

GOOD FOR EVERYBODY year. Malaria is always about, and the only preventive and relief is to keep the Liver active. You must help the Liver a bit, and the best helper is the Old Friend, SIM-MONS LIVER REGULATOR, the RED Z.

Mr. C. Himrod, of Lancaster, Ohio, says: "SIMMONS LIVER REGULATOR broke a case of Malarial Fever of three years' standing for me, and less than one bottle did the business. I shall use it when in need, and recommend it."

Be sure that you get it. Always look for the RED Z on the package. And don't forget the word REGULATOR. It is SIM-MONS LIVER REGULATOR, and there is only one, and every one who takes it is sure to be benefited. THE BENEFIT IS ALL IN THE REMEDY. Take it also for Biliousness and Sick Headache; both are caused by a sluggish Liver.

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WANTED-AN IDEA Who canthink

THE ATLANTA EXPOSITION.

EMINENT MEN OF THE JURY OF AWARDS IN THE ATLANTA EXPOSITION GIVE IT STRONG EN-

lal E. Stevenson adds his name to the High

The highest indersment that the exposition has vet received—the highest in fact it can receive-was given it by one of the most distin- the exposition, but especially in the guished bodies of men ever assembled for a similar purpose.

The Jury of Awards of the exposition, a body composed of the most distinguished men in America, issued over their signatures a strong indorsment of the exposition.

This jury is composed of the chairmen of the various 'sub-committes of the Jury of Awards, of which Dr. D. C. Gilman is president. The men on it are men of zens, the assemblies of bankers, ennational fame, men who have

ment was read and strend by the blue and gray, homeward bound in this country from the foundation committeemen. The incetting was will and fraternity now prevalent Yale to the present time; the he people of the United States an address concerning the exposition. The address speaks for itself. It is as follows:

TO THE PEOPLE OF THE UNITED STATES Cotton States and International Exposition,

ward, having visited the principal ship. departments of the Atlanta Exposi-

of its wise and beneficien functions, excellent, and in all departments of probation. tion to statesmanship, international ed. domestic and foreign, the postal ser- should not fail to notevice and the control of national fig eval wealth, fisheries and fish cul- a domain in which the successors of saving inventions,

ALAMANCE GLEANER will be sent in thirty years has r's n from the "(e) The numifold devices for and Florida, are permanut contribution of the cow lot, as often as possible my i. advance. Apply at THE GLEANER devastations of fire and sword, how- more recommical and advantageous tions to the prosperity of the counstables were cleaned out, and made crty and distress, and now illustrates ultilization of food substances, re- try.

in many ways and especially in this sulting in the prevention of waste, "11. We carries ly advise the of stable manure, well sprinkled exposition, what may be done for the reduction of price and the pro- teachers of colleges and a hools near with a full strength solution of potwhite John wholes the advanceme tol a vast region, tection of the consumer from dis- and remote to encourage their schol- ach, then come drappings, ther

moniously organized.

3. The varied and inexhaustable resources of the Cotton States, their nineral wealth, agricultural products, manufactures and railroads as well as their systems of education, are well displayed in many parts of comprehensive exhibits that have been made by the states of Georgia, North Carolina, South Carolina, Alabama, Louisiana and Arkansas.

"4. There are many admirable many distant states, often attended and many beautiful displays. by large escorts of their fellow citi-

"5. Women have made most tion and having had the advantage important contributions to this Ex- methods of manual and industrial of guidance and auggestions from position. The Woman's Building, training among girls and boys, wothe most qualified experts think it designated by a woman, is cutitled, in an and men, blacks and whites. important to communicate our im- in the opinion of one of our most

knowledge and skill of an unselfish the outgrowth of improved methods tion, accompanied by competent long as my stable manure lasted. and voluntary body of citizens, har- of refrigeration and of simple, but guides. With proper explanation, This would heat in a few days, and transportation.

one of the most interesting exhibits, containg admirable examples of our natural resources. Let the observer notice, without fail, a model of the wearing out or cros on of a farmafter the forests were cut downand its restoration when the planting of trees began.

"(g) The progress of fruit culigns of interstate co-operation and ture and horticulture is well illussocial intercourse. The visits of the trated by exhibits of California President and Vice-President of the raisins and olive oils, apples from United States, of the Governors of Arkansas, and many other varied

"These are only examples which might be indefinitely multiplied. gineers, teachers, women of religious 1 37. We ask attention to the exof great endeavor. After body of of patriotic societies, the recognition of the African, and especially the nature of the case, these exhibits are easily passed by. But here may hope the progress of learning the progress of learning in this country from the foundation. held for the purpose of issuing to suriong the citizens of the United modern schools of science and Republic and the re-establishment technology, agriculture and the not only of peace, but of sympathy mechanic arts; the new universities among those who have been widely the contributions of the United separated. In addition to the build- States Government and of separate ings of the Cotton States, those con- States to the advancement of scistructed by New York, Pennsyl- ene; and the universal establishrania, Massachusetts and Illi- ment of common schools from the "Atlanta, Ga., Oct. 21, 1895, nois, and that of California, kindergarten upward. We are "The undersigned, jurors and with its contents, afford additional deeply impressed by the evidence members of the highest board of evidences of this friendly relation- here afforded of the importance of promoting the study of exact science, and of encouraging the best

"8. The advancement of the pressions to the public throughout highly qualified judges, to a place colored population in intelligence, the country by the agency of the next to the highest among all the industry and enterprise is shownnewspaper press in advance of such constructions of Piedmont Park. though apart from the elucational reports as may be hereafter made to The illustrations of woman's work exhibits, not as adequately shown as the constituted authorities. We de- are active and suggestive. The ser- for their own sake we could wishsire to call attention to the educa- vices rendered by women in collect- in the Negro Building, where may tional value of the Atlanta Exposi- ing and exhibiting papers, relies, be seen illustrations of the steps by tion, its important relations to in- incurentos pertinent to colonial and which an emancipated race is addustry, and its manifold indications, revoluntionary history promote a van ing in feelom, knowledge, Livery, Sale AND Feed of the progress of the useful and spirit of paterism, a love of our skill and thrift. Every visitor liberal ares. But in this brief par social institutions, and the preserva- should observe with an appreciative per we can only indicate a few of tion of records batherto overlooked spirit this suggestive and comthe most significant characteristics, and neglected. There is here a rare prehensive exhibit. The attitude "I. The exhibits of the national opportunity to see many original of the authorities of the Exposition government constitute a unique, documents, and portraits. The toward the colored race has received complete and instructive illustration educational and charitable work is wile-pread a cognition and ap-

Within a building of moderate size embroidery and other branches of 100. The Exposition affords very examples are given of the work of decorative art the exhibits of the striking evidence that the last ten the tederal government in its rela- Woman's Buildings are unsurpass- years have been prolific in inventions for saving time, and for econointercourse, the administration of "6. Among the innumerable il- mizing the nervous force of those justice, the promotion of commerce, lustrations of skilled labor the visitor, who work with their brains. It is worth while to note the general use "(a) The inventions and ap- of stenography, typewriting, longnances; the arts of national decease partus which have prompted ex-on land and sen; the development of traordinary changes in our civiliza- and other devices which may called agriculture, forestry, mines and min- tion by the agencies of electricity- nerve saving, time saving, and life

ture; the protection and promotion Benjamin Franklin have won con- "10. The International characof commerce by surveys of the coast, tinuous renown, and are still achiev- ter of the Exposition is not its printhe lakes, the rivers and the mounting successes as promising as they cipal feature; only five governments, tains, the study of the chimate and are surprising. Let it be borne in namely, the Argentine Republic, the hair, dandruff, scaly cruptions, the forecasting of the weather; the mind that the telephone was intro- Mexico, Costa Rica, Venezuela and maintenance of light houses and life- duced at the Exposition of 1876. Chile, being represented by official saving stations; the collection and and that only two dynamos, and commissioners. Other countries are civilization of the Indian; the en- those insignificant, could then and represented by the contributions of couragment of invention, literature there be seen.

and the fine arts by protecting the "(h) The improvements in the ded much to the interest of the disprivate exhibitors, which have adrights of the inventor, the writer means of transportation, by which play. Especial mention should be Testimonials and treatise furnish- and the artist; the advancement and the safety, the complort and the made of Austria, Deamark, France, ed on application.

Mr. John M. Coble is my agent at Graham, N. C.

B. T. LASHLEY,

diffusion of knowledge through the pleasure of travelers are promoted, agency of the Smithsonian institut and immense cargoes are transport-den and allow of India, Japan and China. We believe that the permanifold services of the bureau of edu-railroads and steamers, the multi-nent good of an e histion of this Haw River, N. C. cation and the collection of great li- plications of bicycles and of rapid kind will be manifested in the inbragies; the study of the discuses of transit devices and the varied in-the human race and also of plants dications that good roads for or-and industry; in diffusion of correct SENDFOR SAMPLE COPY. the human race and also of plants and animals, and the protection of life by cautionary and remedial versal demand.

Since its enlargement, The North sequences; the prevention of epidemics of the improvements in machine the natural resources and characters. The North sequences are considered by the prevention of epidemics of the improvements in machine the natural resources and characters. The North sequences are considered by the prevention of epidemics of the prevention of epidemics of the improvements in machine the natural resources and characters. Carolinian is the largest weekly and the foculation of the food sup-chinery, illustrating the skill of the listies of the different parts of our for location-not soil-all of it was newspaper published in the State. Plyz-These all, exhibited in a comIt prints all the news, and preaches the doctrine of pure democracy. It pact form, bring before the people contains eight pages of interesting the noblest offices of a strong, commatter every week. Send one dol- prehensive and well-or level g v- labor-saving inventions and in the Scaboard Air-Line, and the Plant -cypress. I was forced to make lar and get it for a whole year. A ernment and are the best exhibition better utilization of fire, water, System of Florida, bring out in vivid in y compost as materials were aloutlines the advantages of the regions forded me. The ground in the pine-'(d) The development of the through which there milmads are woods around me was covered with "2. We admire the civic pride industries of coal and iron, the dis-displayed by the citizens of Atlanta, covery and ultilization of new min-railway connections of Atlanta with a heavy had of pine straw industries of coal and iron, the dis-constructed. The improvements in pine straw. I kept my stable litter-Chicago, New York, New Orleans Carefully saved all the droppings of

by the union, cat spaire, g mereby, encand directore being largely are to come and study the Experi, much more possib, repeating a

most serviceable modes of packing easily to be secured if a little effort when all the soap suds from washis made, intelligent youth may learn ing, which had been saved in a bar-"(f) The contents of the build- in a few days' visit to this Exposition rel for the purpose, was thrown ing devoted to mines and forestry is more than would be learned in upon it until thoroughly saturated, weeks or months of ordinary study. and when well decomposed, al We also advise manufacturers and straws and roughness raked out, the merchants, those who are interested fine was sown on the ground. plowin mines, agriculture and transpor- ed and hoed in and thus we had a tation, as well as mechanics and far- very fair garden, excepting in beets mers, to utilize this opportunity for observing and comparing their own work with that of others.

> position on the success that has atspirit, energy and resolution. We complete proparation. thank the Mayor and the citizens of Atlanta for their generous hospital- long, made me a strong white oak

ity. We declare our opinion that reel, procured plenty of strong, heart BLACKSMITH SHOP, FOUNDRY. the State of Georgia and the group pine stakes or pegs two feet long, achieved great things in many lines and philanthropic associations and hibits that illustrate the progress of of Cotton States associated with about 1½ inches square, had them in of patriotic societies, the recognition education and science. From the Georgia in this Exposition deserve convenient spots about the garden, of the African, and especially the nature of the case, these exhibits from every State in the Union recog- made a pole 12 feet long 2 in. wide, nition, honor and gratitude."

DANIEL C. GILMAN, President Johns Hopkins University and Commissioner of Awards, Atlanta Exposition.

A. E. STEVENSON, Vice-President of the United States HENRY L. ABBOT,

nited States Engineers, Chairma of the Board of Highest Awards. C. K. ADAMS, resident University of Wisconsin.

GEORGE E. BELKNAP, Rear Admiral United States Navy.

JOHN BIRKINBINE, Late President of the Society Mining Engineers.

D. H. BURNHAM, rehiteet and Director of Works, Chicago Exposition.

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National Museum. GARDINER G. HUBBARD,

J. M. McBRYDE,

President of the Virginia College of Agriculture.

T. C. MENDENHALL ate Superintendent of the United States Coast Survey, President of the Worcester Technological In-

SIMON NEWCOMB, nited States Navy, Superintendant of the Nautical Almanac.

IRA REMSEN, Professor of Chemistry in Baltimore. Editor of the American Chemical Journal.

HENRY A. ROWLAND, Professor of Physics in Baltimore. C. S. SARGEST.

Director of the Arnold Arboretum of Harvard University. WM. R. SMITH,

Superintendant U.S. Botanic Garden, Washington, D. C. Published by authority of the

J. HOWARD GORE, Secretary of the Board, late United States Commissioner General to the Antwerp Exhibition.

Some Gardening Experience.

into a snug pile, as follows: a laver

and English peas. This year (1895) I commenced in October (1894), to make my garden. I have paled in "12. In conclusion we congratu- with pine pickets, split from our naate the directors of the Atlanta Ex- tive forests, three-fourths of an aere. -a little over one-fourth is my old tended their efforts, on their public garden. I determined to make a

> First I procured a line 150 feet BURLINGTON. . 1 inch thick, squared it up nicely. marked one side heavy lines and figures into foot spaces, one side in 6 inch, one in 8 inch and one in 4 inch spaces. All my garden is planted in rows laid off by my line. My pole is laid beside my line with the space up I with my plants to have, hence my seed are all dropped just where I want them. My hoe handles, rake handles, every tool I use in the garden are marked in foot spaces, so that whatever I am doing, I have a measure in my hand.

The next thing was a weed slayer, which cost me \$2.76, including freight,-for which I would not take \$500. October 15, 1894, I prepared a bed for onion seed, sowed my seed in drills, drove stakes around the bed lower on the south side, procured some heavy cotton cloth as long as the bed, and wide enough to cover it, falling within a foot of lhe ground; I kept the bed covered during the day and uncovered at night, made me one of Elder J. M. Rice's spraying machines out of a 2 pound reast beef can, and had a Ly Golds 82 watering pot, kept my onion hed Was 33 and 25 make well wet night and morning until Assistant Secretary of the Smithson- seed were well up, when cover was ian Institution, in charge of the removed. Made a solution of henhouse manure and potash, with which every third day I gave my L. Washington of Washington, D. C. little onions a good sprinkling.
Result: From one ounce of seed 2,500 as fine onion sets as were ever

grown. I used Creole onion seed. Just before the first hard freeze I had transplanted a thousand of those sets. They were frozen to the ground, but in a few days most of them began to grow, replanted missing ones, when they were frozen again, and so the third time, I was discouraged and gave no further care to them, yet I was able to sell about two bushels of fine onions, and family used all they wanted.

A SPECIFIC

La Grippe, for Colds, Coughs, AND LUNG TROUBLES, YER'S CHERRY

"Two years ago, I had the grippe, and it left me with a cough which gave me no rest night or day. My family physician prescribed for me, changing the medicine as often as he found the things I had taken were not helping



me, but, in spite of his attendance, I got er. Finally, my leusband, -res ing one day of a gentleman who had had the grippe and was cured by taking Ayer's Cherry Pectoral,—procured, for me, a bottle of this medicine, and before I had taken half of it, I was cured. I have used the Pectoral for my children and in my family, whenever we have needed it, and have found it a specific for colds, conghe, and lung troubles." EMILY WOOD, North St., Elkton, Md.

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Highest Honors at World's Fair.

Prevention better than cure. Tutt's Liver Pills will not only cure, but if

taken in time will prevent Sick Headache. dyspepsia, biliousness, mala constipation, jaundice, torpid liver and kindred diseases.

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