

THE ALAMANCE GLEANER.

VOL. XXXIX.

GRAHAM, N. C., THURSDAY, DECEMBER 4, 1913.

NO. 43

Advice to the Aged.

Age brings infirmities, such as sluggish bowels, weak kidneys and bladder and TORPID LIVER.

Tutt's Pills

have a specific effect on these organs, stimulating the bowels, causing them to perform their natural functions as in youth and

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Two hundred girls of Converse College, Spartanburg, S. C., have gone on a "hunger strike" as a protest against the food served at the college.

Contracts have been signed by which the government is to maintain a parcels post terminal station at Salisbury. Three other places in the State—Raleigh, Charlotte and Greensboro—seem most likely to be designated as terminals also.

At VVaneboro, Craven county, Tuesday morning a week Mrs. William Bagley suffered a stroke of paralysis and died in a few hours. About two hours after her death her husband started to a store near his home to use the telephone, fell on the street and died in a few minutes. Heart disease as the result of excitement is believed to be the cause of his death.

Lee Poard, who killed J. M. Garland, policeman, on the streets of Lexington last spring, the killing being without apparent provocation, was sentenced to 30 years in the State prison. The plea of insanity was set up for Poard and at the August term of court a jury decided that he was sane. At the present term of court Poard submitted to second degree murder and was given the full limit of the law.

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Are You a Woman?
Take Cardui
The Woman's Tonic
FOR SALE AT ALL DRUGGISTS

Walter Smith, colored, an employee of Brown's gin, near Concord, attempted Saturday to turn on the electric power that operates the gin, and in some way received the full current through his body. He was instantly killed.

Addison P. Jones, a young man claiming Baltimore as his home, is under arrest in Raleigh charged with flashing checks, and is also wanted for the same offence in Columbia, S. C., and Washington, N. C., Philadelphia, Baltimore and several other cities.

In Asheville last week officers raided the Century drug store and took possession of about 300 gallons of intoxicating liquors of various kinds. The place was not licensed to sell liquor on prescription. F. H. McMullen, manager of the store was arrested on the charge of unlawfully keeping on hand over one gallon of spirituous, vinous and malt liquors, for the purpose of sale.

Nearly Every Child Has Worms.
Paleness, at times a flushed face and unnatural hunger, picking at the nose, great thirst, etc., are all indications of worms. Kickapoo Worm Killer in pleasant candy form is a reliable and thorough medicine for the removal of worms of all kinds from children and adults. Aids digestion, tones and increases the action of the liver. Is perfectly safe for even the most delicate children. Kickapoo Worm Killer makes children happy and healthy. 25c. Guaranteed. Try It. Drug stores or by mail. Kickapoo Indian Medicine Co., Philadelphia and St. Louis. adv.

CANNING IN GENERAL

SOME SUGGESTIONS PUT FORWARD BY AN EXPERT.

Delicacies Properly Put Up Should Command a Ready Sale in Addition to the Benefit of Their Use in the Home.

Canning is no royal road to fortune nor is it an easy job—it is a very hot and tiresome job—still, it will save the dollars, and if managed with care and intelligence, can be made a means of bringing some money in.

I have had very little experience with patent canners as I can for our home consumption only, although I find a ready sale for all I am not able to use.

I use the glass jars, putting up hundreds of quarts, fruits and vegetables most successfully.

In the first place everything must be scrupulously clean and hot.

Blackberries, dewberries, grapes and swamp huckleberries make delicious pies for winter use and as they grow in wild profusion over our sunny hills, they are little or no expense.

They are gathered and brought to our door by the little pickanninies' meek pittance.

I notice a great many people use vinegar, white sugar and other preservatives when canning, but for my own part I believe nothing is quite so good as salicylic acid.

I put jars and tops in warm water on the back of the stove when canning. I have the fruit boiling, fill the jars and screw the tops on as tightly as possible with the hands. It is best to use new rings each season.

When canning beans I gather and may just as I do when preparing them for dinner, put them on the fire and cover well with water. Cook until soft enough to smash between the thumb and finger, stir acid through thoroughly, put in jars and seal.

To find the pin holes in the tops of the jars I fill them half full, screw the tops on, turn down and give a vigorous shake.

If there is a leakage anywhere it will be readily located with this process, and with much less trouble than changing tops afterward, thus letting in the air and cooling the contents of the jar. Very often pin holes are to be found in new tops—L. M. W. Alabama.

Beef à la Mode.
Take two pounds of beef, roll and tie with a string after you have well larded it. Into the sautépan put a tablespoonful of lard and a little salt. Cook the beef in this until browned. Add an inch-thick slice of bacon cut in small squares, and one and one-half pounds of coffee-foam cut in pieces. Add ten carrots cut up, and four sliced onions, with a good cup of hot water, and let all cook together slowly for three hours.

Add the least suspicion of hot water to the coffee, and in the last half hour a sprig of white or red wine, if this is liked.

This dish is good when hot, and even better when cold, for the jelly from the calf's trot makes it a jelly gelatinous.

Hos Potatoes Sautéed.
Wash and boil small potatoes in their skins. When done drain, peel and slice, or if very small leave whole. Have ready in the frying pan several slices of fried bacon, the amount depending upon the number of potatoes to be used. There should be enough hot bacon grease to season the potatoes nicely. When the bacon is crisp remove it and add to the bacon grease, one-third as much good elder vinegar as there is bacon grease, salt and paprika to taste and onion juice if desired. Stir well and serve hot, with the strips of bacon and chopped parsley sprinkled over the top.—Woman's World.

Duchess Soup.
One quart milk, one small onion, three-egg yolks, two tablespoons butter, two tablespoons flour, one teaspoon salt, few grains-pepper, two tablespoons grated cheese. Scald milk. Cook onion in butter until a golden brown, add flour and cook ten minutes. Rub through strainer and return to fire. Add cheese and seasoning. Beat yolks until diluted with half cup soup. Put in tureen and pour hot soup slowly over this, stirring briskly.

Grandmother's Rye Cakes.
One egg well beaten, one and one-half cups of milk, one teaspoonful of salt, one tablespoonful of sugar, one and one-half cups of rye meal, one heaping teaspoonful of baking powder, sifted with meal, one-half cup of molasses. Mix well and drop from a spoon in deep fat.

When Scrubbing Floors.
If a square piece of board measuring a foot square is fitted with casters at each corner it will be found of the greatest convenience when scrubbing the floor or the piazza. The scrubbing pall may be moved along instead of having to be lifted.

To Polish Shoes.
Brush off any dirt that may be on them and rub them with lemon juice. Let this dry in; then black and polish them in the usual way and they will shine beautifully.

Heat the Rice.
If the rice used for the rice potatoes or other vegetable is heated that the work is done more expeditiously accomplished, and the vegetables are lighter.

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WHETHER YOU USE CALOMEL OR NOT
You Will Realize How Much Better for You This Safe Vegetable Remedy Will Be.

The liver is such a delicate organ that most people have learned from experience the danger of flogging it into action with that dangerous drug, calomel. Graham Drug Company sells and recommends Dodson's Liver Tonic, a pleasant tasting, harmless vegetable liquid that encourages the liver, relieves constipation and builds up the system without restriction of habit or diet.

There are no bad after effects from taking Dodson's Liver Tonic. It does just what it is intended to do and no more. Dodson's Liver Tonic cannot harm either children or grown-ups, and is an excellent preventative of chronic liver troubles.

Graham Drug Co. sells Dodson's Liver Tonic for 50c per bottle and every bottle sold is guaranteed to give you satisfaction and you get your money back if it fails you. Some remedies are sold in imitation of Dodson's Liver Tonic—look out for them. Remember, the guarantee.

Timely Don'ts.
Don't forget—to see that all the flues are in good condition before starting a fire in this winter.

Don't forget—that gas will eat the mortar joints between bricks, especially if the proper amount of cement is not used.

Don't forget—to tell the department that it is a flue fire.

Don't forget—to put the matches where the children can't get them.

Don't forget—to turn off the electric iron.

Don't forget—that a few buckets of water, or better still, a small 3-gallon chemical extinguisher, would extinguish the average fire when first discovered; before the department would arrive, or at least help to control the fire until the fire department does arrive.

WAYS OF SERVING ICE CREAM

Always Acceptable Dessert May Be Served to the Table in a Great Variety of Forms.

There are modes even in the serving of ice cream. At present macaroon baskets, wafer boxes and a disgusting covering of lady cake are among the most popular ways of serving this always acceptable dessert.

To make macaroon baskets, dip the outer edges of five almond macaroons in the syrup obtained from melted granulated sugar. The first macaroon is used for the bottom of the basket, and the others are stuck together to form a ring about it, exactly like the "burr baskets" we used to make when we were children. Fill this receptacle with ice cream and sprinkle ground macaroons on top.

Wafer boxes are put together in exactly the same way. Some wafers are the most desirable, two being used for the bottom and one at each end, standing upright. The ice cream should be cut into blocks and fit in to the frame. Pink and white ice cream, garnished with cherries, make an attractive color combination.

A novel way to serve brick ice cream is to cover the sides and ends of the brick with thick slices of lady cake. Cut the cream as usual. Each slice will have a frame of cake, contrasting prettily with the colors of the cream.

IN PLACE OF REFRIGERATOR
Try This Substitute Where the Highly Desired Box Is Not for the Moment Procurable.

Take a box of the desired size and remove the bottom, replacing it with strips of wood about an inch wide and two inches apart. Now stand the box on end and nail cleats on the inside to support the shelves, which should be made of wood of the same material as the box and allowing the surplus length to project at the top. The burlap should form the door of the box, slipping the selvage edge of the goods over a row of small nails driven up and down along the side of the box. Place a two gallon pail filled with water on top of the box and allow surplus length of burlap to fall over into the pail. The burlap will become saturated and the evaporation will keep the interior cool.—Woman's Home Companion.

Caulliflower With Dressing.
Caulliflower is far more delicate if cooked for a good half hour. It should be washed and examined carefully to see that there are no insects lurking inside. Tie in a clean white cloth, put in cold water, stem up in a granite or porcelain sauce pan—never in tin or iron. When done place it, flowers up, in a hot platter and pour over it the following sauce: Rub together a tablespoonful of butter and one of flour to smooth paste, add gradually a cup and a half of the water in which the caulliflower was boiled. Let this boil for two or three minutes, seasoning with pepper and salt, and just before serving add the well beaten yolk of an egg mixed with a tablespoonful of cold water to prevent curdling. This is also a good sauce for asparagus, using the water in which the vegetable was boiled.

Swiss Buttons.
Beat two eggs slightly and add one-quarter cup milk. Add gradually to one cup flour mixed, and sifted with salt, and mix well. Place a colander over a kettle of boiling water, put in one-half the mixture, and force, using a wooden potato masher, into the water. When done (which will be as soon as they come to top of water) remove with a skimmer to a hot vegetable dish and sprinkle with grated mild cheese and salt. Repeat with remaining mixture.

Old Cream Use.
When cream is only slightly sour it may be made delicious to serve with puddings, etc., in the following way: Put into a basin with the juice of a lemon and a tablespoonful of sugar and whip until quite stiff. This treatment makes it excellent, and increases the quantity at the same time.

Pineapple-Orange Salad.
Arrange upon each individual salad plate a crisp, curly lettuce leaf; upon this place a smaller slice of canned pineapple, then a smaller slice of orange and top with a sprig of whipped cream, slightly salted, with which a spoonful of chopped walnuts has been mixed.

New Cranberry Sauce.
Make a sauce of one pint of cranberries, one cup of sugar and enough water to make the right thickness. When thoroughly cooked, and while hot fill a dish with alternate layers of this sauce of bananas and the sauce. This requires two bananas.

Trifles.
Beat five eggs, add saltspoon of salt and enough flour to make a stiff dough. Cut them as they are desired, and drop in hot lard. This is a very old recipe.

Keep Tubs Clean.
Wipe out the laundry tubs after each wash day with a cloth, using either kerosene or a good cleaning powder.

Mr. A. H. Merrill, who died at Mt. Airy week before last was a graduate of the State University and has been a teacher nearly all his life. He was a native of Chatham county 'was for some years a newspaper editor at Pittsboro, and had represented his county in both branches of the Legislature. Mr. Merrill was 82 years old, and is survived by seven children.

PEARLS FIND READY MARKET

Those From the Mississippi Only Slightly Second in Demand to Deep Water Products.

Arkansas is the greatest pearl producing state in the Union, and hundreds of men engage in the pearl hunt. It is said that the fresh water pearl of Arkansas of the highest class cannot be distinguished from the finest deep sea jewel. Throughout the south generally thousands of people follow the pearl fishing industry and make a comfortable living at it. Up to a few years ago the jewels sought after in the river beds of the Mississippi valley was completely hidden. It was not supposed that the fresh water mussel was a pearl bearer, or that it had any value except for fish bait.

The fresh water mussel is sought now not only for the precious stones, but has hidden in its shell, but for the shell itself, which is manufactured into stick pins, cuff links, and buttons of every description. The shell fisheries have for years extended far up the Mississippi river. A recent writer on the subject puts fresh water pearls in three classifications: the pearl, the baroque, slugs, and chicken feed.

The first, or true, pearls are of a definite shape, and regular form, round, oval, or pear shaped. These command the highest prices. Baroque pearls are of irregular form: Slugs are low grade baroque. The smaller size, the kind used in inexpensive though genuine and neat jewelry, go by the professional name of chicken feed.

MERELY A POPULAR BELIEF
Scholar Question Whether the Apple Was the "Forbidden Fruit" in the Garden of Eden.

Why and how it has happened that the apple has been spoken of as the fruit that was forbidden in the Garden of Eden is one of the great puzzles of Biblical scholars. The fact is that in Genesis 3, where the incident of the eating of this fruit of the "Tree of Knowledge of Good and Evil" is mentioned, no name is given for the forbidden fruit. All that is said is: "And when the woman saw that the tree was good for food, and that it was pleasant to the eyes, and a tree to be desired to make one wise, she took of the fruit thereof, and did eat, and gave also unto her husband with her; and he did eat." In fact, scholars doubt very seriously whether it was the apple at all. They suggest that all evidence points to it having been the quince, fragrance of which was held in the highest esteem by the Orientals. Another point in favor of the quince is that it is the fruit which is sacred to Venus, the goddess of love, and in a great many of the ancient writings the quince is very frequently mentioned in this manner. In Babylonia Ishtar took the place of Venus in the Roman mythology, and it should be remembered that the story of the creation originated with the Babylonians. All evidence seems to point away from the apple having been the "Forbidden Fruit," and towards the quince as having been that fruit of the "Tree of Knowledge of Good and Evil."

Wordsworth on Real Estate.
There is an interesting story of Wordsworth, who went to call on Miss Harriet Martineau, at Ambleside, in the house which she had built and laid out, writes A. C. Benson in the Century Magazine. There was a gathering of neighbors present, and Wordsworth stood for a long time at the window contemplating the beautiful landscape outside. Then he turned to the party and said:

"Miss Martineau, I congratulate you on your beautiful little domain. The views are wonderful, and it will turn out to be the wisest thing you ever did in your life."

He paused for a moment, and the guests expected some comment on the uplifting effects of communion with nature, but Wordsworth, with a fine gesture, continued:

"Your property will certainly be trebled in value within the next ten years!"

Living in Poles.
To improve yourself, the first essential is to prevent all waste of energy by living in poise. The second essential is to use your imagination in picturing those things that you want to accomplish now. And the most practical use that can be made of the imagination is to picture your talents and faculties larger, greater and more perfect. To imagine in mind a larger and more perfect talent is to give the creative forces in mind a better model; and as these forces always create after the fashion of the latest model, they will consequently create the larger and the more perfect talent.—Larson.

Different Thing Entirely.
This story is being told on a Kansas lawyer. The lawyer was arguing a case before a judge and, desiring to illustrate by supposing a case, he did so, as follows: "We will suppose, your honor," he said, "that your horse were to steal a horse."—"No! No! No!" interrupted the judge, "not at all, not at all, sir. 'Tain't a supposable case, sir." "Very well, begging your honor's pardon," said the lawyer with more zeal than prudence, "we will then, supposing that I should steal a horse."—"Ah, yes, yes," said the judge, "that is a different thing, very different, Mr. X. Proceed, sir."

Deputy Sheriff Jones, of Walkertown, Forsyth county, tells his Winston-Salem Sentinel that his wife who wore an artificial eye, was sitting in front of the fire when the eye exploded. A doctor was called in, and it was found that a large piece of glass from the back of the artificial eye had been forced back into the socket getting a wound that bled profusely.

CALLED LOW CLASS OF ART

Sweeping Indictment of Music to Which Song "Home, Sweet Home" Has Been Set.

Though the oldest piece of English music in existence, "Summer is Iucen" is quite modern in comparison with scores of the "Oratorios" of Euripides, dating from the fourth century B. C., which was exhibited at the International exhibition of music at Vienna some years ago. Even more ancient is the chant "The Blessing of the Priest," which was sung in the temple of Jerusalem before the captivity, and is still in use in the Jewish synagogue in Spain and Portugal.

"Home, Sweet Home"—the song of a homeless American—once moved Robert Louis Stevenson to an outburst of passionate protest. But it was the music rather than the words that caused his indignation. You will find the passage in "Across the Plains"; I have no idea whether musically this air is to be considered good or bad; but it belongs to that class of art which may best be described as a brutal assault upon the feelings. Pathos must be relieved by dignity of treatment, declares an English writer. If you yallow naked in the pathetic, like the author of "Home, Sweet Home," you make your hearers weep in an unmanly fashion, and even yet while they are moved they despise themselves and hate the occasion of their weakness.

PREPARE MEAT FOR SHIPMENT
South American Refrigerators Will Soon Be Turning Out an Immense Supply of Food.

A frigorifico is a freezing plant in South America. It is a plant that freezes fat cattle or sheep or lambs and sends them in refrigerated ships northward to Europe. Perhaps later they will send them to the United States.

On the island of Tierra del Fuego far south to the jumping off place, sheep get very fat on the good grass, feedable as it may seem, a short time ago fine fat sheep were boiled down for their tallow. Now a modern frigorifico is prepared to kill them and send them north of the equator. There is another of these newly erected frigorificos at Rio Gallegos, another a little way up the coast at San Julian and other new ones are at Bahia Blanca.

These frigorificos make possible the directing of a great stream of good lamb and mature mutton northward, and we here may expect to see it come to us in great quantities. Cattle are not killed at these southern frigorificos, but farther north, near Buenos Aires and in Uruguay are great establishments that kill chiefly cattle. To facilitate the getting of sheep to the frigorificos the government is building the Patagonian state railways, leading to the interior.—Breeders' Gazette.

Ownership of Land Acertain.
The title of an owner of land to any accretions to the land was the question presented to the supreme court of appeals of Virginia in Eggborn vs. Smith, in which interesting decisions on the point involved are cited. In the opinion of the court the husband of a woman who had been married for a consideration permitted a railroad company to deposit rock and earth on land owned by him during double-tracking work, under contract that all such material not removed should remain permanently. The owner executed a deed of trust of the land without serving the material so deposited, but on the day the property was sold under foreclosure of the trust deed he attempted to convey the material as personally to the complainant. The court found that the complainant had made no claim to the property until five years after its deposit, when it was overgrown with vegetation, and held that "the material was realty and not personal property, and passed to the purchaser on foreclosure of the trust deed."

Honor Man Struck by Lightning.
To be struck by lightning is still a most lucky thing for the Greek peasant—if he is not killed. Such a man, says J. C. Lawson, "may indicate a taste for idleness for the rest of his life—his neighbors will support him and enjoy at the same time the reputation of being something more than human." This is an inheritance from ancient days. Artemidorus, an authority on occult matters who flourished in the time of Marcus Aurelius, commented on the fact that while a place was struck by lightning had an altar erected upon it, and was thenceforth both honored and avoided. "No one who has been struck by lightning is excluded from citizenship; indeed, such a one is honored even as a god." The election of Quintus Julius Eburnus to the consulship in 116 B. C. is attributed to his having been favored thus by the gods.

Long-Lived Mines more Profitable than Short-lived ones?
The average investor would consider this a foolish question, assuming naturally that the longer a mine lasts the greater the accumulated profits.

Just about the contrary is the case. The figures supplied by the mines department of Johannesburg, where the regularity of deposits on the Rand makes it possible to gauge the lives of mines with accuracy, should convince the skeptic that owing to compound interest a long life does not add to the value of a mine to the extent commonly assumed.—Engineering and Mining Journal.

Gov. Craig has pardoned Robert C. Thompson, Caldwell county, and Jeter Barnett, Mitchell county, Thompson is pardoned from six months' service on the roads for manslaughter. He was a deputy sheriff and killed a man named Beaver. Barnett is pardoned from 12 months' sentence for manslaughter because he was only 17 years old. Court and county officers ask for both pardons.

Mission of Effective Advertising.

1. It will project your personality into your entire field.

2. It will attract people to you and your store.

3. It will arouse interest in you and your merchandise.

4. It will create a desire to do business with you.

5. It will cause people to buy your goods.

6. It will forestall competition and hold it in check.

7. It will build up a good will in your business.

But it must be done intelligently, persistently and faithfully.

ADVERTISERS GUARD PUBLIC
Declared to Be Greatest Force in Protection of the People From Fraud.

"The great body of advertisers in America is today one of the most substantial forces in protecting the public from fraud."

This tribute from Walter Dill Scott, professor of psychology in the Northwestern university, becomes tremendously impressive and indicative of the great work ahead when placed side by side with the astounding figures in the annual report of the postmaster-general.

The latter states that in the last two years, swindling promoters have obtained \$100,000,000 by insidious advertising!

More than 4,000 cases, involving a fraudulent use of the mails, were investigated last year by the department inspectors; more than 1,000 persons were arrested; and hundreds were convicted.

All reputable publications are doing their utmost to protect the public from the snares of the dishonest advertiser. There are no two ways on this question of honesty—and here need be no splitting hairs over any visionary "fine points."

Clean, honest, wholesome advertising—advertising that benefits both the buyer and the seller—is easily recognizable. It is the only kind of advertising that is worth while and the only kind that you will ever be intentionally admitted to the columns of any publication of character.

TWO KINDS OF ADVERTISING
One Gives Some Facts That Will Draw Attention of People—Other Is Colorless.

Why advertising doesn't pay—how much the newspaper man could write along that line—has been discussed in this issue.

Here is an ad from some substantial house, in which the merchant says something like this: "Buy the best. It's the cheapest. Smith, Jones & Co., always have the best."

The reader on seeing that ad is thereby reminded that Smith, Jones & Co. are always the best. The reader on seeing that ad is thereby reminded that Smith, Jones & Co. are alive. It is as far as it goes. But he says to himself, "They all claim that," and the notice makes comparatively little impression.

Another advertiser, a shoe dealer, publishes a notice something like this: "Best quality Brown, Johnson & Co.'s women's kid shoes, hand sewed, oak tanned soles, solid throughout, patterns and lasts never shown previous to May, 1913. Price \$2.25."

When your woman readers find an ad written something after that style, it strikes them that for some good reason there is a chance to save a dollar. If they have any intention of buying such an article in the near future, they are interested to go in and look at the goods. A moderate sized notice of that kind will produce more trade than a larger display with no logic or facts in it.

For Church Advertising.
"Had the newspaper existed and been the factor in their day that it is in our day, Christ and the disciples would have used it to the fullest extent," were words uttered by Rev. John Wellington Hoag in a sermon at the Calvary Baptist church, New Haven, Conn.

The theme under discussion was "Making the Church Known," and in his remarks Mr. Hoag paid the above tribute to the power of the newspaper. Added interest is created by the fact that Mr. Hoag is himself a great believer in the widespread publicity, not alone for the commercial house, but for the church as well.

In the discussion of the theme Mr. Hoag stands at the head of the secular forces of modern life. The church, he said, that would adopt its ministry to the conditions of the age must avail itself of the services of the daily press. "This affords the best way of reaching the people and the church is not only warranted but practically compelled by the conditions of the age to use the newspaper in making known its work and in calling men's attention to it."

Publicity in Home Demanded.
The importance of this whole question of publicity to the consumer is growing on the manufacturer. He sees his competitor or some man in another line turning the trick of publicity and he sits up and thinks. He is gradually realizing that localized, crystallized publicity in the home is what pays best and that he can only get that through the daily newspaper.—The Fourth Estate.

Rev. R. L. Davis, superintendent of the State Anti-Saloon League recently stated that Greensboro was the best prohibition town in the State. It is shown by the express and freight books that 163 gallons of liquor is received at Greensboro daily, at a cost of about \$500 per day. If this is done in the best prohibition town in the State, says the Record, what may be done in some others.

Indigestion AND Dyspepsia USE Kodol