# Ohe Chatloffe Eemoctal. 



| THE <br> Charlotte Democrat, pubhished by <br> WILLIAM J. YATES, Editor ard Proprictor. <br> TERMB--TWO DOLLARS for one year, or One Dollar for six months. <br> Subscriptions must be paid in advanco. <br> "Entered at the as socond ciftece in in Charlotete, N. C. C., as second class postal matter," according to the rules of the P. o. Department. <br> ROBERT GIBBON, M. D., charlotte, n. c., <br> (Iffice errner 5th and Tryon Streets,) <br> Tender his $\begin{aligned} & \text { Fofessional services to the pubic, as } \mathrm{A} \\ & \text { practical Surgons } \\ & \text { Will advise } \\ & \text { treat ocoperate }\end{aligned}$ practica sitheretonepartments of Surgery. <br> March 5, 1881 ${ }_{1 y}$ <br> Dr. JOHN H. McADEN, Wholesale and Retail Druggist, CHARLOTTE, N. C., <br> Has on hand a large and well selected stock of PURE DRUGS, Chemicals, Patent Medicicere, Family Medicines Paints, Oils, Varnishes, <br>  sen at the very lowest prices. |
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DR. T. C. SMITH


J. P. MeCombs, M. D.,



DR. J. M. MILLER,
Charlotte, N. $\mathbf{C}$

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CHARLOTTE,

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Nor. 5,1880
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 withe soind
Johr VanLandingham,
Cotton Buyer: nd General Cc: imission Merchan
In Sunders \& Blackwoods Building, North College St, Charrotte, N .
March 26, 1880.


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| Wivby, papa, I can see the lead," he af. |  |
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| compound of metal. It is plumbago or and in 1800 both received the same number graphite, one of the forms of carbon. The of votes for President, and some of the |  |
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| with pure elay, then baled in a crucible.The different portions of graphiterso |  |
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| Leads intended for very fine work, such as architectural drawings, are reheated after Hosed that alternative, and no doubt his opposition to that scheme led to his death |  |
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| or suet.", and and |  |
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| on his finger. "Where does rosewood get upon every permanent and virtuous calcuits name from? Its color is not rose color." lation Jefferson is to be preferred. He is |  |
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| Hence the name was suggested by the odor and not by the color" <br> tial friends. He is bankrupt beyond redemption, ercet by the plander of bie |  |
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| trees grow so large that planks four feet the death of Philip Hamilto, the eldebroad and ten feet long are cut from them.son of the great financier Alexander Ham |  |
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| and Coleman, the Hamilton editor, whichresulted in the duel which ended in Cole- |  |
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| "Becanse they don't shat their mouths," |  |
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| he said. <br> "What is snoring ?" <br> "Well, it's common enough," said Dr. |  |
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| plawed that snoring is a noise made in the posterior part of the mouth ard nasal fosse during the moments of inspiration. <br> "When a man is fatigued," he said, "and |  |
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| wn. <br> No man was ever seen or heard to snore |  |
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| The soft palate flaps like a sheet in the wind, and the near neighbors of the snoring sleeper are correspondingly disturbed. The |  |
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| grace. An Indian believes that if he snores bhen he is young he will grow up to be |  |
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| originally intended. His vanity, therefore, is enough to make a savage sleep in a proper position." |  |
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| has been largely in cases of affection of the respiratory system, was asked whether snoring is a disease. <br> "Not so much a disease as a bad habit," |  |
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| he sad; ; bato for cure," <br> "Can it be cured?" <br> "Easily," |  |
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| monly snore ?""Because their systems are generally |  |
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| more relaxed in sleep, and their mouths then fall open. Any one will be likely to snore if he sleeps with his month open, and |  |
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| "How can the habit be cured?" <br> "First, you must give a person a chance |  |
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| to breathe through the nose, and then make him do so. If there is any obstruction in the nasal passage, that must be removed |  |
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| by treatment. Then if a snorer can't keep |  |
| jaw is sometimes employed in bad cases of snoring. A skull cap worn upon the head |  |
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| snoring. A skull cap worn upon theserves to hold a system of atrsps under the chin, and keep the mouth shut until the patient can form a habit of sleeping on his |  |
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| side, or with his head sufficiently elevated to hold his jaw." |  |
| "Is it an easy matter to hold one's jaw when asleep?" |  |
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| "Why is snoring, then, so common if it is so easily cured ?" |  |
|  | "Becanse catarrhal troubles are so common, which prevent free inspiration through the nostrils. In sleeping cars and in hotels one frequently hears the resonant snore, be- <br> neither let him down or pult him ap." "So, by the mother of Moses," sald Pat, "I will get the best of them;" and he cut, the rope ! |  |
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| leep tired out. An old doctor used to ad vocate sleeping on the face to guard against the possibility of snoring." | 1 There is a brand of cigarettes in which enervating drugs are said to be used to a frightfal extept, Millions of these cigarettes are sold annually. One house sells on an average of five hundred thou- |
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