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Age brings infirmities, such as stuggish bowels, weak kidneys and bladder and TORPID LIVER.

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The Progressive Farmer RALEIGH, N. C.

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BIBLICAL MYRRH.

You May Buy It and Frankincense In

A druggist recently gave a Sunday school teacher a shock that he seated at the soda fountain the teacher was delivering a lecture concerning how much the world had learn something more about the afachell of sharp practice, but Ma-articles of everyday use, for in-chell replied, "Well, I'll bet you anstance, mentioned in the Bible "Now, there's gold, frankincense and myrrh," he said, "that the wise men brought from the east. Of who knows anything about frankincense or myrrh?"

"We've got 'em for sale right here," said the druggist, reaching for a bottle, which he placed on the counter before the astonished lecturer. "Here's your frankincense. and," setting down another bottle. "here's your myrrh. Now, while I think of it," bringing a third bottle, "here's your manna too. They are all gums. Myrrh is the dried sap of a genus of trees and shruls growing in Arabia, Persia and India; incense is composed in great part of the olibanum gum, the sap of a tree which grows in Arabia all along the Red sea coast, on the cast coming out second best. coast of Africa and in great abundance in India.

"To make the incense used in the churches the olibanum is sometimes mixed with myrrh, cascarilla and storax, also an oriental gum. The shrubs producing myrrh are found all around the Mediterranean, the best qualities coming from Sic-The manna of the drug store also a kind of gum, an exudation from several varieties of small trees and shrubs growing in Arabia and here and there through southern The monks of Mount Sinai Asia. pack 600 or 800 pounds of manna every season.

"Both myrrh and manna are often used in compounding prescriptions, and incense, of course, is in constant demand in the churches. It is rather curious, however, that during all the centuries from the time when the Jews marched out of Egypt myrrh, incense and manna have year by year been collected and sent to Europe from the same countries in which they are first mentioned and that the incense burned in our churches today is of the same kind and comes from the same places as that which smoked in Aaron's censer

He Wasn't Excited.

In Sullivan county, N. Y., a story is told which had to do with a man who was picking blackberries when he saw a black bear coming his way, nose to the ground and, as he thought, following his trail. He put the bucket down hurriedly and, selecting a handy tree, made for it with the intention of shinning up to a nice strong limb, prepared to stand a siege. Along came the bear, head down. It passed the half filled berry bucket without seeing it passed the tree without taking notice of the man's scent and went on down the path until it was out of sight. "Now," thought the man, "is the time for me to beat it for home," but when he moved as if to climb down from his lofty perch he found that in reality he was sitting on the ground with his arms and legs wrapped around the tree trunk. Excited? Next!—Forest and Stream.

Origin of the Rothschilds. The founder of the Rothschild family, Amschel Moses Rothschild, kept a coin store at 152 Judengasse, of Jewish quarter, Frankfort on the Main. Before this shop was displayed a red shield; hence the name Rothschild. Amschel dealt in curiosities, art goods and old gold and silver. His son, Mayer Amschel, was born in 1743 and died in 1812. He, like his father, continued in the coin business. In the course of his coin business he met a collector, the court banker to the landgrave of Hesse. This banker was so impressed by Mayer's business ability that he loaned him money for investment, and it was in this way that the great banking firm of Rothschild was established.—Elder Monthly.

His Compliment.

Praise from a husband's lips is always pleasant to the wife, but the praise may be too discriminating to suit her.

"I thought it was nice of you to tell that carpenter, who seemed to think women know nothing, that I could hammer nails like lightning," said Mrs. Morse to her hus-band. "But I'm afraid, dear, you are not an unprejudiced judge. I really don't think I'm such a very

good hammerer." "Oh, he knew what I meant," said Mr. Morse cheerfully. "You know lightning never strikes twice in the same place, they say."

The authorities of the United States hydrographic bureau have endeavored to ascertain the size of the Atlantic waves. From careful observations they learn that in height the waves usually average about thirty feet, but in rough weather they attain from forty to forty-cight feet. In storms they are often from 500 to 600 feet long and continue to move about ten or cover seconds, while the longest ret thown measured half a mile and did not exhaust itself for (wenty-three ase-sot exhaust itself for (wenty-three ase-

Hopped and Won.

Some years ago a remarkable wager was made between Captain Machell, a racing celebrity, and another officer who was noted for his activity. Captain Machell bet his is not likely soon to forget, says the St. Louis Globe-Democrat. While "two at a time." The bet was taken; but, as there were forty-one steps in the flight, he found after taking twenty hops that he was left forgotten since ancient times and only one step to negotiate and had how well it would be if we could lost his bet. He accused Captain other £10 I do it." The officer, thinking to get back his money, accepted the bet. Captain Machell then hopped up forty steps in twencourse we all know about gold, but ty hops and, hopping back one, finished by going up the last two steps and won.

Willing to Pay.

Magistrate - Well, Mooney, you are accused of beating your wife, What have you to say why you shouldn't pay a fine or have ten days' imprisonment? Mooney-Who says I beat her.

Magistrate-She herself testified

Mooney-What! The old lady herself don't deny it? Well, then I'll pay wid pleasure, for I'll be hanged if it isn't the first time in

all our rows that she's owned up to Church a Road Builder

No part of the Perkiomen valley, in Pennsylvania, having thus far received a share of the state's good roads appropriation, an energetic campaign for improved highways has been opened in the vicinity of Pennsburg, Pa., and the two strongest and oldest churches of the region are lending hearty cooperation, says a Pennsburg correspondent of the Philadelphia Record. The members of the New Goshenhoppen Reformed church, who want the road from this borough to the church improved, have decided not to wait for state aid. They have effected an agreement with the supervisors of Upper Hanover township and will con tribute \$300 toward a fund for rebuild ing the road, the township providing the remainder of the money. The members of St. Paul's Lutheran church, which is also situated about a mile outside of town on the opposite side of the borough, are engaged in a some what similar enterprise.

Gambetta and Napoleon's Portrait. When Gambetta, accompanied by J'ales Favre, arrived in the hall of the Hotel de Ville, where he was officially to read the proclamation of the th d French republic, the crowd which followed the two deputies caught sight of a fine portrait of Napoleon III, hanging on a wall. They promptly to tidown and were about to smash it to pieces when Gambetta intervened. Turning the portrait to the wall, he said: "My friends, we have put up with the original for twency years. Let us be content today to turn his face to the wall. It is all he deserves."

Why, Then? "Did you finish your shopping today, my dear?" asks the model husband. "Yes, I think so," answers the trusting wife.

"You think so?" "Yes. I don't know, though. You see, I went to get my hat and there were so many and all of them so pretty that I got five of them."

"Five? Why did you do that?" "I-really-I must have lost my

"In that case, why get a hat at all?" -Chicago Tribune.

The Origin of the Menu. A German gastronomical publica-tion gives the following account of the origin of the menu: At the meeting of electors in Regensburg in the year 1489 Elector Henry of Braunschweig attracted general notice at a state dinner. He had a long paper before him, to which he referred every time before he ordered a dish. The Earl of Montford, who sat near him, asked him what he was reading. The elector silently handed the paper to his inter-ly handed the paper to his inter-regator. It contained a list of the the feeding of large amounts of the rogator. It contained a list of the viands prepared for the occasion which the elector had ordered the cook to write out for him. The idea of having such a list so pleased the illustrious assembly that they introduced it each in his own household, and since that time the fashion of having a menu has spread all over the civilized world.

Utopian Ideas.

The dictionaries do not seem to recognize the significance given to "politeness" in the following sentence of Young's preface to his

"Satires:" "A writer in polite letters should be content with reputation, the private amusement he finds in his compositions, the good influence they have on his severer studies, that admission they give to his superiors and the possible good effect they may have on the public, or else he should join to his politeness some more lucrative qualification."

The ideal thus presented is appropriately attractive and roman-tic. Its defect is that harassing difficulty of attainment which is so prone to beset the aspirant after Utopian conditions,—London Notes

Mary—Dark circles under the eyes indicate a sluggish circulation, torpid liver and kidneys. Exercise and Hollister's Rocky Mountain Tea will make you well and beauti-ful. 85 cents, Tea or Tablets. Thompson, Drug Co.

It is said that Maine fishermen

BREAKING THE HEIFER.

If Carefully Handled, She Will Quick

ly Submit to Being Milked. It isn't much of a chore to break heifer to milk, not nearly so much as many of the writers on dairy topics would have you suppose. All that is required are patience, firmness and gentleness, says a writer in Farmers Advocate. We have broken many helfers and have never had one acquire the kicking habit.

It is better to have the helfer halter broken before she brings her first calf. but there is no need that she should be a perfect model of gentleness, submis sive to all manner of treatment, such as being led about by an ear or having her udder handled before there is need for it. It is contrary to nature for a beifer to have her udder handled be fore she becomes a mother, and the majority will resent any such famil-iarity. After they become mothers, on the contrary, they are quite willing to be milked, and if they are spoiled in the breaking it is the fault of the one who essays to break them.

Handle Her Carefully. Even the wildest heifer may be tamed after calving by careful handling. Go into the pasture or lot where she is confined after the calf has been licked dry and has sucked and handle the calf gently and quietly, and the heifer will soon learn neither to fear you nor to resent your handling the calf. By taking the calf where you wish the helfer to go you can get her any place you wish and after fastening her firmly you can milk her st your leisure. So long as the calf is quiet she

If the helfer has never been handled, she will naturally be nervous and sensitive. She may even use a foot to pre vent her udder being handled, but if the milker keeps his temper within bounds and does not fight back the helfer will soon permit the milk to be drawn and cease any objections thereto. It is the man who hasn't sense to know that it is proper that the helfer should resent what to her seems an unfamiliarity and wants to fight back that spoils helfers and causes them to become kickers.

Teaching a helfer to submit to the milking process is an easy matter if gone-about properly.

Feeding the Milk Maker

The more finely the meal is ground the more easily it will be digested. Then there will be very little loss. This should never be lost sight of in the feeding problem. Cornment should be fed with wheat bran, and linseed meal should always be added to a fattening

Humor the Strong Willed Cow. Some cows are pretty strong willed and will not give down their milk until they have been fed some knickknack; then it will come all right Such cows are provoking. It is better to humor them than it is to take an empty pail to the house. These cows usually give a good mess of milk when

Changes of Food. Not only does a scarcity of water affect the milk flow in cows, but sudden changes of food often cause the flow of milk to decrease. This is due to the fact that the cows may not readily accept the new food and eat as much of it as of that to which they had been accustomed. Changes of food to milk cows should be made gradually, so as to allow them to be accustomed to it, increasing the allowance daily.

Feeding Pumpkins to Cows. In reply to a subscriber who wishes to know the value of feeding cows pumpkins, seeds and all, the New Eng-land Homestead says:

Based on chemical analysis, pump-kins should have about the same value as turnips. They are not as highly digestible as the turnips, on account of the hard shell and the stringy fiber inside. I consider one of the best ways to use them is to cook them for hogs. When used for cows producing milk they should have no injurious effects on account of the seeds unless fed in large quantities. Our grandmothers gave pompkin seed tea as a medicine, prising it for its tendency to stimulate kidney action. seed would probably increase kidney action unduly, and this would tend to sction unduly, and this would tend to expel food products from the system before they had accomplished their work. Pumpkins should not be fed every day, but should be alternated with apples, cabbage, mangels or sugar

A very good rotation for a cow giv-ing forty pounds of milk daily or mak-ing one and a half to two pounds of butter per day is thirty to forty pounds of corn ensilage, thirty pounds of man-gels, eight to ten pounds of clover hay, four pounds of bran, three pounds of ground onts and one pound of oil cake. ground case and the hay, pulp the roots and mix the bulky feed together for a few hours before feeding. Add the meal to the bulky part at the time of feeding. The foregoing amounts may be divided into two portions and opehalf to be given to each cow night and maif to be given to each cow night and morning. The cows should be fed reg-ularly, and each sulmal should be un-der close observation by the feeder in order to note her appetite, response in milk flow and other conditions. If the seder finds that the cow can profit consume more than eight pounds meal daily, then extra meal may be given. Careful feeders who weigh the milk from each oow will seen learn the limit of graditable feeding for each

Worked Like a Charm.

Mr. D. N. Walker, editor of that spicy journal, the Enterprise, Louiss, Va., says: "I ran a neil in my foot last week and at once applied Bucklen's Arnics Salve. No inflammation followed: the salve inflammation followed; the salve simply healed the wound." Heals now go out after fish in winter wea-every sore, burn and skin disease. ther that would bave kept them Guaranteed at J. C. Simmons Drug-



To get the best results cows should by all means be milked regularly as to son in the same way.

Any change with a sensitive cow is sure to make a material difference in ed women because of the case of the quantity of milk.

Any unusual method of milking not only causes a diminished yield of milk,

but also causes the milk which is obtained to be of poorer quality, as tail, are devoted to the April bride. shown by the per cent of fat. The variations in quality are usually much greater than those in the yield. Experiments in which one teat at a time was milked caused a falling off from 1 to 2 per cent of fat in the milk

obtained. Slow milking gave on the average 4 per cent less than fast milking and with some cows more than I The difference in yield of fat from nine cows experimented upon was more than enough to make one pound of butter per day. A change of milk-

ers also had a marked effect, but in this case the individuality of the milker seemed to be the chief factor, as certain milkers always obtained better milk than others, and this was the case when both of the milkers were thought to be expert. The cows were clean milked in every case. In a test with four cows, which tion in the home.

was continued over periods of one week with each milker, the milk obtained by one of these milkers contained nearly 16 per cent of fat more than the other. This was repeated in every case in

marked effect was found when cows were milked with milking tubes, the quality of milk being invariably poorer when the tubes were used than when the cows were milked by hand. A Timely Shake.

Some years ago the Duke of Connaught visited Japan and was taken by Sir Edwin Arnold round the bazars of Tokyo, where he bought many curlous toys and specimens of Japanese folks will prove another interesting art. In the evening he remarked to Sir Edwin that he had seen most of the sights, but had not experienced And besides these there are many any of the earthquakes which are so more articles of use and interest common in Japan, "I suppose you cannot show one?" said the duke jestingly.

Inrmediately the house shook, chandeller swayed backward and forward, the china and glass on the table rattled, and the door burst open. "Why, Sir Edwin, you are a magician!" remarked the duke as the shock,

which had happened at so curious a moment, subsided. An Extraordinary Forest. The most extraordinary forest in the world was discovered by Dr. Welwitsch and occupies a tableland some six miles in width near the west coast of Africa. The peculiarity of the trees much as four feet in diameter, they at-

tain the height of only a foot. No tree bears more than two leaves, and these attain a length of six and a breadth of two feet. Not What He Seemed. Romance has flung a decaptive halo over the old yeoman farmer. He was certainly not a good tiller of the soil, but lazy, old fashloned and unenterpris

ing. No houses were so much in need of repair, no gardens so ill kept, no fields so overgrown with weeds, as those of the small proprietor of the eighteenth century. London Country

A Popular Fallacy. L. B. Gardner of Atlantic, Is., has this chunk of wisdom in Western Poul-

try Journal: They will tell you that fowls that lay during the winter will go to sitting early and won't give you any eggs in the spring. Don't you believe it. We have fowls—that laid steadily all winter and kept right at it. not even showing a sign of becoming We have neighbors whose broody. We have neighbors whose fowls laid scarcely an egg during the winter and last spring managed to shell out a few now and then and thought they had done their duty and got broody. It dogsn't take much fig-uring with eggs at 14 to 25 cents per dosen to see which are the paying hens.

There is no poultry breeder that can successfully breed for show birds alone and make a success of the poultry business. He must breed for some-thing else besides the showpoom. His poultry must give him a daily profit or his poultry fever will soon cool down. Begin by breeding for market and eggs, and there will be a profit and a love for the work, and you will make a success, concludes the editor of American Foultry Journal.

Wheat For Poultry. Wheat is one of the best feeds for poultry the year round. Where wheat, oats and barley can be grown no other grain food is necessary. For green food cabbage, turnips and rape will answer every purpose. If given prop-er care all the American varieties are good egg producers, and one variety will lay as well as the others.

For rhedmatism in fowls begin treatment with a dose of epsom salts, twenty to thirty grains. The following day add thirty to forty grains of arbonate of sods (baking sods) to the quart of drinking water and give two to three grains of salicylic acid twice a day. Apply campborated or carbolic olutinent to the affected foints. Poultry Supply and Demand. Of course the poultry business will

While the supply is increasing at a rapid rate the demand is increasing Keep Cookerels and Pallets Apart. Never let cockerels and pullets run together after the fourth month. Don't keep chicks together of all sizes of they will not thrive. Easter Designer.

many new friends among well dressmaking and the correctness in the

Several articles illustrated in de-They discuss some new styles of wedding gown, and besides giving the patterns for them, describe the latest accessories that go with them. New spring hats are illustrated so

clearly that they may be copied, and the regular advance article by Laura Sciple, this time on the coming dainties of dress, has its accultomed place in the center of the Designer.

known interior decorator, contribtributes an article entitled "Some Unusual Interiors." This, like all Newark, Ohio. such material in the Designer, will be found to be of practical applica-

The fiction in the April number is of more than ordinary interest. The continued story begun in the March number, "Economy Farm" favor of the same milker. The most by Miles Bradford, author of "Carlotta and I'', has the second installment in the April number. There is also an interesting article on "My Three Easters in the Far East", by Alexander Hume Ford, a man who has covered the world in travel and has had many interesting experiences. An Easter play for little possibility for home entertainment. among the regular departments of The Designer which Designer readers know and look for from month to

> English Spavin Liniment removes all hard, soft or calloused lumps and blemishes from horses, blood spayins, curbs, splints, sweeney, ringbone, stifles, sprains, all swollen throats, coughs, etc. Save \$50 by the most wonderful blemish cure known. Sold by the J. C. Simmone Drug Co., Graham, N. C.

> Tubing and chemical utensils are now made from magnesis, in a German factory. It is not cracked or otherwise injured by sudden heating.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to eure. E. W. Grove's signature is on each bux

A French inventor has patented a new process for the extraction of olive oil, and has offered the invention to a group of producers in the Cadiz district.

"Pineules" (non-alcoholic) made from resin from our pine forcets, used for hundreds of years for bladder and kidney diseases. Medicine for 30 days \$1.00. Guaranteed to give satisfaction or money refund-Get our gusrantee coupon from Thompson Drug Co.

A heavy snow storm, which seems to have centred along the New Jersey coast and eastern Penn, visited that section Sunday. Snow fell continuously for 15 hours to a depth of seven inches. The snow storm in New York which was considerable, was the thirteenth for the winter.



April was chosen for the Easter stimulates the liver and thoroughly number of the Designer because cleanses the system and clears the costumes appropriate for Easter are the complexion of pimples and blotmore suitable for April than for ches. It is the best laxative for wo-March. And the designs of the men and children as it is mild and new spring dresses are very attracten. Orino is much superior to ive. The grace and practicability of pills, aperient waters and all ordintime and place and by the same per- the Designer models are winning ary cathactics as it does not irritate the stomach and howels. J. C. Simmons, Druggist.

> nently remarked the other day that the newspapers fight to get the law makers elected, and then have to fight like dogs for their natural

The Charlotte Observer very perti-

Pine Salve Carbolized acts like a poultice; highly antiseptic, extensively used for eczema, for chapped hands and lips, cuts and burns. sold by Thompson Drug Co.

Rev. Dr. Thos. Lawrence, for 16 years president of the Normal and Mary Kilsyth, who is a well Industrial Collegiate Institute at Asheville, has resigned and will be succeeded by Prof. E. P. Childs, of

The winds of March have no terror to the user of DeWitt's Carbolized Witch Hazel Salve. It quickly heals chapped and cracked skin. Good too, for boils and burns, and undoubtedly the best relief for Piles. Sold here by J. C. Simmons Drug-

Saturday night a week in Hickory Reece Wright, colored, struck John Lowry, also colored, with a rock or some "hard substance," inflicting a wound from which Lowry died, Wright is in jail,

Tetter, Salt Rheum and Eczema. These are diseases for which Chamberlain's Salve is especially valuable. It quickly allays the itching and smarting and soon effects a cure. Price 25c. For sale by J. C. Simmons, druggist.

The 2 year-old child Mat Holder, who lives near Mt. Airy, was burned to death Saturbay a week. Clothes caught from an open fire place.

Faster and faster the pace is set By people of action, vim and get, So if at the finish you would be, Take Hollister's Rooky Mountain. Tea, Thompsons Drug Co.

New Harness Shop

FIRST-CLASS UP-TO-DATE HARNESS MADE TO ORDER.

Repairing a Specialty

All strictly hand sewed-No machine work. Patronage Solicited. Satisfaction Guaranteed.

WILL D. TURNER. P. R. Harden Corner, GRAHAM, N. C.

Mortgage Sale!

Fursuant to the powers vested in the mort gages by virtue of a certain mortgage dece executed by A. J. Kemp and Vida Kemp, his wife, to Thomas W. Cook and Erastus F Cook, on the lith day of June, 1903, and duly recorded in the office of the Register of Deeds for Alamance county, in Book No. 3 of M. D., on pages 40 to 41, the understand will expose for sale at public auction to cash, at the court house door in Graham, or

SATURDAY, APRIL 13, 1907,

at H o'clock, noon, a certain truct of lan lying and being in the county of Alamane, state of North Carolina, in Melville town slip, adjoining the lands of E. W. Thompson, John Moore and others, and bounded a follows: son, John Moore and others, and believed follows:
Beginning at a stake Giles Mehane old corner, now E. W. Thompson, thence the Sectars old line 8. 5% 'A. 5 chains to stake, thence 8. 5% 'W. 5 chains to stake, thence 8. 5% 'W. 5 chains to stake, thence 8. 5% 'W. 5 chains to stake to a rore, thence N. 50 'W. 24 che 60 links to a rock corner, thence 8. 50 'W. 24 che 60 links to a rock corner, thence 8. 50 'E. 6 chains 51 links to a rock, it whotane corner, thence N. 10 'E. 15 chains 51 links to a rock, it who the corner, thence N. 50 'E. 17 chains 51 links to stake, themce 8. 50 'E. 17 chains 51 links to stake, themce 8. 50 'E. 17 chains 51 links to stake, themce 8. 50 'E. 17 chains 51 links to be ginning, and containing by cetimatic

THOMAS W. COOK.

DeWITT HOLT **Real Estate** and Insurance Graham, N. C. .

Does Your Heart Beat

Yes. 100,000 times each day. Does it send out good blood or bad blood? You know, for good blood is good health; bad blood, bad health. And you know precisely what to take for bad blood - Ayer's Sarsaparilla. Doctors have endorsed it for 60 years. One frequent came of had blood is a singuish iver. This produces constinution. Polonous substances are then absorbed into the blood. Keep the bowels open with Ayer's Pills.

Made by J. C. Ayer Co., Lowell, Mass Tyers AGUE CURE. CHERRY PECTORAL We have no secrets! We publish the formulas of all our medicines.

This time of the year are signals of warning. Take Taraxacum Compound now. It may ave you a spell of fever. It will regulate your bowels, set your liver right, and cure your indigestion. A good Tonic. An honest medicine

araxacum MEBANE,

N. C ._

Weak Hearts

Are due to indigestion. Ninety-nine of every one hundred people who have heart trouble can remember when it was simple indiges-tion. It is a scientific fact that all cases of tion. It is a scientific fact that all cases of heart disease, not organic, are not only traceable to, but are the direct result of indigestion. All food taken into the stomach which fails of perfect digestion ferments and swells the stomach, puffing it up against the heart. This interferes with the action of the heart, and in the course of time that delicate but vital organ becomes diseased. Mr. D. Kuule, of Nevade, O., saye: I had storach trouble and was in a bad state as I had heart trouble with it. I took Kood Draspaic Cure for about four insults and it cared ms.

incitis and it cored ma.

Kodol Digests What You Est
and relieves the stomach of all per
strain and the heart of all pressure. Bottles only. \$1.00 Size holding 2% times the trid size, which sells for 50c. Prepared by E. O. DeWITT & OO., ONIOAGO. J. C. Simmons, Druggist.



Cures all stentach tre



WALL PAPER-First Class quality, at half usual price. Large line of samples to select from. Paper hanging at reasonable prices and work satisfactory. JESSE M. Work satisfact BRADSHAW.