacksonville	68	88
Kee West	80	85
Knoxville	50	70
Mobile	68	86
New Orleans	70	82
Raleigh	50	72
Savannah	58	82
Washington	50	68
Wilmington	54	76

CASTORIA

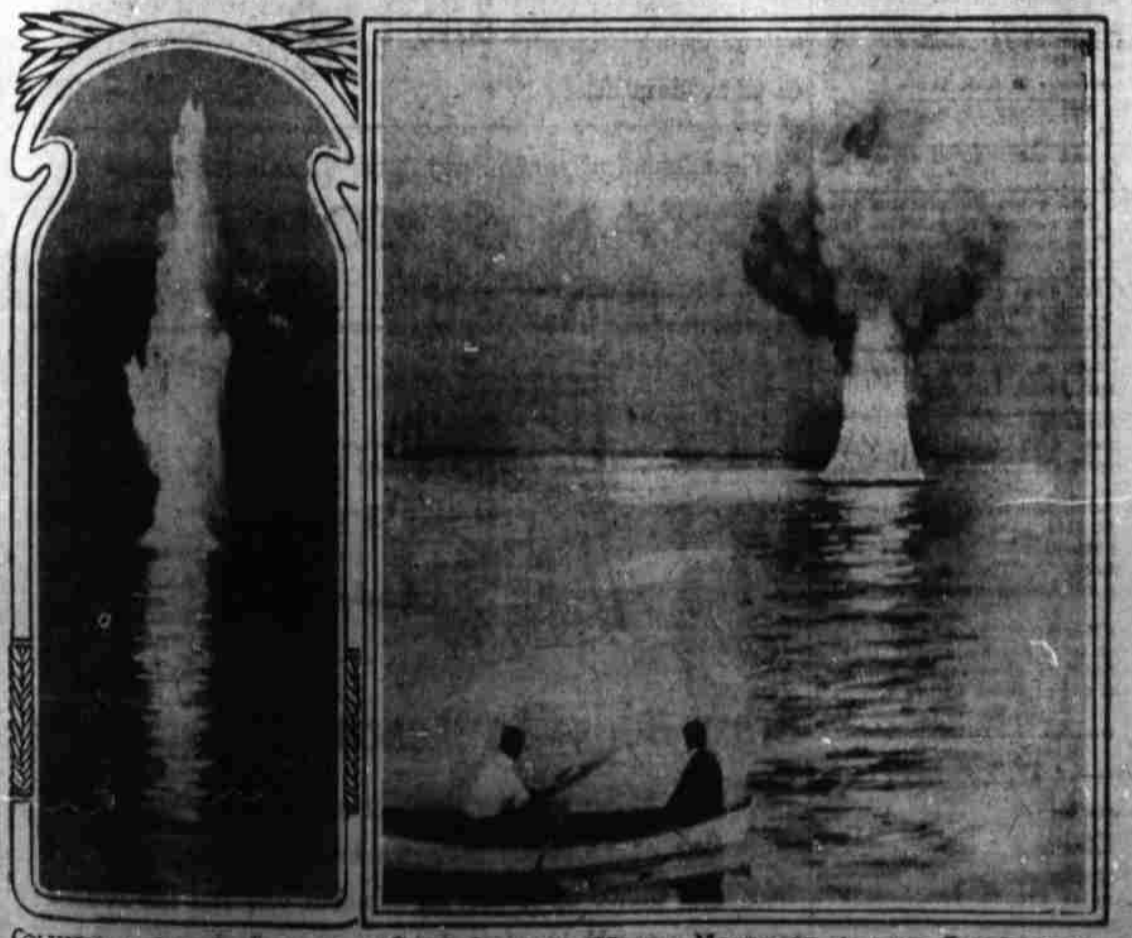
For Infants and Children.
The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Watson*

Junonia Stocked With Trout.

It is said that fish are now being placed in Lake Junonia at Weaver-ville for the purpose of stocking it for sportsmen. The kind of fish with which it will be stocked is the black bass. It is thought that they will thrive well in the lake as there are thousands of minnow in it and numerous frogs, which have been un-dermined since the dam was constructed, and the bass can feed on them. The rains recently have helped much in filling the lake.

WITNESS SPECTACULAR MINE EXPLOSION IN NEW YORK HARBOR.



COLUMN OF WATER AT ITS FULL HEIGHT.

SUN COTTON MINE MOMENT AFTER EXPLOSION.

Many buildings in New York Harbor recently witnessed the magnificent spectacle of the sinking of the Fifty-fourth Coast Artillery mine (1700) and the result being two miles east of the three steamers.

WANT MORE POWER OVER RAILROADS

Further Control of Common Carriers by Federal Commission Is Urged.

RESOLUTION IS PASSED ENDORSING GOVERNORS

Appeal to the Supreme Court Is Upheld by the State Officers.

Washington, Oct. 12.—The National Association of Railway Commissioners yesterday adopted resolutions approving the recent action of the convention of governors of various states at Spring Lake, N. J., in authorizing the presentation to the Supreme court of the United States of a brief supporting the right of states to regulate freight rates within their borders.

Additional power to the interstate commerce commission was urged vigorously in a report of the legislative committee from the association. The committee believed that the commission ought to be empowered to require a complete accounting system so that the cost per unit of transportation can be ascertained in conducting the freight and passenger business interstate and intrastate of each railroad and that the overhead charges may be determined as to the results of previous classifications.

"With state and federal commissions to regulate with justice the affairs of railroad corporations," said the report, "it is not a Utopian dream to hope that the time is not far distant when railroad securities will be as safe as government bonds thereby justifying low and certain return upon railroad securities and correspondingly low rates for transportation."

Controversy Over Governors' Action

A resolution by John G. Richards Jr., of South Carolina, approving the action of the governors in appointing a committee to intervene before the Supreme court of the United States in the plea of protest against judicial sanction of the proposition that the state authorities shall not have power to regulate their intrastate rates caused acrimonious discussion. The question was raised in the Minnesota and Kentucky rate cases.

The resolution was objected to by delegates, as a reflection upon the judiciary. Mr. Richards disclaimed any such reflection and accepted as a substitute a resolution by John J. Gentry of New Hampshire. This recommended "the full constitutional powers of the state regulating the rates wholly within its borders."

With this modification the report of the committee on legislation was adopted.

Reports covering demurrage, in which it was declared by Chairman McKnight, of Arkansas, that it takes longer today to get freight to its destination by rail than it formerly took to send by mules and canal; safety appliances, in which steel cars were strongly advocated to insure safety to passengers; and railway capitalization of which Chairman Decker, of New York, urged supervision, were presented to the convention and adopted.

A resolution was adopted that no injunction should be granted by the United States court to stay the enforcement of any order "made by a commission authorized by state laws to regulate or control common carriers or other public service corporations."

NEW CHILD TRAINING METHOD IS OUTLINED

Carlisle, (Pa.) dispatch to Philadelphia Ledger: This country's first exhibition of methods used in scientific child culture, as taught by the After School club of America, is being held in Carlisle, brought here largely through the influence of Mrs. Edward W. Biddle of this borough, president of the State Federation of Pennsylvania Women, and a member of the advisory board of the After School club movement.

The training and moral and intellectual development of the children to build a future citizenship of superior quality, is the motive which has developed the society, and the display of the practical work it has accomplished, assembled here within the past ten days, will soon begin a tour of both eastern and western states.

Originated by the late Dr. James A. Cantwell, former president of the University of Kansas, former chancellor of the University of Nebraska, former president of the University of Ohio and at the time of the conception of the plan librarian of Columbia University, the idea of the After School club of America grew, and took shape following the Child Welfare congress held at the White House during President Roosevelt's administration.

After conferences with Dr. Hamilton Wright Mable, associate editor of the Outlook; Melvil E. Dewey, former president of the American Library association and director of many educational interests; Elmer Ellsworth Brown, then National commissioner of education; Dr. Martin G. Brumbaugh, superintendent of schools in Philadelphia, and others, experiments were conducted. These were to find a sane and helpful basis for a dual plan of education which would be the greatest help to the mother who desires the best for herself in the field of child study and culture, and the best for her children in literary equipment and wholesome influences.

The plan was shown to be one of far-reaching educational influence and importance. Thomas H. Patton, Jr., of Philadelphia, a wealthy citizen, furnished the necessary funds for the launching of the movement, and it has become a big factor in the home circles of America.

The After School club's method of child culture is based on the fact that the teacher, after study and special preparation, has the child in charge for only five hours out of the 24 during only 130 of the 365 days of the year after the child has nearly passed the stage of character building. The

CASCARETS WORK WHILE YOU SLEEP

Salts, Calomel and Cathartic Pills Are Violent—They Act on Bowels as Pepper Acts in Nostrils.

Take a Cascaret tonight and thoroughly cleanse your Liver, Stomach and Bowels, and you will surely feel great by morning. You men and women who have headache, coated tongue, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have backache and feel all worn out.

Are you keeping clean inside with Cascarets—or merely forcing a passage every few days with salts, cathartic pills or castor oil? This is important.

Cascarets immediately cleanse and regulate the stomach remove the sour, undigested and fermenting food and foul gases; take the excess bile from waste matter and poison from the intestines and bowels.

Remember, a Cascaret tonight will straighten you out by morning. A laxative box from your druggist means a clear head and cheerfulness for months. Don't forget the children.

teacher must have three years of normal training, and the assistance of a superintendent and a principal, the help of textbooks of psychology and child training and special magazines in pedagogy, while most mothers save almost nothing in the way of raising and special helps. Here is where the After School club steps in. It teaches the mother how to understand her children, and stimulates individual thought. It teaches a practical system of character growth, and is in effect a nurse for the formation of good citizenship.

A home course is conducted, of which Mrs. Edwin C. Grier, of Philadelphia, is the executive director, through personal correspondence it endeavors to meet individual problems.

In charge of the exhibition here is Miss Charlotte Burnett, of New York, Wesley College graduate, and general secretary of the After School club, assisting her are Miss Lillian Athorp, a graduate of Columbia University, who has charge of the directed lay and story telling; Miss Kathleen dams, a graduate of Columbia, who as charge of the handicraft work, and Miss May Stephenson, of Indiana, the headquarters of the club are in Philadelphia.

NEW MINISTER TO CUBA.



MR. AND MRS. A. M. BEAUPRE.

Mr. A. M. Beaupré, United States Minister to Cuba, arrived in New York from Rotterdam a few days ago, accompanied by Mrs. Beaupré. Mr. Beaupré has just completed a service of three and one-half years as Minister to Holland, and he said that it was with great regret that he left his post there.

A PARIS HINT.



Carlisle velvet turban.—Maria Guy.



Grey beaver felt hat.

India-strete.

"All the same Greece would better not take advantage of the situation to monkey with 'Crete,'" says The Charlotte Observer. "Cea Turkey might find herself in the Crete-Danville Register."

Uneeda Biscuit never disappoint!

You have never heard anyone say—"The Uneeda Biscuit in that last package were not as good as usual."

You have never said it yourself.

It is one thing to make soda crackers that are occasionally good.

It is quite another thing to make them so that they are not only always better than all other soda crackers, but *always of unvarying goodness.*

The name "Uneeda"—stamped on every one of them—means that if a million packages of Uneeda Biscuit were placed before you, you could choose any one of them, confident that every soda cracker in that package would be as good as the best Uneeda Biscuit ever baked.

5c a package—never sold in bulk.

NATIONAL BISCUIT COMPANY

Western North Carolina Fair

Asheville, N. C.

Special reduced fares will be sold October 7th to 13th from all stations in western North Carolina to Asheville.

Final limit all tickets on return, to reach original starting point not later than midnight October 16th, 1911.

All tickets limited to continuous passage in both directions. Apply to your local ticket agent, or write to the undersigned.

J. H. WOOD, R. H. GRAHAM, Dist. Pass Agt. City Pass & Ticket Agt. Asheville, N. C.

NICHOLS WAY LAUNDRY

WORK ALWAYS A PRIZE WINNER.

PHONE 95

Asheville Laundry,
J. A. Nichols, Mgr.