UNVERSTTY CLUB GARY HAR BECOMES BLACK MOUNTAN FORESTRY MEETING
ENLARGESQUARTERS

## News From the Home of the Coffee Bean

Mr. Frank G. Carpenter, noted correspondent, writing from Santos, Brazil, said
be the chief coffee port of the world--in an article in the Los Angeles Times of ct. 30th, 1915, says:

> "The people here believe in coffee. They talk nothing else and as they talk they drink. They drink so much of this beverage that they grow sallow, and the muscles of their faces twith continuously. When one of them sits in a chair, resting his toes on the floor, his knees bob up and down with nervousness, and the whole system seems afflicted with St. Vitus' Dance."

Very
And what, pray, is there in coffee that makes people sallow and nervous? The drug, caffeine-about $21 / 2$ grains

Of course not everybody is affected severely. But caffeine is a cumulative poison, and sooner or later it gete in its work with many userg-slowly with some, poison, and sooner.
faster with others.

Is it wise to tamper with such a menace to health? By far the better way is to ave coffee alone, and for a pleasant, delicious table beverage use

## Instant Postum

 Postum is made from prime wheat, roasted with a small portion of wholesome nolasses, and contains no drug or harmful substance whatever-only the goodnessThere are two kinds of Postum. The original Postum Cereal, which requires oiling: and Instant Postum, the soluble form, which is made in the cup with hot water-instantly! They are equally delicious, cost about the same per cup, and beth are good for the nerves, good for the general health.
"There's a Reason"
Send two cent atamp to Postum Cereal Co., Ltd., at Battle Creek, Mich., for 5 -cup sample tin of Instant Portum.

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## Dress Jrimmings

If YOU will give the same consideration to the selection of TRIMMINGS for your DRESS as WE give to the selection of Trimmings for our sTOCK your costume will be a splendid representation of Style and beauty.

The Bon Marche has considered YOU in selecting these Trimmings-will you
Bon Narche in selecting yours
mongst the new Spring Trimmings and Cos
uming you will find here:

New Radium Silks
A beautiful material, with high sheen,
Trimmings.
Fxauisite Colurings: Pink, eil, Mais, White and Black; ench wide, priced at $\$ 1.25$.

## Crepe Chiffon

A bit prettier than the plain
Light and Dark Colors. 40 inches wide; two qualities, $\$ 1.00$ and $\$ 1.25$

## Silk Nets

72 inches wide, for Dresses Evening Colorings of dainty tint. Priced at $\$ 2.00$ yard.

## White Cotton Mets

36 -ineh widths and 72 -inch widths in several weaves. Pricá from 25 c to $\$ 1.50$ yard.

## Radium All-Over <br> Laces

In the new Shanting Color ing, also in White and Black. yard wide. Priced at $\$ 1.50$ $\$ 2.50$.

Gold and Silk Lace
flouncings
Gold Embroidered Patterns and Rich colored Embroidered
patterns or White or Ivory patterns or White or Ivory
Tet, 10 inches to 27 inches wide, $\$ 1.00$. Narrow widths to match 75c Narrow.
o $\$ 1.25$.

## Chiffon Cloth

of weoths, duality Shown in More Than Fifty Colors. inches wide, priced at the
old price of $\$ 1.00$ yard.

## Georgette Crepe

This cloth finds foremost Extensively used for Cos. tuming and Trimming. We Show Evening Shades and Street Shades Priced at $\$ 1.50$ and $\$ 1.75$ yard

## Panama Nets

 tion; so pretty in the garment 42 inches wide. Priced a $\$ 1.25$ yard.
## Jissue Cloth

In the evening shades, Light Blue, Pink and Gold. results in dosigning the best results in designing a Par
Gown.

36 inches wide. Priced
at $\$ 2.00$ yard.
Spangled Band Jrimmings
Beautiful irridescent effiects in high colors and me
tones, 35 c to 57.50 yard.

## New Venice Laces

one-half inch to seven inches wide. Such dainty patterns in this finely woven lace. Edges and insertions in Match Sets, 10 c to $\$ 3.75$ yard.

