 \\ \section*{\section*{Is Your \\ \section*{\section*{Is Your \\ \\ Child Fed} \\ \\ Child Fed}

## To meet

## the demands

 of School life?

Study taxes the brain and nerves of the growing youngsters.
Certainly, that's natural and expected; and if fed right, they grow rosy in body and hearty in brain.

If a child droops under school training it is a Signal Flag.
Something used up each day that is not replaced from the food.
Don't neglect the signal!
There is one absolutely dependable food, because it contains the certain parts of wheat and barley that rebuild, not only the body, but the gray matter in Brain and nerve centres.

If you have any question of the scientific truth of this statement, write us for analysis of brain and nerve centres and analysis of

## Grape=Nuts <br> FOOD

There is no guesswork here, but absolute dependable fact that can be made use of by any parent sufficiently interested in the child's development to investigate.

A regular diet of Grape-Nuts and cream, as part of each meal, will tell its tale of health and (fortunately) the children like it.

## "There's a Reason" for Grape-Nuts Sold by Grocers

postum orreal 00 ; ITD, pure food factories, battle creek, mich.

## New Fall Wearing

 Apparel for Men, Women and ChildrenWe line teen reeeiving new goods by every expreses.


A Few More Norfolk Blazer Coats
Our Fall line of Peck Clothes for men are liere. Also



## Improved Progress

## Gas Ranges

Cash or Time
$\$ 15.50$ to $\$ 25$
Try Gas for Cooking
It Means Satisfaction

Asheville Power \& Light Co.
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