

ULL, SICK HEADACHE, BILIOUS, BREATH BAD, STOMEGH, CONSTIPATION,--TAKE CASCARETS

Sick headaches! Always trace them to lazy liver, delayed, fermenting food in the bowels or a sick stomach. Poisonous matter, instead of being thrown out, is reabsorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, awful throbbing sickening headache.



SOCIAL HAPPENINGS

Basket Ball at the Young Women's Christian Association.

During the last few weeks several basket-ball teams have been organized at the Y. W. C. A. gymnasium. The following schedule of games has been arranged and the team winning the largest number of games is entitled to the championship.

Monday, March 11, Juniors vs. Asheville Girls' school. Friday, March 15, A. G. S. vs. High school.

There is a great deal of interest being shown in the game and the teams are all playing excellent ball, the teams being very evenly matched.

Looking Backward. The following suggestion is part of an exceedingly clever article of recent appearance in one of the leading magazines of fashion, and will interest all women who desire to be well groomed.

For Miss Whitlock. The following comes from the Statesville Landmark, and will be of interest to the many friends of Miss Carrie Whitlock in this city.

DEPARTMENT WILL OPEN MARCH 15

If you have a special income, fund, or savings you wish to conserve for the purpose of purchasing any article in our store, for yourself, for a wedding, birthday, Christmas, New Year, Easter, or other gift, you can leave the money with us in any amount from ten (10c) cents up to and we will pay you four (4%) per cent interest on your money until the selection is made.

Under this plan you may deposit with us any sum of money you wish to place in our keeping and your purchases from time to time will be charged against this account. On your balance the first of each month we allow and pay you interest at the rate of four (4%) per cent per annum.

As a special security for this department we have deposited with the Citizens Bank a Bond for Fifty (\$50,000.00) Thousand Dollars.

TAKEN ILL AT OFFICE

Having Spent Several Hours Lying on the Floor, This Young Lady Finally Succeeded in Getting Home, Back to Work in Two Weeks.

Norfolk, Va.--"For ever a year I suffered with a pain in my left side," writes Miss Trix Cooper of this city. "One day I was taken sick in the office, and, being alone, had to stay. I walked the floor, lay down on the floor on newspapers, sat in a chair almost doubled, and finally the pain got so severe, I could stand it no longer, so I closed the door and went home."

I stayed in bed for two weeks on the flat of my back, and couldn't even move my foot. Being disgusted with trying doctors' medicines, poor mother, after trying everything that could be thought of, finally came into my room with a bottle of Cardui, the well-known woman's tonic.

For quick relief from all forms of womanly trouble, Cardui has been found to have no equal. Are you a sufferer? Cardui is probably the medicine you need. Try it.

There will be a debate on the question: "Resolved, That the Initiative and Referendum is the Best Method of Directing State Legislation." The affirmative will be taken by G. Z. Camp and F. G. Woodruff; the negative, by G. L. Simpson and J. F. Hackler.

There will be two declarations on the meeting and M. Groves will be secretary. The marshals for the occasion are Carson, Simpson, Coman, Joyner and Eller.

STORM KILLS MANY. Craft Wrecked and Town Demolished in Hurricane Which Sweeps the Fiji Islands.

Victoria, B. C., March 6.--Many lives and vessels were lost in a hurricane in the Fiji and Caledonia group of islands, according to news brought by the steamer Makura today.

Hilton to Defend Title. New York, March 6.--Harold H. Hilton, the English international golf champion, has announced definitely that he would again visit America this fall to defend his title.

Handy Potato Baker Prevents burning potatoes on side. Will hold six potatoes and bake them evenly. Price 15c Each. They're great. J. H. Law. 35 Patton Ave.

Delphian Literary Society Anniversary. The following invitations have been received by a number of people in the city: The Delphian Literary Society of Weaverville College extends to you a cordial invitation to attend their Thirty-sixth Anniversary to be held on the evening of March sixteenth, nineteen hundred.

Backwheat Eclipsed by a flour that makes better and more healthful cakes--Wheat Hearts Self-Rising Pancake Flour.

NOTICE MISS CRUISE'S SHOP. 25 Haywood St. Phone 16. Shampooing, manicuring and hair-dressing. Chiroprody for ladies and gentlemen by expert operator.

EXPERIENCE COUNTS. Let us remodel your broken jewelry into odd designs at a small cost. All kinds of jewelry repairs done at VICTOR STERN'S. Haywood St. Jeweler. Opp. Battery Park and P. O.

ELECTRICAL FIXTURES. Portable Lamps, Electric Irons and Heating Apparatus. W. A. WARD. 12 Church St. Phone 449.

For Rent FURNISHED. Modern Montford avenue residence completely furnished for quick rental \$60.00 per mo.

Moale, Chiles & Redwood Real Estate and Insurance. 17 Patton Ave.

STUFFED OLIVES IN BULK. These are nice sized stuffed with sweet red peppers. They are fine for sandwiches, and this way they are economical.

YATES & MCGUIRE, 23 Haywood St. Phone 221, 278. THE HOME OF GOOD COFFEES.

Baraca-Philathen building. Visitors are welcome. The Auction Bridge club was entertained this week by Mrs. J. W. Fawcetta at her home on College street.

The Asheville chapter, U. D. C., will meet tomorrow afternoon at 4 o'clock at 83 Hillside street.

Mrs. Thomas S. Rollins is entertaining informally with a bridge party this afternoon.

Mrs. W. R. Hornum has returned from a visit of several weeks with friends in Hot Springs, Ark., and Knoxville.

Mrs. W. C. Britt who underwent an operation recently at Mission Hospital, is rapidly recovering.

Miss Margaret Penniman has returned from a several weeks' visit to friends and relatives in Baltimore and other eastern cities.

Miss Eva Miller has returned to the city from a visit to friends in Nashville and Knoxville.

D. G. Ward left yesterday afternoon for Jacksonville.

Mrs. D. G. Ward left last night for Atlanta.

George Smith left for Washington last night.

Fred Clark of Charlotte was in the city yesterday.

R. D. Mayer of Chicago arrived yesterday in the city.

Miss Madeline Terry of New York is a guest in the city.

Arwin Welsh of Nashville is in the city.

Dr. Robert S. Carroll is visiting his daughter at Bryn Mawr, and before returning to the city will go to Washington and New York.

Edward Simmons of Charleston, who visits Asheville every summer and has numbers of friends here, expects to go abroad this summer and will join his daughter, Miss Sara Simmons, in Liverpool.

J. D. Fry of Virginia is in the city and is a guest at the Battery Park hotel.

F. C. Todd will be out of town for a few days on business the latter part of the week.



Seasonable Shoes Wet Weather Oris Shoes

Rainy-day shoes in all the reigning styles, wet proof as near as possible, for ease and grace and comfort, too. There's nothing like an Oris Shoe. Our window display of summer shoes is nothing short of a beauty show. Have a look. We Do Repairing.

Nichols Shoe Co. Cash Shoesters. On the Sq.

For Rent FURNISHED

We offer for the next two months, to well people only, an attractive furnished cottage in Arvorial Park. Has a beautiful view. If taken at once will rent for \$25.00 per month. Nicely furnished.

The H. F. Grant Realty Co. 48 Patton Ave. Phone 479.

GARDEN PEAS

Sow the early varieties as soon as the soil can be worked and at the rate of one quart to 100 feet of drill. Sow Wood's Excelsior, Alaska and Landreth's Extra Early. Requires no stakes.

GRANT'S PHARMACY

Everything in Drugs and Seeds.

HOOD'S Millinery Opening Saturday March 9th

HACKMO FABRIC 25c per pound. Envelopes to match, 10c per package. Hackney & Moale Co.

PURITY BREAD. In Asheville is Butter-Crust, the bread of quality, and in pound loaves for 5 cents straight. Keeps moist longer and not honey-combed with holes. Look for our label. Phone 622, or ask your grocer.

Asheville Steam Bakery

MILLINERY SPRING HATS SPROAT'S. Oates Building.

ELIAS & HOPSON TAILORING. 18-19 Electrical Bldg. Opp P. O.

WHO IS IT A? FOR SALE. Delightful Country Home near Biltmore. 10 Room House. All Modern Conveniences. 10 acres of land. Will exchange for choice Asheville residence.

Natt Atkinson Sons Co. Real Estate Dealers.

SPRING OPENING OF Imported Models and Tailored Hats

Thursday, March 7th

M. WEBB & CO. Haywood St.