

It Always Helps

says Mrs. Sylvania Woods, of Clifton Mills, Ky., in writing of her experience with Cardui, the woman's tonic. She says further: "Before I began to use Cardui, my back and head would hurt so bad, I thought the pain would kill me. I was hardly able to do any of my housework. After taking three bottles of Cardui, I began to feel like a new woman. I soon gained 35 pounds, and now, I do all my housework, as well as run a big water mill. I wish every suffering woman would give

CARDUI

The Woman's Tonic

a trial. I still use Cardui when I feel a little bad, and it always does me good."

Headache, backache, side ache, nervousness, tired, worn-out feelings, etc., are sure signs of womanly trouble. Signs that you need Cardui, the woman's tonic. You cannot make a mistake in trying Cardui for your trouble. It has been helping weak, ailing women for more than fifty years.

Get a Bottle Today!

The Curse of Mexico.

Lealie's.

Mexico has few patriots, but many politicians. The struggle that is turning this rich and fruitful land into a waste is political in its inception, and prosecution. In the United States self-seeking demagogues appeal to the people with false arguments and specious plea, and get themselves voted into power. Here the corresponding element organize a revolution to gain power by force of arms. The Mexican way is the more practical. The agitator gets a certain amount of power, and a lot of loot while he is fighting, and in addition a chance at the public crib if he wins.

Millions of good people in the United States doubtless believe that questions of liberty and human rights are involved in the present struggle. Nothing could be farther from the truth. It can be stated without possibility of denial that there is but one immediate problem in Mexico, and that is the restoration of peace. Peace means the protection of property, the protection of life, the resumption of industry and commerce, the expenditure of public revenues in useful improvements rather than in military destruction and waste. After peace is restored the question of the social and moral uplift of the people will be up for consideration, and it must be met squarely if Mexico is to take her rightful place among the nations of the world.

Fertilizing Clover.

W. F. Massey in The Progressive Farmer.

This is from Macon, North Carolina. "I notice that some of my neighbors are applying 100 pounds of acid phosphate and 25 pounds of muriate of potash an acre on the crimson clover they intend to plow under for corn, claiming that it will improve the clover and will do the corn as much good as that applied directly to that crop, and they have more time to apply it now than at corn planting time. What do you think of this?"

I think that your neighbors are right, except that on red land they are wasting money in using potash, as turning under of the clover will help release the abundant supply that all our red clay soils have. The more clover you get to turn under the better, and you get the phosphate all back in better shape for the corn. The soil always holds on to the phosphoric acid and potash and does not lose it as it does the nitrogeen.

CHANGE

The Popular Magazine.

Nothing changes more than the mind of man. What is moral in one age is immoral in the next. No one but a fool would advocate a lottery to-day, yet the history of some of our greatest institutions is connected with the lottery. The Boston Post Boy of November 1st, 1762, contains the announcement, and the lottery ticket bore the signature of John Hancock. Harvard College conducted a lottery at various times, the President and fellows of the college selling tickets. It was by this means that Holywell Hall, Stoughton Hall, Massachusetts Hall and some others of Harvard's structures were built. One of Male's beautiful old buildings was the result of a lottery. Brown University conducted a lottery as late as 1811. The first cotton factory in America, at Beverly, Mass., was permitted to run a lottery on the ground that it would "foster an infant industry". The City Hall, New York, was enlarged through money obtained by a lottery for which special legislation was granted.

All this is set down by the president of one of the biggest National banks in the East to illustrate how altered is the viewpoint of man within the life of the republic. To-day horse racing is under the ban, stock exchanges are in disfavor, and even the church fair grab-bag comes in for criticism.

Unquestionably it is better so, far better than in the day when there was a "wheel of fortune" in the market place of every town large enough to boast a court or a jail, even if the Father of His Country was addicted to the National vice, as would seem from the entry in his diary under date December, 1789.

"Dined at the attorney's and went in the evening to draw Col. Moore's lottery."

MILK VALUES—WHY EVERY FAMILY SHOULD HAVE PLENTY OF COWS.

Progressive Farmer.

If you do not appreciate already the value of milk in the diet and the importance of having plenty of it at all seasons, just consider how much it takes of other foods to equal one quart of milk in nourishment. A standard quart of milk contains 3.3 per cent. of protein, 4 per cent. of fat, 5 per cent. carbohydrates, and 7 per cent. mineral matter, or a total of 13 per cent. nourishment. Here is what it takes of each of certain other foods to equal a single quart of milk in food values.

- 13.9 ounces of beef, or
- 38.2 ounces of oysters, or
- 10.2 ounces of boneless codfish, or
- 19.1 ounces of eggs, or
- 6.1 ounces of cheese, or
- 2.1 ounces of wheat flour, or
- 4.9 ounces of macaroni, or
- 5.1 ounces of corn meal, or
- 25.7 ounces of potatoes, or
- 5.1 ounces of dried beans, or
- 61.2 ounces of cabbage, or
- 39.2 ounces of apples, or
- 27.7 ounces of bananas, or
- 6.8 ounces of prunes, or

English Spavin Liniment removes Hard, Soft and Calloused Lumps and Blemishes from horses; also Blood Spavins, Curbs, Splints, Sweeney, Ring Bone, Stiffness, Sprains, Swollen Throats, Coughs, etc. Save \$50 by use of one bottle. A wonderful Blemish Cure. Sold by Graham Drug Company. adv.

NUT GRASS.

W. F. Massey in Progressive Farmer.

Many farms in this section are infected with nut grass. What is the best way to get rid of it? I banished it from my garden by simply chopping it off every day. That cannot be done on a large scale. The best way will be to smother it out. Sow Canada peas in February; turn them under in June and sow cowpeas thickly; turn these under in September and time the land and sow crimson clover. Turn this for corn or cotton and work clean and there will be little left. Sow peas in the corn of course.

BERMUDA GRASS.

"Where can I get Bermuda grass?" Is it the same as wire grass?"

Yes, it is the same that is known in your section as wire grass, and you can grow grass that is better suited to your section than Bermuda. The Bermuda is all right in the warmer sandy soils of the coast region and southward, but in your section orchard grass, red top and blue grass, with some ledeezee in summer, will make a better pasture than Bermuda.

Rheumatism Quickly Cured.

"My sister's husband had an attack of rheumatism in his arm," writes a well known resident of Newton, Iowa. "I gave him a bottle of Chamberlain's Liniment which he applied to his arm and on the next morning the rheumatism was gone." For chronic muscular rheumatism, you will find nothing better than Chamberlain's Liniment. Sold by all dealers. adv.

Cure for Stomach Disorders.

Disorders of the stomach may be avoided by the use of Chamberlain's Tablets. Many very remarkable cures have been effected by these tablets. Sold by all dealers. adv.

REWARDS AGGREGATING \$450 ARE OFFERED FOR THE ARREST OF COX, THE STATE CONVICT GUARD WHO IS CHARGED WITH THE MURDER OF DEPUTY SHERIFF TOBERT IN STANLY COUNTY.

The State offers \$100, the construction company which has the convicts employed \$100 and the commissioners and citizens of Stanley county \$350. Cole another guard who is charged with participating in the killing of Toibert and who was arrested at the time is held under \$10,000 bond for trial.

\$100—Dr. E. Detchon's Anti-Diuretic may be worth more to you—more to you than \$100 if you have a child who soils the bedding from incontinence of water during sleep. Cures old and young alike. It arrests the trouble at once. \$1.00. Sold by Graham Drug Company. adv.

Young Corn and Cotton Should be Harrowed.

U. S. Department of Agriculture, Washington, D. C.

The beneficial effect of a well prepared seed bed and the use of good seed may be wholly or partially offset by improper or insufficient cultivation, is the advice of crop specialists of the Department of Agriculture.

Proper cultivation is an important factor in crop production. Cultivation should begin immediately after sowing by running once or twice across the rows with a weeder or section harrow. After the plants come up at least two additional cultivations should be given with either the weeder or harrow in the case of either corn or cotton before the regular cultivators are used. Run diagonally across the rows with either of these implements, using the section harrow with the teeth slanted backward with an angle of 45 degrees and repeat a week later at right angles with the first cultivation.

The use of the weeder or section harrow is strongly advised for the early cultivation of corn, cotton and many other crops. It is best to use the weeder on very loose or sandy soils while the section harrow is preferable on clay or buck-shot soils. This early cultivation with the weeder or harrow destroys all young grass and weeds and leaves the soil in fine condition for the cotton, ready for churning or thinning. The use of the section harrow for the early cultivation of corn and cotton in the South is comparatively recent but is rapidly becoming general. One of the great advantages in its use, in addition to the excellent work done, is the extra amount of land that can be cultivated in a given time.

HEALTH A FACTOR IN SUCCESS.

The largest factor contributing to a man's success is undoubtedly health. It has been observed that a man is seldom sick when his bowels are regular. He is never well when they are constipated. For constipation you will find nothing quite so good as Chamberlain's Tablets. They not only move the bowels but improve the appetite and strengthen the digestion. They are sold by all dealers. adv.

J. H. Pastorfield, a blacksmith of Elizabeth City ordered a friend out of his shop, declaring that he was going to kill himself and shot himself in the head before his friend could summon help to restrain him. He had been drinking and had threatened suicide. Wife and five children survive.

ELON'S TWENTY-FOURTH COMMENCEMENT.

Cor. of The Gleaner.

Elon's 24th Commencement begins on Saturday evening of this week at 8:00 o'clock, with the Class Day Exercises by the Senior Class.

Next Saturday morning the baccalaureate sermon will be preached by Dr. F. T. Tagg, Baltimore, Md. Dr. Tagg is one of the most distinguished ministers in the Methodist Protestant church, and the editor of the national organ of that church, published in Baltimore, and known as the Methodist Protestant. The sermon will not begin until after the eleven o'clock train has passed Elon, so that Graham and Burlington people can arrive on that train in ample time.

Sunday evening President Harper of the College will make his usual baccalaureate address to the members of the graduating class, using as his theme "The Contribution of College Life."

Monday the society representatives will give their entertainment, Tuesday evening the annual concert of the Musical Department will occur, and Wednesday evening, June 3rd, Rev. H. E. Rountree of Greensboro, N. C., will deliver the Alumni Oration. All of these services will begin at 8:00 o'clock in the evening.

On Tuesday morning at 11:30 o'clock, immediately after the arrival of the 10 o'clock train, the literary address is to be delivered by a distinguished native of Alamance county, Dr. W. W. Staley, of Suffolk, Va. Dr. Staley worked his way through Graham Normal College, Trinity College, and the University of Virginia, and continued to work his way up until he is to-day one of the most distinguished ministers of the Southern States. The citizens of his native county will be glad to hear him on this occasion, and especially since he is to discuss such a momentous question as "The Conquest of Truth."

The graduating exercises will occur on Wednesday morning at 10 o'clock, at which time diplomas and degrees to the number of 44 will be conferred, and six representatives of the graduating class will deliver orations and present essays.

GRAY HAIR MADE ITS ORIGINAL COLOR.

If your hair is gray, streaked with gray, white, brittle, falling out, itching scalp or dandruff, apply Q-Ban hair color restorer to gray hair and scalp. Not a dye, it brings to the hair surface the original color nature gave your hair. Makes gray hair brown, black, Auburn or its original color at 17 or 18 years of age. Never falls. Perfectly harmless, delightful to use. Q-Ban makes hair soft, full of life beautiful. Stops dandruff, itching scalp and falling hair. Complete directions for home-treatment of the hair with each bottle. See for a 75 cent bottle. Sold by Alamance Pharmacy, Graham, N. C.

Out of town people supplied by mail. \$1.00. adv.

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\$1.00 A YEAR. - IN ADVANCE.

No Discomforts From Dodson's Liver Tonic

Violent Purgatives Need No Longer Be Used For Constipation, so Why Run Risks of Their Disagreeable After-Effects.

To overcome constipation and sluggish liver pleasantly, easily and safely Dodson's Liver Tonic is guaranteed by Graham Drug Company, who will cheerfully refund the purchase price (50c) at once if you are not entirely satisfied with it.

Dodson's Liver Tonic is made to take the place of calomel and other strong purgatives. It has none of the disagreeable and often dangerous after effects of calomel, which is in fact a poison, a mineral, a form of deadly mercury.

Dodson's Liver Tonic is a strictly vegetable liquid, containing nothing harmful. It not only leaves no bad after effects, but works easily without interfering at all with your regular occupation. A trial may benefit you greatly, why not see about it to-day.

LANDLORDS AND TENANTS.

Arkansas in The Progressive Farmer.

Since becoming a reader of your valuable paper I have read all the discussions with interest. Duty of tenant, duty of landlord, and their relations. Having had some experience along these lines I feel inclined to join the discussion.

I own 110 acres of land with 50 acres in cultivation. I work all this myself in corn, oats, cowpeas and cotton. I have no tenants. My neighbors on each side have tenants, and while I "saw wood and say nothing," I hear both complaints, and my impartial decision is that it is the same old story that generally exists with all the farmers, lack of co-operation. We are all so afraid of doing something that will benefit our neighbor that we actually fail in our own behalf.

This winter while breaking my land with a 10-inch plow as deep as three horses could pull it a tenant neighbor came in the field and strongly emphasized the work as being "the thing."

As this tenant worked the same land last year and laid his crop by so that at gathering time there appeared to be at least a ton of crab grass to the acre, I told him I thought he would at least make the rent over and above by turning under all the grass during the winter. This he said he could not afford, being a renter; that he had rather burn off and break in the spring and thus save two breakings. To this I replied that it would only be necessary to disk instead of break twice (owner furnishes him disk). This he also claimed he could not afford, as he would be improving the land for the owner. This man with numbers of others, has not done a day's work this winter.

This is very much the policy of all the tenants I have ever known. If they break a pane from the window they call for the owner to put in another. Allow the ditch that drains the lot to fill up and notify the owner that they can hardly get in their lot on account of the mud? Is it any wonder such people are renters? This same lack of co-operation, and same stupidity is characteristic of a vast majority of land owners and the most damaging example and greatest obstruction to progress in our Dixie Land. Is it any wonder the tenant is so trifling? In the general summing up of the subject one is about the equal of the other, and all affected with the same old disease, growl, growl, and do nothing.

Relief in Six Hours

Distressing Kidney and Bladder Disease relieved in six hours by the "NEW GREAT SOUTH AMERICAN KIDNEY CURE." It is a great surprise on account of its exceeding promptness in relieving pain in bladder, kidneys and back, male or female. Relieves retention of water almost immediately. If you want quick relief and cure this is the remedy. Sold by Graham Drug Co. adv.

WATER LITTLE EARLY RISERS.

Thomas E. Cooper of Wilmington, was elected President of the State Bankers' Association, which concluded its session in Raleigh Thursday. The vice-presidents are J. L. Armfield of Thomasville, W. S. Blakely of Monroe, W. B. Drake of Raleigh.

Chester Kent Solved It. Can You? Who Was the Dead Woman on the Beach? Why Was She Handcuffed? Who Lost the Silver Star?

Read Our New Serial and You Will Learn

Watch For The Story!

To Cure a Cold in One Day.

Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25 cents. adv.

The Carolina Municipal Association, composed of mayors and municipal officers, re-elected Mayor Bland of Charlotte, president at its meeting in Charlotte last week, and decided to hold its next meeting in Asheville.

Child Crossed Feverish Sick?

A cross, peevish, listless child, with coated tongue; pale, doesn't sleep; eats sometimes very little; again ravenously hungry; stomach sour, breath fetid, pains in the stomach; with diarrhoea; grinds teeth while asleep, starts up with terror—all suggests a worm killer—something that expels worms, and almost every child has them. Kickapoo Worm Killer is needed. Get a box to-day. Start at once. You won't have to coax, as Kickapoo Worm Killer is a candy confection. Expels the worms, the cause of your child's trouble. 25c. at your druggist. adv.

Jesse Sprinkles, caught beneath a log and internally injured while at work in the forests of Haywood county, two weeks ago, died last week in an Asheville hospital.

Coughed for Three Years.

"I am a lover to your good word to humanity and science. Your medicine, Dr. King's New Discovery, cured my cough of three years standing," says Jennie Fleming, of New Dover, Ohio. "Have you an annoying cough? Is it stubborn and won't yield to treatment? Get a 50c bottle of Dr. King's New Discovery to-day. What it did for Jennie Fleming it will do for you, no matter how stubborn or chronic a cough may be. It stops a cough and stops throat and lung trouble. Relief or money back. 50c and \$1.00 at your druggist."

Bucklen's Arnica Salve for pimples. adv.

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For Infants and Children.

The Kind You Have Always Bought

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Direct Line to All Points NORTH, SOUTH, EAST, WEST.

Very Low Round Trip Rates to All Principal Resorts

Through Pullman to Atlanta leaves Raleigh 4:05 p. m. arrives Atlanta 6:35 a. m., making close connection for an arriving Montgomery following day after leaving Raleigh, 11:00 a. m., Mobile 4:12 p. m., New Orleans 8:20 p. m., Birmingham 12:15 p. m., Memphis 8:05 p. m., Kansas City 11:20 a. m. second day, and connecting for all other points. This car also makes close connection at Salisbury for St. Louis and other Western Points.

Through Parlor Car for Asheville leaves Goldsboro at 6:45 a. m., Raleigh 8:35 a. m., arrives Asheville 7:40 p. m., making close connection with the Carolina Special and arriving Cincinnati 10:00 a. m. following day after leaving Raleigh, with close connection for all points North and West.

Pullman for Winston-Salem leaves Raleigh 2:30 a. m., arrives Greensboro 6:30 a. m., making close connection for all points North, South, East and West. This car is handled on train 111 leaving Goldsboro at 10:15 p. m.

If you desire any information, please write or call. We are here to furnish information as well as to sell tickets.

H. F. CARY, J. O. JONES, T. P. A.,
General Passenger Agent, 215 Fayetteville St.,
Washington, D. C. Raleigh, N. C.

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Come in and get a free can of Kyanize. It's big enough to do a chair or a border around a small room.

We will give you one of our regular 15c cans, absolutely without charge, if you buy a 10c Kyanize brush to do the finishing with.

Kyanize

For Floors and all Woodwork

will make anything made of wood about your house look like new. It is easily applied and dries quick and hard. You can put it on with the most pleasing results.

Kyanize won't chip, peel or turn white. It is a sanitary finish which can be easily kept clean by wiping it with a damp cloth.

Come in today and get a free can. We have the color you want. The 10 cents you pay for the brush will be refunded if you are not immensely pleased with the Kyanize.

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Journals, Ledgers, Day Books, Time Books, Counter Books, Tally Books, Order Books, Large Books, Small Books, Pocket Memo., Vest Pocket Memo., &c., &c.

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Graham, N. C.

Very Serious

It is a very serious matter to ask for one medicine and have the wrong one given you. For this reason we urge you in buying to be careful to get the genuine—

THEOPHORS' BLACK-DRAUGHT Liver Medicine

The reputation of this old, reliable medicine, for constipation, indigestion and liver trouble, is firm by established. It does not irritate other medicines. It is better than others, or it would not be the favorite liver powder, with a larger sale than all others combined.

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Bucklen's Arnica Salve

THE WORLD-FAMOUS HEALER

OF Burns, Boils, Cuts, Piles, Eczema, Skin Eruptions, Ulcers, Fever-Sores, Pimples, Itch, Felons, Wounds, Bruises, Chilblains, Ringworm, Sore Lips and Hands, Cold - Sores, Corns.

ONLY GENUINE ARNICA SALVE. MONEY BACK IF IT FAILS. 25c AT ALL DRUGGISTS.

Electric Bitters

Made A New Man Of Him.

"I was suffering from pain in my stomach, head and back," writes H. T. Alston, Raleigh, N. C. "and my liver and kidneys did not work right, but four bottles of Electric Bitters made me feel like a new man." PRICE 50 CTS. AT ALL DRUG STORES.

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