

# STOMACH TROUBLE FOR FIVE YEARS

Majority of Friends Thought Mr. Hughes Would Die, But One Helped Him to Recovery.

Pomeroy, Ky.—In interesting advice from this place, Mr. A. J. Hughes writes as follows: "I was down with stomach trouble for five (5) years, and would have sick headache so bad, at times, that I thought surely I would die. I tried different treatments, but they did not seem to do me any good. I got so bad, I could not eat or sleep, and all my friends, except one, thought I would die. He advised me to try Theodor's Black-Draught, and quit

taking other medicines. I decided to take his advice, although I did not have any confidence in it. I have now been taking Black-Draught for three months, and it has cured me—haven't had those awful sick headaches since I began using it. I am so thankful for what Black-Draught has done for me."

Theodor's Black-Draught has been found a very valuable medicine for derangements of the stomach and liver. It is composed of pure, vegetable herbs, contains no dangerous ingredients, and acts gently, yet surely. It can be freely used by young and old, and should be kept in every family chest. Get a package today. Only a quarter.

# IMPORTANT NEWS THE WORLD OVER

Happenings of This and Other Nations For Seven Days Are Given.

# THE NEWS OF THE SOUTH

What is Taking Place in the Southland Will Be Found in Brief Paragraphs.

**European War**  
The Germans have announced a great victory over the Russians in Poland. General Von Hindenburg is said to have taken 25,000 prisoners.

Emperor William of Germany and Emperor Francis Joseph of Austria-Hungary are soon to declare the independence of Poland and place Archduke Karl Stephen of Austria on the throne, according to dispatches from Vienna and Berlin. Great alarm has been felt in Petrograd over the rumor.

The British aerial fleet raided German posts off the Belgian coast, in which Claude Grahame-White, the daring air racer, narrowly escaped death when his machine was disabled and he fell into the sea off Newport.

Sir Roger Casement, leader of the British separatist faction in Ireland, who is now in Berlin, has issued an open letter to Sir Edward Grey, in which he accuses the British government of a criminal conspiracy to have him captured or killed. His statement has greatly agitated Berlin.

Dr. Henry Van Dyke, American minister to Holland and Luxembourg, has complained to President Wilson that Secretary Bryan's statement has been intercepting his mail from Luxembourg and has generally invaded his rights as the minister of a neutral country. He recommends that the United States demand an apology from Germany.

Battle after battle is reported all along the eastern war front. The Carpathian passes are the scene of desperate struggles. In some instances Petrograd admits the superiority of the Austrian and German forces.

Official accounts from London and Petrograd indicate that battles in Galicia are being waged with a ferocity without precedent in the history of warfare.

Charge after charge of the German troops in mass formation was shattered by the terrific enfilading fire of the Russians. Undoubtedly Germany has been intercepting his mail from Luxembourg and has generally invaded his rights as the minister of a neutral country. The Muscovites made free use of bayonets.

The situation in Austria is critical for the Russians, according to Petrograd advices. The czar's war office admits that the Muscovite troops are having to evacuate the Austrian province of Bukovina.

Fighting is in progress all along the line from the Polish province of Plock to Tilsit, the point where once Napoleon and Czar Alexander met on a barge in midstream and divided the world between them and took everything away from Queen Louise of Prussia.

The Muscovite forces are reported to be making rapid gains in the Carpathians and throughout Austria. The Vienna war office announces Hungarian successes which discounts the value of the other advices.

French gains have been made in the south and it is reported that most of Alsace and Lorraine are now under French military control, with French troops rapidly pushing on towards Strasbourg.

**Domestic**  
The Iowa state senate passed a state wide prohibition measure by a vote of thirty-nine to ten. The bill now goes to the house.

Governor Willis of Ohio was suddenly stricken with a nervous collapse soon after taking office. Being unused to gubernatorial duties it is said to be responsible for his break down.

The Des Moines city council has refused to renew the license of the 80 saloons in the Iowa capital.

A drastic child labor law has been introduced in the Pennsylvania legislature which, it is said, meets with the approval of Secretary of Labor Wilson, Governor Brumbaugh and the Pennsylvania Child Labor Association.

The Chinese porcelain collection of the late J. Pierpont Morgan was sold by his son, J. P. Morgan, to New York china dealers for \$4,000,000. The collection will be resold in individual pieces.

Jack Johnson, champion negro pugilist, now barred from the United States, has arrived from Buenos Aires of Barbados on route to Juarez, Mexico, where he is to meet Jess Willard for a fight.

A number of leading beet packers of Chicago and St. Louis have been found guilty of violation of the Missouri anti-trust law by the Missouri supreme court. Suits against these companies were brought by Governor

Declaration of 'war zone' about the British Isles and that all neutral vessels would be sunk if found in English waters.

Secretary Bryan has officially warned General Carranza to proceed with caution in the latter's recently high-handed expulsion of foreign ministers from the Mexican republic.

Senator Hoke Smith of Georgia has stated he is not one of the Democratic bolters and has come back into the fold and is now supporting the merchant marine bill.

The National Farmers' Union, holding its annual convention in the national capital, has endorsed Treadwell's legislation. The assemblage was addressed on the subject by Congressman Howard.

**MARKET REPORTS.**  
Cotton, Cotton Seed and Meal Prices in the Markets of North Carolina For the Past Week.

Commodity	Price
Cotton	42-45
Cotton Seed	20-22
Meal	18-20
Wheat	1.00-1.10
Barley	.80-1.00
Oats	.60-1.00
Rye	.80-1.00
Timothy	1.00-1.20
Alfalfa	1.00-1.20
Hay	1.00-1.20

**RETAIL PRICES OF CORN FOR THE PAST WEEK.**

Town	No. 2	No. 1
White	90-95	75-90
Elmore	1.00	90c
Greensboro	1.00	90c
Monroe	1.10	95c
Koyne	1.00	85c
New Bern	1.00	90c
Newton	1.00-1.10	95-100
Raleigh	1.00-1.10	95-100
Scotland Neck	95c	85-90c
Smithfield	1.00	90c
Tarboro	1.00	90c
Wilmington	95c-1.00	85c

**NORTH CAROLINA NEWS BRIEFS.**  
C. S. Campbell, Columbia, S. C., was elected president Southeastern Ice Exchange in session at Asheville.

The business men of Hendersonville have organized a Merchants' Association. Mr. N. H. Hollowell is president.

Hendersonville people credit Congressman John Grant with their new \$64,000 postoffice building.

Farmers of Mecklenburg have formed the Mecklenburg Live Stock Association. W. B. Newell is president.

Kernodle hall at Ridesville which has been used for 20 years as an armory has been condemned.

The National Forest Reservation Commission has purchased 35,270 acres of land in the White Mountain section for a national reserve.

Dudley Hall of Rowan county is champion corn grower in this state for the year 1914. His acre produced 148.5 bushels at an average cost of \$5.50 cents per bushel.

Fire recently destroyed the Shelton Roller Mills, two miles west of Shelby with a loss of \$15,000. The mill will be rebuilt.

**DACIA FINALLY SAILS.**  
Expects to Be Captured During Voyage Across Seas.

Norfolk, Va.—The American steamer Dacia finally sailed with her cargo of cotton for Germany, which goes via Rotterdam.

Great Britain has threatened to seize the ship, questioning her transfer from Germany registry and she already has been the subject of diplomatic correspondence between the United States and Great Britain.

The National Forestry Commission will take her somewhere before she arrives in European waters, and that the case will be fought out in a prize court.

Germany Needs More Money. London—German financiers have been summoned to a conference in Berlin with the finance minister who considers that a new loan of \$1,200,000 is required for the continuance of the war, says an American dispatch to the Exchange Telegraph. It is hoped that a large portion of this loan will be subscribed by the Krupp and other leading German firms in exchange for new army contracts.

Investigate Mexican Situation. Washington—Commission as President Wilson's personal representative to investigate conditions in Mexico, Duval West, of San Antonio, Texas, was on his way to the southern republic.

Torpedo Boat Destroyer Launched. Philadelphia.—The torpedo-boat destroyer Winslow was launched at the Champ shipyard. Miss Natalie Emma Winslow, daughter of Rear Admiral C. M. Winslow, Newport, R. I., was sponsor. The destroyer was named in honor of Rear Admiral John A. Winslow, who commanded the Kearsarge when she sank the Alabama during the Civil War and who was a first cousin of the sponsor's grandfather. The Winslow is 215 feet long and the contract calls for a speed of 29 knots.

# CASTORIA For Infants and Children. The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Watson*

With women voters the ballot is a concealed weapon of unknown potency.

America is a neutral nation, and, besides, we can get all the thrills out of the moving pictures.

# HELPS FOR HOME-MAKERS.

Edited by the Extension Department of The State Normal and Industrial College.

**FOODS**—Prepared by Miss Minnie L. Jamison, Director of the Domestic Science Department.

**CHEAP MEATS.**  
THE CHEAPER CUTS OF MEAT

The cheaper cuts from the neck, lower shoulder, lower round, flank, and chuck ribs have nutritive value but lack in texture and sometimes in flavor.

A value of meat as a food depends, chiefly, on two classes of nutrients: first, proteins, or those foods which build tissue and replace waste; and second, fat, or the great heat-producing foods. Both the proteins and fats produce energy, but the proteins are too expensive to feed on energy, hence the mineral substance or ash is very essential also, although it is much less in quantity in meats than in green vegetables, fruits, and nuts.

Meats are much cheaper than food as we get it from green vegetables showing again the wisdom of a mixed diet. Both from the standpoint of economy and the purpose of the chief nutrients to be noted between the cheaper and more expensive cuts is, in no case, on a par with the more expensive cuts in their texture and flavor.

All muscles consist of thread-like tubes. These tubes or bundles of tubes are held together by connective tissue, in young, tender animals and in the loin cuts, this connective tissue is very easily handled.

On the other hand the cheaper cuts from the neck, lower shoulder, chucks, etc., are very tough, because the animals in grazing have used up the connective tissue and become very tough and the connective tissues have become very strong.

In the case of a tough cut, a brief exposure to a high temperature to seal the openings to the tubes, the texture is brought up or retained by long, slow cooking, as in braising, cooking in casserole, double boiler, paper bag, and the fireless cooker. In each case the philosophy is the same as when the minerals and extractives are served in the steak or gravy.

**METHODS OF EXTENDING THE FLAVOR.**  
The flavor in meats depends mainly on certain nitrogenous substances called extractives and these are best ways of bringing up the flavor.

In good cuts direct rays as in broiling retains the flavor. In good cuts little moisture as in roasting retains the flavor. In poor cuts browning in flour brings up the flavor.

In poor cuts by the addition of vegetable stock, the connective tissue is brought up. In poor cuts long, slow cooking retains the flavor.

**RABBIT.**  
Bacon fat, 2 tablespoons.  
Flour, one-half cup.  
Water, 1 cup.  
Onion, medium size.  
Butter, 1 tablespoon.  
Salt and pepper to taste.

Cook the onion to a golden brown in the butter. Add the fat and brown the meat in the hot fat. In rich brown cover the meat with boiling water, a cup of tomato sauce, salt and pepper to taste and place the steam-tight vessel in the fireless cooker. The fireless cooker is of excellent merit when using very cheap meat. This is excellent.

**TOMATO SAUCE.**  
Tomatoes, 1 cup.  
Onion, 1 medium.  
Parsley, 1 sprig.  
Butter, 1 tablespoon.  
Flour, 1 tablespoon.  
Salt and pepper to taste.

# TOBACCO COMES FIRST.

Wounded Soldiers Demand It Before Bandages or Medicine.

Tobacco has played a notable and beneficial part in the wars of the past century—in fact from Waterloo to South Africa. Probably its soothing and inspiring qualities were never so strongly manifested as in the Franco-German war of 1870.

An association headed by the Empress, raised tobacco subscriptions in every town to enable the fighters of the fatherland to keep their nerves unshaken.

What a friend in need "sublime tobacco" proved to the fighters in the war of 1870, was indicated by the correspondent of the London Daily News before Metz. In his accounts he said:

"An every letter we read of the exhausted soldiers, prisoners and maimed victims of battle eagerly begging for it sometimes, finding it a solace under the hardships of weather, of hunger, of disease, finding it enabling them to endure the painful searches and amputations of the surgeons."

He related how the pay sergeant of one company bought a cigar while a doctor cut a bullet out of his back, and again how a maimed soldier lying on the battlefield, with the dead and dying around him in bodily agony, asked for but one relief—a cigar. And thus it has been in every war.

The maimed and shattered on the field of battle loudly cry for tobacco; the poor wounded in the hospitals, appeal not for bandages, or medicine, but for tobacco; the soldier, pipe in his mouth, calmly stands shoulder to shoulder with comrades and bears the shock of battle.

To-day the British Government supplies free tobacco to the troops, and the tobacco factories of France are working day and night so that the French soldier boys shall have all the smoking material they desire.

**Recognized Advantages.**  
You will find that Chamberlain's Cough Remedy has recognized advantages over most medicines in use for coughs and colds. It does not suppress a cough but soothes the inflamed membrane, loosens the phlegm, and opens the secretions, which enables the system to throw off a cold. It counteracts any tendency of a cold to result in influenza, pneumonia, or other or other narcotic and may be given to a child as confidently as to an adult, for sale by all dealers.

The fact that several of the Ten Commandments are officially suspended during the time of war, does not prevent expressions of respect and friendly sentiments by leaders of nations engaged in hostilities.

**\$100—Dr. E. Deitchman's Anti-Diuretic** may be worth more to you than more to you than \$100 if you have a third water on your head from incontinence or water during sleep. Cures old and young alike. It arrests the trouble at once. Sold by Graham Drug Company.

**Eton Extension Lectures.**  
Cor. of The Gleaner.  
The College has just issued a neat folder giving the titles of addresses and lectures that have been delivered from time to time by the members of the faculty. This folder was issued at the request of high school and other officials who are interested in them in connection with their public lecture courses.

The introductory words of the pamphlet read as follows: "The members of Eton College faculty have the honor to deliver addresses and lectures at various places, and they are always glad to accept such obligations when they do not conflict too seriously with their other duties. We feel that colleges owe it to the age to do more than instruct the student who are fortunate enough to frequent their Halls and pursue courses leading to degrees. It has therefore seemed wise to print in this little folder for the convenience of those interested a list of the lectures and addresses that are prepared to give. It will be observed that these addresses are suitable for commencement occasions, and are of a nature to be of value to members of institutions of learning. Y. M. and Y. W. A.'s have been invited to attend, as also the Churches, Sunday Schools, and Young People's Societies. It should be added in conclusion that no charge is made for these lectures, and that all communications respecting them should be addressed to the President of the College or to the individual lecturers.

Subjects of these lectures indicate a wide range of themes, some of them technical, some of them popular, others practical. Eton College, Feb. 11, 1915.

# SUNDAY SCHOOL.

Lesson VIII.—First Quarter, For Feb. 21, 1915.

**THE INTERNATIONAL SERIES.**  
Text of the Lesson, 1 Sam. iv, 1-13, 18. Memory Verses, 10, 11—Golden Text, Jas. 1, 22—Commentary Prepared by Rev. D. M. Stearns.

As we read this chapter and the two following and vil. 1, 2 we cannot but notice the frequent mention of the ark of the Lord, or the ark of God, or some of its other titles, and when we recall that it was the principal vessel in the tabernacle and the only one of all the tabernacle vessels that continued to be used in the temple of Solomon, that it was made specially to be a receptacle for the two tables of the law, that over its blood stained lid or mercy seat and between the cherubim the glory of the Lord was revealed, and that from above the mercy seat the Lord commanded with Moses, we must be persuaded that this vessel had a wonderful significance. And when we read in Rev. xi, 19, of the temple of God in heaven being opened and there being seen in it the ark of His Testament we stand in still greater awe before this holy vessel.

It is mentioned forty times in the books of Moses and twenty-eight times in Joshua, chiefly in connection with the crossing of the Jordan. In our lesson chapter and those following it is mentioned thirty-seven times, so that we can easily see that the interest centers upon it.

Lesson verse 2 shows us Israel smitten before the Philistines, and we think that we bear again the words of Joshua, "O Lord, what shall I say when Israel turneth their backs before their enemies?" (Josh. vii, 8) But, as then, so now, it was because of sin in the camp. As the elders considered the present defeat they did not seem to think that the difficulty might be with Israel, nor did they turn to the Lord, but said, "Let us fetch the ark of the covenant of the Lord that it may save us" (verse 3). The presence of the ark caused Israel to shout with a great shout, and when the Philistines understood that it was because the ark was come into the camp they said that God was come into the camp, the gods that smote the Egyptians. On the part of both Israel and the Philistines it seemed like pure superstition. The latter knew no better, but for Israel to put confidence in the ark rather than in the Lord reminds us of their worship of Aaron's golden calf and, away beyond the time of this lesson, their worship of the serpent of brass (I Kings xviii, 4).

Is it not the same today with those who think there is any benefit in the mere reading of a chapter in the Bible, or saying a prayer, or taking the communion, or in any religious formalities? Anything that is not a heart dealing with the Living God is only a form of superstition. The Philistines were stirred to great fervor by the cry of their leaders, "Be strong; quit yourselves like men and fight" (verse 9), and the Lord delivered Israel into their hands, so that 30,000 were slain, including Eli's two sons, and the ark of God was taken (verse 10, 11). Poor old Eli wailed with fear and trembling for tidings from the battle, and when he heard the sad news and that the ark of God had been taken he fell off his seat backward and broke his neck and died. He was ninety-eight years old and had judged Israel forty years (verse 12-18). I think that while outwardly it was a broken neck it may have been inwardly a broken heart. In the same day it seems as if Phineas' wife was also taken away (verse 19, 20), so that a great calamity came to the house of Eli in one day (I Sam. iv, 18). This suddenly have great events transpired again and again, and so shall it be at the end time.

The story of the ark in the hands of the Philistines (chapters v and vi) makes us think of Jerusalem, a burdensome stone for all people, and that all that build themselves upon it shall be cut in pieces (Zech. vi, 2). The Philistines found the ark a very curious thing to have in their midst, and after a few months (vi, 1) they were glad to send it back to Israel. The story of the new cart and the two milk cows tied to it, with their calves shut up at home as the cows taking the straight way to Bethshemesh, loving as they went, but not turning aside to the right hand or to the left (vi, 7-12), is a wonderful record of the hand of the Lord upon dumb beasts and brings to mind the dominion over all sheep and oxen, beasts of the field, fowl of the air and fish of the sea, that has been some foretelling all the way along, but will be fully seen when the kingdom comes (I Sam. viii, 6; Heb. ii, 8, 9).

The men of Bethshemesh rejoiced greatly to welcome the ark, and they offered burnt offerings and sacrifices unto the Lord, but they made a sad mistake when they looked into the ark, and they suffered greatly for it. As we said at the beginning of this study, the ark was made to keep the holy law of God, which Israel could not keep. The blood sprinkled upon the mercy seat year to year (Lev. xvi) told of the demands of the law met by a substitute, even Christ, the end of the law for righteousness to all, to every one that believeth (Rom. x, 4). Life never was nor could be by the law, which can only bring us all in guilty before God and is therefore called the ministry of death (Gal. iii, 21; Rom. vii, 12 Cor. iii, 7).

**"The Best Laxative I Know Of"**  
"I have sold Chamberlain's Tablets for several years. People who have used them will take nothing else, and a substitute, even Christ, the end of the law for righteousness to all, to every one that believeth (Rom. x, 4). Life never was nor could be by the law, which can only bring us all in guilty before God and is therefore called the ministry of death (Gal. iii, 21; Rom. vii, 12 Cor. iii, 7).

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**ADMINISTRATORS' NOTICE.** Having qualified as administrators upon the estate of George L. Hippy, deceased, the undersigned hereby notify all persons holding claims against said estate to present the same duly authenticated, on or before the 24th day of Jan., 1915. After that date no claims will be placed in bar of their recovery. All persons indebted to said estate are requested to make immediate settlement.

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**NOTICE.** Notice is hereby given that application will be made by the General Assembly of the State of North Carolina to grant a charter to the Messines, Durham and Orange Railway, a corporation to be organized under the laws of North Carolina, and to provide for elections in certain territory, to decide the question as to whether bonds of said Corporation shall be subscribed for.

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