



Society

On their way Mr. Neely and Miss Neely will visit Atlantic City, Baltimore and Philadelphia.

Dr. and Mrs. W. A. Wray have returned to their home in Knoxville after visiting Dr. Wray's brother, Julius A. Wray, at his home on Beaverdam and Burnsville roads.

Friends will hear with interest that in a recent issue of The Birmingham News a large and attractive picture of Miss Virginia Harrison appeared with the following comment: Miss Virginia Harrison has recently returned home after taking the summer course at the Boston school of Expression in Asheville, N. C. She will leave the latter part of the month for Asheville, where she will teach expression this fall.

Penrose Camping Party in Pink Beds.

An enjoyable event of last week was a party of young people from Penrose chaperoned by Mrs. A. E. Laday of that place and given in honor of Mrs. G. B. Morgan of Asheville and Miss Berta Brown of West Asheville. The party camped two days and one night, after viewing the beautiful scenery of the Looking Glass Rock and the valley at different points the party was delightfully entertained by the family of Caylor Heiden, who were friends to some members of the party. Misses Lucy and Myrtle Heiden joined in with the many interesting games played around the camp fire. Some of the most enjoyable features of the trip were wading, tramping and beautiful spreads of good things to eat. Each member congratulated the chaperone on her excellent planning and success of the occasion. Those in the party were: Mrs. Q. E. Laday, Mrs. G. B. Morgan and Elizabeth Morgan of Asheville, Miss Berta Brown of West Asheville, Mrs. John N. Bradley, Misses Rose Hamilton, Pearl Laday, Hester Hamilton, Lula McCall, Bessie Laday, Jewel Stepp and Mamie Briggs of Hendersonville, Messrs Clyde Blythe, Tom Gimerson, Virgil Laday, Coy Surrett, Cecil Stepp of Hendersonville, Lawrence Belk, Harry Bradley, Lester and Billy Morgan of Asheville and Harley Laday.

Suffrage Tea.

The following invitation has been received in the city: Mrs. Charles Malcolm Platt at home Saturday afternoon August twenty-first, from five to six-thirty o'clock to meet

Mrs. Archibald Henderson. "Fushee Hall," Mrs. Archibald Henderson is the well known president of the North Carolina Equal Suffrage League. There will be a number of brief talks at the tea among the speakers being Mrs. Henderson, Hon. Gallatin Roberts, Commissioner Hilda Ramsey and other prominent advocates of equal suffrage. Congressman James J. Britt has also been invited to speak.

Mr. and Mrs. Cabanis of Birmingham come shortly to Asheville for part of the season.

Mrs. J. Ernest Hammett has returned to her home in Greenville, after a two week's stay in the mountains.

Miss Annie Curtis has as her guest Mrs. Katherine Moore of Black Mountain.

Mr. and Mrs. Dudley Withers of Greer, S. C., are spending the week morning in their car through the mountains of North Carolina.

Miss Cammie Jones has as her guest at her home on Montford avenue, Miss Maude Willis.

Mrs. J. McF. Tharin who has been spending some time in the city, as a guest at the Langren hotel, has been called to Saluda on account of the illness of her daughter, Miss Bessie Tharin. Mrs. Tharin and her daughter, Miss Tharin are among the very well known southern visitors to the city and have many friends here. It is understood that Miss Tharin is not considered seriously ill.

Mrs. Ralph Barkwell Engel and small son, Roy D. Engel, who returned to the city to spend a brief period with Mrs. Engel's mother, Mrs. Duffield Hilliard, at the Langren hotel, leave shortly for a stay in the country near Asheville.

Miss Belle Comer of Birmingham is spending some time in Brevard.

Mr. and Mrs. J. L. Welch of Waynesville will have as their guests, their relatives, Mr. and Mrs. J. L. Dillon and daughter, Miss Grace Dillon of Birmingham.

J. W. Neely and daughter, Miss Helen Neely, left yesterday for New York where Mr. Neely will purchase goods for the J. W. Neely and company's clothing store, 18 Broadway.

and Miss Reeves will go to Portsmouth, N. H., and en route home will spend some time in Boston and New York.

Paul Pomeroy of Marion, Ala., and his brother, Horace Bomar of South Carolina are among the southern contingent visiting in this section.

ADDITIONAL SOCIAL ON PAGE 2.

Cleanliness, low prices, quality service. Grand Meat Market. 27 Montford, Phone 66. 146-47.

Dancing classes forming daily. Arthur Murray, Battery Park Hotel. Advt.-7



SIMPLE, WHOLESOME RECIPES.

No suggestions are more helpful and more acceptable to the housewife in helping her with her culinary duties than good recipes upon which she can rely, and which are not beyond her means. Every woman has a number of well tried dishes with which she is familiar and around which she constructs her menus, but new dishes are always acceptable, and the simplicity and wholesomeness of the recipes that follow will recommend them to every woman.

Smothered Steak With Onions.

Take round or chuck steak, dredge it with flour, then pound it thoroughly with a meat pounder or the edge of a plate. Immediately put in a frying pan in which a liberal amount of fat has been heated. Brown the steak quickly on both sides, then pack it in a pan or casserole (casserole preferred). Between each layer of meat put a layer of thin slices of onion, seasoning each layer with salt. Add one cupful of water for every three pounds of meat. Place in a moderately heated oven and cook slowly until tender. This is a desirable method for all tough steaks.

Spinach, German Style.

Cook the spinach by steam or in a very little water in a closed vessel over a slow fire until it is tender; then chop it very fine. For every pint of spinach mince one-half cupful of fat pork and fry it until crisp. Turn the spinach into the frying pan with the fried meat and heat thoroughly; then add one-third cupful of vinegar or lemon juice for each pint of spinach and season with salt. Turn at once into the serving dish and garnish with sliced hard boiled egg.

Cauliflower.

Separate a crisp white head of cauliflower into flowerets, wash them thoroughly and rinse in a little cold salted water. Tie in a cheesecloth and cook in a steamer or in salted boiling water for twenty minutes. Remove them from the cloth and chill. When ready to serve arrange four small flowerets on a crisp lettuce leaf on a salad plate and between each floweret place a small section of ripe tomato cut lengthwise. Mask with a mayonnaise dressing and garnish with nuts.

Anna Thompson

\$5.98

Breakfast Set

39 Pieces

(All Useful Ones.)

A New Decoration on Best Semi-China

6 Breakfast, 6 B. & B. Plates

1 Large 1 Small Platter

1 Open 1 Covered Dish

1 Cream 1 Sugar

6 Fruits 1 Gravy Boat

6 Cups and Saucers

J. H. LAW
35 Patton Avenue.

WE ARE BUSY but WE HAVE TIME

to attend to YOUR ORDERS, and ANYTHING in PRINTING IS OUR LINE.

The HACKNEY & MOALE COMPANY, Inc.

PHONE 181, 12 Lexington Ave.

Fresh Vegetables and Fruit, Spinach, Sweet Corn, Squash, Peppers, Cabbage, Onions, Sweet Potatoes, Parsley, Carrots, Beets, Lettuce, Celery, Fresh Tomatoes, Lima Beans, Grapes, Apples, Oranges, Water Melons, Canteloups, Bananas and Peaches, Celery Cabbage.

Yates & McGuire

CITY MARKET PHONE 334

BEAUTY CHATS

One of a woman's greatest beauties and one of the easiest to acquire, is a well rounded, youthful looking neck. Unfortunately, too many women go about with thin—even wrinkled and discolored—necks, long before they are middle aged.

A good exercise for making the neck prettily rounded and smooth is to sit on the side of a dining room chair and bend backward as far as possible, letting the head hang downward for a few seconds. Repeat this several times daily. It is a good exercise for strengthening the back, and in addition causes the blood to flow into the neck and nourish its tissues.

Another good habit to acquire for a beautiful throat is to sleep without a pillow. Too often the chin is tucked down into the neck, making wrinkles hard to eradicate. And hold the head up when walking or sitting down, not stiffly and unnaturally, but with a graceful lift to the chin. A bowed head and bowed shoulders give the impression of submitting sorrowfully to the burdens of this world!

Then, never wear tight or high collars, no matter what fashion says. This interferes with circulation, for one thing, and keeps the neck from getting fresh air—and the neck must breathe too. Use plenty of cold water on the throat, bathing with hot water first if you wish, but following this always with a generous dash of oil to shock the pores and close them, and keep them fine.

And for hollows, try a nightly massage with olive oil or coconut butter, rubbing it well into the pores, and wiping the grease off the surface after. Dash a bit of cold water over the neck after such a massage to close the pores on the oil that is in them. Singing is the best exercise to gain well developed neck and chest, probably because singers have to breathe deeply and stand correctly. No one ever saw a professional singer who did not have a lovely white throat.

Questions and Answers. I have a deep line between my eyebrows, and as I am not yet twenty-five, I do not think it can mean a wrinkle of age. I have heard that it is possible to fill these deep lines with paraffine. Can you tell me something about it?—Marie C.

Lime Against Tuberculosis.

In the May 25, 1912, issue of the Journal of the American Medical Association appeared this statement concerning calcium (lime) medication in the treatment of tuberculosis: "Under the systematic, continued and persistent regime of calcium assimilation, Van Gieson has seen a number of his patients improve. The sputum clears up of tubercle bacilli, which finally disappear, and the patients are discharged with healed pulmonary tuberculosis."

Ethical journals seldom speak so positively about a remedial agent, yet this testimony coincides with that from many consumptives who have secured like results through the use of Eckman's Alternative.

Since calcium is a constituent of this remedy, its healing power may be due to the way this element is so combined with other valuable ingredients as to be easily assimilated. Eckman's Alternative contains no opiates, narcotics or habit-forming drugs, so it is safe to try. From your druggist or direct.

Eckman Laboratory, Philadelphia.

Negro Held.

Probable cause was found by Magistrate W. A. James, Jr., at the preliminary hearing held yesterday afternoon in the case of Jones Woodward, colored, charged with being an escaped convict and he was held for Superior court under a bond of \$300.

GOODE AND HAGE, Inc.

Correct Drug Service
Opposite Post Office
Official Nurses' Registry
Phone 718

WHY IS HOLSTEIN MILK

The Best Milk Produced?
Phone or write-us and we will send you "The Story of Holstein Milk."
Anandale Dairy, Phone 2141.

J. L. SMATHERS AND SONS

Leads in Fine Furniture.



Reply—Beauty specialists do occasionally inject paraffine under the skin to fill up a wrinkle, but I do not think your case can be that serious. Do you wear glasses? And are you near-sighted? Have you gotten the habit of squinting? Try massage with a skin food, rubbing across the wrinkles; see what a couple of months will accomplish.

What makes my voice sound so hard and rasping? What can I do to make it sweet and pretty?—Fourteen.
Reply—The cure is with yourself. All I can tell you is to remember to keep your voice low and gentle, and to sing or take singing lessons, if you can. Constant singing will add strength and sweetness to the speaking voice.

Accept Our Congratulations If You Do Not Need Glasses.

If you do need them, you will congratulate us on our ability to fit glasses correctly to your eyes.

CHARLES H. HONESS
Optometrist and Optician
54 Patton Ave. Opp. P. O.

M. Gelula & Co.

JEWELRY and SOUVENIRS
Now at 45 Patton Ave.

THERE IS LESS SICKNESS

among the children of the household where the ICE CHEST is kept well filled and the MILK kept sweet and COOL.

ASHEVILLE ICE CO.
Phone 72

THE BEST COAL

For general use is our celebrated

JELICO AND BLUE GEM

We also handle wood and kindling and do all kinds of hauling, moving household goods a specialty.

ASHEVILLE DRAY, FUEL & CON. CO.
Phones 228 & 510.

FREESIA BULBS

These yield white flowers of a delightful fragrance. A pot of a dozen being sufficient to perfume a whole house. For holiday blooms the bulbs should be planted in October. By successful plantings from August to February, flowers may be had until June. Use good potting earth mixed with a little sand and plant six bulbs to a five-inch pot, covering them one inch deep. Place pot in the light and when plants are growing keep them cool and moist. Fine bulbs 25c per doz. By mail, 27c.

Grant's Pharmacy
Reliable Drugs and Seeds.

H. REDWOOD & CO.

7 and 9 PATTON AVE. ESTABLISHED 1881

Dealers in Clothing, Shoes and Hats for Men, Women and Children; Fine Dry Goods, Laces, Ribbons and Embroideries; Underwear, Hosiery and Gloves; Rugs, Trunks, Bags and Umbrellas—and BUTTERICK PATTERNS.

TO OUR SUMMER VISITORS: We ask that you make yourselves at home in our shop quite regardless of any desire to buy. Each year we meet persons whose pleasant acquaintance we value highly, and who become valued customers.

Clearing Out Figures

On many new styles we have placed BARGAIN PRICES to clear quickly. Many of them are far below New York cost.

Such as Ladies' Tailored Suits at \$10.00 (\$23.50 goods) or at \$7.75 (\$14.50 goods) or Silk Dresses from last year \$1.98 (\$18 and \$20 goods).

Very Low Prices on Ladies' Hats and Low Cut Shoes

Hats of \$2.75 and \$2.25 grades are \$1.38. Those at \$1.50 are 98c. Children's \$1.25 Straws are 50c. A few days of active selling will make radical changes in the stock, however.

Ladies' Low Tan Button Shoes \$1.25 (\$3.75 and \$3.00 goods, Burt's and Reed's). Low Black Button \$1.90, the same high grades. Fine Pumps nearly as cheap as the foregoing.

Early autumn novelties arrive almost daily—in all of our many departments. During the month of August we do a large business in Autumn Goods.

Attractive prices on Housekeeping Dry Goods and BARGAINS in Bed-Quilts between 65c and \$2.25. DON'T FAIL TO SEE THEM.

Compact Campers Cots

in brown canvas—a child can carry it. A Jumbo can sleep on it in safety. Get one and take a hike.

BURTON & HOLT, On the Square

BATTERY PARK BANK

ASHEVILLE, N. C.

Capital \$100,000.00

Surplus and Profits 175,000.00

OFFICERS:

James P. Sawyer, Chairman of the Board.

T. C. Coxe, Pres. Erwin Sluder, V.-Pres.

C. Rankin, Cashier.

No Loans are Made by This Bank to Any of Its Officers or Directors.

North State Fitting School

J. M. ROBERTS, A. B., A. M. Principal.

FOR BOYS.

Newly and Permanently Located on Austin Avenue. New School Building. Opens September 15.

Boarding and Day Pupils.

For Catalog and Information address the Principal.

TELEPHONE 2349.

Enjoy a Car Ride Tonight—Visit

Riverside Park

Keep Cool. See the

FREE MOTION PICTURES

Beginning at 8:15

Class and private lessons in Horsemanship at Riverside Riding Academy. Riding lessons taught at night. Phone 758. J. J. POLLARD, Instructor.

Try an "SOS" Want Ad. Phone 20

Umbrellas

with solid silver handles and rare wood handles decorated with solid silver.

Ladies' umbrellas with fine durable covers, \$3.25 to \$7.00 and up to \$14.25.

Men's umbrellas, \$4.50—\$6.00 and \$7.25.

Colored silk covers in green, blue and red to order from samples.

ONLY BETTER QUALITY
Arthur M. Field Co.