Mrs. Jane Callehan suffered from womanly trouble for nearly ten years. In a letter from Whiteville, N. C., she "I was not able to do my own housework. My stomach was weak, and my blood was wrong. I had backache, and was very weak. I tried several doctors, but they did me no good. I used Cardui for 3 or 4 months, and now am in the best health I have ever been. I can never praise Cardui enough." It is the best tonic, for women. Whether seriously sick, or simply weak, try Cardui.

Write to: Ladies' Advisory Dept., Chattanooga Medicine Co., Chattanooga, Tenn., pecial Instructions, and 64-page book, "Home Treatment for Women," sent free, J 53

### The One Thing Needful

By F. A. MITCHEL

in Jonesville. I usually wear canonicals and am easily recognized for a clergyman. I was passing along the street morning when I was halled by a Mrs. Charles Smith, president of the apping young fellow standing beside the curb that a family of three may live almost strapping young fellow standing beside He had on a linsey woolsey suit, a flan-nel shirt, and his trousers were tucked cents each. Mrs. Smith believes that nel shirt, and his trousers were tucked in his boots. He was massive, with light hair, blue eyes and a florid com-plexion. Altogether he was as striking specimen of young, uncouth manly

"I say, neighbor," he said, "be you a "I'm a clergyman," I replied,

He was taking me in wonderingly, running his eyes over my black suit, my clerical cut vest, the gold cross hanging from my watch chain, fixing his eyes at last on my collar. "Would you mind tellin' me," he said, "how you got that on?"

"My collar? Oh, that's very easy.
It is buttoned in the back of the neck instead of the front. What can I do

Well, when I saw you comin' along

I was thinkin' about gittin' married. I mays to myself: 'What luck! Here's a parson right handy.'" "Have you got your license?"
"You bet. I've had that a long while."

"Is the lady prepared?"
"I hain't prepared her. Fact is, 1
hain't much of a hand at courtin', and
I hain't done that part of the job yet." uld think it was the first par

of the job to be done."
"Naturally it is, but anything we don't like to do we put off. Consekince is I done all the other things first. I got the license, I got you and I got ten acres o' land with a house on it. I got them all first because they was

u have your intentions fixed on a girl, I presume."
"You bet; the likeliest girl in these

"And you have every reason to sup-pose she is ready to marry you?"
"Reckon. Leastaways, she acts that way. But I hain't certain. If I was certain, askin' her would be the assist."

certain, askin' her would be the easiest-part of the whole job."
"But, my friend, having made all the

preparations wouldn't it be a great dis ppointment to you if the young lady pould refuse you?"
"By gum! parson, don't tsik that

The color rushed out of his face and

"We all have a weak spot about us somewhere," I continued, "and I fancy yours is a want of ability to make a "T guessed it. I would advise you to

young lady to be your wife. Then you'll know whether you need my serv-ices or not. If you do, come to the What's that?"

"My house, where I live. Do you be the church spire down there? Well, iy house is next door. I shall be at ome all day and will be happy to arry you."

"Oh, anything you care to give. Good

sorning."

"Hold on, parson. Do you know of mything a feller can take to brace tim up for such a job?"

"Nothing. You must summon up our resolution. A strapping fellow he you ought not to be afraid of a set."

That's just the thing I am afraid of You don't think I'd be afraid of a man

"Good morning. I shall expect you."
I left him, but before I had gone far
soked back and saw him gazing at me
ristfully, as if he thought I might help
tin if I am a shall expect you." m if I only would. But there was no ope for him except in himself, and

th an encouraging smile, I turned ain and went on my way. About 5 o'clock in the afternoon ere was a ring at the rectory bell, and the maid who answered the sumons came to my study and said there
as a couple downstairs who wished
a see me. She described the young
an who had accosted me in the morntold her to send him up. She did so,
all he came into my study radiant.
"I done it," he said exuberantly.
"You found it easy enough didn't
ou," I replied, "when you once got
own to it?"
"Ob, yes! It was easy enough when

n," I replied, "when you once got with the state of the s

Again we desire to remind farmers of the importance of planting every available, cultivated acre to cowpeas. They are valuable for the following reasons:

Value of Cowpeas.

They are fairly good human They are one of our

tritious foods for stock. The peas alone are worth from \$5.00 to \$20.00 per acre.

The vines, roots and stubble furnish humus (vegetable matter), omething nearly all lands are deficient in. This humus helps to make the

land cultivate easily. It absorbs and holds moisture that will aid a erop to continue its growth during arought.

Humus furnishes the conditions ecessary for the existence of beneficial bacteria.

The shade of pea-vines helps in the formation of valuable nitrates in the soil.

Pea-vine roots are good suboilers. They go to considerable depths, opening up the earth so that air and water can make a tom or his breeches pocket, fished out screw, two or three rusty nails, a sta-ple and a silver dollar. The dollar he deep soil.

Peas get some of their nitrogen I gave it to the bride. She took it willingly, evidently not realizing that it was too small for me to accept for a fee. Then the pair left me, the groom strutting with pride. from the air, free of cost to the farmer, so that very little nitrogen (ammonia) is needed for their fertilization except for poor soils.

Peas draw heavily upon the supplies of phosphoric acid and potash; therefore, these sub-Mrs. Virginia Grant Corbin, sister of General Ulysses S. Grant, recently observed her eightieth birthday at her stances should be supplied to them in fertilizers. Many pea crops fail for lack of phosphates and potash.

Cowpeas fit in well in nearly all systems of rotations of crops.

Every farmer should at one arrange to plant abundantly of Miss Constance Winifred Honey, to whom the national art scholarship of Australia has just been awarded, is the second woman in the history of that country who has won this prize. The scholarship enables the winner to travel for three years through the best known art schools of Europe.

Miss M. C. Smith, superintendent of this important crop. Plant some on poor idle acres for turning under; plant some for hay; plant some for grazing by horses, cows, hogs and other stock; and by all means plant, fertilize and cultivate a few acres for seed peas so you will not have to buy at high prices next season. greatest banking institutions in the world. Under her are 1,000 clerks, and she is held to account for the accurate keeping of 37,000 ledgers containing the entries of about 10,000,000 depositors.

Nearly everything said above about cowpeas is also true of soy beans. The beans excel in being a little more valuable as stock food, a little better adapted to wet soils, stand droughts some better and usually make slightly larger yields of grain and hay.

Yours very truly, C. R. HUDSON, Ráleigh, N. C.

N. C. GOOD ROADS ASSOCIATION annual Convention to be Held

gress and development to the An-

nual Convention of the North

Carolina Good Roads Association

which is to be held in Charlotte,

August 1 and 2. Already a large

number of delegates have been

appointed to this convention, and

it is expected that a large number

will attend. Automobile runs are

being arranged from our larger

cities. It is expected that the

sts from all sections of North

old ruts and unprogressiveness

which has cost and is costing the

citizens of the State such vast

sums. Every citizen of the State

interested in its progress and the

achievement of the fundamental

condition to progress-good roads

is invited to attend as a delegate.

Sec'y N. C. Good Roads Asso'n Itch relieved in 20 minutes by

Woodford's Sanitary Lotion. Never fails. Sold by Graham

Consumption attacks especially

those who live in crowded and

Mail Carriers Will Fly.

This is an age of great dis-coveries. Progress rides on the air. Soon we may see Uncle Sam's mail carriers flying in all direc-

man carriers hying in all direc-tions, transporting mail. People take a wonderful interest in a dis-covery that benefits them. That's why Dr. King's New Discovery for Coughs, Colds and other threat

popular medicine in America. "It cured me of a dreadful cough," writes Mrs. J. F. Davis, Stickney, Corney, Me., "after doctor's treatment and all other remedies had failed." For coughs, colds or any bonchial affection it's unequaled. Price 50c and \$1.00. Trial bottle free at Graham Drug Co.

badly ventilated rooms.

JOSEPH HYDE PRATT,

A trolley line, an electric lighting service and bicycle police are among the additional modern improvements promised for Jerusalem. The ancient city is already equipped with tele-Charlotte, August 1st and 2nd. We would like to call the attention of all North Carolinians who

4,000 inhabitants, will not allow auto mobiles to use its roads. Automobilist passing through the city have to pro cure a horse to draw their car through the streets, and those guilty of contra-ventions of this regulation are heavily fined.

DAMES AND DAUGHTERS.

Miss Constance Winifred Honey, t

Miss M. C. Smith, superintendent o

the women clerks at the postoffice savings bank in London, is responsible fo

keeping the accounts for one of the

Tales of Cities.

Chicago is the world's greatest lum

The taxable value of property in the

city of London proper is \$43,174 pe

acre as against an average price of

\$2,554 per acre for the rest of greate

home in East Orange, N. J.

### Flippant Flings.

Winthrop Ames says he has open Winthrop Ames says he has opened his Little theater in New York for "intelligent people." He has put in 290 seats. Why so many?—Detroit News.

An anti-dy campaigner declares a fly killed now will accomplish as much good as killing a million in August. If he will provide the fly we will do the next —Baltimore Star. rest.-Baltimore Star.

a policeman. Comment reserved until ous of her leap year privilege or was afraid that the man might escape.— Cleveland Plain Dealer.

### Sporting Notes.

The Cubs will wear uniforms with

Cincinnati has an ambidextrous sitcher named Bagby. Hank O'Day is trying to make him concentrate all

pitcher must be fast on his feet, with strong arm and back development, an even temper and exemplary habits. Not only Pittsburgh fans, but base ball fans throughout the country, will closely follow the work of Marty O'Toole this season. To show he is worth \$22,500 to the Pirates will take

### Foreign Affairs.

It has been a long time now since Great Britain was without a crisis of some kind or other on its hands.—Pitts-burgh Sun.

There is a move to restore the Man ehu dynasty in China-on the theor of the second cup of coffee, perhaps. New York Tribune.

The discovery that there is profit enough in the exploitation of Africa for both is thought to assure peace be-tween France and Germany for an in-definite peace! definite period.

### Women's Ways.

Boston women say they are going cling to their tight skirts. Sort of m tunl, isn't it?—Washington Post.

in living up to the impression his v tries to make.—Chicago Record-Her

Health and Hygicus

HOW TO KEEP COOL IN HOT WEATHER.

Well, anyway, don't worry about it. We are scheduled for hot weather, and worrying will not cool it any. On the other hand, worrying is sure to make you feel much hotter. Take things easy. Smile at the other fellow when he says he is hot. Be good natured. A cool temper and a sunny disposition go well with hot weather. Summer Diet.

Be discriminating in your eating. Leave off meats, particularly fat meat, butter, and all greasy, oily, heavy foods at least until cold weather. Eat sparingly of fish or eggs, if you think you must have animal food. Take advantage of the fruit, vegetable and berry season. It was not an accident that such seasons come in summer. Drink a lot, but be careful what you drink. Make sure that it is water, pure and simple, and that its character and quality are above reproach or suspicion. Drink enough water to supply abundant perspiration. It is not a disgrace to perspire. It is an aid to health and comfort. It is nature's own method of cooling the body and ridding it of waste matter. Perspire freely in hot weather. It goes a long way toward keeping happy, healthy, cool, and comfortable in summer. Keep the bowels moving regu-

larly and freely at all times, particularly during hot weather. Don't use purgatives except as last resort or under a physician's direction. Lots of water combined with a fruit diet for a day or two will usually establish good bowel action. Then keep it up

the season for light colors and the government paid \$381,000 for light weight, porous, loose fitting clothes. Tight fitting clothes are for women only. Mere man will never be induced to imprison himself within close fitting clothes. Under summer temperatures it is burden enough for him to be reof modesty in regard to clothing. are interested in the State's pro-

Sleeping in Hot Weather. Nothing so fortifies one against of living. attacks of hot weather as a good night's sleep. For lots of people nothing is harder to get. If you ed and cooled by such a bath, it teed by Graham Drug Co. Carolina, who are earnest in their is comparatively easy to get a efforts to get the State, out of the good night's sleep in spite of the hot weather.

—Ambitious young men and ladies should learn telegraphy, for, since the new 8-hour law be-came effective there is a shortage came effective there is a shortage of many thousand telegraphers. Positions pay from \$50 to \$70 a month to beginners. The Telegrap's Institute of Columbia, S. C. and five other cities is operated under supervision of R. R. Officials and all students are placed when qualified. Write them for when qualified. Write the particulars.

Take care of the consumptive at the right time, at the right place, and in the stit way until he is well; not at wrong time, at the wrong place, and in the wrong way until he is dead.

Distressing Kidney and Blad-ner Disease relieved in six hours by the "NEW GREAT SOUTH AMERICAN KIDNEY CURE." It is American Address Cure. It is a great surprise on account of its exceeding promptness in relieving pain in bladder, kidneys and back, in male or female. Relieves retention of water almost immediatly. If you want quick relief and cure this is the remedy. Sold by Graham Drug Company.

Prevention is better than cure and far cheaper.

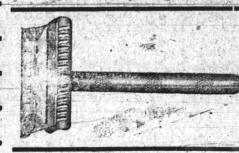
to the Southern Ruralist, one of the very best agricultural papers pub-lished in the United States, which will be given away to those who come first. Pay a \$1.00 on your subscrip-tion and get the Ruralist free for one year. Do it now, before all are sold.

### Household Necessities

FRBB-

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Housewife, here is the best Egg-Beater in the world. It makes the work easy and light and does it quickly,



Send or bring the \$1.00 to

THE ALAMANCE GLEANER, Graham, N. C.

Government Rolled for Big Fees.

Exorbitant fees for favored law regularly at least once, in some yers have grown into a scandal, cases twice a day. Constipation and the House Democrats propos is the great American disease. It to put a stop to the practice. is the disease of the lazy, the idle, Stimson, now Secretary of War, the sluggard, the indolent, the who ran for Governor of New sedentary, and the inactive. In fact, it occasionally requires considerable discretion, will power, and exercise to fight it off, but it can be done, and any one who does it will feel so well repaid this summer that he will never permit it again.

How Weather Clothes.

York in 1910, received a salary of \$10,000 a year as United States slided by ARTHUR J. BILL.

Is a semi-monthly farm paper published for the purpose of reporting, and teaching as requirements of all who are interested in better farms, better churched from the sugar fraud cases, and the government paid him fees and expenses of \$83,000 in one year for part of his time. Representative Beall states that of the \$492,000 that the farmers the farmers and all ether organizations of the sugar fraud cases, and the government paid him fees and expenses of \$83,000 in one year for part of his time. Representative Beall states that of the \$492,000 the farmers are found in every issue of The Fruit Grower.

The Caract Weather Clothes Sugar for the interest of the sugar for the purpose of reporting and teaching as requirements of a superior to many useful departments of interest to almost every farmity, such as music, the farmers in better churched from the farmers are succeeded. These will be found in every issue of The Fruit Grower.

Beall states that of the \$492,000 the found in every issue of The Fruit Grower.

The Caract Weather Cohes. sedentary, and the inactive. In York in 1910, received a salary of the season. This is preeminently Greene-Carter contract swindlers

'legal services." Fees of \$50,000 to \$500,000 were once extracted by lawyers who got the government to pay Indian claims. Mr. Beall and other economical Democrats are of the opinion that some pretty big slices quired to keep within the bounds of graft masquerade as lawyers' fees. They propose to reduce the high cost of litigation, as well as

One hundred and twenty pounds have not taken a reasonable don't make a woman. It's a good smount of exercise, perhaps you don't deserve much sleep. If you and strength and she may rule a kingdom. But that's just what a fight fruit supper, or omit it entirely. If your room or your bed fainting and dizzy spells and for cities. It is expected that the Governor will be present, and Simmons, Senators Overman and Simmons, who will discuss the building of roads from a Federal standpoint, Hon. John H. Small, and at least one thousand good roads enthusiasts from all sections of North

Two factors are necessary to cause tuberculosis-the seed and the soil. The seed is the tubercle bacillus; the soil is the human body when prepared by a lack or loss of normal resisting power.

N. J. Gorham, Cashier Bank of Woodville, Woodville, Ga., had s very severe attack of kidney trouble and the pains in his kid neys and back were terrible. "I got a bottle of Foley Kidney Pills from our druggist and they en tirely relieved me. I have more benefit from them than any other medicine." For sale by all Drug-

Don't live in a room in which there is no fresh air. Don't work in a room in which there is no fresh air. Don't sleep in a room in which there is no fresh air.

An increasing number of people report regularly of the satisfactory results from taking Foley Kidney Pills and commend their healing and curative qualities. Foley Kidney Pills are a carefully prepared medicine, guaranteed to contain no harmful or habit formcontain no narmitud or nature or nature of nat

than flood, famine, fire, earthquake, war, and tornado all com

preventive of consumption.

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of the events of the week without regard to party or

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Greensboro 6:30 a. m., making close connection for all points North, Soneh, East and West. This car is handled on train 111 leaving Goldsboro at 10:45 p. m.

If you desire any information, please write or call. We are here to furnish information as well as to sell tickets.

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A healthy body is the surest

De Witt's Little Early Risers,

In these days of high cost of living, a medicine that gets a man up out of bed and able to work in a few days is a valuable and welcome remedy. John Heath, Michigan Bar, Cal., had kidney and bladder trouble, was confined to his bed, unable to turn without help. "I commenced using Foley Kidney Pills and caa truly say I was relieved at once." His example is worth following. For sale by all Druggists.

Dewitt's Little Party Risers, The frozens letter talls.

Summer colds are hard to get rid of, and frequently lead to asthma, bronchitis, and hay fever. Do not let your cold get a hold on you, but use Foley's Honey and Tar Compound for quick relief. W. H. Allen, Chelses, Wis., says: "We prefer Foley's Honey and Tar Compound to other cough medicines because it quickly cures or soughs and colds. It will ward off a cold if taken in time." Coutains no opiates. For sale by all Druggists.



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When your stomach cannot properly gest food, of itself, it needs a little sistance—and this assistance is ready supplied by Kodol. Kodol assits the are not benefited—the druggist will a return your money. Don't hesitater as return your money. Don't hesitater as regist will all you Kodol on these term dollar bottle contains My times as much so be bettle. Kodol is prepared at the ratories of E. C. DeWitt & Co., Chiese

KILL THE COUGH AND CURE THE LUNGS with Dr. King's FOR COUGHS THE SOULS ANT ALL THROAT AND LUNGT GUARANTEED SATISFACE OR MONEY REFUNDED.

Saliments of an equivalent